A RICH STOREHOVSE OR Treasurie for the Diseased.

WHEREIN ARE MANY approued Medicines for diuers and sundry diseases, which haue bin long hidden, and not come to light before this time.

FIRST SET FOORTH FOR THE benefit and comfort of the poorer sort of people that are not of abillitie to go to the Phisitions, by *G. W.*

And now fifthly augmented and inlarged, by *A. T.* practitioner in Phisicke and Chirurgerie.

¶ AT LONDON, Printed by Raph Blower. 1612.

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To the Right Honorable, Sir Iames Pemberton Knight, L. Mayor of the Honorable Cittie of LONDON.

IT hath bin, and is (right Honorable) a lawdable Cuſtome in this Cittie, that at the entring of any Lord Mayor into his office, not onely his familyar friends and acquaintance, but alſo of euery Fraternitie, ſome ſelected men ſhould preſent his L^d. with one guiſt or other: wherby they do not onely Cõgratulate with him, his late increaſe of Honor; but alſo thoſe preſents are aſtokens, or earneſt pence of their yeelding dutie and Obedience vnto his Lordſhip during his Office. In like ſort, I my ſelfe (though one of the pooreſt, yet a Cittizen, and none of the leaſt in humble Obedience, and dutifull good meaning towardes your Honor, being not furniſhed with any good thing worthy preſenting at your Honors firſt entrance, am now imboldned towardes the expiration of your yeere, to preſent your Lordſhip with this booke intituled, *A Rich Store-houſe*, or *Treaſurie* for the *Diſeaſed*, A booke [Right Honorable] very neceſſarie & conuenient to bevſed of the poorer ſort of people, for the preſeruation of health, that are not of abillitie to goe to the Phiſitions, and I aſſuring my ſelfe, that your Lordſhip both hath and will vouchſafe to be a protector of the poore peoples profit and good, both in health & wealth, the ſame cõming by chaunce into my handes [& now wanting a Patron] haue thought it good to publiſh it vnder your H. name, whoſe Authoritie beſt may countenance the ſame, and whoſe courteous admittance ſhall be a ſufficient guerdon of my dutifull good meaning herein, If my worth were greater, my duty ſhould ſhew greater: in the meane time, as it is, it is bound to your Lordſhip, to whom I wiſh long life, ſtill lengthened with all happines,

Your Lordſhips in all dutie,

RALPH BLOVVER.

Aries Leo Sagittarius
Gemini. Libra. Aquarius
Taurus Virgo Capricornus
Cancer Scorpio Pisces
MARS:
IGNIS:
FAVONIVS:
ÆSTAS:
IVVENTVS:
Cholerica.
Sanguin.
Adolescentia
VER.
AVSTER.
AER.
IVPITER.
EVRVS.
AQVA.
LVNA.
AVSTVMNVS.
Virgens ætas
Phlegmat.
Complexio
VER.
AVSTER.
AER.
IVPITER.
SATVRNVS:
TERRA:
AQVILO:
HYEMS:
SENECTVS:
melancholi.
Complexio
Frigida
Humida
Siccata

DIVERS AND SVDRY good instructiõs & rules of knowledg, very meet & conuenient to be known of all such as are the right Practisers of Phisick and Chirurgery: & also cõcerning the maner & vse of *bloud-letting* and *purging*, and of the commoditie and discõmoditie, that oftentimes springeth and commeth thereof.

FORASMVCH as Health is profitable and pleasaunt to all men: since that all men do continually wish & pray, eyther for the restitution, or cõtinuance of the same: And also how that it is the property of Nature, onely to fight and striue against all Diseases: and likewise, how that the Phitition is but the Minister and seruant of Nature: seruing eyther to apply such thinges to her as may hee vsed to destroy the Disease withall: or else by taking away the greatest part of the same matter which causeth & mainteyneth the sicknes: and therfore it is very meet & necessary, for euery Phitition that before such time as he do take vpon him to minister any thing at al to the sicke Person, dilligently to learne & perfectly to search out, both

the Originall & principall cauſe of the Diſeaſe: in which, if hee be ignorant, then is it more by good Fortune, then by any Cunning or Skill, that hee doe euer cure any manner of Diſeaſe at all: for how is it poſſible to help nature, with that thing which ſhe hath neede of, except it bee firſt of all knowne what ſhee needeth? which none can perfectly vnderſtand or know except the chiefe cauſe of the diſeaſe be firſt manifeſtly known vnto him, inſomuch that he may not miniſter things directly, contrary to the cauſe of the ſame diſeaſe. And therfore I do greatly lament the ignorance of the cõmon ſort of People, who (for the moſt part) are perſwaded, that one Medicine is ſufficient for one Diſeaſe, and not regarding that one diſeaſe may come of ſundry cauſes: and therfore it doth neceſſaryly require diuers Medicines (as for example) Weakenes of the Stomacke (that it cãnot digeſt well, or that it hath no good apetite) is a diſeaſe which may come a dozen ſeuerall wayes at the leaſt: Therefore the Cure of that diſeaſe, cannot alwayes bee cured with one onely Medicine. As alſo, if that Weakenes of the ſtomacke, doe come of a weake diſtemperature of it ſelfe onely, then it muſt of neceſſitie be made hot by one meanes or other. But if that heate be the cauſe of the weakenes thereof; then it muſt be cooled with ſome colde medicine that is meete for it; So that you muſt be ſure alwayes, for to moyſten drynes, & to dry vp moyſture.

But if Weaknes doe come, of ſome ſuperfluous humour that doth abounde, which hath flowed into

into the ſtomacke, or that hath bin there ingẽdred: then muſt that ill humour of neceſſitie bee purged out, eyther by a vomit: or elſe a Purgation, with a meeke medicine for it. And if that it happen to be a Fleagme: it muſt be holpen with ſuch a medicine as vtterly expelleth Flegme. But if that Choller be abounding, then there muſt of neceſſitie bee vſed, ſuch a medicine as doth purge Choler. And likewiſe for Melancholines; a meet Purgation muſt be vſed to expell the humour thereof. But if that the Imbecillitie of the ſtomacke be cauſed by a Diſtillation and Rhewme that falleth out of the head into it: then is the cure to be remedyed in the head, and not in the ſtomacke. Likewiſe, if the Diſtemperature of the Liuer or Spleene, doe weaken the Stomacke: then the cure thereof, conſiſteth onely in the healing of thoſe members, and not of the miniſtring any thing for the ſtomacke at all.

Therefore let no man thinke it ſufficient for the Phiſition, if that he doe perfectly know that a man hath ſuch a diſeaſe, as the Ague. the Collicke. the Flux, or ſome other ſuch like &c. that then hee may preſently (if he be skilfull) miniſter a meet medicine for it. No, not ſo, but he muſt firſt ſearch out by all meanes poſſible he may, the very cauſe it ſelf of the diſeaſe. The which many ignorant people doe perſwade them ſelues, that a Skilfull Phiſition may doe in all Diſeaſes, by the ſight of the Vrin onely. But alas, they are altogether deceiued: and as for to come to the Knowledg of the cauſe of ſome inward diſeaſes of the body, the Vrin pro-

fiteth nothing at all. For in moſt inwarde diſeaſes of the Body, there ought as great a regarde to bee taken of the **Pulſes**, and of the diſpoſition & ſtate of the braine of him that is ſicke, as there ſhould be had of the Vrin it ſelfe.

Alſo, the **Egeſtions**, **Sweat**, **Spittle**, and other excremets, are not to be neglected, inſomuch that at ſome times, they do declare the cauſe of the Diſeaſe, & the ſtate thereof, when the **Vrin** doth not ſhew any thing at all.

Likewiſe, for example in a **Pluriſie**, or an inflamation of the **Lungs**, or in a **Squinancie**, or ſuch like, there is much more be known, by **Spittle**, then there is by the **Vrin**.

Moreouer, in a **Laske**, or in a **bloudy Flux**, or in a **Colick** or **Iliake**, there is more certaintie of iudgment to be giuen by **Egeſtion** or **ordure**, then there is by **Vrin**. Which thinges, thoſe that are not altogether adicted to their owne fantaſies may eaſily by good reaſō be perſwaded to credit it: for Vrin is nothing elſe, but only the Watery & waſhy part of the Bloud, for it is ſeperated frō the bloud in the Liver, & ſucked from thence into the **Reines**, from whence it diſtilleth downe into the **Bladder**, and ſoe paſſeth foorth. Seeing therfore that **Vrin** is the excrement that is ſeperated from the bloud; there is good cauſe why it ſhould ſhew the ſtate of the Liver, and alſo of the bloud in all parts of the body, & it can likewiſe declare the full ſtate of all the members which it paſſeth by: as of the **Reines**, the **Bladder**, and ſuch like.

But

But certainly, in other diſeaſes that be out of the **Veines**, and be diſtant from the places by which the **Urin** paſſeth. There is no certaine iudgment to be giuen by the **Urin**, vnleſſe the vehemencie of the diſeaſe haue infected either the bloud or the Liver after ſome ſort: Yet neuertheleſſe, ſuch is the ignorance of many People, for that they thinke him wrothy of no eſtimation in the knowledg of **phiſicke**, that cannot at the firſt ſight of the **Urin**, (although it hath bin carried 20. miles) tell whether it be the water of a Man or a Women, & how the diſeaſe grieueth the patient better then himſelfe, and whether he or ſhe ſhall liue or die, what diſeaſe ſoeuer it bee off which things (vndoubtedly) in diuers Diſeaſes, are impoſſible to be knowne by the onely ſight & inſpection of the **Urin**.

Therefore it is very neceſſarie & fit for all thoſe that will take vpon them to miniſter **phiſicke** (moſt duely and rightfully amongſt other thnings) to obſerue well thieſe 4. rules next following. (viz.)

1 To ſee the ſicke perſon, & to conferre with him or her (which ſoeuer it be) for there is none that can ſo well declare any griefe (whatſoeuer it be) as he himſelfe can that is troubled or grieued therewith.

2 To view & feele all the pulſes of the ſicke perſon; and to obſerue well the ſtate of them.

3 To view very dilligentlie all the excrements, not only the **Urin**, but alſo the **Spettle**, **Sweat** and **Ordure**.

4 And laſt of all, to haue a reſpect to the place

where the griefe is and to consider wel all the accidents that doe arise thereof; not omitting to know the former diet and course of life, which the sicke person hath vsed.

These thinges then being dilligently & seuerally noted, the Phisition may more certainely learne the chiefest cause of the disease, the strength thereof; and to what end it will come vnto, then hy seeing the Urine onely, and also by what meanes he may minister a meete medicine for it, whereby the sicke person may soone finde ease, and he purchase vnto himselfe exceeding great fame.

Thus haue I partly declared, what things ought to bee knowne of euery Phisition, that thereby he might withdraw & take away the fond and foolish opinion, that a great number of people doe deeme to be true, that is, that the sight of the Urine is sufficient inough, for a cunning Phisition, perfectly to know the disease of the sicke, and the true cause thereof, and to minister apt medicines for it. And now I cease to speake any more hereof, but I will as briefely as I may, entreat somewhat of the vse and benefit that doth arise and come, of Bloud-letting and Purging, and I would wish all those that do practise the same, to be carefull thereof.

The

The vſe of Bloud-letting, and of the commodities thereof.

FIRST it is to be noted that if the body of a man do abound with humours, which are ready to oppreſſe nature, then whether there be any ſicknes in the body preſent, by meanes of them, or if there be but danger of ſicknes, thoſe humors muſt be euacuated out of the body, eyther by **Bloud-letting**, **Purging**, **Vomit**, **Sweating**, **Baths**, or elſe by ſome other kinde of euacuation. But I will ſpeake here onely of euacuation by **Bloud-letting** and **Purging**, and firſt of all of **Bloud-letting**.

There be diuers things to be conſidered of, before **Bloud-letting**, as the age of the patient, the Complexion, the time of the yeare, the Region the Cuſtome, the ſtrength, and the vehemencie of the diſeaſe.

1 The age muſt be conſidered of, becauſe children vnder 14. yeares of age, and aged perſons may not be let bloud, vnleſſe great neceſſitie require it.

2 The Complexion is to be noted, becauſe a hot Com-

complexion hath large Veines, and aboundeth with much bould, and they may therefore forbeare a good quantitie of bloud: But colde complexions haue narrow Veines, and little bloud, and therefore their euacuation muſt be ſmall.

3 The time of the yeare muſt be very well marked, that the weather be not too hot nor too cold, and therefore the ſpring time, is the moſt apt time for Bloud-letting becauſe that then it is temperate.

4 The region and country is to be ſpoken of, becauſe it is to be noted, that if the region be very hote, or elſe very colde, it is not good to let bloud, but a temperate Region is moſt meete of all for it.

5 Cuſtome is not to be neglected, for thereby we may know that they that haue beene accuſtomed to bleede, may better ſuffer Bloud-letting, then thoſe that were neuer letten bloud at any time before.

6 The ſtrength of the perſon muſt be regarded, for if there be great weakenes, then it is very dangerous to let bloud at all, except great neceſſitie compelleth.

7 Alſo the vehemencie of the diſeaſe is worthy to be marked: for if it be a vehement diſeaſe, then you muſt let bloud forthwith, if the former circumſtances will permit it.

Theſe thinges being conſidered, if they will permit Bloud-letting, and if it be in a needefull cauſe, then it ſhall be very neceſſary to know what ſigne the Moone is in, for you muſt take heede that ſhee be not in that ſigne that gouerneth that member, where-

wherein you intend to open the Veine, and also to foresee that she be in such a signe, as is good to let bloud in.

For the vses and commodities of Bloud-letting, are against these diseases that are here expressed.

1 This is a generall rule, that Bloud-letting is a very good remedy for all diseases that be engendred of aboundance flowing of eruption of bloud, as be chiefely the Feuers, called Sinochy.

2 Also the Phrensie, Squinancie, Pluriſie, Peripneumony, Opthalmie, & against all inflamations, and impostumations, engendred of bloud in the Liuer, the Spleene, the Reynes, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inward and outward parties, whersoeuer the inflamation be: Bloud-letting is good for it, whether it be now present, or that there be any danger, that it will shortly ingender.

3 Also Bloud-letting is good in Feuers, whether they be continuall or intermittent, insomuch that the obstructions & stoppings of the Veines, be causéd of immoderate repletion of the humors.

Note also that Bloud-letting doth emptie and euacuate from the body, all humours alike, as wel the good as the bad.

And therefore it is chiefely to bee vsed, when there is too great an aboundance of bloud in the body and other humours, which doe straine the Veynes, and that there is great danger and leopardie in breaking of some Veine: or the brusing out of some fluxe of bloud, or of choaking, and to

extinguiſh naturall heate. And therefore in ſuch caſes, you muſt let bloud with all ſpeed, although the ſickneſſe be not already preſent.

For by letting of bloud in due ſeaſon, the ſuperfluous fulnes of the Veines, is brought into a very meane eſtate againe, and the paines that came of the fulnes and ſtretching of the veſſels, be eaſed: and the heauines that was felt in the body, is cleane taken away, and the body is lightned, and made more quicke and nimble, to doe all ſuch actions as Nature hath ordained it to do.

Alſo it cauſeth nature to haue a larger ſcope, and a free paſſage, by opening and emptying of the ſtraight waies and paſſages of the Veines and Arteries.

Laſt of all, if it bee done in time, it preuenteth diuers and ſundry diſeaſes, into which the body was both apt and ready to haue fallen.

Many more commodities might heere bee rehearſed as concerning Bloud-letting which is done when neceſſitie requireth, and as it ought to bee done: but to conclude (omitting all other) Note this for a generall rule, that Bloud-letting is very good againſt all kinde of diſeaſes, which be cauſed and engendered of bloud, and not onely when the diſeaſes are preſent, but alſo it is good letting of bloud, to preuent any ſuch diſeaſes, if they bee foreſeene or feared, alwaies regarding that there be none of theſe impediments aforeſaid, which do prohibit and forbid Bloud-letting, except it bee in great neceſſitie and extremitie, for then as the com-

mon prouerbe is, *Neceſſitas non habet legem*, that is: Neceſſitie hath no Lawe.

Here would I leaue off to ſpeake of Bloud-letting, but that there commeth into my mind, the common opinion of the ignorant people, which doe certainely beleeue, that if any perſon be let bloud one yeare, that he muſt likewiſe be let bloud euery yeere againe, or elſe hee is in (I cannot tell) how great daunger: which fond opinion of theirs (whenceſoeuer it ſprung at the firſt) is no more like to be true, then I ſhould ſay, when a man hath a great wound by chaunce, in any part of his body, whereby he looſeth much bloud, and that after it is healed, hee muſt of neceſſitie haue the like wound againe the next yeare, to auoyde as much bloud, or elſe he is in daunger of great ſickeneſſe or of death. Which opinion, if I my ſelfe did affirme it to be true, (although it be moſt falſe) yet I might vſe the like reaſon and authoritie to defend it, that the common people do vſe for theirs: for they can ſay nothing, if they be asked why they doe thinke ſo, but that they haue heard many ſay ſo. Therefore I would wiſh that no man ſhould credite any longer this fond and fooliſh opinion, being moſt falſe, vnles he could ſhew good reaſon for it, which I am very well aſſured of, no man can do.

Many thinke, that like as Bloud-letting is not good againſt all diſeaſes, ſo alſo it is not good in all perſons, but only in thoſe that will be content to vſe afterward a moderate and conuenient diet.

Thoſe therefore that doe abound in bloud, and,

will be let bloud to preſerue them from the danger of any diſeaſe, which is like ſhortly to enſue and moleſt them: They muſt for a long time after, be content to vſe a moderate & conuenient diet. For thoſe that be vntemperate and gluttons in meates, or are great drunkards, and wine-bibbers, they do not onely receiue no commoditie at all by Bloud-letting: but alſo oftentimes they catch more hurt by it, then they ſhould haue had without it, for in three or foure daies ſpace after, they fill and ſtuffe themſelues with more raw iuices and humours, (by meanes of vnmeaſurable dyet) then they had before, and oftentimes they doe die through conuulſion.

And therefore note, that there is ſuch force and vertue in a moderate dyet, to eſchue and decline diſeaſes, that without the due obſeruation of it, Bloud-letting is of no purpoſe at all. And therefore if the common ſaying of the people be true in any body, that they muſt of neceſſitie bee let bloud often, it is very true, but it is in ſuch as keepe an immoderate diet, preſently after Bloud-letting, & therefore I doe aduertiſe all men to beware of exceſſe in eating and drinking after Bloud-letting.

Note alſo, that after Bloud-letting none ought to walke very faſt, or to runne, or to vſe any vehement exerciſe, but let him be quiet & reſt himſelfe, vntill ſuch time as his ſpirits ſhall be well refreſhed and quieted againe.

Note alſo, that no perſon being let bloud, ought to ſleepe immedintly after Bloud-letting, but let

him

ſtim keepe himſelfe both quiet and waking and auoyding all contention and exerciſe of body and minde, & about two houres after letting of bloud, there may a little foode be taken, but let it be ſuch as will make good iuice & nouriſh apace, and within foure or fiue houres after Bloud-letting, or ſomewhat afore the patient may be permitted to ſleepe, ſo that it be prouided for, and taken heede of, that he doe not turne himſelfe vpon that arme, where the veine was opened, and let him alſo take good heede that he doe not looſen the band, and ſo let the bloud flow out againe, and let him afterwardes vſe a ſparing diet, dayly increaſing it by little and little, vntill ſuch time as he be come to his accuſtomed ordinarie dyet againe.

And note alſo, that the morning is the moſt meeteſt time of all for Bloud-letting, when euery digeſtion is perfectly finiſhed, and the ſuperfluities & excrements of each of them fully auoyded out, which thinges of neceſſity muſt be fore-ſeene, that they be ſo. Or at the leaſt in a time of great extremitie, the next apt time to let bloud in, is when the ſtomacke is ſomewhat empty, & that is about ſixe or eight houres after meate.

Thus much haue I entreated of as concerning Bloud-letting, and now I am purpoſely minded to ſpeake ſomewhat of the vſe and commodities that come of Purging.

The vſe of Purging, and the benefit that oftentimes commeth thereof.

FOraſmuch as it is very neceſſarie to be vnderſtoode of all perſons, that euery kinde of Purgation, hath that ſecret vertue and property in it ſelfe, that when it is receiued into a mans body, and prouoked to exerciſe the vertue that it hath by naturall heate labouring to digeſt it, then doth it draw vnto it all ſuch humours, as it hath vertue and power to purge.

And therefore a Purgation is an euacuation of vicious and corrupt humours, which doe oftentimes trouble and moleſt the body, but not of all corrupt and bad humours alike.

For euery Purging medicine, doth draw vnto it ſelfe one peculiar and proper humour (that is) eyther flegme or choller, or elſe melancholy or watry humours.

And therefore thoſe perſons that be perfectly in health, ought not to take a Purgation, ſince they doe not abound with corrupt humours, wherefore in thoſe, when the medicine findeth no ſuch ſuperfluous humours as it hath vertue to draw, it con-

ſumeth

ſumeth and waſteth the bloud and the fleſh: and for that cauſe whole folkes are not to be purged by Purgations, but rather confounded and waſted: for it is manifeſt hereby, that Purgations be very dangerous to them that are in perfect health, which thing is teſtified alſo of *Hipocrates* in the 37. Aphoriſme of his ſecond booke, where he ſaith after this ſort, *Qui corpore bene ſe habent hos purgare periculoſum eſt*, that is, tis dangerous purging of thoſe that be in perfect health.

Alſo becauſe euery purging medicine hath vertue to drawe one peculiar humour, there is good heed and care to be taken, that ſuch a medicine be miniſtred as hath vertue to draw out the humour abounding and moue other, or elſe inſted of much good that of it ſelfe it would doe, if it were conueniently miniſtred; it may contrariwiſe doe exceeding great hurt, and worke many inconueniences to the body. And according to the ſaying of Hipocrates in the laſt Aphoriſme of his firſt booke in this maner: *Si qualia oportet purgari purgentur confert, & facile ferunt, difficulter*, that is, if ſuch things be purged as ought to be, it profiteth, and may eaſily be ſuffered, but if it be contrariwiſe; it hurteth, and may ſcarcely be borne.

Therefore ought diligent care and heede to be taken in the receiuing of a Purgation, that it bee miniſtred by a skilfull Phiſition, that hath certainly found out what humor it is that aboundeth.

But alas the greateſt number of the common ſort of people, doe hold an opinion, that if they may

haue

haue a medicine for a little money, which will prouoke them often to the stoole, what humor soeuer it be, and purgeth out, they perswade themselues that they are safe enough: howbeit, I would wish them hereafter alwaies to haue in minde this saying of the most excellent Phisition Hipocrates in the three and thirty Aphorisme of the first booke, *Deiectiones non multitudine sunt estimanda, sed si talia deiiciantur qualia conuenium*, that is: Egestions are not to be esteemed for their great quantity, but if such humours be purged out as they ought to be (that is) such vicious and corrupt humors as do abound and be superfluous in mans body, then is the body quieted for a long time after, if it be dieted as afore said.

There are diuers things chiefly to be considered of by euery Phisition, before such time as hee doe minister any Purgation to the sicke persons: as the quality & quantity of the humor, the strength of him or her that is sicke, the age, the time of the yeere; and lastly, the disease.

First, the qualitie of the humor is greatly to be considered also, that thereby hee may perfectly know what kind of humor is to be euacuated and purged out, for it must be onely that which troubleth the body, with superfluous aboundaunce thereof.

Second, as if great aboundance of flegme do molest and trouble the body, then he must of necessitie minister a medicine which purgeth flegme, and so likewise for all other humors whatsoeuer, a-

bounding

bounding in any part of the bodie.

Thirdly alſo he that doth vndertake the miniſtring of any medicine, ought to haue great reſpect to the ſtrength of the ſicke or diſeaſed perſon: for if he be very weake and feeble, there ought no Purgation at all to bee miniſtred vnto him, becauſe all manner of Purgations doe both weaken nature & diminiſh ſtrength; and the ſtronger the ſicke perſon is, the more he is weakened thereby.

Fourthly let all men therefore beware of vehement and ſtrong Purgations, leaſt they put their liues in hazard and daunger. Therefore by the age of the Patient, the Phiſition is put in minde, that children and olde men ought not to receiue any Purgation, except maruellous great neceſſitie doe require it.

Fiftly the time of the yeare is not to be neglected for there be ſome times of the yeare where in Purgations ought not to be miniſtred, as in Sommer, & eſpecially during the time of the Dog-daies, as they are moſt commonly called, and alſo during all the time that the Sunne is in Leo, for then is nature burnt vp, and made ſo weake withall, that ſhee is not able to ſuffer the force and violence of a Purgation, but the Spring time is the moſt meeteſt & principalleſt time in the yeare, for the taking of Purgations, becauſe it is then temperate. Laſt of all, the Phiſition ought diligently to behold and contemplate the diſeaſe, that he knowing certainely what kinde of diſeaſe it is, he may the better finde out of what humor it is cauſed. As for example.

If the Phisition doe perceiue the disease to be a tercian Feuer, straight-whay he knoweth that it is caused of great aboundance of Choller, and therefore he must of necessitie minister a meete medicine to purge Choller withall, & so likewise in all other diseases.

Note likewise, that if there be none of the impediments aboue named, a Purgation is good to be ministred to all such as haue aboundance of euill iuice or corrupt humors in the body, for it draweth out all the bad humours that doe molest the body, and thereby doth restore it to his owne estate againe.

But if a Purgation be ministred eyther to one that needeth it not, or at any inconuenient time; or that it be such a medicine, as draweth, not out the humour which then aboundeth, for if the medicine bee vehement & very strong, it will surely put the Patient in great daunger of his life.

Thiese things therefore ought to be well taken heede of bv all men, least they catch great hurt, when they hope for most profit.

But if a Purgation be discreetly ministred to him that hath neede of it in due time, and by an apt & meete medicine, which is of that force and abilitie, to draw out the abounding humours in sufficient quantitie: then doth the medicine purchase most singular great commodities vnto the body, for it euacuateth and emptieth out all the chiefest causes of the diseases and sicknesses, eyther present or elsse to come, being ingendred of any superfluous or corupt humour, as are commonly *Feuers. Tertian.*

Quar-

Quartaine, quotidian, or *Fluxes*, and are cauſed of raw humours or ſharpe choller, *Dropſies, Gowtes, Paulſies, Lithargies*, and diuers others, &c.

Note alſo, that before a Purgation be miniſtred, there ought a medicine to be taken, which ſhould prepare the body, and make it apt to purge, and therefore it is called a preparatiue: it is giuen for two cauſes, either to diuide, extenuate, and make them groſſe and clammie humors that they may be ready to flow out, when the medicine draweth them, or elſe it is giuen to open & vnſtop the cunduits and veſſels of the body, by which the Purgation muſt draw the ſuperfluous hvmours to it.

And this is that which Hypocrates doth counſaile in the firſt *Aphoriſme* of his ſecond book, where he ſaith, *Corpora cum quiſque purgare voluerit, opportet fluuia facere*, that is, when any man will purge the body, he muſt make it flowing, by opening and vn-opening of the veſſels.

The moſt meeteſt time of all to receiue a Purgation is in the morning, for then are all the digeſtions perfectly finiſhed, and the ſtomacke is without meate. There is alſo great heed to be taken in what ſigne the Moone is in, befor ſuch time as any Purgation be minſtred, for ſome ſignes are very good for it, and other ſome are euill. Therefore I would wiſh all ſuch as doe take vpon them the miniſtring of any Purgation, to haue great regard before they doe miniſter it to the ſicke perſon, the time, & the place greeued, & alſo to marke wel al ſuch things as are before rehearſed, leaſt that they doe more hurt

thereby in one day to that ſicke perſon, then they are able to doe him good in a whole yeere, and yet they may doe it of meere ſimplicitie, nor knowing themſelues what they haue done, neyther are they able to cure the ſame wound which they themſelues haue made.

A Purgation muſt be taken hot, for ſo it offendeth the ſtomacke leaſt, & it will worke the ſooner and better.

Alſo thoſe that are apt to vomit, and are not able to endure the ſmell of the Purgation, let them ſtop their noſtrils, or elſe let them ſmell to ſome odoriferous thing, when they are about to take it, and as ſoone as it is taken it is good for the Patient, to ſmel to a toſte of browne bread dipped in Vinegar, and to apply warme clothes to the ſtomacke, and to waſh the mouth preſently after that it is taken, with ſome odoriferous Wine, or elſe to chew ſome ſweete and pleaſant thing to take away the bitter taſte or ſmell of the Medicine, and ſo by this meanes vomitting ſhall be eſchewed.

Note alſo, that for the ſpace of one houre after that any Purgation is miniſtred to any ſicke perſon let the patient ſit ſtill and be quiet: & (in any caſe) let him abſtaine from ſleepe foure or fiue houres after, whereby the ſtrength of the medicine may the better paſſe into all parts of his bodie: but if the Purgation doe worke but ſlowly, then let him walke vp and downe for a good ſpace after, if hee can, and when it worketh perfectly, then let there be great care of ſleepe taken, (as aforeſaid) for there-

thereby the Operation of the Medicine would be ſoone ſtopped, and the Patient brought into great daunger.

Likewiſe, in the time of Purging, imoderate heate and colde are to be eſchued: and therefore a great fire is neceſſary, inſomuch as the colde and open ayre are both hurtfull: for the body muſt be kept in a temperate heate.

Moreouer, after that the Purgation hath done working the patient muſt be nouriſhed with a meane quantitie of warme broth, that will breede good iuice, and be eaſily digeſted: and afterwards by little and little, returne to his accuſtomed dyet againe.

Thus haue I (as briefely as I could) heere expreſſed and declare the commodities and diſcommodities that doe ariſe and grow aſwell by the miniſtring of ſuch meete medicines as are neceſſarie to be vſed, both for the recouerie and preſeruation of mans bodyly health: as alſo for the commoditie & diſcommoditie that enſueth of Bloud-letting and Purging, (being all well and rightly miniſtred and vſed) and contrarywiſe of the great danger & hurt that doth come thereof, if at any time they be mis-vſed: & therefore, I would wish al men (as they doe tender both their health & liues) to beware of thoſe ignorant and vnskilfull perſons, who (moſt commonly) vſe to open but one kinde of Veine for all manner of diſeaſes, & doe alſo vſe but one kinde of Purgation againſt all humours, not regarding, nor conſidering with themſelues any-

thing at all, eyther of the ſtrength or age of the Patient, the time of the yeere, or the firſt originall cauſe of the comming of the Diſeaſe, what ſoeuer Diſeaſe ſo euer it be, or of any other the circumſtances (in this treatiſe) heretofore ſpoken of: but let them that are grieued with any manner of Diſeaſe, alwayes ſeeke for the counſell and helpe of ſuch as are knowne to be both learned and ſkilfull in Phiſicke and Chirurgetie, and are alſo circumſpect (as it is moſt needefull they ſhould be) in all their proceedings vnto arte. And who for the moſt part, will duely and rightly conſider, before they miniſter any medicine to the ſicke perſon, what neede he hath, and what is moſt meete to be miniſtred vnto him for his diſeaſe. And alſo let the Phiſition note that in the miniſtring of all potions Electuaries & pills, there ought to be greater obſeruations to be had: then there ought to be in Gliſters or Suppoſitories, for as much as thoſe doe enter noe further then into the Gutte where the ordure lyeth, and by that place onely bringeth foorth the matter which cauſeth the diſeaſe: but the other entring into that way which both meates and drinkes doe come into the ſtomacke, and there is boyled and ſent into the places of digeſtion, and afterwards mixt with the iuice, where of the ſubſtance of the body is made: and expelling the aduerſary humours: Yet ſome part thereof remaineth in the Body. Wherefore People ought to take heede & be carefull what Medicines they doe receiue, that in them there be no venenoſitie,

noſitie, malice or corruption: leaſt for the expelling of a ſuperfluous humour, which perhaps ſome good dyet, or ſome good & holſome broath made of good hearbes, or that the ſaid euacuation with ſuppoſitorie or gliſter might bring foorth at leaſure: rather then by deſiring of too haſtie remedy, they receiue in Medicine that at which ſhall ingender any venomus humour & vneuitable diſtruction into all the whole body: And therefore it is a moſt happy thing for thoſe that are ſicke and diſeaſed that can finde out, a skillfull, diſcreete, and learned phiſition, and eſpecially ſuch a one, as both his Medicines and Druggs are alwaies perfit and good, and not any maner of way corrupted. Moreouer it is chiefely to be regarded in all ſorts of People, that all bodies that are hot and moiſt may eaſily ſuſteyne Purgation by ſtoole. All ſuch perſons as be leane and thinne hauing their members tender, may take great harme by purging. Thoſe that are Cholloricke, and thoſe that vſe to eate little, Purging is very ill for them. Alſo for young children and aged perſons, it is very daungerous for them to looſen their bodies more then great neceſſitie requireth. Likewiſe for thoſe that are not accuſtomed to Purge, it is very noyſome & hurtfull vnto them: but for thoſe that liue in good order of dyet, they neede neither Purgation nor vomite: Note alſo that after any purgation hath wrought to full perfection: Then thirſtines and ſound ſleeping be good ſignes and tokens that the body is ſufficiently purged: likewiſe by dayly taking

ing of Medicines, and by dayly purging nature is greatly corrupted.

When you will purge any thing, firſt be ſure to make the matter flowing and ſoluble.

A Medicine to purge, ought not to be mingled with any manner of meate: but to be taken foure houres at the leaſt before meales; or three houres after meales: except certaine eaſie pills, made of purpoſe to cleanſe and comfort the ſtomacke which of right ought to be taken at the beginning of ſupper, or after ſupper, or a little before that one goeth to bed, but let the patient be ſure to make but eyther a light ſupper or elſe none at all. And after a purgatiō taken, the patient ought to take good reſt and not walke ouermuch vntill the medicine hath wrought, nor eate nor drinke any thing at all in the meane ſpace. Theſe things haue I thought good to put the practiſer hereof in remembrance of, becauſe I haue both ſeene and knowne many (that profeſſed themſelues Artiſtes) to haue forgotten to inſtruct and direct their Patients in right courſe, as they ought to haue done for the good gouernment of themſelues, after they had taken eyther purge or vomit. But now I will here ceaſe to intreat any more of theſe things, (and according to my ſimple skill) to ſpeake ſomewhat of the moſt part of all ſuch diſeaſes as are incident to mans body aſwell inwardly as out-wardly: and alſo of all ſuch medicines (being duely and rightly miniſtred) as are moſt meete and conuenient to be vſed for the cure of the ſame diſeaſe whatſoeuer it be.

DIVERS AND SVNdry approued Medicines hereafter expreſſed, for moſt ſort of diſeaſes remaining in mans body, and firſt of all for Aches.

CHAP. I.

¶ An notable ſecret for all incurable Aches or paines, in the ioynts or other places whatſoeuer.

TAKE the whole Horne of a Bucke, that was caſt of, (the later it be, the better it is) and put away the ſkalke, and take no part thereof, ſauing the very Horne it ſelfe, then cut the ſame into ſmall ſheuers or pieces: and ſeeth them in a gallon of faire water, and let it ſeeth vntil it be conſumed to a pinte or a little more: Then take forth the peeces of the Horne, and let the liquor ſtand vntill it be colde, and then it will be like a Jelly: Reſerue that, and when you haue occaſion to vſe it, take ſome of it, and put it into a Sawcer, or ſome other conuenient thing, and warme it, and then annoynt the place grieued therewith before a fire, both morning and euening, and let it ſoke in, by the heate of the fire, and it will heale the griefe throughly, within 9. or 10. dayes, by Gods helpe. This hath bin truely and often proued.

Aches.

CHAP. 2

¶ An excellent good Medicine for any manner of Ach or straine.

TAKE Aquauitæ, Neates-foote Oyle, Ox gall, and Oyle of Camamill, of each of them a pinte, and a handfull of Camamill it selfe, and boyle them altogither, and stir the same well vntill it be well boyled, and consumed to a pinte: Then straine it and when you will vse it, annoint the place grieued therewith, and this will asswage the paine immediately. Probatum est.

CHAP. 3.

¶ A maruellous good Medicine for an Ach.

TAKE. a quart of the purest Malmsey that may be gotten and fyre great Onyons sliced and pilled, then take a good quantitie of grose beaten Pepper, and let them all seeth together vntill the Onyons are become so tender, that they may be strained, and then straine them through a fine cloath, then take a cloath & wet it in the same liquor strained, and lay it to the place greeued, and in two or three times dressing, it will helpe. This hath bin proued by *E. C.*

CHAP. 4.

¶ Another experienced Medicine for an Ach.

TAke a good quantitie of Scruuie Grasse, and put thereto a good quantitie of Barrowes Grease, and stamp them together, and then boyle them together, and when it is well boyled, then straine forth the liquor into some gally pot, and then stoppe it close vp, and keepe it: and when you haue occasion to vse it, annoynt the place greeued often therewith before a good fire, and this will cure any Ach in a very short time. This hath bin proued.

CHAP.

CHAP. 5.

¶ An other for the ſame.

TAke a pint or ſomewhat more of good Malmſey, a pint of Capons greaſe and a penyworth of Frankenſence, finely beaten to powder and ſifted very fine: boyle all theſe together vntill the one halfe of the ſame ſtuffe be conſumed away, and then take it and ſtraine it, and ſo keepe it cloſe in ſome pot or other thing as aforeſaid, and when as occaſion ſerueth for any vſe thereof. then let the place grieued be oftentimes anoynted therewith, and it helpeth. Prob: eſt.

CHAP. 6.

¶ An approued Medicine for an Ach or ſwelling.

TAke vnſet Time, Lauender-cotten, Knottie Strawberries, of each of them one handfull, and cut and beate them in a morter, and when you haue ſo done, then take 10 or 12. young Swallowes out of a neſt being ripe, and beate them in the morter, (feathers guts and all with the hearbs) vntill you cannot perceiue the feathers, and then take halfe a pound of freſh Butter vnſaulted, & mingle them togither, and let them ſtand for the ſpace of foure and twenty houres, then ſeeth and ſtraine them into a Gally pot, or elſe into ſome earthen veſſell. And ſo vſe it twice a day, in annoynting of the place where the griefe is, and in fiue or ſixe daies, it will bee whole. This hath bin often proued.

CHAP. 7.

¶ An other for the ſame.

TAke Sage and Rue, otherwiſe called Hearb-grace, of each of them one pound, and halfe a pound of Wormewood, and halfe a pound of Bay-leaues: beate them togetherin a morter: then take three pound of Sheepes-ſuet, and cut it very ſmall, and put it to the hearbes, then put it into the morter, and beate it with the hearbes, vntill the

ſuet cannot be perceiued: then take it out, and put thereto a pottle of Sallet Oyle, and ſo worke them altogether with your hands, vntill ſuch time as they be very well ſteped in the Oyle, then kepe it cloſe in an earthen pot, for the ſpace of eight or ten daies together with your hands, vntill ſuch time as they be very well ſteped in the Oyle, then kepe it cloſe in an earthen pot, for the ſpace of eight or ten daies together, then ſeeth it in a braſſe pot, with a ſoft fire, vntill the ſtrength of the hearbes be gone (to try it, take a ſpoonefull of it and put it into a linnen cloth and ſo ſtraine it, and if there be any iuice left in it, then it is not boyled to full perfection, but if ye finde none therein, then it is well boyled: and thus you may proue all your ointments made with hearbes) then ſtraine it, and anoint well the place grieued often therewith. This hath bin ſufficiently proued.

CHAP. 8.

¶ A preſent remedy for an olde ach.

TAke very ſtrong Aquauitæ, and two ſpoonefuls of the water of Arſtmart, and annoint the place where the Ach is, euery day two or three times, and it will ſpeedely heale it.

CHAP. 9.

¶ An excellent plaiſter to be made and vſed for any manner of Ach be it in any part or ioynt of the body.

TAke a good quantity of Pigions doung, & a good quantity of dregges of ſtrong Ale, and a good quantitie of Camamill, then take the Camamill & the Pigions doung and ſtampe them well together, and when you haue ſo done, put the dregges therein, and then boyle them well all together for a good ſpace, but all the time that the ſame is vpon the fire be ſure to be ſtill ſtyrring of the ſame, with ſome ſtaffe or other thing for feare of burning of it, and when it is well boyled, take ſome of the ſame and ſpread it vpon a

fine

fine linnen cloth that is cleane, & lay it to the place greeued as hot as it may possibly be suffered, and so couer it ouer with some woollen cloth or other thing to keepe in the heate, & this by gods grace will helpe you in a short time Prob. est.

CHAP. 10.

¶ An other for the same.

Take Aquacomposita and the oyle of Netes feete luke warme, and anoint the Patient vpon the place of the griefe, laying warme clothes thereon and it helpeth. For this hath bin truely proued.

CHAP. 11.

¶ A medicine for an Ach or shrinking of any senewes.

Take the tenderings of Rosemary and Marsh-mallowes of each of them as euen portions as you can gesse and gather your hearbes when they be dry, from any raine and dew: beate them in a morter very small, then take May butter well clarified, and put it to the hearbs, and mingle it in a vessell, and then let it stand for the space of foure daies; then set it ouer the fire and let it seeth till all the strength of the hearbs be gone, then take a little of it in a spoone, and let it drop vpon your naile and if it be greene as the Emerauld it is perfect, and then put it into an earthen pot, and when you will vse it, you must warme it.

CHAP. 12.

¶ A perfect remedy for an Ach, or *Sciatica*.

Take Oyle of Netes feete and Aquacomposita, and mingle them both together, and let the patient annoint the place where the paine is: then take Wooll which is newly plucked from the Sheepes backe and lay it there vpon, and let him wrap it well with warme clothes, and this will helpe him.

CHAP. 13.

¶ A preſent remedy for all manner of Aches and bruſes in the bones.

TAke a good quantitie of Wall-woort. and a certaine quantity of Balme, and Smalledge, and ſtampe them all together, then take a pound of May-butter, and temper them very well together, then make them into round balles, and let them lye for the ſpace of eight dayes after and then ſtampe thē againe as you did before, then take it and fry it, and ſtraine it, and put it into an Earthen pot, and ſo vſe it, and this will helpe the brvſe if it be neuer ſo blacke. Probatum eſt.

CHAP. 14.

¶ An exceeding good Bath for one that is troubled with any manner of Ach. eyther in Leggs, Armes, or otherwiſe.

TAke the quantitie of a pecke of Hennes doung, a groates worth of Iuniper finely chaven into ſmall pieces or ſlyces, and 2 pound waight of Roch Allom, and a good pretty bottle of new Date ſtrain finely chopt: then boyle all thieſe together in the quantitie of 20. gallons, or ſomewhat more, of faire running water, and let all thieſe boyle together vntill the one halfe of the ſame be waſted away: then ſtraine it into ſome deepe Bathing tubbe, or other conuement veſſell fit for ſuch a purpoſe, and ſo let the patient ſit therein and bath himſelfe very well, and let him be all ouer very cloſe couered eyther with ſome Rug or Blanket during all the time that he ſitteth there, for feare of taking of colde, and thus let him bath himſelfe as afore-ſaid 3 or 4 dayes together, once euery day and this will expell the ach quite out of his bones be it neuer ſo vehement. This hath bin truely proued.

CHAP.

CHAP. 15.

¶ An approued *Medicine* for an ach or ſwelling.

TAke the flowers of Camamill Roſe-leaues, of each of them a like quantitie and ſeeth them in White Wine, and make a plaiſter thereof, and let it be layde as hote as it may be ſuffered to the place grieued, and this will both eaſe the paine, and aſſwage the ſwelling. D. Barlet.

CHAP. 16.

¶ An other for the ſame.

TAke a good quantitie of Oyle de Bay, and Aquauitæ, and mingle them both together, and let the patient anoynt the place which is grieued and it helpeth him.

CHAP. 17.

¶ A ſoueraine Medicine for an ach in the ſhoulder or elſewhere.

TAke Reiſons of the Sunne and Figges, of each of them a like quantitie, and halfe as much Muſtard-ſeede, and beate them very ſmall, then take it & grinde it in a Muſtard querne, with the beſt Wine vinergar that may be had, then take it and ſpread it vpon a lambes ſkinne, and lay it to the place grieued, and this will by Gods grace helpe you. Probatum eſt.

CHAp. 18.

¶ A pretious oyntment or Oyle for all manner of aches or ſwellings in the Armes, Knees, Legges or Feete being taken with colde.

TAke a gallon of Sallet Oyle and of Sage, Lauender, Southernewood, Wormewood, and Camamill, each of them a like quantitie, then cut the hearbs very ſmall and put them into the Oyle & ſtirr it well together, & let them ſtand in a baſon of Latten, or elſe ſome other like thing, for the ſpace of a full moneth (but you muſt be ſure to put as many

many Hearbs into the Oyle, as will make it very thicke) and so let it stand vntill the hearbs be rotten, then make a fire of coales, and set the bason thereon and so let it boyle for the space of three houres or somewhat more, then take it from the fire, and let it cole somewhat; and when you see that it is milke warme, or somewhat better, then take a bag made of strong Canues, and with a staffe, straine out all the substance, as cleane as you may and then put it into a glasse or Gallypot, or else into some earthen vessell and stop it very close, and it will continue in his vertue very long. This is good for any wound or olde bruise, and also for the shrinking of any Synewes, and all manner of sores, for it hath bin truely proued.

CHAP. 19.

¶ An excellent good and approued Oyntment, for all manner of Aches, Agues, Bruses, Gowtes, Cankers, Lameneſſe, Stitches, or hardnes of the Spleene, and for all manner of paine in the head and eares.

TAke Sage and Rue, of each of them one pound, Wormewood and Bay-leaues, of each of them halfe a pound of Sheepes suet cleane picked from the skin, the quantitie of three pound and better of Oyle Oliffe, and chop the hearbes very small, and then shred the Suet very fine, and put them altogether, and then stampe the hearbs and the Suet, vntill such time as the suet cannot be perceiued, then take it forth and put it into a faire pan, and put the Oyle therein, and couer it close, and so let it stand for the space of twentie dayes: then take it forth and breake it with your hands into a brasse pan, and set it vpon a soft fire, and you must be alwaies stirring of it, vntill such time as the hearbs be crackling, then take it off and straine it through a Canues cloth, into an earthen pot, and so keepe it. For those vehement Aches, when you shall lay any of this same oyntment vp-

on

on the place grieued, you muſt take Woll that groweth betweene the ſhepes legges, or elſe of the longeſt of the woll, and let it be carded in broad flakes, and baſted vpon a linnen cloath, and ſo keepe that alwaies to it.

CHAP. 20.

¶ An approued Medicine for an ach in any of the Huckle bones, Thighes, Armes, Shoulders, which commeth by taking of colde or, &c.

TAke a kettle of faire running Water, and boyle three or foure wooden Diſhes therein, (which Pottage are vſually eaten in) and let them boyle for a good ſpace ouer the fire, then take one of the Diſhes, and with a linnen cloth wipe of the water which is both within, and vpon the ſide of it, then take the ſame Diſh and whelme it vpon the Ioynt, Sinew, or place grieued, as hot as it may poſſibly be ſuffered, and ſo keepe it thereon vntill it be colde, then take an other of the ſame diſhes and doe as aforeſaid, and ſo the third or fourth, and let the party grieued vſe this for a certaine ſpace both morning and euening. And this without all doubt will helpe him, for this hath holpen many that their ſinewes were ſhrunke vp, but the partie grieued muſt apply hot Woollen clothes or elſe ſome Lambs-ſkin, or the ſkin of a Hare, or Conny, to keepe in the heate when he taketh away the Diſhes from it.

CHAP. 21.

¶ A good Medicine for an ach.

TAke Parſly & Wormewood, of each of them one handfull, and ſeeth them in a quart of Ale, with ſweet Butter, and waſh the place well therewith that akes, and alſo binde the hearbs to the place as hot as it may be ſuffered.

CHAP. 22.

¶ An other good medicine for an ach.

TAke Sowthistle, Chick-weede, Elder leaues, Groundsell, and Cleauers, of each of them a handfull, bray all these together, betweene two Tyles then lay these hearbs to the place where the griefe is: but let the hearbes be washed before they be brayed, and this helpeth.

CHAP. 23.

¶ For aches and swellings in the knees.

TAke a quart of Malmesey, and a handfull of Time, boyle them together a good space, and when it is halfe boyled, put into it a good peece of new fresh Butter, and let them boyle togither from a quart to a pinte, and when you goe to bed, bathe your knees therewith, & wet a cloth three or foure times double there in, and lay it to your knees as hot as possibly you can suffer it, and so let it continue all night, and in this sort let him vse this fire or seauen times, and doubtlesse it will helpe him. This hath beene well proued.

CHAP. 24.

A very good Medicine for all manner of aching sores.

TAke the iuice of Smalledge, of Sorrell, of Waybred leaues, of ech of them a like quantitie: then take Hunny, and the white of a new laid Egge, of eyther of them a like quantitie also, and mingle all these together till they thicken, and let it come nere no fire, but all rawe and colde, lay it on the place grieued.

CHAP. 25.

¶ A plaister for an Ach.

TAke stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a penny-worth of Treacle, the quantitie of a tennis ball of Rosin, and a spoonefull of Hunny,

ny, boyle it ouer the fire in a kettle, and ſtir it well together vntill it be well melted, then take a ſheeps-ſkinne that is new killed and make holes in it with a bodkin and ſpread the ſame ſalue or oyntment before mentioned vpon the fleſhie ſide of the ſkinne, and lay it to the place grieued as hot as you may ſuffer it, and the partie grieued ſhall finde great eaſe thereby, for it hath beene truely proued.

CHAP. 26.

¶ An excellent good oyle for all manner of Aches, bruſes and ſtraynings of the ſinewes.

TAke a potle of Neates-foote Oyle, and a quart of an Ox gall, a pinte of Aqua vitæ, a pinte of Roſe-water, Bay-leaues, Roſe-mary ſtripped from the ſtalke, Strawberrie-leaues, Rootes and ſtringes, Laueuder-cotten, of euery of theſe a handfull, beate them ſmall, and put them into the afore ſaid ſtuffe, and ſeeth it ouer a fire of coales in a pan of two gallons: and (at your owne perill, ſee that the flame touch not the ſtuffe) let it ſeeth very well, and then take it off, and let it ſtand till it be almoſt colde, then ſtraine it through a courſe linnen cloth, (but not the bottome of the ſaid liquor) then put it into a glaſſe, and ſo keepe it, and when you are pained annoint the place often where your griefe commonly vſeth.

CHAP. 27.

¶ A ſoueraigne oyntment for any manner of ach or ſwelling

TAke two pound of Boares-greaſe, one pound of freſh Butter, & a good quantitie of Smalledge and Mallowes, and a good quantitie of Oyle of Neates feete, then take them and ſtamp them very well altogether, then fry them, and ſtraine them in an Earthen veſſell that is cleane, and when the Patient will vſe it, let him annoynt himſelfe therewith before a good fire, but let him take heede that he doe not take colde vpon it.

Aches.

CHAP. 28.

¶ An other Medicine for an ach.

TAke a good quantitie of Smalledge, and put thereto some Aquauitæ, then straine it, and put thereto a good quantitie of Boares Grease, and temper them very well together, and let the the patient be annointed therewith both morning and euening before the fire, for the space of 5. or 6. daies together, if the paine doe continue so long. This hath beene well proued.

Agues.

CHAP. 29.

¶ A very good Medicine for an Ague.

TAKE of red Sage, Smallage, Ground Iuie, Bay Salt, Plantine-leaues, & Greene Glasse, of each of them a good handfull, and put therein a little Rose Vinegar, for to make it moist, and with a linnen cloath binde it somewhat hard to both the wristes of the Patient, and so let it remaine for the space of two dayes and two nights together: and then apply an other in the same sort, and so let it be done for the space of ten dayes together, and (by Gods grace) it will speedily helpe him. This hath beene truely proued.

CHAP.

CHAP. 30.

¶ An other for the ſame.

TAke the Greaſe or Fat that is vnder the manes of Horſes, and melt the ſame in a new earthen pot, and ſtraine it into a gallypot or ſome ſuch thing, and when the patient feeleth the Ague comming, let the Chine of his backe be annointed therewith, and within nine dayes he ſhall be hole, keping in the meane ſpace a reaſonable diet.

CHAP. 31.

¶ An other for the ſame.

TAke the Yolk of an Egge, & put thereto a good quantitie of groſſe beaten Pepper, & two ſpoonefuls of Aqua-vitæ, and drinke it colde, & after you haue taken this drinke, walke for the ſpace of an houre, and forbeare other drinke as much as poſſible you may.

CHAP. 32.

¶ A very good *Medicine* for an Ague.

TAke a handfull of Harts-horne, that groweth in the field, and a handfull of Bay Salt, and beate them both together in a morter, and lay this to your wriſtes, and this will help you.

CHAP. 33.

¶ An other for the ſame.

TAke a good quantitie of the Leaues of Stocke Gilliflowers, and Salt Peter, and bruſe them well together, and apply them to the poulſes of the Patient, and it will doe him exceeding much good.

CAAP. 34.

¶ An other for the ſame.

TAke Bay Salt, Smalledge, White Frankencenſe and Plantine Leaues of each of them a handfull, and beate them in a Morter vntill they be very ſmall, then take them

and deuide them into foure parts, and then lay two parts thereof vnto your wriſtes, and the other two parts to the bought of your armes: and an houre before your fit doth come, then take a quart of your ſtale Ale and ſeeth it from a quart to a pinte, and continually as any froth doth ariſe, ſkom it off, then put into it a cruſt of White Bread, and let it ſeeth in the Ale, and when you perceiue your fit comming, drinke it warme, and eate the cruſt: you muſt vſe this drinke during all the time of your ſickenes for it is very holeſome and good.

CHAP. 35.

¶ An exceeding good Medicine for a Quotidian Ague.

TAke three pintes of Ale, Bay leaues, and Red Sage, of each of them a good handfull, fine Suger three ounces, and a ſpoonefull of Pepper ſeeth all theſe togither in the Ale from the quantitie aforeſaid till it come to a pint, then take it and ſtraine it through a fine cloath, and let the Patient drinke a good draught of it as hote as he may abide to drinke it, a little before his fit commeth, and then let him walke a good while after it.

CHAP. 36.

¶ An other for the ſame.

TAke a pinte of Malmſey, and a handfull of May-weed. bruiſe the May-weede, and put the iuice thereof into the Malmſey and let the Patient drinke thereof as often as he ſhall thinke good, and this will helpe him. This is good to comfort nature, being drunke as aforeſaid, & alſo againſt the Plague.

CHAP. 37.

¶ An other for the ſame

TAke a good quantitie of the blades of Daffadillies, and bruiſe them and ſeeth them in a pinte of Ale or Wine, and put into it a ſpoonefull of Graines bruiſed, and let the Patient drinke thereof, halfe an houre before his fit doth come, and this will helpe him.

CHAP.

CHAP. 38.

¶ A very good drinke for an Ague.

TAke Bay leaues, and Sage leaues, of each of them a like quantitie, then take Bay-berries, and bruise them very grosly, and mingle these all togither, and put them into a quart of White Wine, and seeth them for a good space, then straine it through a fine cloath, and a little before the fit commeth, let the Patient drinke thereof.

CHAP. 39.

¶ An approued Medicine for an Ague.

TAke three quarts of faire Running Water, and put it into an Earthen pot and put thereto a good handfull of Violet leaues and flowers, boyle them for the space of a quarter of an houre togither, then take it off the fire, and put thereto a saucer full of Wheaten Branne, and couer the pot a good while: then straine it through a fine linnen cloth, and when it is cold put thereto a good quantitie of fine Suger, then let the partie grieued drinke thereof, both morning and euening fasting: also let him before he eate any meate in the morning: eate fire or seuen Damesins, (if they may be gotten) and at night let him eate roasted apples with Suger and at dinner let him drinke White Wine, with the water aboue said mixed. This hath bin truely proued.

CHAP. 40.

¶ An other for the same.

TAke a quart of new Milke, as new as you can get it from the Cow, and seeth it, and when it doth seeth, put into it a good lumps of Roch Allom and stir it vntill it haue a good curde on it, and when it is very well curded, scumme of the Curde cleane, and when you haue so done, then take the same drinke and drinke it, as often as you thinke conuenient and as hote as it may possibly be suffered, and then put away the curde, for it is not good.

CHAP.

CHAP. 41.

¶ An excellent Medicine for ān Ague.

TAke Burre-rootes, and Red Nettle-crops, and ſeeth them in Male Ale, and clariſie it, and giue the ſicke thereof to drinke, about ſuch time as the colde fit beginneth to come, and after the heate be paſt, when you ſee that he beginneth to ſweate, giue him Poſſet-ale to drinke made with Mariegolds and Fennell, but ſee that the Poſſet-ale be wel clariſied: vſe this Medicine, for it will take away the Ague within three or foure fits at the vttermoſt.

CHAP. 42.

¶ A Medicine to take away the extreame heate or burning of any Ague.

TAke Nettles, Cobwebs, and Salt, & beate them togither in a wodden diſh, and lay it to the left arme of the ſicke perſon, and it will take away the heate of the Ague.

CHAP. 43.

¶ An other for the ſame.

TAke a Toſte of Bread, and ſpread it ouer with Triacle, and let the Patient eate it before the fit commeth, at the leaſt three ſeuerall times, for the ſpace of three dayes, Probatum eſt, Per Gulielmum Lenthell, Oxon Armig.

CHAP. 44.

¶ An other preſent remedy for an Ague.

TAke 2 ounces of Bay Salt, 2 ounces of Frankenſence, and a handfull of Smalledge, beate them altogether, and lay them to the wriſts of both your hands, and to the bowes of your armes, let this be done two houres before the fit doth come: Prob. eſt.

CHAP. 45.

¶ An other for the ſame.

TAke two or three Cloues of Garlicke, and bruſe them, and a penyworth of Aquavitæ, halfe a pint of Ale, and ſeeth

ſeeth them altogether, and drinke it as hote as you may ſuffer to drinke it a little before the fit commeth.

CHAP. 46.

¶ An other for the ſame.

TAke Soote Yolkes of Egges, Bay Salt, and Pepper, and mingle them together, and lay it to the wriſts of the Patient, doe this twice a day for the ſpace of three or foure daies, and it will take away the Ague. For this hath bin often proued.

CHAP. 47.

¶ An approued Medicine for a burning Ague.

TAke an handfull of Strawberrie-leaues, & a handfull of Violet leaues, fiue handfull of Bourage-leaues, a handfull of Sorrell-leaues, and ſo ſtampe them and drinke them in Poſſet Ale, as hot as you may ſuffer it, when your fit is vpon you. This hath bin truely proued to helpe many.

CHAP. 48.

¶ An other for the ſame.

TAke the quantitie of a quart of Running water, and halfe a dozen of Orenges, and then pill away both the vpper rinde, and the white ſkin and picke out the kernels of them and ſlice them: then take them and ſtirre them well & ſeeth them in the ſaid water vntill the water be conſumed halfe away, then take the quantitie of foure ounce of Sugar, and boyle it a little ſpace therein, and when you perceiue that it is ſodden inough, ſtraine it and when it is colde, drinke it, and ſo vſe it for the ſpace of three dayes, and if neede require vſe it oftener, but if your burning be vehement, when your ſtomacke will ſerue, ſtampe ſome Sorrell, and eate the iuice thereof with your meate, this doe and it will helpe you.

CHAP. 49.

¶ An other for the ſame.

Take Smalledge, Shepheards-purſe, & Liuerwort, of euery

of them alike quantitie, Bay-Salt, and Frankencense as much as you shall thinke needefull, beate all these together, and lay it vpon a linnen cloth & binde it to the inside of the wricke of your left arme. vse this for the space of 9. dayes together, and it will helpe this disease, for it hath beene often proued.

CHAP. 50.

¶ An excellent remedy for a Quotidian Ague.

TAke a quart of stale Ale, a handfull or somewhat more of red Sage, a penny worth of fine beaten Pepper, take & boile these altogether, from a quart to a pint, and when it is sod clarifie and straine it, and halfe an houre before the fit commeth drinke a good draught thereof, & walke thereon, and it will presently helpe him. This hath beene often proued.

CHAP. 51.

¶ An other for the same.

TAke Fetherfewe, and Smalledge, of either of them to the quantitie of a good handfull, stampe them both together in a Mortar vntill such time as they are beaten very small, and straine them: then take halfe as much as the iuice of the same is of small Ale, and mingle them together: and then let the Patient drinke the same warme a little before such time as his fit doth come (that is to say) when hee perceiueth any grudging vpon him. This must be vsed three or foure seuerall times at the least, and let the Patient goe to bed, and haue as many clothes laid vpon him, as he is able to beare or suffer. and so let him be continually kept vntill his fitte be ouer-past, and thus in three or foure times doing, he shall be holpen by Gods helpe: This hath bin well proued.

CHAP. 52.

¶ A very good drinke to be vsed for any manner of ague.

TAke a quart of Ale that is not ouer-strong, & boile therein a good quantitie of Centorie, and let the Patient drinke

drinke it lukewarme.

CHAP. 53.

¶ An excellent medicine for an Ague, or for any burnining feuer, be it neuer ſo vehement.

TAke two handfulls of Plantine, and as much of Ryb-leafe, (which leafe is like vnto a Plantine-leafe, but it is ſomewhat longer and it groweth vpon the high wayes as the other doth.) And a pottle of Running Water, (but it muſt be taken vp againſt the ſtreame) and two penny worth of Lycquorice fine ſcraped and boyle them altogether vntill the liquor be come to the quantitie of a pinte, then take it of and ſtraine it: Then put into it as much Suger Candy, as you thinke fit to ſweeten it withall, and then ſtraine it and ſo giue of the ſame liquor to the Patient to drinke at all times, but he muſt refuſe all other drinke as narre as he can, and this helpeth without all doubt. This hath holpen many that haue bin at the poynt of death, and as it hath bin ſufficiently proued haue bin thought to be paſt all cure.

CHAP. 54.

¶ An approued Medicine for a Tertian Ague.

TAke of Dragon-water, and Aquacompoſita, to the quantitie of a quarter of a pinte. of eyther of them, and put thereto a peny worth of Ieane Treacle, and halfe a quarter of an ounce of groſe beaten Pepper, warme all theſe together, and be ſtill ſtirring it with a knife or elſe with ſome other Inſtrument and giue it to the Patient to drinke, as hote as he may poſſibly ſuffer to take it, a little before the fit commeth, and let him lye in his bed and ſweat very well. This hath holpen many.

CHAP. 55.

¶ An other for the ſame.

TAke nine leaues of white ſtocke Gillyflowers and fiue or fiue crops of Roſemarie, and ſtampe them altogether, and take the iuice thereof, and drinke it in Ale luke warme, a

little before such time as the fit doth come.

CHAP. 56.

¶ An excellent remedy for a Quartaine Ague.

TAke an Oxe gall, and as much Aquacomposita, and put thereto a quarter of an ounce of Pepper, brused but a very litle: and put two peny-worth of Triacle, and anoint the hands stomacke and wrists, with the aforesaid thinks, being all mingled together, halfe and houre before the fit commeth but let it be laid to, as hote as the Patient may suffer it, and let him sweate well upon it, and this will speedily helpe him. Probatum est.

CHAP. 57.

¶ Another for the same.

TAke Snayles which be in shells, to the quantitie of two handfulls; Bay-salt and Mallowes, of ech one of them a handfull, beat all these together, and lay it to the Soles or bottomes of your feete, before the fit commeth.

CHAP. 58.

¶ Another present remedy, for a Quartaine Ague, and for the drought that commeth thereof.

TAke Red Wine, and new Milke, of a Cowe that is all of one coullour, of each of them a pottle, then take three or foure handfuls of Mouse-eare, well picked and washed, strip it into the Wine and Milke, and temper them altogether, and let them stand so, for the space of one night, and then put them into a faire Still, and so distill them with a soft fire, then take the Water and put it into a Glasse, and set it where it may stand in the Sunne, for the space of five daies, and let the Patient when he is dry in his Ague, drinke thereof three or foure times, and he shall be rid of his Ague, and this drinke will quench his thirst if he be neuer so dry.

CHAP.

CHAP. 59.

¶ A very good medicine for an Ague.

TAke a ſpooneſull of greene Glaſſe beaten to powder, & 3 ſpooneſuls of Stone-hunny, a handfull of red Sage, mingle theſe with a head of Garlicke, and put thereto, as many Cobwebbes as will temper the ſame: and let it be in bigneſs: to the quantitie of an Egge ſhell and all, and then take the aforeſaid things and binde them about both the wriſtes of the Patient and this will helpe him. Probatum eſt.

CHAP. 60.

¶ A remedy to take away the drought in an Ague.

TAke Sorrell and Burrage of each of them a like quantitie, and a certaine quantitie of Strawberrie-leaues and Violet-leaues, boyle them altogether in a pottle of very faire running Water, vntill it be conſumed from a pottle to a quart, then take the hearbs and ſtraine them, and take halfe a pound of good Almonds, and blaunch them, and beate and ſtraine them with the ſaid water, and put Suger therein, and drinke it warme, doe this for the ſpace of fiue or ſixe dayes, and it will helpe him.

CHAP. 61.

¶ An excellent rule to be obſerued in the making of drinke and Pottage, for them that are infected with an Ague.

TAke Bugloſſe, Burrage, Endiue, Fennell-rootes, red Sage, Lettice, Pruines, Parſly-rootes, great Reiſons, Sinkefoyle, Sorrell and Succorie, of each of them a like quantitie, and put all theſe into his pottage, and likewiſe in Poſſet-ale, and Almon Milke, and this is very good.

CHAP. 62.

¶ A very good remedy againſt corrupt ayres, wherein the Agues are firſt ingendred and gotten.

TAke Betony, Centory and Egremony, of each of them one handfull: then take them & ſtamp them and ſtraine them with Ale, and with a Liquorice ſticke bruſed, and then boyle it, and clarifie it very well, and make it pleaſant with Suger, & drinke thereof, every morning luke-warme 3. ſpoonefulls for the ſpace of three or foure daies, and it will preſerue one from all corrupt ayres and infection.

CHAP. 63.

¶ An other Medicine againſt an hot burning Feuer.

TAke a good handfull of Bay-leaues, a handfull and more of red Sage, and ſeth them both together in a pottle of ſtale Ale, and let it boyle vntill ſuch time as the one halfe be conſumed away, then ſtraine it, and let the Patient being in bed, drinke a good draught thereof, (the ſame being warme) and a little Suger put therein to make it ſweete, and let the Patient take it an houre before ſuch time as his fit doth come. Probatum eſt.

CHAP. 64.

¶ An other Medicine againſt an hot burning Feuer.

TAke a pottle of ſtale Ale, and the bottme or lower cruſt of a white Loafe, and an handfull of Sinke-foyle, a handfull of Camamill, of Treakle and Vineger, each of them a ſpoonefull, a few whole Maces, Suger-Candie, as much as you ſhall thinke good, and ſeth theſe altogether, vntill ſuch time as the one halfe be conſumed: then ſtraine it from the hearbes, and giue it the partie grieued to drinke and let him drinke none other drinke during his heate, and giue vnto him as much thereof, as he will, and it helpeth him. This hath bin proued.

CHAP.

CHAP. 65.

¶ A Medicine for the colde in a Feuer.

TAke Camamile and Wormewood of each of them a like quantitie, ſeeth them in a quart of Ale, and let it ſeeth vntill it be halfe conſumed: then ſtraine it, and giue it to the Patient to drinke firſt and laſt, and this helpeth: for it hath bin proued.

CHAP. 66.

¶ An excellent good Medicine for an Ague.

TAke the iuice of Tanſie and mingle it with the oyle of Roſes, and a little before the fit commeth let the patient be anointed therewith, and it will quite expell the ague: Probatum eſt.

CHAP 67.

¶ An other for the ſame.

TAke Liuerwoort and ſtamp it, and let the patient take of the iuice thereof, and drinke it in ſome Poſſet-ale, and it will both rid him of the ague and alſo coole the inflamation of the Liuer, and it is alſo good againſt all hot Feuers.

Alſo the Syrop of Violets is good againſt all inflamations of the Longs and Breaſt, and againſt the Peliſie and Drought, and alſo againſt all Agues and Feuers, and eſpecially in young children.

CHAP. 68.

¶ An other for the ſame

TAke a good quantitie of ſmall Daiſies, and boile them in a little faire running Water, and ſtraine them and let the patient drinke the iuice thereof and it will both coole the heate of the Liuer, and cure him of the Ague.

CHAP. 69.

¶ An other for the ſame.

TAke the iuice of Barberies, and drinke it with Poſſet-ale, and it helpeth,

CHAP.

CHAP. 70.

¶ An other for the same.

TAke Hurtle-berries. (otherwise called Blacke-berries, and eate them with Suger, and this will take away the inward heate or drought in an Ague, also the rine of Lemmons, is good to cole the heate in an Ague.

Likewise the iuice of a Poungarnat is good to cole the heate in an Ague.

CHAP. 71.

¶ An other good Medicine to cure the burning Feuer.

TAke the greene leaues of Barberries, and make a sawce thereof (as if it were with Sorrell) and let the patient eate it with his meate, and this will helpe him. Probatum est.

CHAP. 72.

¶ An other for the same.

TAke a few of the Rootes of Pelitory of Spaine, and grate them and put the powder thereof into a little white Wine, and let the Patient drinke it and it will helpe him.

CHAP. 73.

¶ A very good water for an Ague.

TAke Sowthistle and distill it, and halfe an houre before that the fit commeth, let the Patient drinke the quantitie of halfe a pinte thereof, and this will presently expell the Ague, and take away the drought, and let him vse this 3 or 4 times, and it will helpe him, for it hath holpen many, after that other Medicines haue binne experienced, and failed in the helping of them. Probatum est, per *W. B.*

CHAP. 74.

¶ An other present remedy for an Ague.

TAke a prety quantitie of good Wine Vinegar, and put two new laid Eggs therein, and let them remaine there for the

the ſpace of 24. houres: and then beate them very ſmall together, and then ſtraine the ſame through a cleane linnen cloth, and giue the Patient a good draught thereof, a little before his fit commeth, & loke that he be kept very warme in his bed after it, and this will helpe him, Pro. eſt.

CHAP. 75.

¶ An approued Medicine for an Ague.

TAke a Hearing that is well Pickl'd, and ſplite it on the belly ſide, and warme the ſame very hot, and lay them to both of the ſoles of the feete of the party grieued, and this will helpe imediately, be it eyther Quotidian, Tertian, or &c.

CHAP. 76.

¶ An other for the ſame.

TAke Red Roſe-water, Venice Turpentine, and Frankenſence, of each of them two penny worth, and mingle them well together: then take a peece of white leather, and ſpread the ſame plaiſterwiſe therevpon: (that done) lay the ſame to both the wriſts of the party grieued, and let the ſame remaine there vntill it fall off, of it ſelfe.

This hath holpen many that haue bin troubled two yeeres therewith, haueing taken the diſeaſe in forrayne Countreyes.

¶ ¶ ¶

Backe.

CHAP. 77.

¶ An approued medicine to coole the extreame htate in the Backe: and alſo to cure the diſeaſe caled *Gonoria Paſſio*.

TAKE Water-creſſets and Colombins, of each of them a good quantitie, and ſeeth them in Cowe-Milke, and if it be for a man then let it be the Female-creſſet, and if it be for a woman, then take the Male-creſſet, & when the hearbes are well boyled in Milke, then take it from the fire, and let the Patient eate thereof, with a little white Bread therein, and let him drinke it alſo both Morning and Euening, for a certaine ſpace, and by gods grace it will helpe him. Pro. eſt.

CHAP. 78.

¶ A foueraine Medicine for the weakenes of the Backe.

TAke Daiſie-rootes, Plantine, Burſapaſtoris, Centammodie, croppes of Acornes, of each of them a handfull, and as much Bole-armoniake, and the powder of Harts-horne, then take a Bucke Cony that is fat, and boyle theſe in white Wine and water, and let the water and Wine be of equall portions, and then let them boyle vntill the fleſh of the Cony be ſeperated from the bones: then take the Cony and the other, ſtuffe out of the broath, and ſtraine the

the broath into a cleane veſſell, and let it ſtand vntill it be turned to a Jelly, and when you are in your bed, cauſe your backe to be anointed therewith, by a chafingdiſh of coales, for the ſpace of three nights together, and lay a linnen cloath warme there on, (but in any wiſe take hæde that you chafe not your backe ouermuch) and this will helpe you. Pro. eſt.

CHAP. 79.

¶ An other for the ſame.

TAke foure or fiue Cape Dates, and pæle them very cleane and let them be ſtamped ſmall in a Morter, & put to them the yolke of a new laide Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the Patient drinke thereof, both Morning and Euening, and it will helpe him.

CHAP. 80.

¶ A preſent remedy for a heate and paine in the Backe.

TAke Roſe-leaues, and Roſe-water, of each of them a like quantitie, and put thereto as much Saunders as you ſhall thinke good, and let them be ſteped in your Roſe-water, for the ſpace of 24. houres, then waſh your Backe as often as you can conueniently euery day, for the ſpace of ſixe or ſeauen dayes, and this will both aſſwage the paine, and take away the heate, and much comfort the Raines.

CHAP. 81.

¶ An other Medicine for the paine in the Backe.

TAke Sage, Roſemary, Camamill, and Maudlyn, of each of theſe a handfull: then ſtamp them altogether in a morter, or other ſtone veſſell and let it be fryed with May-butter, and anoint your Backe with it warme, but in any caſe beware of taking colde thereon.

CHAP. 82.

¶ A Medicine to clenſe the Backe and Purge the Raines.

TAke two Parſly-rootes, and picke out the pithes of them, and a Fennell-roote, and put to it Pellitorie of the

wall, and wash them cleane, and boyle them in Posset-ale, and drinke thereof when you goe to bed, and as often as you shal thinke good and every night doe the like.

CHAP. 83.

¶ A good Medicine for the Raines of the Backe.

TAke halfe an ounce of Venice Turpentine, and let it be very well washed in Plantine-water, or in Rose-water, and then mixe it with fine white Suger, and make thereof foure or five balles, of the which you must eate three in a morning fasting, and dayly drinke a little White Wine, or Renniſh Wine, immediatly after.

CHAP. 84.

¶ An excellent good Medicine for the weakenes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Succory, Penyroyall, of each a like quantitie, Ginger, & Nut-megs, as much as will burne the Wine, then take two new laid Egges, Yolkes and all, and temper them with 3 or 4 spoonefulls of Red-rose Water, and put thereto a good peece of fine Suger, then take the burnt Sacke, and burne it againe with the Egges, and put into it a little Mace, and it will be in manner of a Cauble, then put to it some Sallet Oyle, and mixe it with the burnt Sacke, and let the Patient drinke this thrice a day, (that is to say) in the morning fasting, after dinner, and when he goeth to bed, and this will helpe him in a short space: For it hath bin well proued.

CHAP. 85.

¶ A very good Medicine to strengthen the Backe.

TAke a quart of Ale, and three or foure whole Maces, and as many Dates, (the stones picked out, and the pyth also) then take a good handfull of the tops of Rosemarie, and let all these be boyled together, untill it be consumed

ſumed from a quart to a pinte, then take the Oyle of two or three newe layd Eggs; and take of the rinde that is about the Yolkes, and then put the Yolkes into the Ale, and boyle them well together, and ſtir them, and ſo let the Patient drinke thereof, both morning & euening for the ſpace of fiue or ſixe daye together, and this will ſtrengthen his backe very much. Pro. eſt.

CHAP. 86.

¶ A very good Medicine for the heate of the Backe.

TAke Vnguentum frigedum Galleniz iij. and ſpread it vpon a fine linnen cloath, (but you muſt firſt dip it in Roſewater) and warme it againſt the fire, and lay it vpon the Kidneys, and when it wareth hot, take it of, and lay it to an other place and thus chift it often.

CHAP. 87.

¶ An other for the ſame.

TAke the water of Plantine diſtilled, or elſe the iuice thereof, and put to the ſame leaues, and the leaues of Red Roſes, diſtilled, and alſo of the water of Red Roſes, & the water of Red Roſe Vineger: then put all theſe together into an Earthen pot, and put a fine linnen cloth into the water to ſteepe, and when it is well ſteeped, take it forth againe, and then with a few leaues of a red Roſe Cake, lay it to the backe of the patient, and when it wareth hot, vſe an other cloth dipped therein, (as aforeſaid) and it will helpe him: This hath bin often vſed by *M. D. H.*

CAAP. 88.

¶ A good Medicine for one that hath a weake Backe.

TAke 5. or 6. crops of Red Neepe, and two ſpoonefulls of Archangell-flowers, and ſtred them very fine: then take 3. or 4. new laide Eggs, and temper them altogether: then take a little ſweete Butter, that is but little ſalted,

and make 3. or 4. fritters, and let them be fryed in some little Earthen pan, and let the Patient eate them without eyther bread or salt, but only with a little fine Suger strawed vpon them. Probatum est.

CHAP. 89.

¶ A good plaister to ease a paine or cricke in the Backe.

TAke white Archangell flowers and leaues a good quantitie, and of Cumfrey leaues and rotes, 1. ounce of Plantine, and Bursa pastoris 1. ounce, beate them altogether very fine, and put vnto them, a spoonefull of Hunny, and then fry them in a Frying pan, and deuide it into foure partes, and make of euery part thereof a plaister, and so lay one of them the backe of the Patient, euery night when he goeth to bed, and by Gods grace it will spedily helpe him.

CHAP. 90.

¶ A maruellous good oyntment for the Backe.

TAke 4. ounces of Vnguentum frigedum Galeni and 1. ounce of the iuice of Housleeke, 2. drams of Mirtle, and as much of burnd Leade, and 1. drame of Camphire, halfe a drame of Red Rose-leaues, and as much Red Currall: then according to arte, make all these into an Oyntment in a morter of Lead or Stone, and let the Patient haue his Backe anointed therewith, and he shall finde much comfort thereby.

CHAP. 91.

¶ An excellent good restoratiue to the Backe.

TAke a quart of stale Ale, halfe a handfull of Germaunder, a handfull of Clarie, a handfull of vnset Hysop, a handfull of vnset Time, a braunch of Rosemary a good quantitie of English Saffron, a dish of sweete Butter, and a good peece of Suger, : then boyle all these together, vntill the one halfe be consumed, then straine it, and let the Patient take it both Morning and Euening, and it will helpe him.

CHAP.

CHAP. 92.

¶ An other for the ſame.

TAke new Milke and ſet it on the fire, and when it is ready to ſæth take the quantitie of a Nut of Roch Allom, and ſtampe it ſmall, and put it into the Milke, and ſtirr it with the ſpone and couer it cloſe, and when the curde doth riſe: take it off, and let the patient drinke thereof firſt and laſt, for 5. or 6. dayes togither, and it will doe him much good.

CHAP. 93.

¶ An other for the ſame.

TAke a quart of Goates-milke, if it may be gotten, if not, then take a quart of Cow-milke that is new, and a handful of Otemeale, and a good deale of the Pith of an Oxe back, and ſtame them together, and ſæth them well and when it is ſodden, ſtraine it through a fine linnen cloth: and let the patient drinke it firſt and laſt, and it wil him. Pro. eſt. This is alſo good againſt a Conſumption.

CHAP. 94.

¶ A good Medicine for the Raines of the Backe.

TAke Aquauitæ and put therein a little Hemp-ſeede finely beaten, & let it ſoke in the Aquauitæ 7 or 8 dayes togither, then ſtraine it, and let the patient drinke it, and it will helpe him.

If you cannot get Aquauitæ: then take good white Wine or elſe ſtale Ale, any of theſe will ſerue

CHAP. 95

¶ A good Medicine for weakenes of the backe.

TAke a pinte of Claret Wine, and put therein a good quantitie of fine Suger, and Red-roſe Water, Bugloſſe water, and Burrage water, of euery of them a good quantitie, mingle them together, & let the Patient drinke two, or three, good draughtes

draughtes thereof, and a little Diasaturion: This is a very comfortable drinke to coole the stomacke and the Raines, and it will strenthen the Backe wonderfull much.

CHAP. 96.

¶ A Medicine for the heate of the Raines, and to auoide blistring in the mouth.

TAke Liuerwort, Sorrell, Balme and Succorie, of each of them one ounce, and seeth them in a quart of Whay, the same hauing bin well clarified) and let the patient drinke halfe a pinte thereof at the least euery morning. Pro. est.

CHAP. 97.

¶ A good Medicine for the Raines of the Backe.

TAke Cassia Fustula, and drinke it in white Wine fasting, for the space of nine dayes together, and this will doe him exceeding much good that shall take it, For it hath bin proued.

Also this being drunke with white *Wine* and the iuice of *Parsly Rootes*; is a singuler good preseruatiue against the stone.

CHAP. 98.

¶ A present remedy to stay the running of the Raines.

TAke a good quantitie of Otemeale, and beate it very small, and put it into a quart of new Milke, and seeth it, and put therein a good quantitie of Suger, and when it is well boyled, straine it, and giue it to the patient to eate, and it will helpe him. Probatum est.

CHAP. 99.

¶ An other for the same.

TAke Venice Turpentine, and wash it cleane in these waters following, (Viz.) in Plantine Water, in Red Rose Water, and in waters of Liquorice, and when you haue washt it very well, then take the Turpentine, and seeth it with

with as much white Maſticke, and if hée it ſodden inough, it will breake to powder: (it is eaſily perceiued vpon a knifes point) then take ℥j. an ounce of Nutmegs beaten to powder, and put to it the like quantitie of the powder of Venice Turpentine, and ℥j. an ounce of white Suger, and mingle them togither: then let the Patient eate of the ſame powder with an Egge or two, (reare roſted that they may be ſupped of) and let him eate nothing for the ſpace of an houre after: But if he eate 2. or 3. of theſe Eggs euery morning ſo drieſt, it will be the better vntill it be hole, and alſo let him drinke ℥j. an ounce of Red Roſe water, and ℥j. an ounce of Plantine water, after ſuch time as he hath eaten his laſt Egge.

Note, that he muſt vſe to eate 2. of theſe Egges afore ſaid, in his bed before he riſe in the morning, and the thrée one houre after that he is riſen vp, and after the ſpace of one houre more, he muſt in like ſort drinke the water aboue ſaid, and walke a good while after it.

CHAP. 100.

¶ An other for the ſame.

TAke a quantitie of the ſtones and the rotes of Stockflowers. (Viz) Diaſaturion, and the rotes that lie like Beades in barren grounds, and preſerue them as you doe Cherries or other thinges: then make a Candle of Muſcadine, and boyle the ſame rotes therein, with a Nutmegge grated, & a little white Maſticke: then let the partie grieued, eate of the rotes, and alſo drinke of the Candle afore ſaid, and this will preſently helpe him.

CHAP. 101.

¶ An other for the ſame.

TAke two new laid Eggs, and put away the whites of them, as cleane as may be, and ſet them in the fire vntill they be bloud warme: then take halfe a Nutmegge, and a good peece of Suger Candie, and a peck quantitie of Currall

finely beaten to powder, then take a little Cinamon and Amber of each of them alike quantitie, and mix them altogether, and put them into the Egge, and let the Patient sup it of, or else let him tosse a pece or two of fine White Bread, and poure the Yolkes of the Eggs thereon and then straw the aforesaid powder vpon it, and so eate it, and this will spedily helpe him. Pro. est.

CHAP. 102.

¶ An other excellent good remedy for the running of the Raines.

TAke three kernels of Pistia, which are not olde, a dram of cleere Masticke, a dram of Mirre and 3. scruples of Camphire, of the cups of Acorns, and yellow Amber, of each of them a like quantitie, then take a prety quantitie of Venice Turpentine, and wash it cleane in Plantine water, and temper it with the aforesaid thinges, and with the Yolke of an Egge that is reare rosted: and so let the Patient eate it fasting But if the cause be hot, then take 3 drams of Bole Armoniacke, and put thereto. Probatum est.

CHAP. 103.

¶ An other for the same.

TAke May-weede, Plantine, Neepe, Clarie, Balme, and Daisie-rootes, of each of them a good handfull, and boyle them all in a quart of pure Malmesey, and boyle it vntill the one halfe be consumed, then straine it, and let the Patient drinke thereof both Morning and Euening, and this will stay the running of the Raines, although the Patient hath bin long troubled therewith. This hath bin often proued. D. L.

CHAP. 104.

¶ An other for the same.

TAke a good quantitie of Venice Turpentine, a Nutmeg, or two beaten small and a good quantitie of Cynamon

mon ground to pewder: then take 5. or 6. Date ſtones, and grinde them vntill they be come to fine powder, and then mix them altogether, and make them into bullets, (pellet like) and wrap it in white Suger, and let the patient ſwallow downe 3. or 4. of theſe Pellets euery morning faſting, for the ſpace of 8. or 9. dayes together, and let him walke halfe an houre (after he hath taken it) before he doe eate or drinke, and this will ſpeedily helpe him. Prob. eſt.

CHAP. 105.

¶ An other ſpeciall good Medicine for the running of the Raines.

TAke a ſhine of fine Manchet-bread, and toſſe it browne on both ſides: then take two new laid Eggs, and deuide the whits from the yolks as cleane as you can, & then ſpread the yolks vpon the bread, & put therein two penyworth of white Suger-candie, beaten to fine powder, and let the patient eate this euery morning faſting: and let him faſt an houre or two after he hath eaten it, and let him vſe this 6. or 7. dayes together. This hath holpen them that haue binne grieued therewith 7. yeres before. Probatum eſt. per. M: Iames.

CHAP. 106.

¶ An other preſent remedy for the run- of the Raines.

TAke white Wine and put therein a little Hemp-ſeede finely beaten & let it ſoke in the white Wine 7. or 8. dates together, then ſtraine it, and let the patient drinke it, and it will helpe him.

CHAP. 107.

¶ An other for the ſame.

TAke Amber, Nutmegs. Sugar-candie, and Currall, of each of them as equall portions as you can, and beate them all into a very fine powder, & put thereto a little grated

Cynamon and mingle them all well together, and ſtrain the ſame powder vpon a toſt of fine Mancher, (being toſted browne on both ſides thereof, as aforeſaid) and let the patient eate the ſame faſting: and ſo let him vſe it 5. 6. 6. dayes together, and doubtles (by Gods helpe) this will cure him.

CHAP. 108.

¶ An other for the ſame.

TAke Pellitorie of the Wall, Wilde Time, and Parſly, of each of them a good handfull, and boyle them in a quart of ſtrong Ale, and let it boyle vntill the one halfe be conſumed: then take it of, and ſtraine it, and let the partie grieued drinke a pinte thereof warme euery morning and euening for the ſpace of 9. dayes together, and he ſhall finde great eaſe thereby.

CHAP. 109.

¶ An excellent good water to waſh the Yarde of one that hath lately had the running of the Raines, and hath bin cured thereof.

TAke the leaues of Daiſies, Woodbinde and Plantine, of each of them 3. good handfulls, a good quantitie of Engliſh Hunny, and as much Roch Allom, as a Wallnut, and put to them a quart of faire running Water, and halfe a pinte of Red Roſe-water, and boyle all theſe together in ſome Earthen veſſell (cloſe couered) for the ſpace of halfe an houre, and then ſtraine it through a fine linnen cloth, & when you will vſe it take a ſmall Bearing and ſquirt ſome of the ſame water (luke-warme) into your Yarde, & let the pipe of your ſquirt be put into it, an inch or ſomewhat more, and let it be ſtrongly ſpouted vp, whereby the water may goe beyond the ſore place, and ſo vſe it euery day three times, for the ſpace of a whole moneth at the leaſt, and this will make it ſound for euer after, from this diſeaſe: For it hath bin truely proued.

CHAP.

CHAP. 110.

¶ An other easie Medicine to helpe the running of the Raines, and also to scowre the Yarde after it.

TAke a pretty quantitie of Plantine water, and Woodbynde water, and mingle them both together, and with a Syearing, squirt the same water (luke warme) into the Yarde of the party grieued as aforesaid, both Morning and Euening for the space of 21. dayes, and it will helpe him without all doubt. Probatum est.

Bellie.

CHAP. 111.

¶ A very good medicine to ease the paine or griping in the Belly.

TAKE a handfull of Southernwoode, and lay it right against the place (on the contrary side) where the paine is, and it will vtterly expell it. Also, if it be laid to the Nauill of any one that is much grieued therewith, it will spedily take the paine quite away. This hath holpen many that haue beene greatly payned trerewith,

CHAP. 112.

¶ An other for the same.

TAke 2. handfulls of wheate Bran, and boyle it in Wine Vinegar; then take the same and lay it plaisterwise to

the left side of the party grieued as hot as possible it may be suffered, and this will presently helpe him. Probatum est.

This is also good against the mother.

CHAP. 113.

¶ A good Medicine for one that is hard bound in the Belly.

TAke a good quantitie of the middle Rinde of an Elder tree, and stampe it well, and steepe it in stale Ale, and straine it through a fine linnen cloth, and giue it the party grieued often to drinke, & in vsing it 2 or 3 dayes together, it will helpe him.

CHAP. 114.

¶ An other for the same.

TAke a good quantitie of Hemp-seede, and seeth it in faire running Water, & when it is sodden, straine it through a fine cloath, and let the Patient drinke a good draught thereof, when he goeth to bed, and it will make him laxatiue. This hath bin proued.

CHAP. 115.

¶ An other for the same.

TAke a Chicken and a pretty quantitie of Cassula fistula, and seeth them together in faire running Water, and let the patient drinke the broth, and it will immediatly procure loosenes of the bodie without paine.

CHAP. 116.

¶ An other for the same.

TAke an Onyon, and make a hole therein, and fill it with pure Hunny, and rosse it, and lay it to the Nauill of the partie grieued, and it will helpe him.

CHAP.

CHAP. 117.

¶ Another for the ſame.

TAke Otes(parched vpon a Tile-ſtone, or in an Ouen)and ſprinkle them with hot water,and put them into a fine cloth,and lay them to the wombe of the partie grieued, and binde it loſe,and this will helpe him.

CHAP. 118.

¶ Another for the ſame.

TAke ij. penyworth of Skamony,and twice as much Suger and Cloues,and a little Liquorice,and grinde them ſmall with warme liquor, and then giue it the patient to drinke, and let him eate ſome hot meate immediatly after it.

CHAP. 119.

¶ Another for the ſame.

TAke the iuice of Southernwood, and anoint the belly of the patient well therewith, and it will loſen the Belly very gently. Probatum eſt.

CHAP. 120.

¶ An excellent good Medicine to keepe ones Body looſe.

TAke the quantitie of a Hazell Nut of Alawſackatrina, (or as much thereof as well agreeth with thy Body) and bruſe it very ſmall with eight or nine Rayſons of the ſunne (the ſtones cleare picked out of them) and then make as many little Pills or balls thereof,as the party may conueniently ſwallowe downe at once, and ſo let him take them in the morning faſting. Likewiſe let him at his going to bed, eate a roaſted Apple with a little Butter and Ginger mixt, and this will helpe him very ſoluble. Probatum eſt.

CHAP.

CHAP. 120.

¶ An other good Medicine to loſſen the Belly.

TAke the iuice of Hoppes, and drinke thereof euery morning faſting, for the ſpace of 3 or 4. dayes together. and it will both loſen the belly, and expell all Cholericke humours. Alſo it will purge the bloud from all filthynes.

CHAP. 122.

¶ An other for the ſame.

TAke a ſpoonefull of the ſeede of Poppie, that is called Horned Poppie, (it flowreth in Iuly and Auguſt) and beate it to powder, and drinke it both morning and euening. and it will both loſen the Belly, and purge Fleagme wonderfully. This hath bin ſufficiently proued.

CHAP. 123.

¶ An other for the ſame.

TAke the quantitie of a ſcruple of the white and inward pith of Coloquintida, and bruiſe it ſmall, and put it into a little hot broth, and let the patient ſup it of; and it will not onely loſen the Belly very much: but it will alſo purge all the groſe fleagme, cholericke humours, ſlimie filthynes, and ſtinking Corruption of the guts. Likewiſe if there be any bruiſed or corrupt bloud inwardly, it will vtterly expell it, (if a good quantitie thereof be taken.) This hath bin truely proued.

CHAP. 124.

¶ An other for the ſame.

TAke the iuice of white Beetes, and drinke it eyther with Ale. that is ſtale, or with white Wine, and it will both loſen the belly and cleanſe the ſtomacke: but it muſt not be vſed too often, for then it will doe more hurt then good to the ſtomacke.

CHAP.

CHAP. 125.

¶ A ſingular good Medicine to ſtop a Laske.

TAke a good quantitie of the Fruit of Whitethorne, (when it is ripe in September) and picke out all the Cores or Stones (as cleane as may be) from them, and then bruiſe the ſame into powder, and let the patient eate it in a little thin broath (made of Mutton or Veale) and it will ſtay the Laske.

CHAP. 126.

¶ An other approued Medicine for a Laske or loſenes of the belly.

TAke a prety quantitie of Aquacompoſita, and a new laid Egge, and boyle the Aqua compoſita with the Egge, vntill ſuch time as it be drie: Then take Suger and Cynamon, of each of them a like quantitie, and beate them to powder, and mingle them together, and let the partie grieued eate the ſame with the Egge, and this will ſpedily helpe him. Probatum eſt.

Biles. Fellins, and Vncomes.

CHAP. 127.

¶ A very good Medicine for any manner of Bile Fellin or Vncome.

TAKE Smalledge Rue and Red Sage, of eche of them one handfull, a peece of Wheaten Leaun, and a good quantitie of the Grounes of ſtrong Ale, and mingle them altogether, and make a plaiſter thereof, & apply it often to the place grieued, and this will preſently helpe him:

This hath holpen them that were in great ieopardie to haue lost a ioynt thereby.

CHAP. 128.

¶ An other for the same.

TAke Red Sage and Rue, of each of them a like quantitie, and chop them very small: then take Groumes of strong Ale, and a good peece of browne Leauen, and a few crumes of browne Bread, and mingle them all together, & seeth them in some earthen vessell, vntill it be thicke, and make a plaister thereof, and lay it warme to the sore place, and you shall finde maruellous great ease thereby.

CHAP. 129.

¶ An other for the same.

TAke a good quantitie of sowre Leauen, and crum it small into a Pipkin or else into some other Earthen vessell, and halfe a peny dish of swéete Butter, and 5. or 6. spoonefulls of Rose Vinegar, (the leaues and all) and boyle them al together, and make a plaister thereof, and lay it to the sore as hot as it may be suffred, and it will spédily cure it.

CHAP. 130.

¶ An other for the same.

TAke 20 garden Snailes, and beate them (shelles and all) in a morter, vntill you perceiue them to be come to a salue: then spread a little thereof, vpon a linnen Cloath, and lay it to the place grieued, and when one plaister is dry, then take that of and put on an other, and vse it often, and it will kill the Fellin: and also it will both heale the sore place, and draw it. This hath bin truely Proued.

CHAP. 131.

¶ An other for the same.

TAke Rue, (otherwise called Herb-grace, and let it be gathered in March) and white Woorts, of each of them a good

good quantitie, and beate them very well together: then take ruſtie Bacon, and ſwéet Butter, of each of them a like quantitie, and 2 or 3 houſe Snailes, and mingle them all theſe together, and make a plaiſter thereof, and lay it to the ſore and by often vſing it as aforeſaid, it will ſpédily cure it.

CHAP. 132.

¶ An other for the ſame.

TAke red Sage, Rue, Snailes, Bay Salt and Bacon, of euery of them, ſuch a quantitie as you ſhall thinke good, and temper and beate them well together, and then lay it to the Fellin, and this will preſently helpe him. Probatum eſt.

CHAP. 133.

¶ An other for the ſame.

TAke red Sage, Rue, and Houſleeke, of each of them an ounce, waſh them altogether, and dry out the water, with a cleane cloth, and chop them very ſmall, then take the quantitie of a tennis ball of ſower Leauen, and two ſpoonefulls of Tarre, and a ſpoonefull of blacke Sope, and ſtamp them altogether in a wodden diſh, with a peſtle of wood, and make a plaiſter of it, and lay it an inch thicke vpon a péece of linnen cloth, or elſe vpon a péece of white leather, and euery morning and euening apply it to the ſore, and this will both draw it and heale it. This alſo is good for any Bile, Fellline or Vncome.

CHAP. 134.

¶ An excellent good and approued Meddicine for any Fellin, olde ſore, or any other Vncome whatſoeuer.

TAke a quart of Ale, and put therein a rate of Ginger beaten to powder, and ſeeth the Ale, vntill it be halfe conſumed away: then put therein halfe a pound of Suger, and ſtirre it well, and then ſet it to cole: and put the

Ginger into it, and then make a plaister thereof, and lay it to the place grieued, and it will cure it if it be neuer so sore. Por. est. p. M. D. L.

CHAP. 135.

¶ An other speciall good Medicine for any manner of Byle or Fellin.

TAke a pennyworth of two of Mæthriadatum, and spread it some what thicke vpon a pece of white Leather, and pricke it as full of holes as euer it may be, and lay it to the sore, and it will both draw out the Coze, and heale the sore: This hath bin truely proued: Likewise it will cure any mannner of Plague sore whatsoeuer.

CHAP. 136.

¶ An other for the same.

TAke a good quantitie of wheate Flower, and temper it very well, with white Wine, and boyle it vntill it be thicke, and then spread it eyther vpon a linnen cloth, or else vpon a pece of white Leather and lay it to the sore, as hot as possibly it may be suffered, and this will open the hole, and draw out the venom or filth, and ease the aking: and it will also close it vp againe and heale it: and for want of white Wine, eyther Ale or Beere may be vsed.

Moreouer, this Medicine will cure the pricking of any thorne or nædle in any ioynt or else where, although the hole be neuer so close stopt vp againe.

CHAP. 137.

¶ An other excellent good Medicine, for any manner of Biles, Whitblowes, Fellins or Vncomes.

TAke Bores-grease, Wheaten-flower, Sage and May-butter, and stampe them all together in a morter, and then make a plaister thereof, and lay it to the place grieued, and it will both ripen and draw it: also if it be fryed in a frying

pan,

pan, & applyed as aforesaid, it will worke the better. Probest.

CHAP. 138.

¶ An other experienced Medicine, for to ripen any Biles, Whiteblowes, Fellins, or other Vncomes whatsoeuer.

TAke a pinte of swæte Milke, and put therevnto a good quantitie of shæpes Suet, and cut and shred it very small, and mingle a good handfull or two of Otemeale (beaten very small) therewith, and set it on the fire, and seeth it vntill it be come so thicke, as it may be spread vpon a linnen cloth, and so layde to the sore, (as hot as it may possibly be suffred) and it will both ripen it, and breake it in a shorr space, without any paine: and when it is broken, lay a little Turpentine, vpon a pece of white leather, and with a small bodkin, prick it full of holes, and then lay this plaister to the sore, & it will both draw it, and heale it. This hath bin often proued.

¶ *Bladder.*

CHAP. 139.

¶ An excellent good Medicine to purge the Bladder of one that cannot pisse perfectly.

TAKE Parsly, Red Fennell, Mayden-hayre, the rotes of Elisaunders, and the rotes and leaues of Harts-tongue, of each of them a like quantitie, and seeth them all togeether in white Wine, and then straine the same through a fine cloth, and keepe it close stopt in some Glasse or Earthen

veſſell, & when occaſion ſerueth for the vſe of it, let the grieued drinke a good draught thereof firſt and laſt, and it will purge the Bladder in ſhort time Probatum eſt.

CHAP. 140.

¶ An other for the ſame.

TAke Rue, (other wiſe called Hearb-grace) Grommell and Parſly, of each of them as euen portions as you can, and ſtampe all theſe togither, and ſtepe them in White Wine, and then ſtraine them, and giue the ſame to the patient to drinke 4. or 5. times a day luke warme, and it will helpe him.

CHAP. 141.

¶ An other for the ſame.

TAke Berries of Iuie, and beate them to powder, and let the patient drinke it with White Wine, or elſe with ſtale Ale, as hot as he is able to ſuffer it.

CHAP. 142.

¶ A very good Medicine to cauſe one to make water that cannot.

TAke a new laide Egge, and make a hole in the greateſt ende of it, and take forth both the Yolk and white, and lay the hole of the Egge downwards, vpon a hot Brick-ſtone, and let it remaine ſo, vntill it be ſo well purged, that you may make powder thereof: then beat it to powder, and drink it in white Wine, twice a day, (firſt and laſt) and it will helpe you. This was much vſed by one *M. Roſe*, who eaſed many therewith: alſo, this is maruelour good againſt the ſtone.

CHAP. 143.

¶ An other for the ſame.

TAke a quart of ſtrong Ale, and ſet it on the fire, and then take a good handfull of Time, and binde it vp faſt into

into a bunch, and ſo ſeeth it in the Ale, vntill ſuch time as you doe perceiue the ſtrength thereof to be cleane gone into the Ale, and then let the Patient drinke a good draught thereof euery day both morning and Euening for the ſpace of 6. or 7. dayes togither, and it will helpe him. Probatum eſt.

CHAP. 144.

¶ An other for the ſame.

TAke a good quantitie of the ſeedes of Red Nettles, and put them eyther into your Ale, or elſe into your Pottage, and ſo drinke or eate often thereof, and this will helpe you preſently. R. Cox This is alſo good againſt the Stranguarie.

CHAP. 145.

¶ A other for the ſame.

TAke a Flint-ſtone, and lay it in the fire, and there let it remaine vntill it be red hot, and then put it into the Ale, that the partie grieued doth drinke, and then let him drinke a good draught thereof whileſt it is warme, and he ſhall finde marueious great eaſe thereby.

CHAP. 146.

¶ A other for the ſame.

TAke a quarter of a hand full of Parſly, and as much red Fennel, and waſh and chied them very ſmall, and put them into a cup of ſtale Ale, and make a poſſet therewith, and drinke the Ale and it helpeth.

CHAP. 147.

¶ A good Medicine for one that piſſeth Bloud.

TAke Burſa Paſtoris, Parſly-ſeedes, & Ambroſe, of eeh of them a hand full, and ſtampe them well togither and, then ſteepe them very well with Goates Milke, and then ſtraine it through a fine cloath, and giue it the patient to drinke, and this will helpe him without all doubt. Pro. eſt.

CHAP.

CHAP. 148.

¶ An other good Medicine to cauſe one to piſſe that cannot.

TAke a good quantitie of the beſt Engliſh *Saffron* that may be gotten, and dry it and beate it to fine powder, and then take the like quantitie of pure blacke Sope, and mingle the ſame with the powder and then ſpread it ouer the fleſhie ſide of a peece of Sheepes Leather, and then lay it to the ſtones of the party grieued, and it will procure Vrin within an houre or little more Probatum eſt,

CHAP. 149.

¶ An experienced Medicine to prouoke Vrin.

TAke a good handfull of red Nettle rootes, and ſeeth them in a quart of good Ale, and let them ſeeth vntill the one halfe thereof be conſumed: then put into it a quarter of a pound of ſweet Bruter, and ſcum it cleane before ſuch time as the Butter be put in it, and when you haue ſo done, take a good quantitie of ſeedes of Eliſaunders, Parſly-ſeedes, and Grommell-ſeedes, (being all well beaten to powder firſt) and ſeeth them therein, and when it is well ſodden, ſtraine it through a fine linnen cloth, (but let all the thinges before rehearſed, be of equall portions) and then let the patient vſe to drinke often thereof, eſpecially firſt and laſt, and this will helpe him without all doubt.

CHAP. 150.

¶ An other for the ſame

TAke 3. quarts of Ale and ſeeth it, and let it be 3. or 4. times ſcummed, then put into it Roſemarie, Time, and Peny-royall, of each of them a handfull, and let them boyle together, till a quarter thereof, or ſomewhat more be waſted away: then ſtraine the ſame and let the Patient drinke a good draught thereof, luke-warme euery morning faſting, and

and last in the euening, and this will ease him very much. Probatum est. This is also a maruellous good Medicine against the *Stone*, and hath bin sufficiently proued.

CHAP. 151.

¶ An other good Medicine to cause one to pisse that cannot.

TAke House-dong out of the stable, new Butter and Aquavitæ, of each of them equall portions, and fry them all together, and then make a plaister thereof, and apply it to the patient (from the Nauill to the Fundament) as hot as possibly he may suffer it: but let him not be afraide, though it cause the blond to issue forth, for such is the nature of the Medicine. Also it will cause the Stone to auoide forthwith. Probatum est.

CAAP. 152.

¶ An other good Medicine to prouoke Vrin speedily.

TAke Betony which groweth in woods (both rootes and leaues) and wash them cleane, and dry them in an Ouen (in a Vine or in some other such like thing) where brownе bread hath bin newly drawne forth of it, then take the same leaues and beat them to powder, and let the Patient vse halfe a spoonefull thereof at a time, eyther in White wine, Posset-ale, Pottage, or else in his ordinarie drink which he commonly vseth.

CHAP. 153.

¶ A good Medcine to heale a Canker vpon the Yarde.

TAke an ounce of Roch Allom, and halfe an ounce of Verdiegrease, and mingle them with Smiths Water, and put them all together into some Glasse or other close vessell, and when they are well soked boyle them for two houres together, and then straine the same and put it

againe into the Glaſſe or veſſell aforeſaid, and ſtop it cloſe, and when occaſion ſerueth for vſe thereof, then let the Yarde be often waſhed therewith, and it will deſtroy the Canker in ſhort ſpace. Probatum eſt.

CHAP. 154.

¶ A very good Medicine for the ſwelling of the Yarde or Coddes.

TAke Egrimonie Water diſtilled, and put thereto a good quantitie of Roch Allom, and ſet them ouer the fire to ſoke, and ſo let them remaine vntill they be ready to boyle, then take it of, and with a fine linnen cloth, annoint well the Yarde vnder the ſkin, with the ſame Water, and let it be warme when you doe vſe it, and it will aſſwage the extreame paine of the Yarde, and alſo of the Coddes, if they be waſhed with the ſame.

Alſo to incarnat the ſkin of the Yarde within, take Fumitorie Water, and put a good quantitie of Liquorice pared, and ſteepe it therein, for the ſpace of one night, and then put ſome of the ſame water into the Yarde with a ſponge, or elſe with a Tent, made of linnen cloath.

CHAP. 155.

¶ A excellent good remedie for the burning, and intollerable heate of the Vrin.

TAke ſeedes of Purſlane, ſeedes of Lettice, ſeedes of Endiffe, and of ſeedes of white Poppie, of ech of them two ounces: then take the waight of halfe a dram of Henbane-ſeedes, two ounces of Saffron, fiue drams of Liquorice, 5. drams of Pine Appel kernels, two ounces of Sebaſtian, and the quantitie of 6. li. of faire running Water, mingle all theſe well togither, and boyle them vntill the third part thereof be conſumed, then ſtraine it, and let the Patient take euery morning an ounce thereof, & mingle it with an ounce of the iuice of Violets, and ſo let him vſe this for the

ſpace

ſpace of 3. or 4. dayes togither, and the 5. day you ſhal ſe marueilous ſtrange varietie in the Vrin. Probatum eſt.

CHAP. 156.

¶ A meruellous good Water to breake the Stone in the Bladder.

TAke two pintes of the iuice of Saxifarge, the iuice of Gromell, and of the iuice of Parſly, of each of them a pinte, and put thereto, the quantitie of 8. or 9 ounces of the beſt Vinegar that is made of pleaſant wine, and diſtill all theſe togither, and then put the diſtilled water into ſome glaſſe, or other veſſell that hath a narrow mouth, and let the partie grieued take an ounce thereof at a time, thrice euery day (Viz) in the morning faſting, at none, and at night a little before he goeth to bed, and by (Gods grace) it will in a ſhort ſpace helpe him. Probatum eſt.

CHAP. 157.

¶ A meruellous good drinke to cleanſe the Bladder, which muſt be taken after the ſtone is diſperſed, and to cauſe it to auoide away by ſhiuers and ſmall pieces.

TAke Roſemarie and wilde Time, of ech of them a handfull and ſa to them in a quart of Raine-water, vntill the one halfe thereof be conſumed, and then put as much Suger therein as will make it ſweet, and let the partie grieued vſe to drinke of this euery day often, vntill he doe perceiue his water to grow clere: and vntille his water be thicke, let him not drinke thereof.

CHAP. 158.

¶ A good Medicine to cure the ſwelling in the Yarde.

TAke Wax, Oyle, and the iuice of Purſlane, of ech of them a peny quantitie, and mingle them all togither, e

then lay the same to the Parte that is swolne, and it will spedily helpe him Probatum est.

MANY thinges more, might haue beene heere spoken of, as concerning all such diseases as come of the *Bladder*, as the *Stone* and such like, &c. but as concerning the *Stone* it selfe, looke in the title of Collicke and Stone, and therein you shall finde things answearable to expectation: Thetefore I will now omit to speake any more at this time of the *Bladder*, hoping that there is none that doe take vpon them the practise eyther of Phisicke or Chirurgery, but are of themselues sufficient inough to iudge thereof, and to minister apt Medicines for it: and for those that are vn-skillfull in the Sciences aforesaid, I would wish them to haue a greate care and respect, to the medicines that they doe minister for diuers Diseases comming of the *Bladder*, and they not knowing the causes, wherein if they be not skillfull they do much hurt. Therefore, I would wish them first to learne, of those that are skillfull before they doe attempt any such thinge themselues, and further, to knowe perfectly, the principall cause of the disease, whereby they may more easily of themselues afterwards, minister medicines accordingly, and as occasion shall serue: and not any way preiudice or hurt the Patient any thinge at all, but also for euer after, purchase to themselues euerlasting fame.

¶ ¶

Bleeding and bloud-ſtanching.

CHAP. 159.

¶ An excellent good Medicine to ſtaunch bloud.

TAKE White Wine Vinegar, (the beſt that may be had,) and Plantine Water, of each of them 2. pound and mingle them together: then take diuers linnen clothes & wet them therein, and lay ſome of them to the ſoles of the fete of the partie grieued, and ſome againſt the Liuer, and ſome to the palme of his hands, and this will ſtaunch the bloud forthwith. Probatum eſt.

CHAP. 160.

¶ An other good Medicine to ſtaunch the Bleeding at the noſe.

TAke Inckle and binde the party that bleedeth about the Temples of the head, very hard, and let the knot be in his necke: and this will ſtaunch the bleeding immediatly.

CHAP. 161.

¶ A other good Medicine to ſtaunch the bleeding of the Noſe although it bleed neuer ſo freſhly.

TAke an Egge and breake it on the top, in ſuch ſort that all the white and yolke may iſſue cleane forth of it: then fill the Eg-ſhell with ſame of the bloud of the party which

bleedeth, and put it in the fire, and there let it remaine vntill it be hard: then burne it to aſhes, and it will ſtaunch the bleeding immediatly, without all doubt.

CHAP. 162.

¶ An other for the ſame.

TAke a linnen cloth and wet it well in Vinegar, and wrap it about the priuy members of him that bleedeth, and he ſhal immediatly ceaſe bleeding. Probatum eſt. P. I. L.

CHAP. 163.

¶ An other for the ſame.

TAke Centorie, greene Rue, and red Fennell, of ech of them a like quantitie, and ſtamp them all together, and ſtraine them with Ale, and let the patient drinke the ſame luke warme, and it will ſtop the bleeding of any manner of wound, cut, bruiſe, or other hurt whatſoeuer.

CHAP. 164.

¶ An other for the ſame.

TAke Burſa paſtoris, (otherwiſe called in Engliſh Shepheards purſe,) Hyſop, and plantine, of ech of them a like quantitie, and bruiſe them in a Mortar, and make them hot before the fire, and then lay them to the noſe of him that bleedeth: and likewiſe binde ſome of the ſame hearbes to the temples of his head as hot as he can ſuffer them, and this will ſtaunch the bleeding forthwith without all doubt. Prob. eſt.

CHAP. 165.

¶ An other for the ſame.

TAke an olde linnen cloth and wet it well in good ſharpe Vinegar, and then burne it to powder: then take ſome of the ſame powder and (if it be a wound) caſt it therin, and it will ſtop the bleeding immediatly: but if the noſe bleed, then (with a quill or ſome other inſtrument) blow ſome of the ſame powder into the noſe of the Patient, and it will ceaſe bleeding.

CHAP.

CHAP. 166.

¶ An other for the ſame.

TAke Betony and ſtampe it with a little Salt, and put a prety quantitie thereof, into the noſe of him that bleedeth, and it will ſtanch the bleeding preſently. Probatum eſt p. maiſter Edmonds.

CHAP. 167.

An other approued medicine to ſtanch the bleeding of a wound.

TAke a linnen Cloth and burne it, and then take the powder thereof, and ſpread it thicke vpon an other Cloath, and lay it to the wound, and this will ſtanch the bleeding of it. Alſo take Pimpernell, and holde it betweene your Teeth, and you ſhall not bleed any more whilſt you holde it there.

CHAP. 168.

¶ A very good Medicine to ſtaunch bloud when nothing elſe will do it, by reaſon the Veine is cut, or that the wound is great.

TAke a peece of ſalt Beefe, (that which is leane onely) as much as will lie in the wound and lay the ſame in the embers of the fire, and ſo heate it through hot, and then thruſt it into the wound and bind it faſt, and it will forthwith ſtanch the blond, and let it lie for a good ſpace after, in the wound, for the ſtopping of the blond. This is a preſent remedy and hath bin often proued.

CHAP. 169.

¶ An other for the ſame.

TAke a Toade and dry him very well in the Sunne, and then put him into a linnen Bagge, and hang him about the necke of him that bleedeth with a ſtring, and let it hang ſo lowe that it may touch his breaſt on the left ſide neere vnto

vnto his hart, and commonly this will ſtay all manner of bleeding at the Mouth, Noſe, Wound or otherwiſe whatſoeuer. Probatum eſt.

CHAP. 170.

¶ An other experienced Medicine to ſtaunch the bleeding at the Noſe.

YF your noſe doe bleed vnmeaſurably, then tye your little finger very hard about the lower ioynt, and for the moſt part commonly it fayleth not to ſtay the ſame.

CHAP. 171.

¶ An other for the ſame.

TAke the white of an Egge, & a little red Ocker, (otherwiſe called Bole armoniak) and a little Dragons bloud, and bray them all togither very ſmall: then take a little Flax and wet therein, and then make it like a fillet, and lay it vpon the forehead of the patient from one eare to an other, (but be ſure that it lie right vpon the Temples of his head) and this will preſently ſtaunch the bloud. Prob. eſt.

CHAP. 172.

¶ A preſent remedy to ſtaunch the bleeding of any cut or wound.

TAke a good quantitie of Vine-leaues, and dry them well, and beate them to powder, and put the ſame powder into the wound, and it will ceaſe bleeding preſently. Probatum eſt.

CHAP. 173.

¶ A preſent remedy for one that bleedeth inwardly.

TAke a good quantitie of the iuice of Neepe, and let the partie grieued drinke it, and it will cauſe him to caſt vp his bloud preſently. This hath bin truely proued.

CHAP. 174.

Bloud-ſpitting.

CHAP. 174.

¶ An excellent good remedy for one that ſpitteth bloud.

TAke the Doung of Mice, and beate it into fine powder (the quantitie muſt be as much as will lie vpon a groat of ſiluer) and put it into a pinte of the iuice of Plantine and put thereto a little fine Suger, (but let it be finely beaten to powder, before you put it into the iuice) and then let the partie grieued drinke a good draught thereof at a time, both morning and euening euery day, vntill ſuch time as he do perceiue the infirmitie to be cleane gone, and this will helpe him.

CHAP. 175.

¶ Another for the ſame.

TAke iuice of Betony, and temper it well with Goates-milke, and giue it the patient to drinke, and let him vſe it for the ſpace of three dayes togither, and doubtles this will helpe him. Probatum eſt.

CHAP. 176.

¶ An other for the ſame.

TAke Betony, Mintes, Smallege, & Rue, of each of them a like quantitie, and ſeeth them all togither in new Milke, and let the party grieued ſup it off, as hot as poſſibly he may ſuffer it, and it will ſpeedily helpe him. Probeſt.

Biting of Venemous beastes.

CHAP. 177.

¶ An excellent good remedy for the biting or ſtinging of any manner of Serpent, as Adder, Snake, &c.

TAke a good quantitie of the Leaues of an Aſh tree, and ſtamp them very well, and then lay them to the place that is ſtung, or elſe wring out the iuice very cleane forth of them, and let the Patient drinke a good quantitie thereof at a time, & it will worke marueilous great effects in him. This hath bin truely proued.

CHAP. 178.

¶ A very good Medicine to cauſe Serpents to forbeare ſtinging or biting.

TAke the iuice of Reddiſh Rootes, & anoint your hands therewith, and the ſewme or ſmell will cauſe them that they ſhall neither ſting nor bite: but they will be ready to dye with ſmelling the ſauour of the iuice, and they will do no harme if you take them vp in your hand. Probatum eſt.

CHAP. 179.

¶ A good Medicine to cauſe one not to be ſtung, eyther with Waſpes or Bees.

TAke a good quantitie of Mallowes and ſtampe them, and mingle them with Oyle Oliue, and then the place that

that is annointed with the same unction, neyther Waspes nor Bees will touch there. Probatum est.

CHAP. 180.

A present remedy against the biting of a mad Dog, and against the rage or paine that followeth the party that is bitten

TAke a good quantitie of the Blossomes or Flowers of wilde thistles dryed in the shadow, & beaten to powder, and give it the patient to drinke in White wine, (the quantitie of a Walnut shel full at a time) 3. or 4. times togither, and this will speedily helpe him. Probatum est.

CHAP. 181.

A singular good Medicine for the biting of any venemous beast

TAke Selandine & Plantine, of each of them a like quantitie, and stamp them very wel togither, and then temper them with stale Pisse, and apply it to the place grieued, and it will asswage the paine and swelling, and it will also draw out the venom thereof, and if it be neuer so vehement. Probatum est.

CHAP. 182.

¶ An other for the same.

TAke a good quantitie of Plantine, and beate it wel in a morter and striane it, and drinke the iuice thereof, and it will speedily ease you. Probatum est.

CHAP. 183.

¶ An excellent good Medicine for the biting or stinging of an Adder, Serpent, or other venemous beast.

TAke a good quantitie of Centorie, and choppe it well and straine it and compound it with Vrin, and let the

partie grieued drinke it 3. or 4. times: & afterwards, take a Cocke Chicken, and take the guts warme, and lay them vppon the place grieued, and so let them remaine there for the space of twelue houres (the partie grieued hauing all this time, his Leg, Arme, or other place stinged, bound vp about his body) and then take them away, and lay a quarter of the same Cocke Chicken to the same place, and let it remaine there, as long as the guts did before, and then take the same away, and apply an other of the quarters to the same place, and in like sort, an other: & so vse this continually vntill the partie grieued be well but take good heede that you doe not touch the place that is poysoned with your hand or finger, & when you take away eyther the guts or quarters from the place that is grieued, bury them in the ground least that they should infect eyther man or beast afterwardes. probatum est.

CHAP. 184.

¶ An excellent good remedy for the biting of a madde Dogge.

TAke Night-shade, Betony, and wilde Sage, of each of them a handfull, and a pinte of faire running Water, and stampe the hearbs and straine them with the said Water, and then put thereto a peny-worth of Triakle, and so giue it the Patient to drinke, 3. or 4. mornings together fasting, and this will speedily helpe him. Probatum est.

CHAP.

CHAP. 185.

¶ A Rule to know what things are good and holſome for the braines, and what are not

To eate Sage, but not ouer much at a time.
To ſmell to Camamillo3
To drinke wine meaſurably.
To keepe meaſurably.
To heare but little noiſe.
of Muſique or Singers.
To eat Muſtard & Pepper.

To keepe the head warme.
To waſh the hands often.
To walke meaſurably.
To ſmell to red Roſes.
To waſh ỹ Temples of the head often with Roſewater

Thinges ill for the braine.

To ſleepe much after meate.
All manner of Braines,
Gluttony.
Drunkennes.
Corrupt ayres.
Ouermuch watching
Ouermuch colde.
Ouermuch bathing.

Late Suppers.
Anger.
Heauines of minde.
To ſtand much bare-head.
Milke.
Cheeſe.
Garliche.
And Onyons.

To eate ouermuch, or haſtily.
Ouermuch heat in trauailing or labouring.
Ouermuch knocking or noiſe.
To ſmell to a white Roſe.

Stinking breath.

CHAP. 186.

¶ A good Medicine to be vſed, for one that hath a ſtinking breath.

TAke ſeedes of Coriander, and boyle them very well eyther in white Rumnie, or in Sacke, and let the party grieued drinke 3. or 4. ſpoonefulls therof in the morning, and as much in the euening: but note this that which he taketh in the morning muſt be colde, and that which he taketh in the Euening muſt be hot: but he muſt beware of taking exceſſe of meate, or drinke, and let him not vſe to ſit vp late at night, but riſe as early in the Morning as he can, and this (by Gods grace) will in a ſhort ſpace helpe this infirmitie. Probatum eſt.

CHAP. 187.

¶ An other for the ſame.

TAke a good quantitie of Roſemary leaues and Flowers, (if they may be had) & boyle them well in White Wine, and then put a little Mirh, Beniamin, and Cinamon beaten to fine powder therein, and let the Patient vſe to waſh his mouth often therewith, and this will preſently helpe him. Probatum eſt.

CHAP. 188.

¶ An other for the ſame.

TAke a pound of Cummin-ſeede, and beate it to powder, and then ſeeth it in a pottle of White Wine, and let it ſeeth vntill the one halfe thereof be conſumed away: & then ſtraine it, and let the Patient drinke thereof twice euery day at the leaſt, for the ſpace of 14. or 15. dayes togither, and let him alſo vſe to drinke the quantitie of a quater of a pint thereof at a time, & this will help him without doubt.

CHAP.

Diſeaſes in the breſt, as the Tiſick, &c

CHAP. 189.

¶ A good Medicine for the Tiſick, and ſtopping in the breſt, and for the opening of the pipes and Weſand.

TAke Parſly-rootes, Fennell-rootes, and Succorie-rootes, of eth of them a like quantitie, and picke all the piths cleane out of them, and then waſh the Rotes well that ther doe no grauell or ſand remaine in them, and then ſeth them in White Wine, vntil they be ſoft, and if you can get any Ginger-berries, boyle them therein with the reſt, & when it is well ſodden ſtraine it, and put thereto a little Pellitorie of Spaine, and let the patient drinke it, both morning and euening for the ſpace of 8. or 9. dayes together, and doubtles this will helpe him. This hath holpen many that could not fetch their breath at all.

CHAP. 190.

¶ An orher good Medicine for the ſtopping in the breſt.

TAke Rue, and ſeth it in Eyſell, and let the Patient drinke it: and let him alſo drinke Nettle-ſeedes brayed and it will cauſe him to avoide great ſtore of grauell from the ſtone in the Raines of the backe.

CHAP.

CHAP. 193

¶ An excellent Medicine for all manner of Diſeaſes in the Breſt, and againſt all Impoſtumes, Coughes and Plurifies.

TAke a good handfull of Scabious, & let it be well waſhed: then take Annis-ſeede, and Fennel-ſeede, of each of them an ounce, and an ounce, of Liquorice, cleane pared and cut ſmal, and 12. Figges, and halfe an ounce of Erins, and put all theſe together eyther in a quart of faire running Water, or elſe in a quart of good white Wine, to ſoke, for the ſpace of a night, and then boyle the ſame vntill the one halfe be conſumed and then ſtraine it through a fine linnen cloath, and when it is ſtrayned put into it a little fine Sugar, to make it ſweete, and let the partie grieued drinke this both firſt and laſt for the ſpace of 8. or 9. dayes together and by Gods grace this will helpe him in a ſhort ſpace. This hath bin ſufficiently proued.

Woemens Breaſtes.

CHAP. 194.

¶ An approued Medicine to cure a Canker in a womans Pappes

TAke Gooſe-dong and Selandine, and bray them very wel together, and then ſpread them plaiſter wiſe vpon a fine linnen cloath, and lay it to the ſore Pap, and it will ſpedily cleanſe the Canker, ſlea the worme, and heale the ſore. This hath bin oftentimes proued and found good.

CHAP

CHAP. 195.

¶ An other good Medicine to cure the Canker in a womans breast.

TAke the iuice of Selandine, and Goose-dong, of ech of them a like quantitie, then take Pellitorie of the wall, Garlicke and Rye meale, and stampe them and fry them all together in Wine Vinegar that is both pure and good, and let it boyle vntill such time as it be thicke, and then make a plaister thereof, and lay it to the sore place, and so let it continue vntill you perceiue that it be white: and then take a good quantitie of Pimpernell, and grinde it very small, and put thereto a good quantitie of English Hunny, and make a plaister thereof, and apply it to the sore, and it will heale it in a short space. Probatum est.

CHAP. 196.

¶ An other approued Medicine to breake the sore of a womans brest.

TAke a good handfull of Figs, & stamp them in a morter vntill all the kernels be broken: then take them and temper them well with a little Swines Grease that is fresh, and make a plaister thereof, an lay it to the womans brest that is sore, as hot as euer possibly she may abide it, and it will take away both the swelling and paine, and if it be ready to breake, it will helpe it forwards to breake forthwith, or else not. Probatum est.

CAAP. 197.

¶ An excellent good Medicine for a woman that hath a sora or swelling breast, comming by colde, or otherwise, &c.

TAke a Colewort-leafe, and cut away the veyne of it, and then annoint the leafe it selfe with May-butter, first boyled with Rosewater, and then lay it to the womans

breast that is sore, and it will asswage both the swelling and paine in a short time. This hath bin truely proued.

CHAP. 198.

¶ A Medicine for the swelling of a womans breast after the wayning or death of a Childe.

TAke Red Sage, and Camamile, of eth of them a good handfull, and stampe them very well togither, and then boyle them in in a pinte of the best white Wine Vinegar that may be gotten, and let it boyle vntill the one halfe thereof be consumed: then take a fine linnen cloath double, and spread the same thicke vpon it, and lay the same to the womans breast that is sore, as hot as she may abide it, and in twice or thrice vsage of it in this sort, it will take the paine quite away, and it will dry vp her milke without any danger or hurt of her breast at all. This hath binne truely proued.

CHAP. 199.

¶ A good Medicine for to increase milke in a womans breasts.

TAke Fennell-rootes, and Parsneepe-rootes, & let them be boyled in broth made of Chickens, and then let the woman eate of the same rootes, mixed with fresh Butter, which must be as new made, as possibly it may be gotten, and this will cause greate store of milke to increase in any womans breastes. Probatum est.

CHAP. 200.

¶ Another for the same.

TAke halfe a pound of Rice, and seth it in Cow-milke, and crum it with some wheaten Bread, (but it must be such as is cleane without Rie or pulse) and then put some Fennell-seedes beaten to fine powder and a little Suger, to make it sweete, and this will doe her exceeding much good

for

for the increase of her Milke. Probatum est.

CHAP. 201.

¶ An other for the same.

TAke a good quantitie of grene Wheate, which groweth on the ground betwixt Michaelmas and Easter, (you must take both the blades and rootes) and stamp it well, and straine it through a fine linnen cloth into some Posset-ale, & put therein a little fine Suger, to sweeten it withall, and this will increase great store of Milke in a womans breastes, within the space of three or foure dayes by vsing it. Probatum est.

CHAP. 202.

¶ An other for the same.

TAke Christall, and beate it into fine powder, & mingle it with as much Fennell seede (likewise beaten into fine powder) and a little fine Suger, and let the woman vse to drinke often thereof warme, with a little White Wine, and this will restore her Milke againe, although it be cleane gon away from her. This hath binne sufficiently proued.

CHAP. 202.

¶ An other for the same.

TAke some of the broath that whitings are sodden in, and giue it the woman that wanteth milke in her breasts, to drinke often, and this will increase her Milke very much.

Bruieſes and Sores

CHAP. 203.

¶ An approued Medicine for an olde ſore or bruieſe.

TAke Selandine, Red Sage, and Sorrell, of each of them a good handfull, 2. handfulls of Woodbinde leaues, halfe a handfull of Rue, and a good handfull of the tops of Roſemarie, & boyle them all togither in a pinte of White Wine, and a pinte and an halfe of faire running Water, and let them boyle vntill you perceiue that they looke yellow, (but before ſuch time that it be ſodden to perfection, put into it as much Hunny as will ſweeten it) and then put into it, halfe a quarter of a pound of Roch Allom, and when the Allom is molten take the ſtuffe from ouer the fire, and ſtraine it, through a courſe linnen cloth, and then put it into ſome glaſſe or Gally pot, and ſtop it very cloſe, and let the partie grieued (as occaſion ſerueth) apply this to the ſore, and it will eaſe him very much. Prob. eſt. p. M: D. C.

CHAP. 204.

¶ An other excellent good Medicine for a bruieſe.

TAke Brooke Lime, Smallege and Browſe-wort, and fry them all togither in Sheeps-ſuet: then take it and ſtraine it through a fine linnen cloth, and it will become an Oyle immediately, and then put thereto, a petty quantitie of Spermacity, and mix it well with the ſame Oyle

or ſtuffe, and then annoint the place grieued often therwith, and it will helpe it. Probatum eſt. p. M, Cox.

CHAP. 205.

¶ A good Medicine for any manner of bruieſe, in the armes, legges, or elſe where

TAke a good quantitie of the Suet of an Hart, Buck, or Sheep, that is new killed (if it may be had) and put therto ſome Lees of Wine, and wheaten Bran: then take water Creſſets, and waſh them cleane, and then boyle them in faire running water, and let them boyle vntill ſuch time as they be ſoft, and then put them into a morter, and beate them, and then put them into a cleane pan and mix them all together, and fry them and ſo make a plaiſter thereof, and lay it warme to the ſore place: vſe 5. or 6. of the plaiſters in this ſort, (or more as neede ſhall require) and this will cure him. Probatum eſt

CHAP. 206.

¶ A good Medicine for any bruſe or ſore which is variped

TAke Oatmeale Groates and ſeeth them in Cow-milke that is new, and let them ſeeth vntill they be thicke, and then put the ſame into a pan againe, and mix it with a good quantitie of Sheepes Tallow, and ſo let it boyle well, (but be ſtirring of it continually) and then make a plaiſter thereof and lay it to the ſore as hotte as poſſibly it may be ſuffered. Probatum eſt.

CHAP. 207.

¶ An other for the ſame.

TAke Chickweed, Wheat bran, and the Grownes of ſtrong Ale or Beere, and mingle them well together. and apply the ſame to the place which is grieued 3. or 4. times a day, (it being ſpred vppon a red cloath, but not ouer thin)

and this will helpe it, for this hath holpen many. Probatum eſt.

CHAP. 208.

¶ An other Medicine for a bruieſe which commeth by a blow, or &c.

TAke a quart of Claret wine Vinegar, and boyle it well with leuened Bread, and then put into it a good quantitie of Deeres Suet, and a good quantitie of Otemeale, and ſeeth it vntill it bee thicke, and then lay it to the ſore, (but change the plaiſter twice or thrice a day at the leaſt) and within 3. or 4. dayes vſing of it in this ſort, it will helpe you.

CHAP. 209.

¶ A moſt ſingular good Oyle made of Camamill that is good for all manner of Bruieſes, Spleenes, and ſwellings in the legges, armes, &c.

TAke a pinte of pure Sallet Oyle, or ſomewhat more, and bruieſe a good quantitie of Camamill, and put therin, and then put it into a Glaſſe, and ſet it to ſtand in ſome place in the Sunne, where it may be ſafe for the ſpace of 10. or 12. dayes: (but when it hath ſtood ſo fiue dayes then ſtraine it through a fine linnen cloth, and ſet it to ſtand in the Sunne againe) and at the end of the time before preſcribed, ſtraine it againe, and ſet it in the Sunne the third time, and let it ſtand vntill it be cleane purified from any drugges: and then put it into a cleane glaſſe, and ſtop it cloſe vntill you haue occaſion to vſe it, and when occaſion ſerueth for vſe thereof: annoint the place grieued twice or thrice a day (chafing it before the fire) and it will helpe you. This Oyle if it be cloſe ſtopped, it will continue good for the ſpace of 12. yeeres and more, Nam Probatum eſt.

CHAP. 210,

¶ An excellent good Medicine for to be drunke by one that is burſt eyther in the belly or cods,

TAke a handfull of Camfire, a handfull of Polipodium (otherwiſe called Oke-ferne,) a handfull of Knotwort, a pottle of white wine, a knuckle of Veale, halfe a pound of Reiſons of the Sunne, halfe a pound of Mace, and halfe as many Dates: and put all theſe togither into an Earthen pot: then take a kettle of 5. or 6. gallons and fill it with water, and ſet it ouer the fire, and then take the ſaid Earthen pot, & ſtop it very cloſe with a little paſte, and put it into the kettle of water aforeſaid, and let the water ſeeth continually for the ſpace of 5. or 6. houres at the leaſt, with the Earthen pot therein (and keepe an other kettle ſtill ſeething with water, to apply the want of that which boyleth away) then take the Earthen pot forth of it, and take out all ſuch thinges as are therein, and beate them in a morter, and then ſtraine them and ſo giue the patient of the ſame liquor to drinke both firſt and laſt, and it will cure him.

CHAP. 211.

¶ An other for the ſame.

TAke the Gall of an Oxe and Onyons and fry them with Sheepes-ſuet, and with a fine linnen cloth put it to the ſore place, and it will helpe it preſently. Probatum eſt.

CHAP. 212.

¶ A good plaiſter for a Bruieſe.

TAke Worme-wood and Cummin of each of them a like quantitie, and put thereunto a little Roſe Vineger, and lay it to the bruieſe like a plaiſter before that the ſkin be any thing at all broken, and it ſpeedily helpeth.

CHAP.

CHAP. 213.

¶ A good Medicine for a bruieſe or cut.

TAke Rootes of Louage, Alehofe, Parſly & Annis-ſeede, and beate them very fine in a mo3ter: then take Barrowes greaſe, and boyle them together, and when it is boyled ſtraine it, and put as much vn-wo3ought Wax thereto as a Walnut, and halfe as much Roſin, and then boyle them all together againe, and hauing ſo done, ſtraine it th3ough a fine linnen cloth into a little pan of faire water, and ſo let it ſtand vntill it be colde: then take it in your hands and labour it vntill it be ſomewhat th3ot, and then w3ap it in a peece of leather, and ſo vſe it as you haue occaſion.

CHAP. 214.

¶ An excellent good drinke to heale all manner of bruiſees.

TAke Egrimony, Betony, Plantine, Sage, Roſes, Iuy leaues, and Parſly, of ech of them a like quantitie, and ſtamp them altogether, and mingle them with white Wine, and let the patient d3inke thereof, and (by Gods grace) it will helpe him in a th3ot ſpace. Probatum eſt.

CHAP. 215.

¶ A very good Medicine to ſkinne any olde ſore or bruieſe.

TAke Bramblebuds, Selfe-heale and ſinke-foyle of ech of them a good handfull, and a little water Betony, and boyle them well with Barrowes greaſe, and let it be applyed to the ſo3e place, as hot as poſſibly it may be ſuffred, and it will gather ſkin vpon the ſo3e fo3th with. Probatum eſt.

CAAP.

Burning and ſcaulding.

CHAP. 216.

¶ An approued Medicine for any burning with fire or ſcaulding with water or other liquor. &c.

TAke Houſleeke and Hemlockes, of eth of them a good handfull, and beate them both together: then take a quarter of a pound of Bores-greaſe, and ſeeth both the hearbes and it togither. vntill ſuch time as they come to an oyntment, and then ſtraine the ſame into a box, and let the Patient annoint the place grieued therewith, two or three times euery day, vntill he be well againe, which (by Gods grace) will be in a ſhort time.

CHAP. 217.

¶ An other for the ſame.

TAke Iuy-leaues, (but they muſt be of thoſe that grow next vnto the ground) and leaues of Marigoldes, Wood-binde leaues and Plantine, of eth of them a like quantitie, and chop them very ſmall and boyle them in Bores-greaſe: and then ſtraine them into ſome Earthen veſſell, or gallipot, and let the place where the greaſe is, be often anneinted therewith, and it cureth it. Probatum eſt.

CHAP. 218.

¶ An other for the ſame.

TAke a Brake Roote, and ſtamp it well in a wodden diſh or in a mozter, and then ſtraine out the iuice therof cleane and let the place that is burned or ſcaulded, be annointed therewith, and it helpeth, This hath bin truely proued.

CHAP. 219.

¶ A very good Oyntment for any manner of burning of Gunpowder, or Scaulding of water.

TAke two or three handfulls of Houſleeke, a good handfull of Barrowes-greaſe, and two handfulls of Goundſell and ſtamp them altogither, and put thereto, two handfulls of Sheeps-doung that is new fallen, and as much Gooſe-doung, & then ſtampe them againe with the things before recyted, and then boile them well togither: then ſtraine them through a fine linnen cloth into an Earthen pot, and with the liquor that commeth therof, annoint the place grieued and it will helpe it forthwith.

CHAP. 220.

¶ A other oyntment for any manner of burning, with fire or otherwiſe howſeuer.

TAke Dayſie-rootes, Plantine, Waybroad-leaues, Greene-gooſe Doung, and the Barke of an Elder-tree, of ech of them a like quantitie & a perty quantitie of Oyle Oliffe, and ſtamp them well togither and then let the party grieued be annointed therewith as often as neede ſhall require, and let it be with a feather, and this will cure him without doubt. Probatum eſt.

CHAP. 221.

¶ A very good Medicine for any manner of burning with fire, or ſcaulding with water.

TAke a Brake-roote, and ſtampe it in a diſh, and ſtraine out all the iuice of it, and put into it a good quantitie of Creame,

Creame, and let the place that is burned or ſcaulded, be annointed therewith, and this will both fetch out the heate and aſſwage the paine. This hath bin truely proued.

CHAP. 222.

¶ A very good remedy for any burning or ſcaulding, eyther with a Hand-gunne or otherwiſe.

TAke a good quantitie of the Doung of Geeſe, (which is of one nights making) and a good quantitie of Butter vnſaulted, or elſe Shæpes Suet clarified, and fry them in a frying pan vntill the Butter or Suet be almoſt conſumed: then put the ſame ſtuffe into a courſe linnen cloth that is cleane, and ſtraine it into a Gallipot, or elſe ſome other ſmall Earthen veſſell: then take a Feather and dip it in the ſame liquor, and anoint the place therewith that is burned or ſcaulded, and when you haue ſo done, take a fine linnen cloth that is cleane, and ſtraine it into a Gallipot, or elſe ſome other ſmall Earthen veſſell: then take a Feather and dip it in the ſame liquor, and anoint the place therewith that is burned or ſcaulded and when you haue ſo done, take a fine linnen cloth and wet it well in the ſame liquor, and lay it vpon the place grieued to couer it with all, do this twice euery day vntill it be hole, which (by Gods helpe) will be in a ſhort ſpace. Probatum eſt.

CHAP. 223.

¶ An other for the ſame.

TAke a good quantitie of Maydenwort, and ſtampe it, and ſeeth it in freſh Butter, and ſtraine it, and let the place grieued be annointed therewith, and it will cure it.

CHAP. 224.

¶ A Medicine to take away a heate or burning with Gunpowder.

TAke a good quantitie of Houſleeke, and ſtamp it & wring out the iuice cleane: then take the whites of 5. or 6. new

laide Eggs, and beate them in a diſh vntill they be thin, and then take the ſcumme of it, and put the iuice and them together and then waſh the ſore place with a linnen cloth, and then lay the ſame cloth a loft vpon the ſore wet. Proued by M. Gayle.

CHAP. 225.

¶ An other Medicine for burning or ſcaulding.

TAke eyther blacke or gray Sope and lay it immediately to the place which is burned or ſcaulded, and it will ſpadily helpe it. Probatum eſt.

CHAP. 226.

¶ An other for the ſame.

TAke a good handfull of Auans, and as much Swines Doung, and fry them in May-butter, and ſtraine it and let the Patient anoint the place grieued, with a little of the ſame ſtuffe. (the ſame being colde) twice or thrice a day, (but let it be annointed firſt eyther with gray or blacke Sope) and let the Oyntment be ſpread vpon a fine ſtaren cloth if it may be gotten, and this will cure the ſore very ſpeedily. Probatum eſt.

CHAP. 227.

¶ A Medicine for burning or ſcaulding in any place whereſoeuer.

TAke the white of an Egge, and put it into a Pewter diſh, and then labour it with an Allom ſtone vntill you perceiue it to be like vnto a Poſſet curde: then take a peece of fine linnen cloath, and wet it in Oyle Oliue, or in ſome other Oyle: then lay the ſaid cloth vpon the ſore, and aboue it lay the curde before recited, made of the white of the Egge, and that will both drawe out the fire and heale the ſore.

CHAP.

CHAP. 228.

¶ An other for the ſame.

TAke 4. Egges and roſt them, and then take the yolks out of them and fry them in a pan ſoftly vpon the embers till they be blacke: and thereof will come an Oyle (which you muſt put into a Gallipot to be kept ſafe) and when you will vſe it, take a Feather, and anoint the ſore therewith.

CHAP. 229.

¶ A good Medicine for a burning, for want of other things.

TAke Berries of an Elder tree, and ſtampe them, and lay them to the place grieued and this will eaſe it greatly.

CHAP. 230.

¶ An other for the ſame.

TAke Oyle Oliue, and beate it with faire water vntill it be very white: and then anoint the place grieued therewith and it will very ſpeedily cure it.

CHAP. 231.

¶ An other for the ſame.

TAke 12. Eggs and let them be as new laid as may be and then lay them in the fire and roſt them hard, then take the yolks: and chop them ſmall, and put them into an Earthen pot, and ſet it ouer the fire and ſtir it with a ſticke, and let it boyle vntill you ſee it conſumed almoſt to nothing: Then take it and ſet it to ſtand in the ayre for a quarter of an houre or more, and there will come a fayre Oyle thereof: then take a feather an annoint the ſore with the ſame Oyle, and then take leaues of Harts-tongue, and lay them to the ſore and, binde a linnen Cloth thereon, and this will gather ſkinne againe.

CHAP. 232.

¶ An other for the ſame.

TAke a Hen Egge and roſte it vntill it be heard, and then take the yolke forth of it, and braiſe it with a little freſh

Butter that is cleane without Salt, and anoint the place grieued therewith, and it helpeth.

CHAP. 233.

¶ An other for the ſame.

Take Wax and Roſin, of eche of them a pound, and halfe a pound of May-butter, and boyle them well together, (but it muſt be continually ſtirred all the time that it doth boyle) and then cole it againe, and then make a plaiſter thereof and apply it to the ſore, and it will ſpeedily helpe it. Probatum eſt.

CHAP. 234.

¶ A very good Medicine for any burning with fire.

Take blacke Varniſh, and with a feather anoint the place well that is burned, and it will aſſwage the heate thereof & it will heale it as faire as euer any other Medicine can, but let the partie grieued vſe it continually vntill he be perfect hole. This hath bin truely proued by M. Gray.

CHAP. 235.

¶ An approued Medicine for any manner of burning or ſcaulding, be it with fire, Oyle or with Gunpowder.

Take Sale diſſolued with Water, or elſe Brine, and the ſtrength of the ſame will take away both the paine and the heate, of any burning, and eſpecially if it be bathed with linnen clothes wet, or dipped in the ſame, and afterwards applyed to the place which is burned or ſcalded, and this will helpe it preſently.

CHAP. 236.

¶ An other for the ſame.

Take eyther blacke or gray Soape, and apply it immediatly to the place grieued and it will preſently eaſe it. Proued by M. D. Lupton

CAAP.

Cankers.

CHAP. 237.

¶ An excellent Medicine to kill a Canker in any part of mans body.

TAke a good quantitie of Roch Allom, (as it is in the barrell) and as much wheaten Flower, and of Hunny and Vinegar of ech of them a like quantitie, and mingle them togither, and make a plaister therof and lay it to the place grieued and so let it remaine for the space of 12. houres, and then take it away, and put on a new one in the place, and so vse this for the space of 3, or 4. daies togither, and it will heale it without all doubt.

CHAP. 238.

¶ An other excellent good Medicine for a Canker.

TAke ground Iuie, Plantine, peny royall, Woodbine, Daisies, Rosemary, Fetherfew, Sage, Lauender spike and Hearbgrace, of euery of them a like quantitie, and two spoonefulls of white wine Vinegar: stamp and straine all thiese togither, e then take Hunny and wheaten Flower, of ech of them one spoonefull, and mingle them with the iuice of the same Hearbes, and let it be well stirred about, and then make a plaister therof, and lay it colde to the place grieued, and it helpeth. Probatum est.

CHAP.

CHAP. 239.

¶ An approued Medicine to kill the Canker.

TAke a good quantite of the Barke of a Slo tree, and chop it very smal and boyle them in a little faire running Water, and let it boyle vntill it be black and then temper it with a little Rie-meale, and a little Hunny, and so make a plaister thereof, and lay it to the sore. and it will sodaily cure it, in whatsoeuer part of the body it be in. Probatum est.

CHAP. 240.

¶ An other for the same.

TAke a good quantitie of fine Wheaten Flower, and of new Milke, Tarre and Coleworts, as much as you thinke conuenient, and then boyle them all together, and make a Plaister thereof, and lay it to the place grieued, and it will presently helpe you. Probatum est.

CHAP. 241.

¶ A maruellous good Water to kill the Canker and scurfe in the mouth.

TAke a good quantitie of White Wine, and Selandine, Red Sage, Rosemarie stripped, Hisop and Woodbine-leaues, ech of them a handfull, and boyle them in the white Wine, vntill the one halfe of it be consumed: then straine it, and wring forth the iuice cleane, and then take halfe an ounce of Allom, a quarter of an ounce of white Coporas, and two or three spoonefulls of Hunny, and mingle it with the iuice aforesaid, and set it on the fire a gaine, and to let it seeth a little while, and take it off, and straine it againe and then put it into a Viall, and when the partie grieued will vse it let him wash the Canker with this water (being made luke-warme) two or three times euery day, either with a fine linnen cloth vpon one fingers end, or else vpon a sticks end, if it may not otherwise conueniently

be

be come at. This hath holpen many.

Note, that after the patient hath well washed his mouth therewith he must take a little Samphiere being beaten to fine powder and (the patients mouth being opened, with a Quill, or a Reede) blow a little of the same powder vpon the sore.

Also this water will in a short space heale any olde sore, the same being washed often therewith, and a fine linnen Cloth dipped therein and laid vpon the sore.

CHAP. 242.

¶ An excellent good remedy for the Canker in the mouth.

TAke Peny-royall, Red Fennell, Red Sage, Rosemarie tops, and Mayden-hayre, of eche of them a good handfull, and a little Hisop, boyle these togither in a quart of white Wine, and put thereto as much as two Wallnuts of Roch Allom, and as much Hunny as will make it sweete: then take it and straine it through a fine cloth, and let the Patient wash his mouth often therewith, and it will helpe him. Probatum est.

CHAP. 243.

¶ An excellent good Medicine, for any manner of Canker, Vlcer, or for the disease called *Noli me tangere*.

TAke 3. ounces of Vnguentum album, and of the iuice of Plantine and Nightshade, of either of them the quantitie of halfe an ounce, and the waight of halfe an English crowne of Tuttie, mingle all these togither, and make an Oyntment thereof, and let the place grieued be anointed therewith, and this will heale it.

Note also, that this disease (called Noli me tangere happeneth oftentimes in the Nose, or about the face, and it beginneth often times in similitude of a small round kernell or

knob and it causeth great paine, & if it be declining towards a pale and leady coulour, then may you iudge that the disease is very daungerous: notwithstanding it is good to vse the Ointment before expressed.

CHAP. 244.

¶ An other remedy for the Canker in the mouth.

TAke a good spoonefull of English Hunny, and a good quantitie of Roch Allom burnt in a fire-shouell as white as Chaulke, (made to fine powder) and mingle it with Hunny, and stir it well with a sticke: then take a fine linnen cloth and wrap it about the end of the sticke, or some other instrument made for that purpose and to dresse the Patients mouth well therewith, and this will cure it. Probatum est.

CHAP. 245.

¶ A good Medicine for a Canker in the mouth, (both white and red,) the white Canker will breake out, and the red will not.

TAke two handfulls of Woodbine-leaues, and a handfull of Sage, shred them very fine, and stamp them small in a morter: Then take two spoonefulls of Hunny, and as much Roch Allum as halfe an Egge and a quart of faire running Water, and boyle them all together vntill they be thicke, and then straine them through a fine linnen cloth, and put the liquor into a faire Earthen pot, and cover it very close: and when occasion serueth for vse thereof, let the Patient anoint his gummes therewith, (within his mouth on the sore side) or else if neede require, let him anoint all his mouth therewith: and if it be a white Canker, then anoint the outer side of his mouth, and then wet a cloth in the liquor and lay it therevnto, on the outside of the sore, and so let him vse this 3. or 4. times a day, (but when he is dressed let him alwayes lay his face to a warme Chaffindish of coles, and then he shall perceiue the water come forth of his

his mouth abundantly) But if the Canker be in the nose, or in any place where it can not be touched, then spout but some of the same liquor with a quill or fearing, and it will heale him in a short space.

This liquor will be kept well 21. dayes, in his vertue, and no more. This hath bin often proued.

This Medicine is also good for sore lippes, sore legges, or for any other sores.

CHAP. 246.

¶ An excellent remedy for a Canker in the mouth or throate: and also to wash the teeth that be hollow and stinke.

TAke a good quantitie of Red Sage, and 12. crops of Rosemarie, and a like quantitie of Hunny-suckles, wilde Daysies and Sinke-foyle, and boyle them all togither in a pinte of fayre running Water, vntill it be halfe consumed: Then take a little Roch Allom, and burne it to powder, and halfe a spoonefull of Hunny and put therein, and then straine it through a finne linnen cloth, and when it is colde, put it into some glasse or else and earthen Vessell that may be stopped close, and let the Patient wash his Mouth often there with, and it will helpe him in a short time.

CHAP. 247.

¶ A good Medicine for a Canker in the Mouth.

TAke white wine Vinegar, and Hunny, of eche of them a like quantitie, and boyle them all togither with a little Roch Allum, & let the Patient wash his mouth therewith as often as he shall thinke requisite, and this will cure him. Also the iuice of Plantine, Vinegar, and Rosewater mixed togither is exceeding good for a Canker or stinking breath.

CHAP. 248.

¶ A good Medicine to dry vp a Canker and to stay it.

TAke iuice of Woodbinde, and iuice of Marigolds, of eache of them a like quantitie, and a prety quantitie of

Hunny, & of powder of Camamill, and powder of Coporace, and powder of wilde Sage, of ech of them as much, (burnt and mingled altogither) and lay them on the place where the Canker is, & it will dry it vp. But to slea the Canker: take a red Oynion, and lay it thereon, and it will both slea and cure it.

CHAP. 249.

¶ A very good Medicine for a Canker, or other disease in the Gummes or Throate.

TAke Plantine and Hunny-suckles of ech of them a handfull, an ounce of Daisie-leaues, halfe a handfull of Sage, and a quart of faire running Water, and boyle all theise togither vntill the one halfe be consumed: then put therein 5. or 6. spoonefulls of sharpe Vinegar, 5. or 6. spoonefulls of Stone Hunny, and as much Roch Allum as a Wallnut. and then straine it through a fine linnen Cloth, and then let the Patient wash his Mouth, Gummes or Throate, well therewith, and it will cure him.

CHAP. 250.

¶ A Medicine to cure any Canker in the mouth.

TAke a Flower-de-luce Roote, and wash it and slice it, and a few leaues of Perry-royall, and lay them to steepe in faire Running Water, for the space of a whole day: then take some of the same Water and wash the Patients mouth therewith, and in often vsing of it. it will helpe him.

CHAP. 251.

¶ An other for the same.

TAke Vinegar, Rose-water, and iuice of Plantine, and mingle them togither, and let the Patient vse to wash his Mouth oftentimes with the same, and it will helpe him. Probatum est.

CHAP. 252.

CHAP. 252.

¶ Another for the ſame.

TAke the iuice of Woodbine, and Plantine, and a little Roch Allum, Roſewater, and white wine Vinegar, and mingle them togither, and let the Patient waſh his mouth well therewith and it will helpe him in a ſhort ſpace. Probatum eſt.

CHAP. 253.

¶ A very good Medicine for a Canker or a ſore mouth.

TAke Sage and Hunny-ſuckle leaues, of eth of them a handfull, & a pretty quantitie of Roſemarie & as much Roch Allum, as halfe a Wallnut, and a ſpoonefull of Hunny, and boile them altogither in a quart of faire running Water, and let them boyle for a good ſpace, and then ſtraine it into a glaſſe, and then let the patient waſh his mouth therewith, both Morning and euening as long as he ſhall finde himſelfe grieued, and this will doe him much good. This hath bin vſed by *Tho. Sefolde*.

CHAP. 254.

¶ A good water for to cleanſe the Mouth, and to faſten the teeth.

TAke Woodbine leaues and Sage, of eth of them a handfull, and a ſpoonefull of pure Engliſh Hunny, and a peece of Allum as big as a good Wallnut: boyle all theſe togither in a quart of faire runnig Water, and let it boyle vntill the one halfe be conſumed, and then ſtraine the ſame through a fine linnen cloth, and let the Patient waſh his mouth 3 or 4. times a day therewith, (luke warme) and this will cleanſe his mouth of any corruption that will abide therein, after any Canker or other diſeaſe.

Childe-byrth.

CHAP. 255.

¶ A ſpeedy remedy for a Woman in labour being in danger of life.

TAke Amber, Iet, and of the Barke of Caſſia Fuſtula, the waight of two pence of each of them and beate them into fine powder, and giue it to the woman to drinke in an Aleberry, but let her loke that her Midwife be very carefull and diligent in attendance.

CHAP. 256.

¶ An other for the ſame.

TAke a Date-ſtone and grate it to powder, and giue the woman that trauaileth to drinke with wine, and (God willing) ſhe ſhall be deliuered aliue without any danger. This hath bin proued.

CHAP. 257.

¶ An excellent good Medicine for a woman labouring with Childe.

TAke Mugwoort and ſeeth it very well in faire Running Water, & plaiſter it as hot as poſſibly it may be ſuffred, both to the Nauill and Thighes of the woman labouring with Childe, and this will prouoke ſpeedy deliuerie of Childbyrth and after burden without any perill. But it muſt not

be

be ſuffred to continue ouer long to any part of her body, for if it doe, it will cauſe the Matrix to follow. This hath bin proued.

CHAP. 258.

¶ An other for the ſame.

TAke Hyſop, Veruoine and Betony, of ech of them a handfull, and ſtamp them very ſmall with ſtale Ale, and ſtraine it and ſtring forth the iuice thereof, and let the woman that trauayleth drinke a good draught of it, and it will helpe her preſently without any danger at all, This hath bin proued.

CHAP. 259.

¶ An other for the ſame.

TAke Betony and drinke it eyther with wine or water, and it will cauſe a woman ſpedily to be deliuered, and very eaſily: yea and though the Child be dead or turned contrary to the right courſe, alſo it bringeth forth the after-byrth, Alſo ſome do affirme that Peny-royall will worke the like effect.

CHAP. 260.

¶ An other preſent remedy for a woman that trauayleth with Childe, to helpe her to a ſpeedy and good deliuerance.

TAke Polipodium (otherwiſe called Okefearne) and ſtampe it very well, and make a plaiſter thereof, and apply it to the ſide of the woman that trauaileth with Childe, and this cauſeth a ſpeedy byrth of the Childe, eyther aliue or dead, This is a marueloꝰ good ſecret, and hath bin truely proued.

CHAP. 261.

¶ An other excellent good Medicine to be giuen to a Woman labouring in Childebyrth, for to cauſe her to haue a ſpeedy and eaſie deliuerance.

TAke as much Milke as the quantitie of the Child ſhall require, and temper it well with Wine, and giue it the woman to

to drinke warme, and this will cause her to have have spedy delinerie eyther quicke or dead. Probatum est.

Chincough.

CHAP. 262.

¶ A very good Medicine for the Chincough.

TAke Bores-grease, and warme the sole of the Patient to the fire, and chase and rub them with the same Grease: and when you thinke that you have rubbe and chafed them inough, let him goe to bed, and there let him be kept very warme, and let there be clothes inough laid to his sole. This may be used to little children, and it will helpe them. Probatum est.

CHAP. 263.

¶ An other for the same.

TAke a Mouse and flea it, and dry it in an Oven, and beate it to powder, and let the partie grieued drinke it in Ale, and it will helpe him. This is also good for them that cannot hold their water. Probatum est, per M. Ierueis.

Cough.

CHAP. 264.

¶ An approued Medicine for a Cough.

TAKE 3. or 4. Figges and roste them well, and put them in a cup of Beere, and put therein a little Licquorice and Annis-seedes beaten to powder, and set it to stand by the fire vntill it be warme: then take out the Figges and eate them, and when you goe to bed drinke vp the drinke also, and couer your selfe warme: vse this for the space of 4. or 5. dayes together, and it will breake the Cough. This hath bin proued.

CHAP. 265.

¶ A very good Medicine for a Cough or Stitch.

TAke a quart of Malmsie, Annis-seedes and vnset Hisop, of eche of them a handfull, a Liquorice sticke or two bruised, and halfe a two penny dish of sweete Butter: seeth all these together till they be thick, and then take and spread the same vpon a Toste of fine wheaten Bread, and put it within a fine linnen Cloth, and lay it to your stomacke as hot as you may suffer it: but if you will vse it for a Stitch, the Butter must be left out of it.

CHAP. 266.

¶ A very good Medicine for a Cough, and to cause one to auoide Fleame from the stomacke.

TAke a quart of stale Ale, a handful of Goose meate, (otherwise called Hay-rese) and a good quantitie of Liquorice pared, and a pretty quantitie of small Reisons, and boyle them altogither, vntill the one halfe be consumed, and then let the patient drinke thereof, both first and last.

CHAP. 267.

¶ An excellent good drinke to breake the Cough.

TAke two penyworth of Liquorice, and let it soke in faire running Water, and so let it stand for the space of 24. houres, and then let the Patient drinke a good draught of it when he goeth to bed, as hot as he can drinke it, and then let there be a hot Boorde, or a logget of Wood, laid (as hot as may be suffred) to the soles of his feete when he goeth to bed, to prouoke him to sweate if he can, and so in the morning doe the like againe, and doubtles within three dayes he shall be well. Probatum est.

CHAP. 268.

¶ A Medicine for the Cough and straightnes of the Pipes.

TAke dry Figges and Hisop and stamp them well together, and boyle them with Hunny, and let the Patient vse to drinke it fasting, and it will helpe him. Probatum est

CHAP. 269.

¶ An excellent good approued Medicine for an extreame Cough.

TAke Fenell-rootes cleane washed and Annis-seedes, of eche of them a like quantitie and a little Licquorice, and seeth them altogither in white Wine, and then straine it and put it into an Earthen pot, and stop it close, and when you goe to bed, drinke a good draught thereof, and the next morning

morning take a Fig and a Date and rolle them, and then eate them as hot as you can: and when you haue so done, forbeare eating & drinking for the space of two or three houres after, and in 3. or 4. dayes you shall be well.

CHAP. 270.

¶ An other for the same.

TAke Hore-hound, and Hisop, of ech of them a like quantitie, and a little Water and Suger, and boyle them togither, vntill they be come a Syrop, and so vse to eate this morning and euening, and at all other times when you shal thinke conuenient, and this will breake the Cough. Probatum est. p. D. Lopes.

CHAP. 271.

¶ An other for the same.

TAke a toste[illegible] Bread, and make it very hot and browne, and put as much Sallet Oyle on both sides thereof, as the bread will receiue, and eate it: vse this both morning and euening and it will doe him much good. Probatum est. p. D. Wootten.

CHAP. 272.

¶ An other for the same.

TAke a little of the Rote of Elecompane, Reysons of the Sun and Figs, and cut them in smal pieces, and Annis-seedes, Hisop, Liquorice, and Hore-hound, of ech of them a like quantitie: Boyle all thiese togither in faire running Water, and then straine it and drinke it euery morning fasting, for the space of 3. or 4. dayes togither, and it will helpe you.

CHAP. 273.

¶ An other for the same.

TAke Barrowes Grease, or Bores-grease, and 4. or 5. Cloues of Garlicke, & stamp them altogither, & when the Patient is going to bed, let him warme his feete to the fire, and annoint them with the same Oyntment, and when he is in bed let him haue a hot Trencher laide to the soles of his

late, as hot as possibly he may abide it, and let him haue warme clothes put thereto, to keepe in the heate and this will helpe him.

CHAP. 274.

¶ A very good Medicine for the Cough and to breake the Fleame.

TAke a pottle of pure Muskadine, and a quart of Hisop water distilled, and 5. or 6. good Rates of Case Ginger, pare of the rind from them very cleane, and then slice them: then take as much Licquorice as you haue Ginger and pare it likewise: then take two good handfulls of Suger-Candie grossly bruised, and mix all these togither, and put them into a Glasse, and shake it often, and stop it close, and then let it stand for the space of 24. houres, and then let the patient drinke thereof as often as he shall thinke good, or as necessitie of the cause shall require.

CHAP. 275.

¶ An other Medicine for the Cough, and to dry vp the Rhewme and Fleame.

TAke two or thee penyworth of Cloues and Mace, a handfull of Bay Salt dryed at the fire, a handfull of Cummin and a handfull of Sage, take all these and beat them well togither, and then put them into a linnen bagge (made for that purpose, of the length and breadth of a mans hand, and let it be quilted) and put it to the moulde of the head of the Patient, & let him take it of every morning and euening, and warme it well, and lay it to the same place againe, and he shall finde great ease thereby. Probatum est.

CHAP. 276.

¶ A good powder to be vsed for the Cough, and wheesing of the pipes and Nose.

TAke an ounce of Case Ginger, beaten to fine powder, and an ounce of Elicompanæ rootes dryed and beaten

to

to powder then take a pound of Suger-candie beaten ſomewhat fine, halfe a pound of Licquorice, and halfe a pound of Annis-ſeedes, (and let them be both well ſearſed) and then mingle all the things before ſpecified togither, and then put the ſame powder into a box or Bladder, and when you goe to bed, eate a ſpoonefull thereof, and as much in the morning faſting and it will helpe you in a ſhort ſpace,

CHAP. 277.

¶ An excellent good Medicine for the Cough, and for the ſtopping of the breſt: and alſo to open the pipes, and to auoide Corruption.

TAKE Rotes of Elicompanæ, and Raddiſh-rootes, and dryed them ſeuerall, and of Peare-wardens, twice as much as of both the others: then put them all togither in an Earthen Pot, and put as much clarified Hunny thereto as will make it ready to ouer-flow the ſaid ingredience, and then couer it hot, and ſtop it cloſe that no breath may iſſue forth of it, and ſet it in an Ouen, and bake it with a batch of bread, and when occaſion ſerueth, let the Patient take a ſpoonefull thereof euery morning and euening, firſt and laſt, and it will helpe him.

CHAP. 278.

¶ A perfect good Syrop for a Cough.

TAke halfe a pound of white Suger-candie, halfe a pinte of Roſe-water, a ſpoonefull of Annis-ſeedes a pinte or more of Hiſop-water, and a good quantitie of Licquorice cleane pared and braſed: Boyle all theſe togither, vntill you ſee it come to a Syrop then ſtraine it through a fine linnen Cloth, and put it into a Glaſſe, and ſo vſe it when you ſhall thinke conuenient.

Cough of the Lungs.

CHAP. 279.

¶ A most Soueraigne Medicine for the Cough of the Lungs.

TAke a handfull of Reysons of the Sunne, and let them be very cleane washed and the stones picked out, and a peny worth of Mayden-hayre halfe a spoonefull or more of Annis-seedes, bruised small, 10. or 12. Figges, halfe a pound or somewhat more of Portugall Suger, and three pintes of faire running Water: and boyle all these together vntill the one halfe be consumed away: then straine it through a fine Cloth, and euery morning drinke two spoonefulls thereof luke warme, and you shall finde present remedy thereby. Probatum est. p. M. Baker.

CHAP. 280.

¶ An other for the same.

TAke halfe a pound of the finest Suger that may be gotten, and a good quantitie of Annis-seedes, & Licquorice and

and two handfulls of great Reysons, and let the stones be cleane pickt out, two penyworth of Mayden-hayre, a gallon of fayre running Water, and a pound of Figgs: Boyle all thiese togither vntill the one halfe be consumed, and then straine it into a cleane earthen pot, and when you will vse it, take a little thereof at a time and put into a Cup or Cruce to warme, and so drinke it both Morning and euening, or at any other time as you shall thinke good.

CHAP. 281.

¶ An other for the same.

TAKE a pound of Elicompanæ-rootes that are young, of Semetrach, Mayden hayre, Ana. r. 3 (the same being new gathered, and scrape the Elicompanæ Rootes cleane, and cut them into small pieces: and then boyle them in fiue pintes of fayre running Water, and let it boyle vntill it come to a pinte and an halfe: and then straine them, and then put to it the quantitie of 3. quarters of a pound of fine Suger, and boyle it againe, vntill it come to the quantitie of 3. quarters of a pinte: then take two or three Yolkes of new laid Egges, and beate them very well and put them therein, and let them boyle togither for the space of halfe a quarter of an houre: then take it of the fire, and when the Patient will vse it, let him take a spoonefull at a time twice a day, (Viz) one in the Morning, and an other in the euening, & let the Patient lye vpon his Backe for the space of an houre after he hath receiued it, and let him vse this for the space of 5. or 6. dayes (keeping himselfe very warme) and it will helpe the greatest Cough that is. Probatum est.

CHAP. 282.

Colde.

CHAP. 282.

¶ A very good Medicine for the Colde.

TAke a pottle of Ale, and ſcum it very cleane, and then take Hiſop and Peny-royall, of ech of them halfe a handfull, Annis-ſeedes and Liquorice, of ech of them 1. ounce, 3. penny worth of Caſe Ginger, and 6. or 7. Figges ſlyced, (if the Figs doe not make it ſweete inough, then put a little fine Suger, and the Liquorice and Ginger muſt be ſlyced and the Annis-ſeedes bruiſed) and then boyle it on the fire, vntill the one halfe be conſumed: then take it of, and ſtraine it through a fine linnen cloth into ſome Glaſſe or earthen pot, where it may be kept cloſe: then let the Patient drinke thereof both Morning and Euening, for the ſpace of 5. or 6. dayes together, and he ſhall finde greate eaſe thereby. Probatum eſt.

CHAP. 283.

¶ An other for the ſame.

TAke Hiſop, Roſemarie, and Raddiſh Rootes, of ech of them a like quantitie, and ſeeth them in a pottle of white Wine, vntill the one halfe be conſumed: then take it from the fire, and ſeperate the hearbes from the liquor, and then put the hearbs into a morter, and ſtampe them very well and

and ſtraine them, and then put the liquor into the pot a' gaine, and put thereto a pinte of Engliſh Hunny, and boyle it and ſcum it cleane: then take a little May-butter, (if it may be gotten) and clariſie it, and put it into the liquor, and then let it ſeeth a little ſpace after, and then ſtraine it againe through a fine linnen cloth, and put the liquor into a glaſſe, or ſome other cleane veſſell, & let the Patient drinke this 7. or 8. ſpoonefulls thereof at a time with ſtale Ale, both Morning and Euening, and let him vſe it in this ſort vntill he be well. Probatum eſt.

CHAP. 284.

¶ A Medicine for the ſtopping of the Noſe and head, which commeth by taking of colde, eyther in the feete, or otherwiſe.

TAke a good quantitie of the iuice of Primroſe, and blow it with a Quill into the Patients Noſe, and let him kepe himſelfe warme after it, and it will cleare both his head and Noſe.

CHAP. 285.

¶ A very good drinke for the colde, and to open the pipes.

TAke Endiue, Succory, Parſly, Fennell, Burrage, Hiſop, Time, Peny-royall, Germaunder and Neepe: of eth of them a good quantitie, and boyle them altogither in a pottle of faire running Water, and let it boyle vntill the one halfe be conſumed, and then ſtraine it, and put into it two ſpoonefulls of good wine Vinegar, and 3. or 4. ounces of fine Suger to ſweeten it and ſo let the Patient drinke euery morning and euening for the ſpace of 3. dayes togither, a good draught thereof, and it will helpe him. Prob. eſt.

CHAP. 286.

¶ An excellent good remedy for a Colde.

TAke halfe a pinte of Hiſop Water, a pinte of ſtale Ale, two ſpoonefulls of Hunny, and an ounce of Suger-

candie, and then boyle them altogither vpon a soft fire, and be sure to strum the same very cleane (that done) let it boyle vntill the one halfe thereof be consumed: then take a sticke of Liquorice, and shaue of the vttermost rinde thereof, and then bruise the one ende of it, and dippe the end so bruised into the same liquor often, and then let the patient sucke the sticks end often, and this will help him in a short space be he neuer so hoarse. Probatum est. T. S.

Choller.

CHAP. 287.

¶ A good Medicine to cause one to avoide Choller.

TAke fiue or sixe Dock-rootes, and wash them very cleane, and take forth the pyth of them, then take a few tops of Red Mints, and a little Wormwood, and steepe them in a quart of Ale or white Wine, for the space of one Night, and let the Patient drinke halfe a pinte thereof at a draught, and let him vse this for the space of 6. or 7. dayes togither, and it will both cause him to vomit vp Choller, and cleanse the body in all parts: but it must be taken betwixt the first day of March, and the last of Iunne, and perhaps it will cause him to haue 3. or 4. stooles. This hath bin truely proued.

CHAP. 288.

¶ A maruelous good Medicine to cause one to auoide aboundance of Choller.

TAke halfe an ounce of Cassia which is newly drawne, and a dram of good Rubarbe, and let them be infused for the

the space of a night, with water of Endiue, & a little Spikenarde, and an ounce of Sirop, of Violets: then take them and mingle them altogither, with the quantitie of 3. or 4. ounces of Whay and let the Patient drinke it warme, and this will cause him to auoide much Choller. Probatum est.

CHAP. 289.

¶ An other good Medicine for the purging of Choller.

TAke of Coloquintida the inward part, of 3. ounces of Polipodie of the Oke (otherwise called Oke-fearne) and let it be cleane washed: then take Ox-gall ʒ. i, and as much Hunny as you shall thinke good: mingle all these togither, and boyle them, and let the Patient vse it often, and it will doe him much good.

Cramp.

CHAP. 290.

¶ A present remedy for the Cramp.

TAke Oyle of Violets, Holy-hocke, and Swines Grease, of ech of them a like quantitie, & make an Ointment thereof, and let the partie quieted anoint the place very well therewith where the griefe is, and doubtles this will in a short space help him. This hath bin oftentimes proued and found true.

CHAP. 291.

¶ An other for the ſame.

TAke Pionie-roots and beate them to powder, and then make a little bag of ſilke or linnen cloth, and put the powder therein, and hang it about the Patients neck, and let him vſe to ſmell often thereto, and it will helpe him.

CHAP. 292.

A very good Medicine for the Cramp, and for the ſounding and ſhaking of the Heart, which commeth thereby.

TAke a quarter of a pinte of white wine Vinegar, and a handfull of bay Salt (if it may be gotten) or elſe white Salt, and temper them well togither: then take a peece of new woollen Cloath and ſteepe it therein, and lay it to the pulſes of the patient, and it will helpe him, or at leaſt wiſe, he ſhall finde great eaſe thereby.

CHAP. 293.

¶ An other for the ſame.

TAke the little bone that is in the knee ioynt of the hinder legge of an Hare, and touch the place grieued therewith, and it will ſpeedily helpe the cramp.

CHAP. 294.

¶ An other for the ſame.

TAke Camphire, Roſe-water, and a little Saffron, and mingle them altogither, and let the partie grieued waſh his hands & pulſes often therewith, and ſo ſmell to them often, and this will doe him much good.

CHAP. 295.

¶ An other for the ſame.

TAke Nutmegs, Cloues, Cynamon and Saffron, of eche of them halfe an ounce, & mingle them with a little Roſe-Vinegar, and make a plaiſter thereof, and lay it to the pulſes of the Patient, and it will helpe him. Prob. eſt.

CHAP. 296.

Cornes.

CHAP. 296.

¶ An excellent good remedy to take away Cornes in the feete or toes.

TAke Oyſters and open them, and cut out the white pyth that groweth vnto the ſhells, and dry it, and make a powder thereof, and when you go to bed, cut your Corne with a ſharpe knife, and picke out as much of the Rote as you can: then put ſome of the ſame powder into the hole (and if you will, you may vſe a little ſublimed Mercury, which is to be had at the Apothecaries) and then wrap a linnen cloth about your toe, & it will eate the Corne cleane away. This hath bin proued.

CHAP. 297.

¶ An other for the ſame.

TAke, blacke Sope and Snailes, of ech of them a like quantitie, and ſtampe them togither, and make a plaiſter thereof, and ſhread it vpon a peece of white Leather, and lay it vpon the Corne, and it will take it cleane away within 7. or 8. dayes ſpace.

CHAP. 298.

¶ An other for the ſame.

TAke a knife and pare the Corne as neere the quicke as it may be ſuffred, and then take the inner part of a Fig, and

a prety quantitie of Verdigreafe, and mixe them both togither, and lay the same to the Corne and binde it fast thervnto with a linnen Cloth, and this will in a short space eate out the rote of the Corne. This hath bin proued by I. B.

CHAP. 299.

¶ An other for the same.

TAke Marigoldes stamped, and lay them vpon the sore, both Morning and Euening, and if the Corne be not deepely roted it will helpe it. Or else pare away the Corne cleane, and lay thereto the quantitie of a pease of Turpentine and red Wax, boyled togither, and this will take away the Corns.

CHAP. 300.

¶ An other for the same.

FIrst pare away the Corne, and then take a blacke Snayle and bruise it, and put a drop or two of the iuice thereof into the place grieued, and put thereto a little powder of Sandphere, & it will take away the the Corne very spedily.

CHAP. 301.

¶ An other for the same.

PAre the Corne cleane away first, as neere as possibly it may be suffred, and then take a pece of browne Paper that is cleane and spread therson a little Yeest (in manner of a plaister) and apply it often to the Corne, and it will take it quite away. This hath bin sufficiently proued.

CHAP. 302.

¶ An other for the same.

TAke vn-sleckt Lime (the Corne being first pared cleane away as aforesaid) and put the quantitie of a pease thereof, into the hole, and couer it with a plaister made of Wax & Rosin mixed togither, and let it continue on ỹ place for the space of 24. houres, and it will presently helpe it.

CHAP. 303

CHAP. 303.

¶ An other for the ſame.

TAke red Wax Vinegar, and Aquauitæ, and boyle them all togither with two or three Cloues of Garlicke, and when you goe to bed, cut out the Corne with a ſharpe knife, and picke out as much of the rote as you can: then take one of the Cloues of Garlicke, and ſome of the Wax and binde it to your Toe, vſe this three or foure times, and it will take away the Corne in ſuch ſort, that you ſhall neuer be troubled therewith againe.

CHAP. 304.

¶ An other for the ſame.

LEt the party that is grieued with the Cornes take ſome of the ſnot or filth that commeth from his owne noſe, and ſpread it vpon a peece of Leather, or elſe vpon a linnen Cloth, and lay it vpon the Corne, and it will take it quite away.

¶ *Collicke and Stone.*

CHAP. 305.

¶ A ſoueraigne Medicine for the Collicke and Stone.

TAke houſhould Bread that is made of Wheat that is cleane without Rie or Pulſe, & make a Toaſt therof, & toaſt it at the fire and euer as you toaſt it caſt Malmſie on it: then take Lauender Flowers, & caſt them vpon the toaſt, and then lay it to the Nauill of the patient as hot as poſſibly it

it may be suffred, and binde it on fast with a linnen Cloth, whereby it may not remoue, and it will helpe it. This hath holpen many: Proued by. M. Cox.

CHAP. 306.

¶ An other for the same.

TAke Time, Parsly-rootes and Tops and Elisaunder-rootes of ech of them halfe a pound, and seeth them altogither in a pottle of good strong Ale, and let it seeth vntill the one halfe thereof be consumed: then straine it, and let the Patient drinke a good draught of it euery morning fasting, and it will ease him very much. Probatum est

CHAP. 307.

¶ An approued Medicine for the Collicke stranguarie and the stone.

TAke Grommel-seede, Parsly-seede, Nettle-seede, Violet-leaues, Smallege, Cherry-stones, Philopendula, Elisaunders, Saxifrage, Cummin, Fenell-seede, Annis-seede, Coriander, Sowthistle and Dil-seede, of ech of them a like quantitie: take all these and grinde them very well in a brasen Morter, and searse them very fine, and put away the greatest thereof, then take the Gum of Iuy, or else the Berries of Iuy dryed and beaten to powder and mingle it with the powder of the seedes aforesaid, and let the patient drinke the powder eyther with white Wine, or else with stale Ale, or else let it be put into his pottage, and so let him vse it first and last for the space of 9. or 10. dayes togither, and it will helpe him. Probatum est.

CHAP. 308.

¶ An especiall good Medicine for the Collicke, and for diuers diseases mentioned in the end of this Chapter following

TAke Feunell-seede, Spikenarde, Annis-seede, Maces, Nettle-seede, Geat, Saffron, Ginger and Licquorice,

of

of ech of them two peny waight, and three peny waight of Cynamon, and halfe an ounce of Seni, mingle all thiese together, and make a powder therof, and when you will vse it, put the quantitie of halfe a ſpoonefull of the ſame at a time into your Poſſet-ale, or into your pottage, and ſo continue it for the ſpace of 4. or 5. dayes together, and it helpeth. This hath bin truely proued.

This is alſo good to cure the Stone, Dropſie, Strangurie, or Iaundiſe, with diuers other diſeaſes.

CHAP. 309.

¶ A ſoueraigne Medicine for the Collicke and Stone. and to breake them both.

TAke Parſly-ſeede, Broome-ſeede, Grommell-ſeede, Fennell-ſeede, Plantine-ſeede, and Smalledge-ſeede of ech of them a quarter of an ounce, halfe an ounce of Nutmegs and of the fineſt Suger that may be gotten 4. ounces: beate all thiese togither in a Morter vntill they are become very fine and ſmall: then ſearſe the powder through a fine Searcer, and put as much into your drinke thereof at a time, as the ſhel of a haſle Nut will hold or ſomwhat more, and ſo vſe to drinke this powder firſt and laſt for the ſpace of 3. dayes togither eyther with white Wine, or elſe with other drinke luke warme: but if that the paine be extreame, then take Oyle of Scorpions mixt with Oyle of Roſes, and anoint wel the ſame ſide where the paine is, againſt the fire, and the party grieued ſhall finde great eaſe thereby. Probatum eſt.

CHAP. 310.

¶ A good drinke to be vſed for the Sone.

TAke Benedict Laxat'z. 6. and put thereto a quarter of a pinte of white Wine warme, and let the Patient drink therof, and ſo goe to bed and ſweate, and let him be couered very warme, and he ſhall finde great eaſe thereby.

CHAP. 311.

¶ A good powder to be vſed for the *Stone.*

TAke the Water of Saxifrage, the Water of Pellitorie, the Water of Parſly, the Water of Philopendula, and the Water of Smallage, of ech of them ʒ. iij. and mingle them altogither, and put therein Parſly-rootes and ſeedes Ana ʒ. and the Rootes of Cardus benedictus. ana. ʒ. and put them in an Ouen, and let them be very well dryed and ſo make it into powder.

CHAP. 312.

¶ A good gliſter to be taken for the *Stone.*

TAke the Decoction of Mallowes Pellitorie of the Wall Cardus benedictus, Coleworts, Setrach, Okefearne, and Alkabergiſeedes, of ech of them a like quantitie: then take Oyle of Dill, Oyle of Camamill, and Oyle of Lillies, ana, ʒ. ſ. of Hiera ſimplex. ʒ. ſ. and a little Salt.

CHAP. 313.

¶ A Syrop for the Stone.

TAke Endiue Sorrell & Water Lillies, ana. ʒ. the waters of *Sinke*-foyle and Endiue. ana. ʒ. mingle all theſe togither, and giue thereof to the Patient to drinke both morning and Euening for the ſpace of 8. or 9. dayes, and it will doe him much good.

CHAP. 314.

¶ A very good Medicine for the Collicke and Stone.

TAke Pellitorie that groweth vpon the Wall, ground Iuy, Saxifrage, Mallowes, Auans, Parſly, Pepper, Cheruell, Mouſe-eare, and red Nettles, and boyle all theſe togither in a little Whay, and clarifie the whay with the white of an Egge, and let the partie grieued drinke a good draught thereof euery Morning faſting, and it will eaſe him greatly.

CHAP. 315.

¶ An other Medicine for the Collicke and Stone.

TAke Otes, and parch them in a pan as ye do peaſe, and let the patient put them into a linnen cloth, and ſet them to his Nauill, as hot as he may poſſibly abide it, and by vſing of it often he ſhall finde great eaſe.

CHAP. 316.

¶ An other for the ſame.

TAke a cleane Stone, and make it red hot in the fire, and then take it forth againe, and let it cole vntill the rednes be gone: then take a peny worth of Saffron, and lay it vpon the Stone, and turne it to and fro, vntill it be turned almoſt to a powder: then take it and temper it well with two ſpoonefulls of pure Malmſie, and ſo let the patient drink the ſame firſt and laſt, and doubtles this will helpe him.

CHAP, 317.

¶ An other for the ſame.

TAke the cuttings of a Vine, and dry them throughly, and when you are diſpoſed to vſe them: burne them vpon a Tileſtone, or elſe vpon a cleane Hearth: then take the Aſhes that commeth of the Wine, and mingle them with a pinte of Rennith or white Wine, and let it ſtand for the ſpace of a night to ſettle, the next morning let the partie grieued drinke a good draught therof faſting: but there muſt be greate heede taken that the Wine and the Aſhes be of equall portions. Probatum eſt.

CHAP. 318.

¶ A good Medicine to be vſed for the Collicke and Stone, in manner of a plaiſter,

TAke Parſly and Smalledge, of eche of them an ounce, and two ſpoonefulls of Capons-greaſe, and put them into an

Earthen veſſell, and let one of the ſpoonefulls of the ſame greaſe be put on the top of the Hearbs, and the other in the bottome, and let them boyle on the embers from morning till night, and then ſtampe and ſtraine them, and having ſo done, take the ſame Oyntment and ſpread it vpon a linnen Cloth, and lay it as hot as poſſibly it may be ſuffred to the Nauill and bottome of the belly of the party grieued, and it helpeth. Probatum eſt.

CHAP. 319

¶ An other good Medicine for the Collicke.

TAke a quart of white Wine, & Milke that is new from the Cow, or Goates Milke (if it may be gotten) and make a poſſet thereof, and ſcum away the curde cleane then put into the poſſet drinke a handfull of Mother of Time, and as much young Parſly, and ſeeth them therein: then take a peny worth of long Pepper, and bruiſe it and put it therein, and let the Patient drinke a good draught thereof firſt and laſt, and he ſhall finde great eaſe thereby. Probatum eſt.

CHAP. 320.

¶ A good Medicine for a woman that is troubled with the Collicke.

TAke Buds of Palme when they be flowred in March, and diſtill them, & let the Patient drinke a good draught of the ſame water euery morning faſting for the ſpace of 3. or 4. dayes togither, and it will helpe her. Alſo Litarge drawne into water is very good for this diſeaſe.

CHAP. 321.

¶ A good Medicine for the Stone.

TAke Time and Parſly of ech of them a good handfull, and boile them in white Wine a good while, and then ſtraine it, and then put therein a good ſpoonefull of white Sope, into a good draught of the ſame wine, and giue it the patient

patient to drinke, and it will ſpædily help him.

CHAP. 322.

¶ An other excellent good Medicine for the Collicke.

TAke a good quantitie of the Leaues of a Lorrell-tree, and dry them and beate them to powder, and put thereto a good quantitie of powder of Nutmegs, and mingle them with freſh Butter, and with a linnen cloth binde it to the Nauill of the party grieued, and the ſame will doe him much good.

CHAP. 323

¶ An other for the ſame.

TAke a handful of Groundſell, and ſtamp it well in a Morter, and put thereto an ounce of Cummin, and fry o them with Shæpes *Suet*, and ſtale Ale, and make a plaiſter therof, and lay it to the Nauill of the partie grieued as hot as it may be ſuffred. This hath bin proued.

CHAP. 324.

¶ An other approued Medicine for the Collicke and Stone.

TAke Philopendula, Scabious, *Mouſe*-eare, and Water-creſſets of ech of them a like quantitie, and the middle rinde of the Barke of an Elder-tree: put all theſe togither into an Ouen that is hot, and dry them well and make a powder of them, and giue the patient a ſpoonefull thereof at a time, eyther in poſſet Ale, or in Ale it ſelfe warme.

CHAP. 325.

¶ An other for the ſame.

TAke a Fig that is both perfit and good, and ſlice it in the middeſt, and then ſpread it all ouer with muſtard, and lay the ſame to the Nauill of the Patient, and ſo binde it faſt thereon, and ſoe let it remaine there for the ſpace of 24. houres then take that of, and put on a freſh Fig againe as aforeſaid,

and ſo the third in like ſort, vſe this 3. or 4. dayes together, and it will doe the partie grieued much good. Probatum eſt.

CHAP. 326.

¶ An other for the ſame.

TAke the waight of vij, groates of Cummin, the waight of vj. groates of Galingal, the waight of vj. groates of Bayes, fiue groates waight of long Pepper the waight of iij. groates of Fennell-ſeede, the waight of iij. groates of Eliſaunder-ſeede, j. groates waight of Parſly-ſeede, and the waight of one groat of Engliſh Saffron: beate all theſe to powder in a braſen Morter, and let it be well ſearſed, and then put thereto a good quantitie of fine Suger, and mingle them well together, and let the party grieued vſe the ſame powder in his pottage, (the quantitie of halfe a ſpoonefull at a time) and let him vſe this powder in his drinke, (as in old Ale or elſe in white Wine, but it is beſt in pottage) and it will helpe him. Prob. eſt.

CHAP. 327.

¶ An other for the ſame.

TAke a pottle of white Wine, that is pure and good and put it into a pot, and then take two great blew Flintſtones and let them be as big as they will hardly goe into the pot where the wine is: then caſt the ſtones into the fire where they may be red hot, and take them forth and quench them in the wine which is in the pot, and then take them forth of the pot againe, and put them in the fire againe as aforeſaid, and ſo in like manner the 3. 4. or 5. time, or as often as neede ſhall require, and vntill the one halfe of the wine be conſumed away, and when you ſee that it is halfe conſumed: then ſet it to ſtand where it may be well ſetled and then let the partie grieued drinke of it, and let him vſe it as he ſhall thinke good, or that he ſhall feele any paine, and this will cure him of the Collicke and Stone:

For

For by experience, I know that it did help one M. Tayler of Briſtol, that was priſoner in the K. Bench, with diuers others.

CHAP. 328.

¶ An excellent good and perfect Medicine to cure the Collicke, Stone and Strangnarie.

TAke 5. or 6. Leaues of Lawrell, and ſtampe them and ſtraine them in Ale or if they be dry, beate them to powder and put it in Ale, and let the Patient drinke thereof faſting, & let him be kept warme all the ſame day after in his chamber. for after the receipt thereof he ſhal haue 5. or 6. ſtoles or more. This hearbe groweth in Gardens, and is like Miſſletoe, and it hath leaues like vnto the hearb which is called Miſſell, which groweth in olde Apple trees, and beareth a berry of the bignes of a Wart, and it is commonly giuen Cattle for medicines.

The next day after that the Patient hath taken this Medicine as aforeſaid, make a powder of theſe things following (Viz) Philopendula & Saxifrage, of ech of them an ounce, Coriander-ſeede, Grommell-ſeede, and Alexander-ſeede, of ech of them halfoan ounce, Iuy berries, Broome-ſeede, bloſſomes of Elder-flowers, and berries of Holme, of ech of them an ounce, and the like quantitie of Annis-ſeede, Fennell-ſeede, and Oxgall, and halfe an ounce of the Roe of a Hearing, the Roundes of a Thorneback-fiſh (which is a round Nut which you ſhall finde within the prickes which ſtand vpon the fiſhes backe) and Okefearne dryed to powder, of ech of them an ounce: beate all theſe to powder, and mix them together, and for the ſpace of 6. or 7. dayes following, after the former receipt, let the Patient take a ſpoonfull of the ſame powder and temper it with ſtale Ale, and drink it euery Morning faſting: but he muſt abſtaine from meate and drinke for the ſpace of 4. or 5. houres after the receipt hereof. This hath cured many.

CHAP. 329.

CHAP. 329.

¶ A good Medicine for to cure the Collicke and Stone.

TAke Blacke-berries, Hawes and Acornes, and dry them vpon Tiles, then take the powder of them seuerally, of ech a spoonfull, and searse it fine and giue it the patient in Malmsie, euery Morning fasting to drinke, for the space of 5. or 6. dayes togither, and it will helpe him.

CHAP. 330.

¶ An other for the same.

TAke Time, Parsly-rootes and blades, and Elisaunder rootes, of ech of them halfe a pound, and seeth them altogither in a potle of Ale vntill the one halfe be consumed then straine it, and drink a good draught therof euery morning fasting, and it will ease the partie grieued very much.

CHAP. 331.

¶ A speedy remedy for the Collicke in the side.

TAke a wooden Dish, and put therein colde Ashes, and set it on the hot embers, without ony great Coales in them, and thereupon straw a good quantitie of Cummin-seede, and sprinckle it ouer with Malmsie, and so doe still vntill the dish be full, then couer the dish with a linnen cloth double, and lay it as hot as you may suffer it to your bare skin, on the same side where the griefe lyeth, and so vse this 4. or 5. times and it will helpe you without all doubt. This hath bin sufficiently proued.

But if you want Cummin-seede, then take Red Sage, Time, Hisop, Camamill and Penyroyall of ech of them a like quantities, and vse these as you did the Cummin-seede before.

CHAP. 332.

¶ A good Medicine for the Collicke and stitch.

TAke halfe a pound of Sheepes Suet, Ribwort, Red Sage, and Elisaunders, of ech of them alike quantitie, and Grownes

Grownes of Malmſie, and put thereto, and ſæth them altogither, and make a plaiſter thereof, and apply it to the place grieued, and annoint your ſelfe with Oyle Oliffe, & Oyle of Balme, both mixt togither, and ſo vſe this 4. or 5. times and it will helpe you. Probatum eſt.

CHAP. 333.

¶ A ſpeciall Medicine for the Collicke and for diuers other diſeaſes, mentioned in the ende of this Chapter.

TAke Fennell-ſeede, Spikenarde, Annis-ſeedes, Maces Nettle-ſeede, Iet, Saffron, Ginger and Liquorice, of eth of them three peny waight, two peny waight of Cinamon, and halfe and ounce of Seny, mingle all theſe togither, and make a powder thereof, and when you will vſe it, put a ſpoonefull thereof into ſome Poſſet-ale and drinke it, or elſe put it into your Pottage, and this will doe you exceeding much good.

This is alſo good to cure the Stone, the Dropſie, the Collicke ſtranguarie, the Jaundiſe, and diuers other diſeaſes.

CHAP. 334.

¶ An approued Medicine for the Collicke and Stone.

TAke a Carret-roote and ſlice it thin, and lay it to ſteepe in a pinte of white Wine, and there let it remaine for the ſpace of two dayes and two nights, and then ſtraine it, and let the Patient drinke thereof both Morning and Euening, and this will helpe him. Probatum eſt.

CHAP. 335.

¶ An other approued Medicine for the Collicke and Stone.

TAke a pottle of pure Malmſie, and two handfulls of the inner part or pith of Parſly-rootes, and 5. or 6. of the largeſt Bay leaues that you can get, and ſeeth all theſe together, vntill the one halfe of the Malmſie be conſumed:

then take it of and ſtraine it, and ſo keepe it cloſe in ſome glaſſe or other thing. And when you will vſe it, drinke a good draught thereof both morning and euening and this will helpe you in ſhort ſpace.

CHAP. 336.

¶ An other good Medicine to helpe the Stone, and alſo to cure the Stranguilyon.

TAke red Bramble berries (but they muſt be taken before they be blacke) Iuy berries and Acorns, and put them into 2. ſeuerall pots to dry in an Ouen, and there let them dry vntill you finde that they be fit to be beaten into powder, then take Seeny of Alexandria, Parſly-ſeedes, Gromell-ſeeds, Broome-ſeedes, Coliander-ſeedes, and of the inward part or pyth of Aſhen keyes, take of ech of theſe a like portion, and twice as much Liquorice finely ſcraped as the waight or ſubſtance of all theſe cometh vnto: Then beate them all into powder and mingle them altogether, and to vſe to drinke them both morning and euening in Poſſet drinke made eyther with White Wine, or elſe with Renniſh Wine, vſe this drinke twice or thrice a weeke and this will helpe you.

CHAP. 337.

¶ A very good Medicine for the curing of the Collicke and Stone.

TAke a Toaſt of Browne bread, e toaſt it very Browne, then take blacke Sope which is to be had at the Apothicaries) & ſpread it as vſually you doe butter vpon the ſame toaſt, and then put the ſame into a pretty big cuppe of Ale, & let the partie grieued drinke it of. vſe this twice or thrice a day, and this will cauſe one to make water that cannot in a very ſhort ſpace, and it will alſo do him exceeding much good otherwiſe in the bladder. This hath bin truely proued by. I. B.

CHAP. 338.

¶ An other for the ſame.

TAke an ounce of Cloues and Mace, a handfull of Time, a handfull of Roſemarie, and as much Hiſop, and ſeeth all theſe in a pottle of white Wine, and let it ſeeth from a pottle to quart, then put therein a little Suger, and then drink the ſame luke warme, at ſuch time as you be in paine, and when it is well ſodden as aforeſaid, you muſt burne it as you doe commonly vſe to burne other wines.

CHAP. 339.

¶ An other for the ſame.

TAke as much Camamill, as will lie in the palme of your hand, and of Pellitorie of the Wall, and Auans, eth of them a handfull, and a ſpoonefull of Parſly-ſeede a little bruied: then make a Poſſet of Reniſh Wine, and let the curd be cleane ſcumed of, and then boyle all the things before rehearſed in the ſame poſſet drinke till all the ſubſtance of them be cleane boyled out, and then vſe to drinke this both firſt and laſt, and it will helpe you.

CHAP. 340.

¶ An other for the ſame.

TAke Grommell-ſeede, Parſly-ſeede and Annis-ſeede of eth of them two ſpoonefulls, greene Fenell, one handfull, 1. Parſly-roote, 1. Raddiſh-roote, (let eyther of them be as long as a Finger) vnſet Time Cherry-ſtones, and Philopendula, of eth of them one handfull: waſh all theſe cleane, and bruſe and ſtampe them togither very ſmall, and then boyle them in a pottle of white Wine, in an Earthen pot cloſe ſtopt, & let it boyle vntill a pint thereof be conſumed and then let it runne through a fine linnen cloth without ſtraining, and let the patient drinke a good draught thereof both Morning and Euening, and this will doe him much good.

CHAP. 341.

¶ An other for the same.

TAke a new laid Egge, and put forth all the yolke and white cleane: then take the shell & dry it well upon a Tyle-stone, and then make a powder thereof, and when occasion serueth, let the patient take a prety quantitie thereof either in Beere or white Wine, and let him drinke it first and last, or at any other time of the day that he shall thinke meete and this will either breake or consume the Stone. Probatum est.

CHAP. 342.

¶ An other for the same.

TAke vnset Leekes, Mallowes, and Pellitory of the wall of each of them a like quantitie, and stamp them very well, and put thereunto a peny worth or two of Neates-foote Oyle, and fry them well together in manner of a plaister, and then put them into a bagge made of linnen cloth, and (the same being hot) lay it to the belly of the patient, and it will helpe him in a short space.

Also for the Stone, lay the same to the Reynes of the Backe behinde, and it will speedily ease it. This hath bin sufficiently proued.

CHAP. 343

Collicke Passio.

CHAP. 343.

¶ A good powder for to helpe one that hath the Collicke passio.

TAKE Carraway-seede, Annis-seede and Fennell-seede, of ech of them halfe an ounce, Galingal Ginger & Cinamon, of ech of them ij. drams, Cloues, Mace, and Cardus Benedictus, of ech of them halfe a dram) Setwall 4. or 5. drams, fine Suger eyght ounces, mix all togither, and make a powder thereof, and when you haue occasion to vse it take the quantitie of an ounce, and put it into your drinke and drinke it at all times when you shall thinke conuenient, and it will doe you exceeding much good.

Winde Chollicke.

CHAP. 344.

¶ An approued Medicine for the winde Collicke, and for a ſtitch, in the ſide which commeth by reaſon of the winde.

TAKE Capillis Veneris, Parſly-rootes, and Fennell-rootes, of ech of them a quarter of an ounce, bruſe them togither, and let the partie grieued drinke the iuice thereof with whit Wine, and let him drinke it both morning and Euening euery day for the ſpace of 4. or 5. dayes togither, and doubtles this will doe him much good.

CHAP. 345.

¶ A other for the ſame.

TAke halfe a pound of the neweſt ſharpes Tallow that may be gotten, and of Ribwort, Red Sage, and Eliſaunders of ech of the a like quantitie: then take a good quantitie of the Grounds of Malmſie, and put among'ſt the reſt, and then ſeeth all theſe together, and then make a plaiſter thereof, and lay it to the place where the paine is, and let the Patient be well anoynted with Oyle of Balme and Oyle Oliffe mixt together, and ſo let him vſe this for the ſpace of 4. or 5. times and it will helpe him. Prob. eſt.

CHAP. 346.

CHAP. 346.

¶ An other for the ſame.

TAke a god big Reddiſh-roote or two, and ſlice them, and then ſteepe them in a pinte of white Wine, for the ſpace of a night, and when you haue ſo done, take the rootes forth, and let the Patient drinke the quantitie of halfe a pint thereof at a time, and this will helpe him.

CHAP. 347.

¶ An other for the ſame.

TAke Sacke and Aquavitæ, of ech of them a quarter of an ounce, and put thereto a peece of fine Snger, and let the patient drinke it euery morning faſting, for the ſpace of 5. or 6. dayes togither, and it will helpe him. Probatum eſt.

CHAp. 348.

¶ An other for the ſame.

TAke a pottle of pure Malmſie, that is not mixt with any other Wines, and 4. or 5. ſpoonefulls of the Pith of Parſly Rootes, and two handfulls of Violet-leaues, and a dozen of Bay-leaues, ſeeth all theſe togither vntill the one halfe be conſumed: then take it and ſtraine it well through a fine linnen Cloth & let the Patient drinke a god draught thereof warme euery Morning and Euening.

CHAP. 349.

¶ An other for the ſame.

TAke a quart of Ale clarified, and two ſpoonefuls of the Flower of Liquorice, and a ſpoonefull of the Flower of Annis-ſeede, and halfe a ſpoonefull of Fennell-ſeede bruſed, a little Time, and ſeeth them altgither vntill it be waſted from a quart to a pint: then ſtraine it through a fine linnen Cloth, and ſo vſe it both Morning and Euening, for the ſpace of 4. or 5. dayes togither warme.

CHAP. 350.

CHAP. 350.

¶ An other good Medicine for to helpe the Collicke in the ſide.

TAke a ſmall woodden diſh, and firſt put therein colde aſhes, then lay vpon them a few hot imbers without any great Coales at all among'ſt them, and then ſtraw thereon a good quantitie of Cummin-ſeede, and ſprinkle it with Malmſie, and ſo doe ſtill vntill the diſh be filled: then couer the diſh with a faire linnen cloath double, and then lay the ſame as hot as poſſibly it may be ſuffered, to the bare ſkin of the Patient, on the ſame ſide where the griefe is, and ſo vſe this 3. or 4. times and it will helpe him. But if you want Cummin-ſeede: then take Red Sage, Hiſop, Tyme, Camamill and Peny-royall, of ech of them a good quantitie, and vſe this as is laid of the Camamill before. This hath holpen many.

¶ Conſumption.

CHAP. 351.

¶ For one that is in a Conſumption.

TAke Aquavitæ and Roſa ſolis of ech of them a pottle, a pound of fine Suger, beaten ſmall, halfe a pound of Dates, halfe a pound of Licquorice, tried and beaten ſmall, ſ put the Aquavitæ and the Roſa ſolis togither, and let them ſtand ſo for the ſpace of three dayes togither, then ſtraine it through a cleane cloth and then put thereto all

all the aforesaid spices, and when you will vse it take a spoonefull thereof, with a draught of Ale, euery Morning and Euening, for the space of 20. dayes, and this will helpe him.

CHAP. 352.

¶ A good Medicine to be vsed for one that is in a Consumption.

TAke a pottle of Rose-water, and as much Goates or Mares Milke if it may be gotten or else of the Milke of a Cow that is all of one coulour, and put therein the number of 50. or 60. Yolkes of Hen Egges that are new laide: temper the Yolkes and the Milke and Rosemarie well togither, (but let none of the whites remaine amongst them) and distill a Water thereof, and giue it the Patient to drinke first and last warme, with a Cake or two of Manus Christi, which is made of Golde and Pearles: vse this and he shall finde great comfort by it. This hath holpen many.

CHAP. 353.

¶ Another for the same.

TAke a new laide Egge, let it be reare rosted, and put therein a Cake of Manus Christi, and let it lie therein vntill it be dissolued: then let the Patient eate it, and so let him vse this both morning and Euening for the space of 9. dayes, and it will doe him much good. Probatum est.

CHAP. 354.

¶ A remedy for one that hath a Consumption in the Reynes.

TAke a handfull or two of Clary leaues, and pricke them and 4. or 5. Yolkes of Hen Eggs newly laide: then take Saffron, & dry it vpon a Tile-stone or some such thing, and grinde it very small, and put all these togither and fry

them in fresh Butter, and let the Patient eate it first in the Morning, and this will doe him exceeding much good.

CHAP. 355.

¶ An excellent drinke to be vsed by one that is in a consumption.

TAke Long-wort, Lyuer-wort, Harts-tongue, & red Sage, of ech of them a handfull, halfe an handfull of Parsly, a handfull of good Liquorice finely beaten to powder, an ounce of Annis-seedes, an ounce of Cinamon finely beaten to powder, two peny worth of whit Ginger, two peny worth of white Suger-candy, two Nutmegs and a peny worth of Cloues (and if the pyth be bound in the Boop, then put a little Seny and a dram of Rubarbe therein, if not, (leaue those 2. things out) and boyle all theese things together in a pottle or somewhat more of the best new wort that may be gotten (but it must be brued without any hopps at all) & let it boyle vntill it come to three pintes, but if you put any Seny therein, then put the quantitie of three quartes of the same wort, and boyle it to a pottle: then put it to stand and then straine it and so vse it.

CHAP. 356.

¶ An excellent good Jelly to be made and had, for one that is in a Consumption.

TAke a Cock or Capon that is new killed and scauld him and wash him cleane, then take a leg of Veale, and cut away all the fat from it, and let the Cocke and Veale lie in water for the space of 4. or 5. houres, and séeth them togither in a gallon of faire Running Water, and as it doth séeth, still scum of the fat, vntill you haue left no fat at all vpon it, and let it séeth continually ouer a soft fire vntill halfe the broth be consumed: then put into it Rackt Renniſh Wine, or else with Wine, to the quantitie of a pottle, and then let it boyle altogither vntill it be come to a quart

quart, and then put therein the Whites of 4. or 5. new laid Egs, and then clarifie it, and let it run through a Jelly bag, and afterwards set it on the fire againe, and put into it an ounce of Cinamon grose beaten, and a pound of fine Suger, and let it runne through a Jelly bag againe as before 3. or 4. times at the least, and let the patient vse to drinke some of the same, warme, and he shall receiue great comfort thereby. This is also good for many other diseases.

CHAP. 357.

¶ A good way to distill a Cocke, which is marueilous good for one that is in a Consumption, or hath any other disease.

TAke a red Cocke which is of the age of 4. or 5. yeares and kill him and dresse him very faire, and deuide him into 4. quarters, and bruise them: then picke out all the fat very cleane: then take halfe a handfull of Red Mints, a handfull of Harts-tongue, and put them into a pot and couer it close: then put thereto halfe a pint of faire running Water, and as much pure Malmsie, fiue crops of Hysop j. rote of Parsly, j. roote of Fennell, j. roote of Endiue, Reysons of the Sunne and Pruines, of ech of them 15. and 4. or 5. Maces, and let it distill for the space of 12. or 13. houres, and let the pot be close couered with paste, with a plaister vnder it, and let the Patient drinke the same fasting.

Drinke and dyet Drinke.

CHAP. 358.

¶ An excellent good dyet Drinke to be vſed for any manner of diſeaſe whatſoeuer.

FIRST buy a dyet pot, and fill it full of faire Running Water, (but let it want the quantitie of a quart of being full) and put thereto a quart of white Wine, and then ſet the pot ouer a ſoft fire of coales, and put into the pot, a pound of good Licquorice cleane ſcraped and cut into ſmall pieces, and halfe a pound of Annis-ſeede bruſed. halfe a pound of Lignum Vitæ, (it is to be had at the Turners) and an ounce of the Barke of the ſame Tree, which is to be had at the Apothecaries: then let all theſe boyle togither for the ſpace of two houres, or vntill you ſee a good part of the liquorice conſumed then ſtraine it into ſome earthen veſſell that is cleane and kepe it cloſe, and drinke a good draught thereof warme both firſt and laſt.

CHAP. 359.

¶ Another excellent good and pretious drinke, ſeruing for diuers and ſundry diſeaſes, as appeareth in the end of this Chapter.

TAke a good quantitie Roſemarie (when it hath the full ſap in it) and bruſe it a little in a Morter, and put it in an Ipocras bagge, or elſe into ſome linnen cloath, or into a boulter

boulter: then put it into some white Muske Wine, or else into some Renish Wine, and tye the bagge of Rosemarie a Stone, wherby it may sinke into the bottome of the vessell, and let it remaine there for the space of 3. or 4. dayes then take it forth, and put it into a Dyet Pot, with a gallon of the same white or Rennish wine, and set vpon the fire to seeth, and then scume it very cleane, and when it is halfe consumed away with boyling, put it into an Ale-pot, or else into a glasse that is made for ỳ purpose, with a hole in it within an inch of the bottom, that you may put a Quill or Cock therein to drawe forth the Wine by from the lies: then put this Wine into a cleane vessell againe, and stop it very close, (but drinke once of it vntill it be a Moneth olde, then drinke it out of the Quill or Cocke) and take heede that you doe not stirre it for troubling of it, but that it may be cleere Wine when you will vse it, take a good glasse full euery morning fasting, and as much in the Euening.

This before rehearsed is called *Vicum Rosemarium*, and it is good for all the defects of Women, whereof conception is hindred: also it cureth the trembling of the Heart: it helpeth the Cough: it restoreth Apppetite: it comforteth the Heart: it causeth easie fetching of breath: the face being washed therewith, it maketh faire: it doth purifie the bloud: and it is also good to wash any wound or sore, besides many other vertues that it hath.

CHAP. 360.

A most excellent good and holesome wine made of Sage, for to be dranke at all times, if you wash your mouth therwith, it will helpe the Tooth-ach & paines of the Gummes: it is also good for the palsie, it cureth the Cramp, it helpeth those that be Lunaticke, it restoreth Sinewes that be shrunke, it expelleth ill humours out of the body, and it is good against the Plague, or Pestilence.

Take a good quantitie of Sage both white & red, and boile it very well in new Muskadine, and then straine it

through a fine linnen cloth, and with a Tunnell put it into a glasse and stop it very close, and when the Patient will vse it, let him drinke a good quantitie thereof. both Morning and Euening for a certaine space and according to the griefe wherewith he is troubled, and this will perfectly and spædily heale all the diseases aboue rehearsed. This hath bin often proued.

CHAP. 361.

¶ A maruelous good drinke to be drunke for the Dropsie, and to heale all manner of Swellings, Leprosie, and spots, and it will also increase greate store of Milke in womens breasts.

TAke of white Muske Wine, what quantitie you shall thinke good your selfe, and put therein a good quantitie of Fennell with some of the Seede thereof, and some of the Rootes cleane picked and washed, and the pyth of them cleane taken forth: seeth all thiese togither in the aforesaid Wine, vntill the one halfe of it be consomed away, then straine it through a Filter otherwise called an Ipocras bagge) into a Glasse, and then stop it close, and let the Patient vse to drinke a good draught thereof euery Morning fasting.

CHAP. 362.

¶ An excellent good remedie for the Dropsie.

TAke Elder-rootes, and seeth them, and then straine forth the iuice thereof, and let the partie grieued drink a good draught thereof at a time, for the space of 30. dayes togither and let it be taken three times euery day: (Viz) in the morning at noone, and at night, and it will cure the Dropsie forthwith.

CHAP. 363

Dropſie.

CHAP. 363.

¶ A maruellous good Dinke to be vſed for one that is infected with the Dropſie.

TAke two pound of red Sage, and waſh it very cleane, and put in a peece of white Dough and make it ſo cloſe that no breath may iſſue forth of the Dough, and put it into an Ouen and bake it: then take out the Sage and beate into powder with the ſame Dough, and then put to it the waight of a pound and halfe of Leade and hang it in a gallon pot, and fill the pot eyther with good whit Wine or elſe with ſtrong Ale, that the Cloath and the Hearbes may be couered, and then ſtop it very cloſe, and then let it ſtand ſo for the ſpace of 24. houres, (and ſo as occaſion ſerueth, you may vſe it) and let the Patient drinke but onely this, vntill he haue recouered his health againe, & when this drinke is gon, let him haue more new made as aforeſaide, and this will doe him exceading much good.

This drinke is alſo good for thoſe that are troubled with the Palſie.

CHAP. 364.

¶ An other for the ſame.

TAke a good quantitie of Bryonie, and ſeeth it in faire Water, and let the Patient vſe to drinke the ſame often, and it will cure him immediatly. This hath bin truely proued.

CHAP. 365

CHAP. 365.

¶ An excellent good Medicine for the Dropſie.

TAke the Rootes of Kneeholme, (it is of the ſame that the Butchers make their brushis or broome of) Parſly-Rootes and Fennell-rootes, of ech of them (finely ſcrapt and ſlyced) a good handfull of Iuniper Berries, halfe a handfull of Annis-ſeede, and Alexander ſeede, of ech of them a ſpoonefull: ſeeth all theſe togither in 3. pintes of cleare Poſſet-ale, and let it boile vntill it come to a quart, then take a handfull of dead Bees, and ſtamp them in a wodden diſh, and ſtraine them into this Poſſet-ale, and ſo let the patient drinke euery 5. houres a good draught thereof, and this will helpe him in a ſhort ſpace. Probatum eſt. I. G. Gen.

CHAP. 366

¶ An other for the ſame.

TAke Rootes of Wormewood, Petty-morrell, Fetherfew and Catapurea, of euery of them halfe a pound, of Fennell, parſly, Sage Hiſop, Smalledge, Auence, Mints, Water-creſſets, Hore-hound, Endiue, Liuer-wort, and the middlemoſt Barke of an Elder-tree, of euery of them a quarter of a pound: then take all the Hearbes and Rootes and ſtampe them altogither in a ſtone Morter, and then put them into a new Earthen pot which was neuer vſed before, and put vnto them two gallons of white Wine, or elſe two gallons of good Wort, and let them boyle in the pot vntill the one halfe of the liquor be conſumed away: then ſtraine it and put it into the pot againe, (that being made cleane) and let it be couered very cloſe, and let the patient drinke the quantitie of halfe a pinte thereof at at time and let him vſe to take it firſt and laſt, but note this that which is taken in the Morning muſt be colde, and that which is taken in the Euening muſt be hot, and let him eate no manner of meate for the ſpace of three dayes togither, (but

(but onely pottage and bread) and let the pottage be made with whit Wine, Otemeale, and Mutton, or else with some Veale. This hath holpen many.

Deafenes and Hearing.

CHAP. 367.

¶ An excellent good Medicine for Deafenes in the Head.

TAKE a quart of Malmsie, and a quarter of a pinte of clere Running Water, a penyworth of Cummin, and 8. or 9. leaues of Betony. and boyle them altogither vntill halfe the liquor be consumed, then take the pot wherein the Medicine is boyled, and couer it close with a Tunnell, and binde it close about the berges or brim, whereby the heate may not issue forth, then put a quill into the other end of the Tunnell, and let the patient holde his eare close, that the heate may assend vp into his head, and when he is weary of holding the one eare, let him turne the other to the same place, and whilst that the heate is assending vp into one of his eares, let the other be well stopped with blacke Wool, and let him also apply hot clothes to keepe in the heate on the other side of his head whilst the Medicine worketh, and let both sides be vsed a like, and let the Patient vse this 3. times a day, (Viz) in the Morning, Noone and at Night and so continue it for the space of eight or nine dayes together

and during all that ſpace, he muſt abſtaine from any open ayre, and doubtles this will helpe him, For by experience I know that it hath cured both Men and Women that were aboue fiftie yeares of age.

CHAP. 368.

¶ An other for the ſame.

TAke Earth Wormes and fry them with Gooſe-greaſe, and drop a little thereof warme into the Deafe or pained eares, and this will helpe the ſame, but it muſt be vſed 9. or 10. times at the leaſt. Probatum eſt.

CHAP. 369.

¶ An excellent good Medicine, for the paine in the Eares, which hindreth the hearing.

TAke two handfulls of Sage, two handfulls of Hiſop, and halfe a pound of the youngeſt Roſemary that groweth vpon the great braunches, and put them into a little bag or pillow made for that purpoſe, and let it be boyled in Roſe-vinegar, Aqua vitæ and Roſe-water, and let the Patient apply this to his eare as hot as he is able to abide it, and this in twice or thrice doing will help him. Probatum eſt.

CHAP. 370.

¶ An excellent good Medicine for one that is Deafe and cannot heare.

TAke Bay-berries, Bay-leaues Betony, and Sticadoes, of ech of them a handfull, ſeeth them in white Wine, vntill it be conſumed to the halfe but if it be for an olde man it muſt be in Malmſie) then put it into a veſſell with a narrow mouth, and hold your eare ouer it, the veſſell being vnſtopped (neyther to hot nor to colde) as hot as you may ſuffer it, then take Oyle of bitter Almonds, and let two or three drops thereof fall into your eares, and be ſure to haue alwaies a locke of Wooll that groweth betwixt the ſhapes legges

legges, and then ſtop your eares cloſe therewith, and if you put a little Muſke in the woll it will be the better. Probatum eſt.

CHAP. 371.

¶ A very good Medicine for one that is Deafe.

TAke the iuice of ground Iuy, and white Coporas (being burnt) and ſteepe it in the iuice till it be fully diſſolued: then let the Patient dꝛop 3. oꝛ 4. dꝛops thereof at a time into his eare both Moꝛning and euening, and it will doe him much good.

CHAP. 372.

¶ An excellent good Medicine for one that is Deafe, and that his hearing is a moſt cleane gone.

TAke Sallet Oyle that is pure and ſweete, and put thereto Annis-ſeede Perrywinkles, Sorrel and Wormwood of ech of them an ounce, and dꝛy them and beate them to powder: then take powder of olde Roſes: and an ounce of Coloquintida, and boyle them in the Oyle afoꝛeſaid a good while: then ſtraine it thꝛough a fine Cloth, into a Sawcer, oꝛ Poꝛenger, and with a feather, dꝛop 3. oꝛ 4. dꝛops into the Patients eare warme, and ſo let him vſe this euery day both Moꝛning and Euening foꝛ a certaine ſpace, and it will helpe him. Probatum eſt.

CHAP. 373.

¶ A'maruellous good water to be vſed for the Hearing.

TAke a good quantitie of Betony, and an Onyon that is round and whit, and a pꝛetty quantitie of Roſemarie halfe a pound of bitter Almonds, and a good big Eale that is both fat and whit: cut and ſhꝛed theſe very ſmall togither, and diſtill them in a Lymbecke, and then take the water that commeth from them and put into a glaſſe, and when you will vſe it, dꝛop 3. oꝛ 4. dꝛops of it into your eares, and it will reſtoꝛe you to your hearing againe. This hath bin ſufficiently proued.

CHAP. 374.

¶ An excellent good Medicine for the Hearing.

TAke a good quantitie of womans Milke and warme it in a Sawcer on the fire: then dip a linnen cloth therein, and bathe the Eare well therewith that is most deafe: then take a pinte of pure Malmſie, and put a few Cloues into it, and heate it in a pot on the fire boyling hot: then take a little Tunnell and ſet it into the mouth of the pot, and let the ſume paſſe through it into your Eare: then take a little Oyle of bitter Almonds, and warme it in the ſawcer as you did the Milke aforeſaid, and bath your Eare againe well therewith, then take a little blacke Wooll and dip it in the ſame Oyle, and then ſtop your eare very cloſe and keepe it warme: vſe all thieſe things aforeſaid, rehearſed in ſuch ſort as they are heere expreſſed, as hot as any of them may be ſuffred, and in ſo doing, for the ſpace of 9. or 10. dayes togither both Morning and Euening and it will cure this infirmitie.

CHAP. 375.

¶ A preſent remedy for one that cannot heare.

TAke an Hedgehogge and flea him and roſt him, and let the patient put ſome of the Greaſe or Fat, that commeth from him, into his Eare and he ſhall recouer his hearing in a ſhort ſpace, This hath holpen ſome that could not heare almoſt any thing at all, and had bin troubled with this impediment for the ſpace of 20. yeares and yet were holpen with this Medicine.

CHAP. 376.

¶ An other for the ſame.

TAke an Ox gall, and the Piſſe of a Male Goat, & mingle them togither, and put ſome of the ſame into the Patients deafe eare, and incontinently he ſhall be holpen. Proeſt.

CHAP. 377.

CHAP. 377.

¶ An other for the ſame.

TAke two ſpoonefulls of the iuice of Rue and as much womans Milke, that giueth ſucke to a Maiden Childe, and boile them togither eyther in a Pomgarnet ſhell or elſe in a Porrenger, vntill it be curdled, then ſtraine it and take blacke Wool and dip it in the ſame iuice and drop two drops thereof into your Eare. and ſo vſe it both morning and euening, for the ſpace of 9. or 10 dayes togither, and kepe it very warme, and this will helpe you. Probatum eſt.

CHAp. 378.

¶ A ſoueraigne Medicine for the paine and buzzing in the head which hindreth the Hearing.

TAke a Cloue of Garlicke and pill it cleane, and then make 3. or 4. holes in the middeſt of it, and dip it in a little Engliſh Hunny, and put it into your Eeare, and put a litte blacke Wooll in after it, and for that night, let the Patient lye vpon the contrary ſide, and let the Eare that is ſtopt be vpright, and the next night following let him vſe the other Eare in like ſort, and lie on the other ſide as before, and ſo let him alter his courſe euery other night, and vſe it for the ſpace of 8. or 9. dayes togither, and this will expulſe all ill humours out at his Noſe, eaſe the paine and reſtore the hearing. Probatum eſt.

CHAP. 379.

¶ An experienced Medicine for Deafenes in the Head.

TAke Bay-leaues, Bay-berries, Berony and Sticardes of eech of them one handfull and ſeeth them in white Wine vntill the one halfe be conſumed, (but if it be for an aged perſon vſe Malmſie in ſtead of whit Wine) & then put it into a veſſell that hath a narrow mouth, and let the Patient hold his Eare vpon it (it being vnſtoped) ſo that he may ſuffer

it(the ſame not being too hot nor too colde)then take Oyle of bitter Almonds,& put 3. or 4. drops thereof into his Eare, and then ſtop it cloſe with a locke of Sheepes Wooll that groweth betweene the Sheepes legges, and if he put a litte Muske Ciuet therewith it will be the better. This was proued by Thomas Stenens of Buſhton.

CHAP. 380.

¶ An other experienced Medicine for one that is deafe, and that his hearing is almoſt cleane gone.

TAke a Red Onyon and picke out the Coze cleane that is in the middeſt thereof, and put into the ſame place ſome Oyle of roaſted Almonds, (but let the Onion be ſomewhat warme before you put the Oyle therein) and ſo let it ſtand for the ſpace of a Night, and then bruſe it and ſtraine it into a porrenger or other cleane Diſh, and let the patient haue three droppes thereof at a time put into the Eare, both Morning and Euening, and let his Eare be cloſe ſtopped with a little blacke Wooll which groweth vnder the Eare of the blacke Sheepe, and when he is in bed, let him lye on the ſame ſide: thus vſing firſt the one Eare and after the other in like manner as before, and by Gods helpe it will cure him.

CHAP. 381.

¶ An other approued Medicine for one that cannot ſcarce heare.

TAke a good big fluer Eale(if poſſibly ſhe may be gotten) or elſe ſome other bright Eale, and roaſt her vpon a ſpit, and let the dripping of her be kept very cleane: in ſome Earthen Veſſell, and when you doe goe to bed, put the quantitie of a quarter of a ſpoonefull thereof at a time into your Eare, and then ſtop it cloſe with a little of the Wooll that groweth betwixt the two Eares of a blacke Sheepe, and the next night following vſe the contrary Eare as afore is ſaid, and ſo continue this for the ſpace of 9. or 10. dayes, and it will helpe you. Probatum eſt.

Eyes,

Eyes, and Eye-ſight.

FIRST It is to be conſidered what things are good for the Eyes, and what are not: for the Eyes are the moſt neceſſary Members of all other appertaining to Mans body, and without the ſight of them, we can of our owne ſelues doe nothing: therefore thieſe ſmall Members are chiefely to be regarded, and according to my ſimple skill and knowledge, I haue here ſet downe diuers & ſundry Medicines for the Eyes, who are the onely windowes of the mind, both for ioy and dread, and the moſt of our affections are openly knowne and ſeene through them and they are ordeined and made of purpoſe to lighten all the body: where Nature hath giuen both Browes and Eye-lids for to defend and keepe them in ſafety, and the better to reſiſt all ſuch things as in any wiſe are preiudiciall and hurtfull vnto them, as appeareth heere in the next Chapter.

CHAP. 382.

Thinges very hurtfull for the ſight.

TO eate Garlicke, Onyons a Leekes. To eate ouer many Lettice. To trauaile or to goe to ſaddaine after Meate. Hote Wines. Colde ayre. Drunkennes. Gluttony. Milke. Cheeſe. Ouermuch beholding of white and coulours. Much ſleepe after meate. To often vſe in letting of Bloud. Colde wordes. Duſt. Fire. Much weeping And ouer-much watching.

CHAP. 383

CHAP. 383.
Thinges good for the ſight.

MEaſurable ſléepe. Red Roſes, Vernaine rootes Fennell, Selandine, Pimpernell, Oculus Chriſti, To waſh your eyes often with faire Running Water, To looke vpon any greene or pleaſant coulours, To looke often in a faire pleaſant, and perfect Glaſſe, And to waſh your handes and face very often.

Waters for the Eyes.

CHAP. 384.
¶ An excellent good Water to preſerue the Eye-ſight.

TAke a new laid Egge, and roaſt it hard: then cut the ſhell in the middeſt, and take forth the Yolke cleane, and then take a piece of Coporas and put it into the ſame place where the Yolke lay, and then binde the Egge together againe, and ſet it to lye in the fire againe, and let it remaine there vntill the Coporas be diſſolued to water: then take all the white out of the ſhell, and cut it into ſmall pieces,

pieces, and put it into a Glaſſe of faire Running Water, and ſo let it ſtand a little while: and then ſtraine it through a fine linnen Cloth, and keepe it in a Viall or Glaſſe cloſe ſtopped, and euery Morning and Euening let the Patient waſh his Eyes therewith, and it will doe him exceeding much good. This hath bin often proued.

CHAP. 385.

¶ Another good and comfortable water for the Eyes.

TAke Sage, Fennell, Veruaine, Betony, Euphraſia or Eyebright, Pimpernell, Sinkefoyle, and Hearbe-grace, and lay them all to ſteepe in white Wine, for the ſpace of one Night, and then diſtil them in a Stillatorie of Glaſſe or Pewter, when you will vſe it: take a fine linnen Cloth and dip in the ſame Water, and ſo vſe to waſh your eyes often therewith, and you ſhall perceiue your ſight to grow very cleare and bright in a ſhort ſpace. Probatum eſt.

CHAP. 386.

¶ Another for the ſame.

TAke of the iuice of Euphraſia, or elſe the Water that is made of it, inſomuch that it is the beſt hearbe that poſſibly may be had for the Eyes, what way ſo euer you will take it or vſe it.

CHAP. 387.

¶ Another for the ſame.

TAke a good handfull of Red Fenpell, and of Veruaine, Roſe-leaues, Rue, and Selandine, of ech of them a like quantitie, and diſtill them all together, and you ſhall haue a perfect pure and comfortable water thereof for the eyes.

CHAP. 388.

¶ Another experienced good water for the Eyes.

TAke Selandine Fennell, Sage, Roſemarie, Veruaine and Rue, of ech of them a good handfull, and waſh them

cleane, and then dry them againe with a linnen cloth: then put them into a Limbecke, and diſtill them, and let the Patient drop ſome of this Water into his Eyes oftentimes, and this will recouer his ſight againe, although it be ſuppoſed to be almoſt paſt all hope of recouerie. For it hath bin truely proued.

CHAP. 389.

¶ An other excellent good water to cleare the ſight.

TAke a good quantitie of greene Wallnuts, Huskes and all, euen as they come of the Tree, and a few of the leaues thereof, and diſtill them: then take ſome of the ſame water and with your fingers end or a Feather, drop it into your Eyes both Morning and Euening, for the ſpace of 6. or 7. dayes together, and this will cauſe your ſight to be perfect and cleare. Probatum eſt.

CHAP. 390.

¶ An other for the ſame.

TAke the iuice of all theſe hearbs following, (Viz) Fennell, Selandine, Rus, and Eyebright of ech of them two ounces, of Engliſh Hunny, 1. ounce and a halfe, of Alloes, Tuttie, and ſarcocoll, of ech of them halfe an ounce, of the Gall of a Cocke, Capon or Chicken, 2. or 3. drams: of Nutmegs, Cloues, and Saffron, of ech of them a dram, & 6. drams of Suger-candie: take all theſe and put them into a Limbecke of Glaſſe, and diſtill them, and let the Patient put ſome of this water into his Eyes once or twice a day, and this will doe him very much good. Alſo if that the Liuer of a Male Goat may be gotten and mixed wit theſe things afore rehearſed in the diſtillation, then will the ſame water be of much greater force. and almoſt without any compariſon at all to be made of ſuch Water for the benefit of the eyes.

CHAP. 391.

CHAP. 391.

¶ Another for the ſame.

TAke a Pie and dry her and beate her to powder, and then mingle the ſame powder with Fennell water, and put it into your Eyes.

Alſo the Water of young *Pyes* diſtilled, is very good to waſh the eyes withall.

Likewiſe the Water of Rotten Apples is excellent good, the ſame being dropped into your Eyes, the quantitie of 3. or 4. drops at a time thereof, and this will cleare the ſight of the eyes very much. Probatum eſt.

CHAP. 392.

¶ An other ſpeciall Water to cleare eyes that are bloud-ſhot.

TAke a good quantitie of Dayſies, both Rootes & Leaues and waſh them very cleane, and then ſtamp and ſtraine them, and with the iuice which commeth forth of them let the Patient waſh his eyes often, and this will helpe him. Probatum eſt.

CHAP. 393.

¶ A maruellous good Water to recouer the Eye-ſight, the ſame being hindred by any cauſe whatſoeuer.

TAke 3. drams of Tuttia made into ſmall powder, and a like quantitie of Alloes Epaticum, and 3. drams of fine Suger, 6. ounces of Roſe-water, and as much white Wine: mingle all theſe togither and put them into a glaſſe and ſtop it cloſe and ſet it to ſtand in the Sunne for the ſpace of a Moneth (ſtirring it togither once euery day) then take the quantitie of 6. drops at a time of the ſame Water, and drop it into your Eyes both Morning & Euening, & ſo continue it for a ſhort ſpace, & it will cauſe your ſight to come againe, and be as cleare and as perfect as euer it was before. This hath bin proued by one that recouered his ſight againe,

having lost it a Moneth before. It was ministred unto himselfe.

CHAP. 394.

¶ Another good Medicine for clearing of the Eyes.

TAke a good quantitie of Daysie Rootes, and wash them cleane, and stamp them in a morter, and straine the juice forth thereof, and then put into the same juice the whit of a new laid Egg, and then put it into a Saucer, and with a Feather scum the froth of cleane, and then let the Patient dip a feather into the same, and drop it into his Eyes, and it will doe him exceeding much good.

CHAP. 395.

¶ Another for the same.

TAke Whit Roch-allom that is kindely, a small quantitie of Rose-water, and the juice of Red Fennell, and the whit of an Egge well beaten, & the scum cleane taken of, then mixe the whit of the Egge & the other things together, and then straine them through a fine linnen Cloth and put the water into a Viall, and when you will use it, take a Feather, or else with your fingers end, put a drop thereof at a time into your Eyes and it helpeth.

CHAP. 396.

¶ Another for the same.

TAke Coporas & lay it to steepe in faire running Water, for the space of 6. or 7. houres, then take it forth and straine it into a Viall, and when you goe to bed, stroake the brims of your Eyes therewith, and let it drop into them, and this will helpe your eyes although they be never so sore.

CHAP. 397.

¶ Another good Medicine to cleare the Eye-sight.

MAke a powder of Fennell, Annise, and Elicompane, and temper them with Aqua-vitæ, and then dry them againe

againe, then let the Patient euery Morning and Euening, eate a pretty quantitie thereof, and it will not onely cleare the sight of the Eyes, but it will also purge the Minde, and make one that is olde, seeme young for a long time after. This hath bin truely proued.

CHAP. 398.

¶ Another for the same.

TAke pure new white Wine and infuse therein, the hearbe that is called Eyebright, and so let it remaine for the space of 3. dayes together: then seeth it with a little Rosemarie in it, and let the patient grieued drinke a good draught thereof both Morning and Euening, and it will helpe him and cause him to haue his sight both perfect and good: Let him also vse to eate euery Morning a new laid Egge reare roasted and put therein some powder of Eyebryght, and that will like-wise doe him much good. This hath bin proued and found true by some that haue wanted their perfect sight, and did vse Spectacles, and yet thereby they haue recouered their perfect sight againe.

CHAP. 399.

¶ An excellent good Medicine for sore Eyes.

TAke Tuttie of Alexandria, & beate it into fine powder, and temper it well with a quart of white Wine, and put thereto an ounce of Red Rose-leaues, and boyle them altogither ouer a soft fire vntill the one halfe be consumed: then straine it through a fine cloth and put it into a glasse, and when you will vse it, eyther with a Feather or with the top of your finger, drop 3. or 4. drops thereof at a time into your Eyes both Morning and euening, and this will help you. Probatum est.

CHAP. 400.

TAke rotten Apples and distill them, and with the water thereof wash your eyes often, and it will both cleanse

and cleare your ſight. Probatum eſt.

CHAP. 401.

¶ A very good Medicine to kill the Pin and the Web in the eye.

TAke Red Sage, Red Fennell, three leaued Graſſe, and Daiſies, of ech of them a like quantitia: then take the White of a new laid Egge, and beate it till all the froth may eaſily be taken away, and then put thereto halfe a ſpoonefull of Hunny: then ſtamp the hearbes ſmall togither and ſtraine them, and put the iuice thereof to the white of the Egge and the Hunny, and let them be well tempred togither: and let the Patient drop a little of this into his eye where the paine is, and then take a plaiſter of Flaxen Tow, and dip it in the ſame iuice, and lay it vpon the Patients Eye and binde it faſt and let continue there for the ſpace of two houres after euery time that it is dreſſed, and it will cure it in a ſhort ſpace. Probatum eſt.

CHAP. 402.

¶ An other for the ſame.

TAke Leaues of Selandine, and ſtamp them well and ſtraine them, and with a Feather put one drop of the iuice thereof into the Eye of the Patient, and it will preſently helpe him. Probatum eſt.

CHAP. 403.

¶ A very good Medicine to kill a Pearle or Web in the eye.

TAke a good quantitie of three leaued Graſſe that beareth the Hunny-ſuckle, and bruiſe it well in a Morter or elſe into a wodden diſh, and then ſtraine it, and let the partie grieued put ſome of the ſame iuice into his Eye, and by vſing this twice or thrice a day for the ſpace of 6. or 7. dayes togither it will helpe him. Probatum eſt.

CHAP. 404

CAHP. 404.

¶ An other for the ſame.

Take 3. Leaues of Dayſies and a good quantitie of Burſa paſtoris, (otherwiſe called in English Shepheards-purſe or Pouch-wort, & Cheſtlops (otherwiſe called Woodlice) ſtampe and ſtraine them into a little ſtrong Ale, and drinke a good draught thereof at a time three ſeuerall mornings together (two houres before you riſe) and you ſhall find great eaſe thereby. Notwithſtanding your eyes will be ſore: then waſh them in faire Running Water, and then take ſome of the drinke aforeſaid, 2. or 3. mornings againe, & by Gods helpe you ſhall finde greate eaſe in them for a long time after.

CHAP. 405.

¶ An other ſoueraigne Medicine for a Web in the eye.

Take a good quantitie of Snailes with their ſhells vpon them, and waſh them very well, and then diſtill them in a common Stillatorie: then take of the Galles of Hares, Red Currall, and Suger-candie and mingle them together with the ſaid water and diſtill them againe then take the ſame water and put it into a Glaſſe or Viall, and when you will vſe it, take a drop thereof and put it into your Eyes both Morning and Euening and it will helpe you.

CHAP. 406.

¶ An other for the ſame.

Take the Whites of Egges that are hard ſodden, Roſe-water, Suger-candie and white Coporas, and mingle them well together, and then ſtraine them very hard through a fine Cloth and put it into an Earthen veſſell, or elſe into a glaſſe, and ſo waſh your Eyes with the ſame, three times a day, (Viz) in the Morning, at Noone & at Night, and this helpeth.

CHAP. 407

CHAP. 407.

¶ An other soueraigne Medicine for the Web in the Eye if it be olde and hath continued long.

TAke Red Pimpernell, and Euphrasia, and stamp them very well in a morter, and then fry them with Capons-Grease, in a cleane Pan, and when it is fryed, wring it through a linnen Cloth into a braßen Vessell, and let it stand there 3. dayes after, before you take it forth: then put it into a box of Horne or Tin, and take but a little thereof at a time and put into the Webbe of the Eye, and it will cure it in a short space.

CHAP. 408.

¶ A good Medicine for bleared Eyes.

TAke a Stone that is called Lapis Caluminaris, which is to be had at the Appothecaries, and beate it to fine powder and put it into a spoonefull or two of Rose-water, and one spoonefull of faire Running Water, and temper them well togither: then take a Feather and every Morning and Euening let a drop or ij. fall from the Feather into your Eye, vse this often and it will doe you exceeding much good.

CHAP. 409.

¶ A good Medicine for eyes that are bloud-shot and Red.

TAke Housleeke and stamp it well, then take a new laid Egge and make a hole in the one end of it and draw out all the meate of it, and put the iuice of Housleeke into it, and set it in the embers and so distill it, and scume it cleane with a Feather, and at night when you goe to Bed, let a drop thereof fall into your eye with the Feather (lying upon your backe) and this will presently helpe you. Probatum est. p. G. L.

CHAP. 410.

CHAP. 410.

¶ Another for the same.

TAke the blood of a Stockedoue, or else the blood of an other Doue or Pidgion, and drop a little thereof into the Eyes of the Patient when he goeth to bed: Also take a fine linnen Cloth and wet it in the same Blood, and lay it vpon the eyes immediatly after the dropping in of the first, and this will helpe him howsoeuer it doe come, eyther by stroke or other wise. This hath bin truely proued.

Also if the paine doe come (as oftentimes it doth) of Choller, and that the patient feeleth great heat, sharpe pricking, and much paine, and that commonly there appeareth no gum in the eyes, and if it doe so: then a Purgation of necessitie must be giuen him to purge Choller.

CHAP. 411.

¶ Excellent good Pilles for the eye-sight.

THe Pils Sine quibus, allwageth with Troſciskes of Agaricke, and Pullule lucis, are excellent good for to purge the Braine, and comfort the Eye-sight.

CHAP. 412.

¶ An excellent good Medicine for the swelling of the Eyes.

TAke a Quince and seeth it in water vntill it be soft, then pare it and bruise it well, and mixe it with the Yolke of an Egge, and with crums of White or Wheaten Bread, well steped in the said water, and put thereto a little Romans Milke, and two peny waight of Saffron, bray them altogither, and then lay it ouer the Fore-head and Eyes, and it helpeth.

CHAP. 413.

¶ A Medicine to take all the gummy matter or filth out of the Eyes.

TAke Housleeke (otherwise called Senigreene) and stamp it very well, and straine it through a fine linnen Cloth, and with the iuice thereof, wash your Eyes often, and it will both cleare the sight, and purge the Eyes from all manner of filth and matter. This hath bin proued.

CHAP. 414.

¶ A maruellous good Drinke to be taken for the eye-sight.

TAke a good quantitie of Iuy that groweth vpon an Ash-tree, and a good quantitie of Rootes and Leaues of Daysies which doe grow in the fields and a like quantitie of three leau'd Grasse, and a good quantitie of Red Fennell: wash all these very cleane, and stampe them & straine them with a pint of stale Ale, and let the Patient drinke a good draught thereof at a time, both in the Morning and Euening, and at Mid-night, and let him vse this as long as he shall thinke conuenient, and this will preserue his sight exceeding well. This hath bin sufficiently proued.

CHAP. 415.

¶ A Medicine for burning or running Eyes.

TAke the paring of an Apple which is somewhat thicke pared, and apply the same to the burning Eyes when you go to bed, and it will heale them. Probatum est. p. D. B.

CHAP. 416.

¶ A most singuler good Medicine to keepe the Eyes cleare, coole, and from Rednes, and to kill the itching of them.

TAke a good handfull of Housleeke, and two handfulls of Plantine, and stampe them well togither and straine them

them, then let the iuice ſtand and ſettle for a little ſpace, and when it is well ſetled, powre out the cleareſt of it from the reſidue, and put thereto halfe as much Red Roſe-water as there is of the iuice, and halfe a quarter of white Suger-candie beaten to fine powder, and then take a piece as big as halfe a Wallnut or ſomewhat more of Lapis Calaminaris, and let it be flaked 10. or 12. times in the ſame Water, and then let the Patient take 4, or 5. drops (as he lyeth vpright in his bed) thereof, and put it into his Eyes, and it will helpe him, This hath bin truely proued.

CHAP. 417.

¶ An excellent good Medicine for Eyes that doe eyther ſmart or itch.

TAke Lapis Caluminaris and make it hot in the fire, and quench it in a pint of white Wine, 4. or 5. times then take the ſtone and ſtamp it to fine powder, and ſtraine the wine and the powder togither, and put it into a glaſſe, and when you will vſe it, ſhake the glaſſe vntill it be thicke, and with a feather drop 3. or 4. drops into your eyes (lying vpon your Backe) and this will helpe you. Probatum eſt.

CHAP. 418.

¶ A good Water for the Eyes.

TAke a new laid Egge, and roaſt it hard and then cut the ſhell in the midſt, and then take forth the Yolke of it and put a piece of white Coporas where the Yolke lay and then binde the Egge together againe and ſo let it lye vntill it begin to be water, then take the White forth from both ſides of the Egge and put the ſame into a glaſſe of faire running water, and ſo let it ſtand a while, and then ſtraine it through a faire linnen cloath and ſo keepe it cloſe ſtopped in a glaſſe vntill occaſion ſerueth for vſe thereof, and then waſh your Eyes therewith, both Morning and Euening and it will doe you much good.

Face.

CHAP. 419.

¶ A very good Medicine to take the Pimples out of ones Face.

TAke White Wine Vinegar, and Hunny, of ech of them as reasonable a quantitie as to your owne iudgement shall be thought mete, and temper them very well with Wheaten Flower which is pure and cleane without any Rie, Beanes, Pease, Tares or other Pulse, and when you goe to Bed, lay some of this vpon your Face, and in 4. or 5. times vsing it, it will take the Pimples cleane away, and cleare thy face againe. Probatum est.

CHAP. 420.

¶ An other for the same.

TAke a pretty quantitie of Virgin Wax, and melt it, and mingle it with 3. spoonefulls of Oyle of Roses, a spoonefull of white Wine Vinegar, the White of a new laid Eg, and a good quantitie of Plantine water, and temper them all well together vntill you perceiue that they are come into an Oyle, and then let the Patients face be annointed therewith euery night when he goeth to

Bed

Bed and it will helpe him in a ſhort ſpace.

CHAP. 421.

¶ An other for the ſame.

TAke iuice of Lilly-rootes, and Wine Vinegar, of ech of them a like quantitie, and mingle them togither, and anoint the place well therewith where the pimples are, and in 10. or 11. dayes ſpace by vſing of it (by Gods helpe) he ſhall be cured.

CHAP. 422.

¶ A good Medicine to take away the Pimples and high collour out of ones Face, be it neuer ſo far ſpent and gone.

TAke greene and white Coporas, of ech of them a like quantitie, and put them in a Saucer full of faire Running Water, and ſet it to warme on the coales, and (as hot as euer poſſibly you can ſuffer it) anoint the pimples that are in your Face therewith, or any other place of your Face which is high coloured or red, and in vſing of this often it will helpe you.

CHAP. 423.

¶ An other good Medicine for a red, or high couloured Face.

TAke Vine leaues, and Strawbery leaues, of ech of them equall portions, and as much Creame as you ſhall thinke conuenient for the things aforeſaid: then put therein two peny worth of Camphire, and put all your things togither into a Stillatorie and diſtill them and then take ſome of this water and waſh your Face therewith euery Morning & Euening for the ſpace of 10. or 12. dayes and this will take the high coulour cleane away. This was much practiſed by M. Cox, who did helpe many of this infirmitie.

CHAP. 424.

¶ A present remedy for the taking away any manner of spots or Pimples in the Face.

TAke a good quantitie of Nigella and bray it, and mixe it with Hunny and wheaten Flower, and make an Oyntment thereof, and let the patient annoint the spots and pimples therewith, at his going to bed, and in the morning following when he riseth, let him wash them with Parsly-water, and this will take away the spots and pimples cleane.

CHAP. 425.

¶ Another present remedy for any Heat, or Pimples in the face.

TAke a pound of good Almonds and stamp them, and put them into a pint of faire Running Water warme: then straine them and put thereto halfe an ounce of whit Camphire, and a pinte of White Wine, and then temper and beate them very well togither, and then straine it with a pinte of Margerum water, and put it into a glasse, and let the Patient use to wash his face therewith often, and it will helpe him.

CHAP. 426.

¶ Another good Medicine for a heat in the Face.

TAke a good handfull of Deeres Suet, and as much Brimstone as an Eg-shell will hold, and bruse it very fine: then take halfe a pinte of white Wine Vinegar, and salth them altogither untill they be almost dry: then take it and make it into a ball, and when the Patient will use it, let him take a little thereof, and put it into a Sawcer and melt it with a few coales, and when it is molten, let him take a fine linnen cloth and dip it therein, and rub the place softly where any Corruption is, untill that be cleane taken away, and this will speedily helpe him.

If this happen not to helpe him within the space of a

a moneth, then let him drinke euery morning fasting a cup of Beere or Ale with a little English *Madder* therein, and let it be finely picked, bruised and scraped, and so let him drinke it, and this will doe him exceeding much good.

CHAP. 427.

¶ Another for the same.

TAke the iuice of Housleeke and the iuice of Tansie, and boyle them in a pinte of White Wine, and let it boyle vntill the one halfe be consumed, and when it is colde, let the Patient dip a fine linnen cloth therein, and when he goeth to bed let his face be bathed therewith very well, and let the wet cloth lie all the night long vpon his face: when it is dry, wet it againe, and so let him vse it as long as hee shall thinke conuenient. This hath holpen those whose faces were growne like vnto a scurfe.

CHAP. 428.

¶ An other for the same.

TAke 4. pennyworth of Capons grease, and melt it, and straine it through a fine linnen cloth, and let it stand to cole a quarter of an houre: then put into it a pennyworth of Brimstone finely bruised, and a pennyworth of Ginger beaten to powder and mingle them with the Capons grease, and make an Ointment thereof, and with the same let the Patient annoint his face therewith when he goeth to bed, or in the same place where the Pimples or Rednes are, and in the Morning let him wash his Face with Rose-water luke-warme: in any wise let him take heed that he picke not his Nose with his fingers, for if he doe, it will greatly hurt him. Probatum est.

CHAP. 429.

¶ A very good Medicine for a Leperous Face.

TAke a good quantitie of Strawberries, and put them into a glasse, and so let them purifie in Horse Doung, and

then

then distill a water from them, with the which let the Patient wash his face often, and it will speedily helpe him. Probatum est.

CHAP. 430.

An excellent good remedy for a high couloured Face.

TAke Cowcumbers and pare them very cleane, and cut them in slices, and distill them with a little Rose-water, and with the same water that commeth from them, wash your face every day 4. or 5. seuerall times: but if you can haue none of the same Water, then take the Cowcumbers it selfe, and rubbe your face therewith, (but first pare of the Rinde as aforesaid) and by often vsing of it, you shall assurely finde both helpe and ease. Probatum est.

CHAP. 431.

¶ A very good Medicine to destroy any heate in the Face, or in any other place, although it be S. Anthonies fire.

TAke a pottle of Smiths Water, a handfull of Sage, two handfull of Elder-leaues, or else of the greene Barke thereof, and two pennyworth of Allom: take all these and seeth them togither from a pottle to a pinte: then take it and put it into an Earthen pot, or Gallipot, and let the Patient anoint his face therewith when he goeth to bed, and by the next Morning he shall finde great ease thereby: but let him vse it for the space of 5. or 6. dayes, and this will helpe him by Gods grace.

CHAP. 432.

¶ A vrey good Medicine for to take away the extreame heate in a Childes face.

TAke a pint of white Wine, and the quantitie of halfe an ounce of Cloues beaten to powder, and mix them well togither, and let the same be (boyled in an Earthen or pewter pot) vntill it be halfe consumed: then straine it into

into a Gallipot, or into some such like thing, and so anoint the Childes face therewith, and it will expell the heate in a short space.

CHAP. 433.

¶ An excellent good Medicine to take away any spots, or Sun burning from the face or other Places.

TAke the iuice of a Lemmon, and a little Bay Salt and let the patient wash his hands or face therewith, and let them drye of themselues, and then take faire Conduit or Running Water, and wash your hands or face therewith and you shall see all the spots gon cleane away. This is also good against the scurfe or such like.

CHAP. 434.

¶ A good Medicine for Sun-burning.

TAke two spoonefulls of Rose-water, an ounce of womans Milke, an ounce of Frankencense, an ounce of Verdigrease, and the white of an Egge and beate them very well togither: then anoint your Face or other places that are Sunne burned therewith, and this will helpe you forthwith.

CAHP. 435.

¶ A Medicine to make ones face faire, cleare and to shine.

TAke a good quantitie of the Marrow of Swines feete, Cow Milke and Rose-water, and mingle them togither, and annoint your face therewith luke-warme and it will make you very faire.

CHAP. 436.

¶ An other good Medicine to make ones face both faire and cleare.

TAke a good quantitie of Rosemary Flowers, and salth them in white Wine, and wash your face often therewith

and alſo vſe for to drinke of it, and it will make you ſeeme both young and faire: It is alſo good for to waſh your face therewith. Probatum eſt.

CHAP. 437.

¶ Another for the ſame.

TAke Beane flowers, Red Roſes, wilde Tanſie, & Hunnyſuckles, of each of them a like quantitie then take the White of an Egge, and put vnto them and bray them altogether in a morter: and then diſtill them, and when you haue ſo done, put the water diſtilled into a glaſſe or Viall and ſtop it cloſe: and when it ſhall be needefull, waſh your Hands Necke and Face therwith, and it will make you maruelous faire. This hath bin often proued,

CHAP. 438,

¶ A Medicine to make ones face as white as Milke.

TAke Bloſſoms of White Thorne, of Violets, Bloſſoms of Beanes, and Bloſſoms of an Elder-Tree, of euery of them a like quantitie, and diſtill them, and put the water in a Glaſſe and ſtop it cloſe; and when you will vſe it: take two ſpoonefulls thereof, and waſh your face with it twice or thrice a day, for the ſpace of 4. or 5. dayes togither, and you ſhall proue this true, This hath bin tryed by many

CHAP. 439.

¶ A Water to cauſe one to looke with a faire and good collour be he neuer ſo pale faced and wan.

TAke a good big Glaſſe full of Roſe-water that is both pure and good, and put therein the quantitie of fiue pound of the pureſt white Wheate that may be gotten, (but let it haue neither Peaſe, Tares, Poppy, or other weedes therein) & ſet the ſame Wheate to ſoke in the Roſe-water, and let it remaine there vntill it haue cleane dryed vp the ſame water, then take forth the Wheate being wrought and ſtampe it in a Morter, and it will become a kinde of Milke,

(the

(the same being strayned) then take some of the same, and mingle the same with as much Goates Milke, (the one as much as the other) and put them into an Earthen pan or else some other cleane vessell, and put therein 3. or 4. soppes of fine White Bread, and then let the same soppes drinke up the same Milke, then take a few Egge-shells beaten to powder, and interpose at the same in the soppes, then put thereto a pretty quantitie of white Wine Vinegar, and a little Litargie of siluer, mingle all these together, then put them into a Limbecke and distill them with a soft fire, and then put the same water so distilled into a Glasse vntill occasion serueth for the vse of it, and when as need requireth: then take some of the same water and wash your face often therewith, and this will make you haue an exceeding good and faire colour.

The first water which you distill as aforesaid, will be very good for your purpose, but the second water farre excelleth the other in goodnes and vertue, and so you shall finde by the much vsage of it.

CHAP. 440.

¶ A medicine to take away any freckles out of ones face

Take the Gallen of a Cocke and Cockle-mell of each of them a like quantitie, and mingle them together, and then binde the same to the place where the freckles are, and it will take them cleane away, Probatum est.

CHAP. 441.

¶ A ready way to make Mercury water, which is good for any high coullered or red Face, be it neuer so Pimpled.

Take the quantitie of the waight of 10 graines of fine white Mercury Sublimatum, and wrappe it in a sheete of faire white paper, and then beate it very fine and then put it into a quart of faire Running Water

to ſteepe, but be ſure to ſhake it euery day very well 6. or 7. times a day at the leaſt, and when it is a moneth olde, or ſomewhat more you may vſe it, but you muſt take heede that you doe not put it into any other thing to ſtand in or to be kept in, but onely in a faire Glaſſe fit for ſuch a purpoſe: And when you haue occaſion to vſe any of this water, put out noe more then you will vſe at once, and then ſtop the reſt cloſe vp againe, and that which you will vſe at the preſent time, put it forth into a ſmall Sawcer Glaſſe, or elſe into ſome other ſuch like thing, & then with a ſponge dipped into it, bath well your face, but be aſſured to take great heede that it doe not come neere your Eyes, for vnto them this is a ranke poyſon) vſe this euery night when you goe to bed, and not otherwiſe, and this will preſerue your face from breaking out, but if you vſe it often your face will bliſter: And if your face doe happen to bliſter, feare it not, for it will not be any thing at all the worſe, but rather the better.

Falling Euill

CHAP. 442.

¶ An excellent good remedy for the Falling Euill.

TAke a good handfull of Piony Rootes, and a handfull of Miſſletoe, that groweth vpon a blacke-thorne Tree, and a handfull of Polipodium (otherwiſe called in English Okefearne) and two good handfulls of Celandine, (if it poſſibly may be had) and ſtampe them very well and then

then ſet them to ſtepe eyther in Ale or Beere for the ſpace of two houres or more, and then put it into your Earthen pot, where it may be kept cloſe kept from any ayre, and let the partie grieued drinke a good draught thereof euery Morning faſting, and laſt in the Euening. and let him vſe it for the ſpace of 14. or 15. dayes and by Gods helpe it will cure him in a ſhort ſpace. This hath bin truely proued.

CHAP. 443.

¶ A good remedy for the falling Euill.

TAke the Braines of a Weaſil, and dry it to powder, and put it into ſome pure Vinegar, and temper them well togither with a knife or ſpone, and giue it to the diſeaſed perſon to drinke, and it will doe him exceeding much good. Probatum eſt.

Alſo *Gallen* ſayth, that he knew many men in his life time to be cured of this infirmitie, by drinking of the powder of dead-mens bones burnt.

Alſo in an other place he ſaith, that the Skull of a dead man, being taken foorth of the earth, and waſhed very cleane and dryed in an Ouen, and then beaten to powder: will cure this infirmitie although the party grieued, haue bin troubled therewith many yeeres before. But this Scull muſt be the Scull of one that hath bin ſlaine, or of one that was hanged, or that came to a ſuddaine death, and not the Scull of one that dyed of any ſickneſs, becauſe of the Corruption growing therein by long ſickneſs, or elſe by other maladies growing of long Continuance in the head.

CHAP. 444.

¶ Another for the ſame.

TAke the iuice of Coriander and giue it the diſeaſed perſon to drinke, and it will not ſuffer the ill vapours to aſcend vp into the head, and let him vſe it often and he ſhall receiue much comfort thereby.

CHAP. 445.

¶ An other for the same.

TAke Germaunder that is gathered in the Moneth of May when it hath the blossomes vpon it, and dry it in the shadow where no Sunne commeth, and then make a powder therof, and when occasion serueth for vse therof: then take the Yolke of two or three Hen Egges, and beate the powder and them well togither in a Wodden dish or Porenger, and salt it and giue it the partie grieued to eate both Morning and Euening for the space of nine dayes: But all this time he must abstaine from all kinde of Wines, and Carnall company of women, and also from all manner of Pulse, as Beanes, Pease, Fitches and Tares, and from all other thinges which are of a hard Concection or digestion. Probatum est.

CHAP. 446.

¶ An other for the same.

TAke the Matrix of a Sow that hath young Pigges, and dry it vppon a Tile-stone, or a Fire-shouell, and make a powder therof and giue it the Patient to eate or else to put in his Drinke, and immediately after he hath taken it, you shall perceiue the Disease to remoue into his fingers ends, (but grieuing of him sore all this time) and then make some kinde of Rupture to set to his fingers ends, and in a little while after you shall see the yellow Matter or Corruption issue out of them. Probatum est.

CHAP. 447.

¶ An other for the same.

TAke Piony Rootes, and dry them very well, and then grate them very small (as you doe Ginger) and giue it the Patient to eate in his pottage at Meales, and let him also drinke it continually in his drinke, especially in the Morning

ning fasting, and likewise fast in the Euening, and this will doe passe exceeding much good.

CHAP. 448.

¶ An other for the same.

TAke Wheat Flower (that is without pulse) and temper it with the Dew of the Earth that is gathered either of Corne or Grasse, vpon a Midsomer day in the Morning, and knead it well, and make a Cake thereof, and bake it vpon a Tilestone, or else vpon some other such like thing, and let the patient eate it, and he shall finde great vertue therein.

Diuers and sundry things, are here expressed that are ill for this disease, and therefore it is very requisite they should be eschued in all respects as much as may be. (Viz) Ouermuch sleepe or watchings. Ouermuch drinking of Wine or other strong drinkes. Ouermuch eating. Ouermuch fasting, all manner of pulse, as Beanes, Peale, Fitches and Tares, and all other thinges that are not easie of digestion.

Also, let the partie grieued vse an indifferent meane in diet, and let him not vse to sup late, nor sleepe suddainely after meate, and let him take heede of ouer much watching, for all these things are very dangerous and hurtfull for any manner of person whatsoeuer, that is troubled with this infirmitie.

CHAP. 449.

Kings Euill.

CHAP. 449.

¶ An excellent Remedy for the diſeaſe called the Kings Euill.

TAKE an ounce of pure Yellow Wax, or ſomewhat more, and an ounce of Turpentine, and a good quantitie of Sheepes Suet clarified, (that is both pure and ſweete) boyle all theſe together, and when they are all well boyled, then put therein the quantitie of two good handfulls of the pureſt and the fineſt Barly-flower that poſſibly may be gotten, and it muſt be cleane without any manner of pulſe, or ſeedes of any manner of weedes at all, & then temper the ſame flower and the other things togither, that being done, then put therein the quantitie of three ſpoonefulls of the Vrin of a man Childe, (he being not above three yeares of Age) & then boyle it againe with the reſidue of the things before mencioned, and then put it into ſome Earthen pot or Gally pot & ſo ſtop it vp and keepe it cloſe, vntill you haue occaſion to vſe it, and when as any occaſion doth ſerue for the vſe thereof, take ſome of the ſame ſalue or Ointmment, and ſpread it vpon a fine linnen Cloth, or elſe vpon a peece of Leather, and ſoe lay it plaiſterwiſe vpon the ſore place,

and

and this will cure it. Probatum eſt. p. G. L.

CHAP. 450.

¶ A moſt perfect and ready way how to know the former diſeaſe, whether it be the ſame diſeaſe or not.

TAke a ground Worme, and lay it aliue vpon the place greeued, then take a greene Docke leafe, or two, and lay them vpon the Worme. & then binde the ſame about the necke of the partie diſeaſed, at night when he goeth to bed, and in the Morning when he ariſeth take it of againe: and if it be the Kings Euill, the Worme will turne into a powder or duſt: otherwiſe the worme will remaine dead in his owne former forme, as it was before aliue. This hath bin alſo truely proued by the afore named. G. L.

Fleagme.

CHAP. 451.

¶ An excellent Medicine to expell all manner of Feagme or corruption hauing bin growne and gathered about eyther the ſtomacke Longues or Liuer, &c.

TAKE a Gallon of ſtrong Woort, and put it into a cleane pan and ſet it on the fire, and put therein Red Mints, Liuerwoort, Hiſop, Roſemary flowers, the flowers of Violets, of ech of them two handfulls, waſh them very cleane and put them into the Woort: then take halfe a

pound of Liquorice and halfe a pound of Annis-seedes, and make them cleane also, & let your Liquorice be well paret and scraped, and then sliced and minced very small and then put together with the Annis-seedes into the Woort, and so let them seeth altogether therein ouer a soft fire, vntill the one halfe of the liquor be consumed: and then put therein a pinte of English Hunny, and a pound of very fine white Suger, and so let them seeth a walme or two afterwards, and then straine the same into some new Earthen pot or vessell that is sweete and cleane, and then set it to cole and when it is colde put it into some glasse or other vessell made of earth, and stop it vp very close, and then at al times after drinke some of the same at your pleasure, but first in the Morning and last in the Euening is the best time to take it, and this will cure this infirmitie (by Gods helpe) without all doubt for many haue bin holpen hereby.

If you lacke eyther Rosemary-flowers or Violet-flowers, then take Primrose-flowers, and flowers of Cowslips, of eche of them two handfulls, (as you should of the other before) and vse them in stad of the Rosemary and Violet-flowers, but if the time of the yeare will not permit you to haue them also, then take such as you can get or as the time of the yeare will affoord you to haue them, but if you can haue of all and preserue them for this purpose it wil be the better. And the more you vse this Drinke, the better and more comfortable you shall finde your Body continually and it will cause you to haue a good appetite to your meat.

CHAP. 452.

¶ An other excellent drinke to avoyd Fleame, and to Purge the stomacke be it neuer so much stuffed therewith.

TAke 4 or 5. handfulls of Barly that is pure and cleane without Pulse and let it be well picked and rubbed in

a

a piece of course canues, whereby the huskes may be cleane taken of, then wash it 7. or 8. times in faire warme water, then take a faire new earthen pot that will containe 4. or 5. quarts of water, and let it be well washed and scalded with hot water, and when you haue so done put the Barly into it, & then fill it vp with a gallon or somewhat more of faire Running water, (that runneth vpon Gransell, and so let it seeth vntill the one halfe or somewhat more of it be consumed, then take the quantitie of a pound of Liquorice, and halfe a pound of Annis-seedes (both beaten to powder) and put them therein and so let them seeth for the space of a quarter of an houre, or little more and then take it of and straine it through a cleane linnen cloath and then put therein, halfe an ounce of Ginger, a quarter of an ounce of Cinamon, an ounce of Manus Christie, & let them be all well beaten together, then put therein 4. spoonefulls of clarified Hunny, and let all the things before rehearsed, boyle a little while together, and then let it be put into a Glasse and keepe it well stopped, and when you will vse it, drinke 5. or 6. spoonefulls of it at a time, luke warme, both Morning and Euening for a certaine space and this will helpe you by Gods grace without all doubt.

Also this is exceeding good against an extreame Cough, be it neuer so vehement.

CHAP. 453.

¶ An especiall good Medicine to purge Fleagme from the stomacke, and for winde in the belly.

TAke halfe a pinte of the iuice of Worme Woode and Mints, and a quart of good Clarret Wine,

the white of an Egge beaten till it be become as thin and as cleare as water, then take all thiese and boyle them together vntill the on halfe of the same be consumed, then strain the same licquor into some cleane vessell, and put therein halfe a pound of fine Suger, halfe an ounce of good Mace beaten to powder, and then let it seth againe vntill it come to a pinte, and then vse it somewhat warme both Morning and Euening for a certaine space and this will helpe you. Probatum est.

CHAP. 454.

¶ An other Medicine to cause Fleagme to avoyde that is congealed about the heart or stomacke.

TAke a good quantitie of Heyriffe (otherwise called Cose meat) which groweth in ditches, and stampe it in a Morter, and then put thereto a quart of stale Ale and let the partie grieued drinke a good draught therof warme euery Morning fasting. Also let the partie grieued take red Fennell and beate it, and straine forth the iuice thereof, and a pretty quantitie of clarified Hunny and seth them well together and let him vse to eate of the same with some fine Wheaten Bread euery Morning or at any other time that he shall thinke meete, and this will vtterly expell all congealed fleame quite away, and it will ease the heart and stomacke greatly.

CHAP. 455.

¶ A very good Medicine for to breake Fleagme.

TAke Hunny and new Butter, that is vnsaulted, of eyther of them a like quantitie, & a few bitter Almondes, blaunched and beaten very well, and mingle them with the Butter and Hunny aforesaid, and let the Patient eate a little thereof euery Morning fasting, and it will doe him exceeding much good. This hath bin truely proued.

CHAP. 456

CHAP. 456.

¶ An other for the ſame.

TAke a good quantitie of Smalledge and boyle it in Vinegar, and let the patient waſh his breaſt often therewith then take the Smalledge and put it in a Cloath, and binde it faſt to the Stomacke of the patient & there let it remaine for the ſpace of 3. or 4. houres and it will helpe him.

CHAP. 457.

¶ An other for the ſame.

TAke Sorrel and ſtamp it & ſtraine it & then take the iuice thereof and temper it with ſtale Ale, and let the patient drinke a good draught thereof euery morning before he ariſe out of his Bed, and let him ſlepe after it, and he ſhall auoide greate ſtore of Fleagme.

CHAP. 458.

¶ A good Gargreſſe for the Fleagme.

TAke Endiue water and Hunny ſuckle water, of ech of them a like quantitie, and a good ſpoonefull of Muſtarde that is pure and good, and a ſpoonefull of Hunny, two ſpoonefulls of Vinegar, and a little Pepper beaten to powder, and 2. or 3. branches of Roſemarie & a few leaues of Red Sage, then put all theſe together, and heate them vpon a Chafingdiſh of coales luke warme, and let the patient put a ſpoonfull thereof into his mouth at a time, and let him holde his head vpwards and waſh his Throate well therewith, and it will cauſe him to auoide much Fleagme.

CHAP. 459.

¶ A very good Drinke to cauſe one to auoide Fleagme from the Stomacke, and to make it come vp very eaſily.

TAke 12. ſpoonefulls of Roſe water, and 6. ſpoonefulls of Conduit Water, and 3. ſpoonefuls of whit Wine Vinegar

and a quarter of a pound of fine Suger, boyle all thiese togither in a pewter porrenger vpon a Chafing-dish of Coales, and scum it very cleane: then take a spoonefull or two of it & drink it luke warme when you need it, and it wil help you.

CHAP. 460.

¶ An other good Drinke for the Fleagme.

TAke Parsly Rootes, Fennell Rootes, Pellitorie, Hisop and Liquorice, of euery of them a like quantitie, and stampe and bruise them altogither and boyle them in Ale, and put therein a good quantitie of clarified Hunny that is pure, and when it is boyled a little more, then straine it and vse to drinke thereof both Morning and Euening and this will helpe you.

CHAP. 461.

¶ An other for the same.

TAke a pinte of Hisop water distilled, a quart of good Muskadine, 3.ij. 4. races of good ease Ginger, the same being pared cleane, and cut into small slices, and twice as much Licquorice, pare and scrape the same likewise. then put thereto a good handfull of fine Suger-candie bruised a little (that done) put all thiese together in a good big Glasse to stand and soke well, and so let it stand for the space of 24. houres together, but you must shake it very often whil'st it is a steeping in the Glasse, and let the Glasse wherein it is be very close stopped, whereby no ayre may enter therein: and so drinke it at pleasure.

This hath holpen some that could scarse speake being troubled with much Fleagme in their throates and stomacke and could scarse fetch their winde through Fleagme and Coughing. Probatum est.

CHAP. 462.

¶ A very good Drinke for the auoyding of Fleagme, and for the stopping of the Pipes

TAke a pottle of Barlie, and seeth it in a gallon of cleare Well Water, let it seeth vntill the Barlie be soft then straine

ſtraine it, and put thereto as much new Woort as of the afore Liquor, and put therein a good quantitie of Sage, and as much Hiſop, and a peny-worth of Liquorice well bruiſed: then ſeth it againe vntill it be halfe conſumed away: then ſtraine it and put it into a Glaſſe, or into ſome other cloſe veſſell, and ſo let it ſtand for the ſpace of one whole day, and let the partie grieued drinke two or three ſpoonefulls of it at a time both Morning and Euening, and this will helpe him in a ſhort ſpace. This hath bin well proued.

Alſo Okefearne bruiſed, and the iuice thereof drunke eyther in white Wine, or Kale Ale purgeth Fleagme and Melancholines greatly. This hath bin likewiſe proued.

Flux.

CHAP. 463.

¶ An excellent remedy for the bloudy Flux, if it come eyther by wearines of the heart, and diſpoſition to ſwound, or elſe by heate that is in any of the members of the bulke.

TAKE a good quantitie of fine white Suger, a good quantitie of Roſes, and a good quantitie of Roſe Water, and if you haue noe Roſe Water, then you may vſe faire Raine water, in ſtead thereof: then ſeth a little *Maſticke*, Allom, and Cloues therein, and let the Patient drinke often thereof and it will doe him exceeding much good. But if the Flux be cauſed by any Cholloricke humours, then it muſt be auoided by taking of Raine water, that Roſes haue bin ſodden

ſodden in, and a plaiſter made of white Roſes is alſo good againſt this diſeaſe, if it be but layde eyther to the yarde, or to the Reynes.

CHAP. 464.

¶ An other for the ſame.

TAke a good quantitie of Plantine & ſeeth it in faire running water, and let it boyle vntill it way yellow, and the ſtrength be quite out of it, and then ſtraine the ſame water, and then take a pece of cleane Iron and heate it red hot in the fire, and quench it in the ſame water and ſo doe this 10. or 12. times againe together, and then ſtraine it againe, then take a good quantitie of Almonds vnblaunched, and ſtampe them very well and mingle them with the ſame water and ſo make Almond Milke thereof, and when you haue ſoe done, make a toaſt of fine white Bread, and put the ſame into the Milke, and then let the partie diſeaſed both eate of the ſame toaſt and drinke of the Milke aforeſaid.

This hath done many People much good in Vſing of it often.

CHAP. 465.

¶ An other for the ſame.

TAke new Milke (as it commeth from the Cow) and ſet it one the fire and when it ſeethes put into it a good piece of Roch Allom, and when the ſame is molten, there will ariſe vpon the top thereof, a curde much like vnto a poſſet curde, ſcumme of that very cleane, then take the Whay and drinke it as hot as poſſibly you may abide it, and if your ſtomacke will beare it, you may eate the curde alſo.

CHAP 466.

¶ An other good Medicine to ſtop the bloudy Flux.

TAke a good quantitie of the Pyth of red Coleworts, and dry the vpon a hot Tile ſtone, or elſe in an Ouen where bread

bread hath bin drawne forth, and make a powder therof, and put it into a cup of pure red Wine, and let the Wine be made blood warme and giue it the patient to drinke, and in doing of it often this will helpe him without all doubt.

CHAP. 467.

¶ Another for the same.

TAke a good handfull of Beanes and dry them either in an Ouen, or vpon a Tilestone as before is said, and let them be so hard as the huls may shale of them, and then bray them in a Morter into fine powder, & then searse them through a fine searser or boulter: then take a pinte of good red Wine and set it on the fire, and put the powder of the Beanes into the Wine, and thē stirre it well, lest that it should grow vnto the pan wherein you boyle it, and so doe vntill it be so thicke that you may cut it into slices when it is colde, and so let the partie grieued take 2. or 3. slices therof blood warme, every Morning and Euening for a certaine space and this will helpe him. Probatum est.

CHAP. 468.

¶ Another Medicine for the bloudy Flux.

TAke two handfulls of Rice and a pinte of pure red Wine, and a good quantitie of Cinamon beaten to powder, boyle the Rice and the Cinamon powder in the aforesaid Wine, and let it boyle vntill it be both tender and thicke withall: then take some of the same and spread it vpon a fine Linnen cloath and double it, and so lay it vnto the Mauill of the party grieued as hot as possibly he may abide it, and as it dryeth and waxeth colde moysten it againe with a little red Wine the same being made hot, vse this for the space of 3. or 4. dayes often, and this will helpe you. Probatum est.

CHAP. 469.

¶ Another for the ſame.

TAke a good quantitie of Houſleeke, and boyle it in good Red Wine, and put thereto a good quantitie of Cinamon, and let it boyle for a good ſpace and then ſtraine it, and let the Patient vſe to drinke this often, and it will helpe him. Probatum eſt.

CAHP: 470.

¶ Another for the ſame,

TAke a good big Apple and at the top of it, picke foorth all the core as cleane as you can, and then fill vp the place againe with a little piece of an Hunny Combe (the Hunny being cleane ſtrained out) and then roaſt the Apple in Embers and then let the Patient eate it, Wax and all, & this will ſtop the Flux imediately. Probatum eſt.

CHAP. 471.

¶ An excellent good Medicine for the Flux.

TAke good new yellow Wax and Ducks-Greaſe, of ech of them a reaſonable quantitie, and make an Oyntment thereof, and anoint the Fundament of the partie grieued well therewith, and as deepe inwardly as you can poſſibly, and the ſame will mittigate the paine and cure the diſeaſe. This hath bin truely proued by M. D. H.

CHAP. 472.

¶ Another for the ſame.

TAke Scarabeos which grow in Horſe-Doung, and ſeeth them in Linſeede Oyle, and ſtraine the ſame Oyle through a fine linnen Cloath, and then anoint the Fundament therewith and it will mittigate the paine greatly.

CHAP. 473.

CHAP. 473.

¶ An other for the ſame.

MAke a Suppoſitarie of Wax, and couer it with a fine piece of thine Sarcenet, and anoint it with Oyle of Annis-ſeede, and Oyle of Tapſus Barbat (both of them being well mingled togither) and then put the ſame into the Patients Fundament, and it will ſpeedely aſſwage the paine and take away the ſoze cleane. Probatum eſt.

CHAP. 474.

¶ An other for the ſame.

TAke Amber-beades and beate them to powder, and put them into a Chafing-diſh of coales and let the partie grieued ſit ouer them as if he would eaſe himſelfe, and it will helpe him in vſing of it twice oꝛ thꝛice togiter. Probatum eſt.

CHAP. 475.

¶ An other for the ſame.

TAke a good quantitie of Iourden Almonds and blaunch them, and boyle them in Engliſh Hunny, and let them boyle vntill they be blacke, and let the partie eate the ſame Almondes with a little of the beſt Engliſh Hunny that may be gotten, and this will doe him exceeding much good. Probatum eſt.

CHAP. 476.

¶ A very good Electuary againſt the Flux.

TAke halfe an ounce of powder of Galingall and of Red Currall and Maſticke, of eth of them halfe a dꝛam, Troſtices of Terra Sigillat, 3. ſcruples, Barke of Citron, Comfets and Quinces, of ech of them 3. ſcruples, and 4. ounces of fine Suger, diſſolued in Water of Mints, take all theſe things and mingle them and make an Electuarie of them, and then vſe it as occaſion ſeruеth.

Alſo Acrons dꝛyed and beaten to powder, & dꝛinke it in

Red Wine, is maruelous good againſt the Flux.

Likewiſe all manner of Currals beaten to powder, are binding, and are very good againſt the Flux.

CHAP. 477.

¶ An excellent good Medicine for the bloudy Flux.

TAke Red Wine and boyle it on the fire, and put thereto ſome Cynamon and Plantine-ſeedes, of each of them a good quantitie, and when you perceiue that the Wine hath taken away the ſubſtance of the ſæde, then giue it the Patient to drinke as hot as he may reſonably abide it, and let him drinke 3. or 4. ſpoonefulls of it at a time, and doubtles this will cure him of his infirmitie: but if your wine be bitter, you may put a little fine Suger therein to make it ſweet: but the leſſe you put in, the better it will be.

CHAP. 478.

¶ An other for the ſame.

TAke a piece of Biefe which groweth about the briſket of the Ore, and let the Patient (if his ſtomacke will ſerue) eate a piece thereof raw, and this will ſpeadily helpe him.

CHAP. 479.

¶ An other for the ſame.

TAke an Apple and Roaſt it, and make a hole in it, and put therein as much Virgin Wax, as a Bean, and let the Patient vſe often thereof, and it will helpe him. Prob. eſt.

CHAP. 480.

¶ An other for the ſame

TAke a pound of Almondes and blanch them, and ſtampe them in a morter very ſmall, then take the Yolks of 12. Egges reare Roaſted and mingle them with the Almonds: then put to them a quart of good Red Wine Vinegar, and mingle it likewiſe with the aforeſaid ſtuffe, and then put it into

into an Earthen Pot, and ſtirre it well together, and when it is boyled a little, take it from the fire, and ſtraine it and let the Patient drinke the quantitie of 6. 07. ſpoonefulls therof warme at a time, 4. 02 5. times a day at the leaſt, as long as neede ſhall require, and it will helpe him.

CHAP. 481.

¶ An other for the ſame.

TAke Plantine, Knottie Graſſe, and Sheapheards purſe, of eeh of them a good quantitie, and boyle them altogether in new Milke, and make a broth, of Red Wine, and when they they are well ſodden, ſtraine the Yearbs and the milke and give it the Patient to drinke often, & it will helpe him. Prob. eſt.

CHAP. 482.

¶ An other for the ſame.

TAke a pinte of faire running water, and a Gad of ſteele, lay the Gad of ſteele often in the fire and boate it red hot euery time and ſoe vſe it vntill the water be made very hot, then put into the ſame water a good quantitie of powder of Cinamon, and then let the partie drinke a good draught therof very warme, and this will doe him much good.

CHAP. 483.

¶ An other for the ſame.

TAke a good quantitie of the crops of Senie, and ſtampe it, and drinke it with ſtale Ale, and it will eaſe you very much.

CHAP. 484.

¶ An other for the ſame.

TAke Red Wine, pure Malmſie or Muſkadine, of eeh of them a punte, and a handfull of S. Johns Woort, and boyle it in the Wine aforeſaid, and let it ſeeth vntill the

one halfe thereof be consumed: then put into it an ounce of Cinamon, a peny worth of Red Saunders, a little Eliphants Tooth scraped, a little powder of Harts-horne, & the Yolke of a new laid Egge hard roasted, and seeth it againe, and when it is well sodden: then straine it through a fine linnen Cloath, and let the Patient drinke it first and last for the space of 4. or 5. dayes together, and this will doe him much good. Probatum est.

CHAP. 485.

¶ An other for the same.

TAke Burre Rootes and leaues of eche a good quantitie, and two handfulls of Doues doung, and seeth them al together in faire running water, and let them seeth vntill they be tender, and then take the same water, and wash both your feete and Anckles well therein, as hot as you may abide it, then lappe some woollen Cloathes as warme as you can suffer them about both your feete, and Anckles, and this will doe you much good.

CHAP. 486.

¶ An other for the same.

TAke a Stone that is white, and hath red vaines in it, and boyle it in a quart of new Milke, vntill the one halfe of the Milke be consumed, and then let the Patient drinke often thereof, and he shall finde great vertue therein. Probatum est.

CHAP. 487.

¶ An other for the same.

TAke Blacke-thorne, and with a knife shaue all the outermost Rind, and then dry it in an Ouen after that Bread hath bin drawne forth of it, and when it is well dryed, beat it to powder, and then take a little of it and temper it well with Wine or Ale, and giue it the Patient to drinke euery

Morning

Morning and Euening, and this will spedily helpe him. Probatum est.

CHAP. 488.

¶ An other for the same.

TAke a good quantitie of Red Roses, and cut away all the whites cleane from the red, and then dry them and make them into powder, then take the Pill of a Poungarnet and a good quantitie of whole Saffron, and beate them also into a powder, and then mingle all the powders together, and so let the Patient drinke it eyther in Ale, Beere, or wine, both Morning and Euening, or at all times, else as vsually he doth other drinkes, and this (by Gods Grace) will helpe him. Probatum est.

Gowt.

CHAP. 489.

¶ An excellent Medicine for the Gowt.

TAke 3. or 4. Moules and flea them, and take out all the guts and all that is within them: then take 3. Earthen pots, and let the one of them be bigger then an other, and let them be well Leaded within, then take the Moules and put them into the lesser of the same pots (which must be made on purpose full of small holes, both in the sides & bottome) and then stop the mouth of the same pot very close, and

then

then put that pot into the other pots, and let them be put into the Earth to ſtand for the ſpace of a Moneth or ſomewhat more: then take vp your pots, and in the greateſt of them you ſhall finde a good quantitie of pure Oyle: then take the ſame Oyle and put it into ſome glaſſe or elſe a gallipot, and when you haue occaſion to vſe it: then take it and anoint the place grieued therewith before a good fire, and this will take the paine cleane away. Probatum eſt. p. M. S.

CHAP. 490.

¶ An other for the ſame.

TAke ſtale Piſſe and ſeeth it and ſcum it, and put thereto a good quantitie of the iuice of Red Nettles, Mints, Wormwood and Red Fennell, and let the iuice of them be of as euen portions as you can geſſe them, Muſtard and Cummin, of ech of them a little, and of the iuice of Hearbbennet as much as of all the reſidue: boyle all theſe togither and make a plaiſter thereof, and apply it often to the place grieued, and it will helpe him. Probatum eſt.

CHAP. 491.

¶ An other for the ſame.

TAke the iuice of the Flowers of Broome, and the iuice of Scallicell and Hunny, as much of the one, as of the other, and ſeeth all theſe togither vntill they be as thicke as Hunny it ſelfe is, and annoint the place grieued often therewith, and it will cure the Gout. This hath bin truely proued by M. T. W.

CHAP. 492.

¶ An other for the ſame.

TAke Arſeſmart, and wet it in faire Water, and lay it to the place grieued, and when you take it away, then bury it in a moiſt place in the ground, and as it doth rot, the griefe will cure. Probatum eſt.

CHAP. 493.

CHAP. 493.

¶ An other for the ſame.

TAke the Rootes of Holi-hockes, and ſtampe them well and mingle them well with the Greaſe of an olde Hogge and make a plaiſter therof, and lay it to the place grieued, and ſo vſe it for the ſpace of 6, or 7. dayes togither & it will helpe you.

CHAP. 494.

¶ An other for the ſame.

TAke Balme, Camamil, Chickweede, Grõmel, Lettice Holi-hockes & Mallowes, of eth of them a handfull, and boyle them in faire Water, vntill they be very tender, then take a good quantitie of great Otemeale, and beate it very ſmall. then put the Hearbes and it togither, and then put thereto 3. ſpoonefulls of Capons greaſe, and boyle them altogither vntill it bee ſo thicke that it may be ſpread vppon a Cloath (but all the time that it doth boyle, ſtirre it ſo that it doe not burne to the ſides of the veſſel wherein it is boyled and make a plaiſter thereof, and lay it to the place grieued as hot as poſſibly it may beſuffred, & in twice or thrice dreſſing it will cure him.

CHAP. 495.

¶ An other for the ſame.

TAke the iuice of Hayriffe, (otherwiſe called Gooſe-meat) and mingle it with Neats-fete Oyle, and ſtirre it vntill it be growne thicke, then let the place grieued be annointed therewith, and it will doe him much good.

CHAP. 496.

¶ An other for the ſame.

TAke Sage, & dry it halfe a day or a whole day in the Sun and lay it to the place grieued, and in one Night it will eaſe the paine very much. Probatum eſt. p S. W.

CHAP. 497.

¶ Another for the ſame.

TAke Aquavitæ and waſh and rubbe the place grieued often therewith: then take a linnen Cloth & wet it in Aquavitæ againe and lay it to the place grieued, and this will helpe you within three or foure times dreſſing. This hath bin truely proued by *R. Weſton*.

CHAP. 498.

¶ Another for the ſame.

TAke two handfulls of Horehound and 6. handfulls of Wallworts, and bray them together in a Mortar: then ſtraine them and put the iuice thereof into a pint and an halfe of Swines greaſe, and boyle them together for the ſpace of an houre or more: then ſtraine it through a fine Cloth into ſome Earthen Pot or Glaſſe, & let the Patient vſe to anoint the place grieued before a good fire, and ſo by often vſing of it, he ſhall finde marueilous greate eaſe.

This is alſo good for all cold Gowts in the Armes, Legs, or Feete, and all other griefes and paine in the Bones, which doe come by reaſon of any manner of colde howſoeuer.

CHAP. 499.

¶ Another for the ſame.

TAke Archangell, Betony and Vernoine, of ech of them a like quantite, and boyle them very well together, in white Wine, and let the Patient vſe to drinke both firſt and laſt, and this will doe him much good.

CHAP. 500.

¶ Another for the ſame.

TAke ſhoomakers Specks or pieces of Leather, and fry out all the greaſe of them, and then lay ſome of the ſame vpon a browne Paper, and warme it a little at the fire and

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ſo apply it to the place grieued, and it will take away the paine in one Night. Probatum eſt.

CHAP. 501.

¶ An other for the ſame

TAke the quantitie of a ſawcerfull of Oyle of Roſes, & the Yolke of a new laid Egge, and 4. ſpoonefulls of good Claret Wine, and mingle all thieſe together, then warme them vpon a Chafingdiſh of Coales, then take a piece of white Leather and make a plaiſter of thieſe and lay it to the place where the griefe is moſt.

Alſo if your paine be extreame great, then take more of the Egges and Wine, (as you ſhall thinke meete) and make no more of the ſame at once, then will ſerue to make one plaiſter withall, vſe this often and you ſhall be ſure to finde great eaſe hereby.

CHAP. 502.

¶ An other for the ſame.

TAke a pound of gray Soape, 3. penny worth of the Greaſe of a Barrow Hogge, and a pottle of faire running Water, and ſeeth them altogether vntill the ſame be growne thicke, and then take it of the fire, and ſet it to coole, and when you haue ſoe done, take eyther a piece of white Leather or elſe a Linnen cloath, and ſpread the ſame ſalue vpon one of them, and lay it to the place grieued and there let it remaine for the ſpace of 12. houres, then take the ſame of, and put on another, and ſo the third or fourth time and in vſing of it 4 or 5. times together the paine will be greatly aſſwaged: and then you ſhall ſee many water bubbles will appeare, then let them out, and in a ſhort ſpace after (by Gods help) you ſhall be perfectly cured.

CHAp. 503.

¶ An other good *Medicine* for the Gowt, or for any other Ache.

TAke Roſen & Pitch of eth of them a quarter of a pound, and as much as a Beane of Frankenſcence, & as much Turpentine, then take a prętty quantitie of Deeres Suet, or Sheepes Tallow, and boyle them altogether in a pot, and when it is well boyled: take it forth and waſh it (as you doe Byrd-lime) in cleane water, and then take ſome of it and ſpread it vpon a peece of leather, and lay it to the place grieued. and ſo let it remaine there vntill it fall of it ſelfe: vſe this 4. or 5. times and you ſhall finde greate eaſe thereby.

CHAP. 504

¶ An excellent good Oyntment for the Gowt.

TAke a fat Gooſe and plucke her and dreſſe her as if ſhe ſhould be eaten: then ſtuffe the belly of her with 3. or 4. young Cats well chopped into ſmall pieces with a handfull of Bay Sault, and then ſow vp her belly againe, and roaſt her at a ſmall fire, and ſaue all the dripping of her and kępe it for a prętious Oyntment, as well for the Gowt, as alſo for all other kinde of diſeaſes in the ioynts. Probatum eſt.

CHAP, 505.

¶ An other for the ſame.

TAke a quart of ſtrong Ale, and put it into ſome Earthen pot or Pipkin and couer it cloſe, and boyle it vntill it be conſumed from a quart to 4. or 5. ſpoonefulls: and let the partie grieued anoint his griefe well therewith before a good fire: then take Dreges of ſtrong Ale, and vnwrought Wax and a few crummes of Rie Bread, and boyle them altogither vntill they be thicke like a plaiſter, and then ſpread it vpon a piece of Red Woollen Cloth that is new, and lay it to the place grieued as hot as poſſibly it may be ſuffered, and this will cure him in a ſhort ſpace.

CHAP. 506.

CHAP. 506.

¶ A very good plaiſter for the Gout, or for any other Ach in the ioynts: with which the L. *Rich.* was cured, when moſt Phiſitions and Chirurgions thought him to be incurable

TAke halfe a pound of vn-wrought Wax, halfe a pound of Roſin, & an ounce of Libanum, a quarter of a pound of fine Littargie of Gould, and 3. quarters of a pound of whit Leade beaten to powder, and ſearſe it through a Searſer, then take a pint of Neates-feete Oyle and ſet it on the fire in ſome ſmall veſſell, and mix it with the Wax and Roſin, and when it is molten, put all the other powders therein & then ſtirre it as faſt as euer you can with a ſticke, and then put a little of it into a pewter Sawcer, and if it be hard (being ſo tryed in the Sawcer) then take it from the fire and anoint ſome faire euen bord, with ſome of the Oyle of Neates-feete, and as ſone as you may abide to handle it for heat, worke it as it were Shoemakers Wax, and ſo make it into great Rowles, and then make plaiſters of it with a Chafingdiſh of Coales, and then ſpread it vpon a peece of Leather, and then lay the warme to the place where the paine is, and ſo renew it euery Morning and Euening vntill the paine be gone, or elſe vntill the Ach be driuen into ſome other ioynt, and then apply your plaiſters againe in like ſort where the griefe is, and beware of colde or hot wines, and doubtles this will helpe you. Prob. eſt.

CHAP. 507.

¶ Another good plaiſter for the Gowt.

TAke 5. or 6. ſpoonefulls of the iuice of Woormwoode, and as much of the iuice of Smalledge, and a prety quantitie of Wine Vinegar, Salt and Hunny, and mingle

them together with a good quantitie of Rose-flowers, and stirre them well together as fast as you can, and boyle them well and make a plaister thereof, and spread it on a linnen cloath, or a peice of Leather, and lay it to the place that is grieued. Likewise, let the partie grieued vse the Drinke before rehearsed in the 458. Chapter, and the plaister both at once, and by Gods helpe will cure him. Probatum est.

CHAP. 508.

¶ An other good Medicine for the Gowt.

TAke a pretty quantitie of the flower of Otemeale, and a little Litargie small ground and seeth them in faire running water, and let it seeth vntill it be, become thicke, and then make a plaister of it, and as hot as it may be suffered let it be laid to the place grieued, vse this often and it will asswage the paine and take it quite away in a short space. Probatum est.

CHAP. 509.

¶ A good water of Flint-stones for the Gowt.

TAke a good quantitie of Flint-stones, and breake them into small peices, and heate them well in coales in the fire, and then put them into a stillatory, and then put therein a good quantitie of Wine Vinegar and Aqua vitæ, and so distill the same, and with this water, wash the place often where the paine is, and it will helpe it.

CHAP. 510.

¶ A very Soueraigne Medicine for the Gowt.

TAke a good quantitie of Snayles and picke them cleane of the shells, and stampe them in a Morter, then put to them a pretty quantitie of Salt, Sallet-oyle, and Soape, and stampe them all well together in the Morter with the Snayles, then take the same and make a plaister thereof and apply the same to the place grieued, and so let it lie for the space of three dayes, and this will destroy the Gowt.

CHAP. 511.

Greene Sickneſs.

CHAP. 511.

¶ An excellent and approued Medicine for the Greene Sicknes.

TAKE a gallon of Milke which commeth from the Cow in the Morning, and let it ſettle for the ſpace of an houre: then take a breſt of Veale, of the youngeſt and fatteſt that may be gotten) and waſh it verye cleane, and dry it with a Cloth ſo dry that no water may remaine in it: then bruſe the ſame bones and all, & put it into the Milke: creame and all as it ſtood) then take 14. or 15. of the beſt Dates, that may be gotten, and cut them in the middeſt, and a quarter of an ounce of whole Mace, halfe a pound of Currants, two handfuls of Mint, and a good handfull of wilde Time, and put them altogether into the Milke, with the Veale, and ſo let it ſeeth vntill the one halfe of it be conſumed, and when it is through ſodden, it will be like a Jelly, & (it being warme) the partie grieued may drinke it as a broath, and (it being colde) he may eate it as a Jelly: but if the parties ſtomacke doe not ſerue well to eate it then make a toaſte of Wheaten Bread, and ſoke it in Malmſie, and ſtraw vpon it ſome powder of Mints, and then let the partie grieued eate it, and ſo let her vſe this for the ſpace of 7. or 8. weekes together, or otherwiſe, as long as ſhall be thought needful, but the Spring time of the yeare is the moſt fittеſt for it) and let the patient vſe ſome bodily exerciſe to prouoke ſweat, and this will helpe it without all doubt. Probatum eſt.

CHAP. 512.

CHAP. 512.

¶ An other for the ſame.

TAke Harts-tongue, Betony, Hiſop, Lluerwort, and Fennell Rootes, of ech of them halfe a handfull, and waſh them all very cleane and bruiſe them: then take the quantitie of two ſpoonefulls of Eliſaunder-ſeede, and 4. or 5. good big ſticks of Liquorice, and one ſpooneful of Annis-ſeedes, beate all thieſe together in a Morter, and then boyle them all in a quart of ſtale Ale, and ſo let it boyle vntill the one halfe thereof be conſumed, then ſtraine it through a fine Linnen cloath, and ſweeten it well with Suger, and then put therein a pretty quantitie of the powder of Nutmegs, and powder of Mace, and when occaſion ſerueth for the vſe thereof, let the partie grieued drinke the quantitie of 5. or 6. ſpoonefulls thereof at a time (the ſame being warme) both Morning and Euening, for the ſpace of 9. or 10. dayes together, and this will cure the ſame infirmitie. This hath bin truely proued.

CHAP. 513.

¶ An other for the ſame.

TAke Wormewood, Fetherfew, Lauender-cotten, & Crumes of ſower leuened Bread, and Bay-ſalt of ech of them a good quantitie, bruiſe them altogether and put them into a frying pan, & ſprinkle thieſe together ouer with White Wine Vinegar, and parch them dry, and then make a powder thereof: then quilt a little piece of ſilke, Fuſtian, or elſe a linnen cloath and make a little Bag, thereof and then put ſome of the ſame powder therein, and hang it with a little tape about the necke of the Patient and let the bag hang right vpon the ſtomacke: but if the patient be ouer-come with much faintnes, then let it be taken quite away, or elſe not, and I aſſure you the party grieued ſhall finde great eaſe hereby. For it hath bin truely proued by. George Hale.

CHAP. 514.

CHAP. 514.

¶ Another for the ſame.

TAke Betony, Wormewood, and *Sage* of eeh of them a good handfull: ſtamp them a little and ſprinkle a little white Wine Vinegar vpon the hearbes, before mentioned, and then dry them againe betweene two hot Tyle-ſtones, and then lay them very warme to the molde and temples of the patients head, or to any other place where moſt paine is, and this will helpe it.

This is alſo good againſt the Head-ach and Megrim.

CHAP. 515.

¶ Another for the ſame.

TAke Mares Milke, and giue it to the Patient to drinke with a good quantitie of powder of Bettony therein, and let her vſe this for the ſpace of 8. or 9. dayes together, and this will cure her, but before that ſhe doe vſe to drinke of this, let her firſt take a vomite, and then it will take effect the better.

CHAP. 516.

¶ How to make a Vomit eyther for that cauſe or for any other.

TAke an Elder bough and ſcrape of all the vtter moſt rinde thereof cleane, and then take ſome of the inner-moſt rinde and ſtampe it, & ſtraine it, into ſtrong Ale, which is olde and ſtale, and then drinke ſome of the ſame and it will cauſe one to vomit in a ſhort ſpace.

CHAP. 517.

¶ An excellent Medicine for the Greene Sickener.

TAke a handfull of Cowſlop-flowers, dry them, & ſtamp them to powder, then take 6. or 7. ſpoonefulls of Malmſie and a ſpoonefull of the ſame powder, and drinke

thiefe together every Morning faſting for the ſpace of 14. dayes together, and for want of Malmſey, you may take ſtale Ale, and this by the grace of God will helpe you.

CHAP. 518.

¶ An other for the ſame.

TAke a pound of Red Currants & a quart of Muſkadine, and let them infuſe together for the ſpace of one whole night, then let the patient drinke thereof and it will helpe him.

CHAP. 519.

¶ An other for the ſame.

TAke 4. ſpoonefulls of good Flemmiſh Madder, and boyle it in a pinte of white Wine with a good peece of fine Suger therein, and let it boyle vntill the one halfe be conſumed: then coole it and ſtraine it through a fine linnen cloth, and let the Patient drinke thereof both Morning and Euening for the ſpace of 14. or 15. dayes together, to the quantitie of 6. or 7. ſpoonefulls at a time, blood-warme, and then walke after it, or elſe daunce or vſe ſome other exercise, whereby ſweat may be prouoked as aforeſaid, and it will helpe without all doubt. Probatum eſt.

CHAP. 520.

¶ An other for the ſame.

TAke a pottle of Red Wine that is pure and good (or for want thereof, as much Hullocke) and two ounces of Fennell-ſeede, and three ounces of Annis-ſeede, and mingle them all together, and boyle them ouer a ſoft Fire vntill the one halfe be conſumed: then ſtraine it, and let the Patient drinke the quantitie of halfe a pinte thereof at a time, if it may be indured. This muſt be vſed for the ſpace of eight dayes together, alwaies beginning two dayes after the chaunges of euery Moone: and if it be ſo farre gone that the Patient cannot recouer perfect health in that ſpace: then

let

let this Medicine be vsed 8. dayes in a Moneth for the space of 3. Monethes togither, and in the beginning of euery Moneth as aforesaid, and it helpeth without all doubt. Probatum est.

CHAP. 521.

¶ Another for the same.

TAke an heard that is called Rosus solus, (it groweth close by the ground, and it hath somewhat a broad leafe (some doe call it the Shepes cot, and it beareth a yellow flower) and distill a water out of it, and giue it the Patient to drinke both Morning and Euening, and let the patient vse this drinke for the space of 6. or 7. dayes and let some exercise of bodily labour be vsed as aforesaid, and thereby the Patient shall be helped without all doubt.

Handes and Feete.

CHAP. 522.

¶ A good Medicine for ones hands that are troubled with Wormes or itching, and also to make them White.

TAKE a good quantitie of leaues of Nettles and dry them very well either betweene two Tile-stones, or else in an Ouen where Bread hath bin new drawne forth of it, and beate them to powder, and then put the same powder into a pot of faire water to bath, and when it is well sodden, strayne it and put it into a cleane Viall or

Glasse and so kepe it close stoped vntill you haue occasion to vse it, and when as necessitie requireth, take some of the same water and wash you Handes and Face often therewith. This will make both your handes and face very cleane and white, But these nettle leaues must be alwaies gathered in the middest of the moneth of May, and that very early in the Morning before the Sunne doe arise.

This is also good to kill Nits in the heeles or any Chilblaynes or other itching in the feete if your Feete be often washed therewith.

Also this water if it be strong of the powder and well stopped, will kepe a whole yeare and more, and it will be ready to serue your turne at all times, both Winter and Summer.

Head-ach or Megrim.

CHAP. 523.

¶ A good Medicine to take away any extreame Ach, or swimming in the Head.

TAke Rosemarie, Lauender-flowers, winter Sauerie, Camamill, Bayes, and Lauender it selfe, (both new and olde) Mintes, and Fennell, seeth all these together in faire running Water, and put thereto a good handfull of Bay Salt: then take some of the same Liquor, (beardes and

and all) and waſh your feete therewith, twice euery Morning and Euening for the ſpace of 3. dayes, and in ſo doing, it will take away any manner of paine in the Head, although it be neuer ſo extreame or grieuous. This hath bin proued.

CHAP 524.

¶ An excellent remedy for to ſtay any Humour or Rheume that falleth downe from the Head into the Eyes or noſe.

FIrſt take new *Milke*, and ſeeth it, & put ſome Leauened Bread therein, then take Cummin, Bettony, and the Clay of ſtoppings of Beere, of ech a like quantitie, and let them all ſeeth together, vntill they be ſo thicke that you may ſpread the ſame for a plaiſter, then make a plaiſter thereof, and lay it to the temples of the Head, as hot as he can poſſibly ſuffer it, and ſo dreſſe it both Morning and Euening for the ſpace of 3. or 4. dayes together, and doubtles (by Gods Grace) this will quickly helpe him. This hath bin truely proued.

CHAP. 525.

¶ An excellent good coole Water to be vſed for the Head, if it be ouer hot, or in any ſuch ſort diſtempred

TAke Violet-leaues, Red Roſe-leaues, Lettice, Willow-leaues, of ech two handfulls, and a little Henbane, Vinegar, White Poppy, and a little Mandrake, and then diſtill all theſe in a Stillatory, and ſo kepe this watercloſe ſtopt in a Glaſſe vntill you haue occaſion to waſh your head therewith.

CHAP. 526.

¶ An other for the ſame.

TAke a pretty meane handfull of Wormewoode, and as much Camamill, and the like of vnſet Time and

ſhread and cut them all very ſmall, and then put them altogether into a pinte of white Wine Vinegar, and ſoe ſæth them together, and when it hath boyled a little while, put therein a handfull of greate Oatemeale, and a good quantitie of Crummes of browne Bread, and ſo let them all ſæth together vntill they be ſo thicke that you may make a plaiſter thereof, and when it is come to that perfection: then take a faire linnen cloath and ſpread the ſame plaiſterwiſe thereon, and be ſure to turne in the edges of the cloth whereby none of the ſtuffe may fall out or moue from the place where it is ſet, that is to the mideſt of your foreheade and ſo from thence on both ſides from one of your eares to the other. This will doe you exceeding much good, and it will aſſwage the paine in ſhort ſpace. Probatum eſt.

CHAP. 527.

¶ An excellent good hot water to be vſed for the head if it be ouer colde or in that ſort diſtempered.

TAke Bettony, Camamill, Rew, Sauery, Peny-royall, Margerum, Origanum, Fennell, and Elicompane, of ech of them a like quantitie, & diſtill them as you did the other, in the former Medicine before mentioned, and ſo vſe the ſame in like ſort as aforeſaide.

CHAP. 528.

¶ An excellent good Medicine for any manner of Ach, or paine in the head.

TAke a Roſe-cake, and wet it very well in Vinegar, and then put thereto a good quantitie of the powder of Nutmegs, and the powder of Cloues, and then let the ſame be bound very hard to the Temples of the head of the partie grieued

grieued, and this will ſpeedily helpe him. Probatum eſt.

CHAp. 529.

¶ An other for the ſame.

TAke a good quantitie of fine Aſhes and make Lye thereof, and ſtraine it through a cleane cloath: then take a handfull or two of Bettony, and as much Red Sage, and ſeeth the Lye and them againe altogither, and ſtraine it againe as before, and then let the partie grieued haue his head once waſhed therewith, and the ſecond time that his Head is waſhed, put thereto halfe a pinte of Muſcadine, and the third time waſh his head with cleane Muſcadine, and this will helpe him. Probatum eſt.

CHAP. 530.

¶ An other for the ſame.

TAke the iuice of Rue (otherwiſe called Hearb grace) and put it into the Noſethrills of the Patient, and it will expell the Fleagme, cleanſe the Braines, and mittigate the paine in the head. Probatum eſt.

Alſo, this Hearbe ſodden in Whit Wine doth the like.

CHAP 531.

¶ An other for the ſame.

TAke a Red Roſe cake & cut it of the length and breadth of your Forehead: then take Roſe water and Vinegar of ech of them a like quantitie, and ſteepe the Roſe cake in them, and lay it to your fore-head as hot as you may poſſibly ſuffer it, and it will helpe you.

CHAP. 532.

¶ An excellent good remedy for the Megrim.

TAke fiue leaued Graſſe and Morrell, (otherwiſe called Saint Mary Hearbe) of ech of them a like quantitie, and as much as both the other of Betony: beat all theſe to-

gether.

gether in a Morter and straine out the iuice cleane, and then put to the same iuice as much May Butter as the quantitie of the iuice is, and so make an Ointment thereof, and let the patient annoint his browes therewith when he goeth to bed, and doubtles this will doe him marvellous much good.

CHAP. 533.

¶ An other for the same.

TAke Bolearmoniake. Sanguis Dragonis, and Terra sigillata, of ech of them a like quantitie, and beat them into fine powder: then (to make a plaister) take a little Flax, and lay it upon a peece of browne paper, and let it be as broad as you will haue your plaister, then take the White of an Egge and lay upon the Flax, and straw the powder aforesaid upon that side of the plaister which shall lie nearest unto your head, and then folde a peece of paper, or else a linnen cloath betweene your head and the Medicine, or else it will cleave to the face or else to the hayre of your head, use this often and it will helpe you.

CHAP. 534.

¶ Another for the same.

TAke a peece of Leather un-allumed as broad as your Forehead, and in length, as it were from one of the Temples of your head to the other: then raise the same Leather, but not through: then take Sanguis Dragonis, and beate it to powder, and scatter the same upon the Dyle as thin as you may, and then lay it to your forehead and there let it remaine untill it be ready to fall of it selfe. This hath holpen many.

TAke halfe the Gall of a Sheepe, & a penyworth of White Coporas, and boyle them togither in stale Ale, and let the patient annoint his head often therewith, and he shall finde greate ease by it. Probatum est.

CHAP. 535.

CHAP. 536.

¶ An other for the ſame.

TAke Mugwoort and Sage, of eth of them a good handfull. of Camamil and Gentian, of eth of them a good quantitie and ij, peny worth of Engliſh Hunny, and boyle all thieſe togither vntill they be thicke: then make a plaiſter thereof, and lay it behind, and on both ſides of your head, as hot as poſſibly it may be ſuffered, and thus vſe this for the ſpace of 3. or 4. dayes togither, and it will take the Megrim cleane away. Probatum eſt.

CAHP: 537.

¶ An other for the ſame,

TAke an ounce of Pepper, and 5. or 6. Nutmegs, a quarter of an ounce of Graines, and a quart of Vinegar, and two handfulls of Roſemarie: boyle all thieſe togither betweene two platers vpon a Chafingdiſh of coales, and then put your head ouer it, and holde cloſe ouer it, vntill it be boyled (but if it boyle it, almoſt away it will be the better) and this will helpe you Probatum eſt.

CHAP. 538.

¶ An other for the ſame.

TAke two handfulls of Houſleeke, a handfull of Earthwormes, and two handfulls of Crumes of new Rye-bread, (cleane without any other graine mixt with it) ſtampe all thieſe with white Wine Vinegar, and make a plaiſter thereof, and lay it to the forehead of the partie grieued, and let it remaine there for the ſpace of 3. dayes and three nights, without any remouing of it at all, and ſo vſe this for the ſpace of 9. dayes and 9. nights, and by Gods grace this will helpe you Probatum eſt.

CHAP. 539.

¶ A good Medicine for the Head-ach or Mergrim.

TAke 5. or 6. Nutmegs & pare and ſlice them very thin: then make two little linnen bagges of the length and

bredth of your finger, and put in the Nutmegs: then take a good quantitie of your Red Rose-water, and lay your bagges in the same water in a dish vpon a Chafingdish of Coales, and make them hot, and then lay them to the Temples of your head, and this will helpe you.

CHAP. 540.

¶ An approued Medicine for the Headach, and to purge the Rhewme.

TAke the Whites of two new laid Egges and beate them very well togither & put them into Flax with as much Rose-water as you shall thinke conuenient, and then beate them well againe togither, and spread the same vpon two linnen Clothes, and then straw theron, some powder of Nutmegs, (whith is grosely beaten: then lay these two plaisters the one of them to the nape of the necke of the patient. and the other to the Temples of his head, and let them be fast bound that they stirre not, and let them continue, vntill the nert Morning, and let him vse this for the space of 6. or 7. dayes togither, and it will helpe him. Probatum est.

CHAP. 541.

¶ A very good Medicine for the Head-ach

TAke Margerum-water, and holde your Nose ouer it. and then draw your winde hard vnto you, vntill such time as the water hath entred into your nose diuers times, and then your head will cease akking immediately.

CHAP. 542.

¶ An other Medicine for a continuall Head-ach,

TAke a good quantitie of Betony Water, and then take a fine linnen Cloth and double it 3. or 4. times double and let it be some 3. fingers broad, and wet it very well in the said Water, and lay it to your fore-head colde, and let the Cloth (it being wet) come round about your head, and tye it very fast, and when it is dry, wet it very well againe, and

and by thus doing of it 3. or 4. times it will helpe you.

CHAP. 543.

¶ A very good Medicine to purge the the Head.

TAke Pellitory of Spaine, and chew the rote thereof in your mouth 4. or 5. dayes at seuerall times, and this will take away the paine of the head, and also fasten the Teeth in the Gummes. Probatum est.

CHAP. 544.

¶ A good Medicine for the winde in Head.

TAke a handful of Flowers of Camamil, and halfe a handfull of powder of Cinamon, and mingle them togither, and then make two little bags of the breadth of your Eares, and put both the powder and the flowers therein, and binde them close to both your eares, and this will speadily helpe you. Probatum est.

Hickop.

CHAP. 545.

¶ A present Medicine for the Hickop:

TAKE thy fingers ends, and stop both thine Eares very hard, and the Hickop will surcease immediately. Probatum est.

CHAP. 546.

¶ An other for the same.

TAke Oyle of Lillies, and let the Patient anoint his Body therewith diuers and sundry times, and this wil helpe him immediately. Probatum est,

Heart.

CHAP. 547.

¶ An excellent good Medicine to open the pipes of the Heart being ſtopped, and to take away Fleagme cleane, and alſo to comfort the Heart that is weake.

TAKE a good quantitie of Barly, and put it into a Gallon of faire Running Water, and ſæth it vntill the one halfe be conſumed: then ſtraine it through a cleane cloth, and put it into a penyworth of good Licquorice (ſomewhat bruſed) and a handful of red Sage, and then ſæth them altogither againe, and then put the ſame liquor into a cloſe Earthen veſſell, or elſe a glaſſe, and let it ſtand ſo for the ſpace of 24. houres: then let the partie grieued drinke 3. or 4. ſpoonefuls thereof, firſt and laſt, (but in the Morning let him faſt an houre after it) and let him vſe this for the ſpace of 14. or 15. dayes togither, and it will helpe him. Probatum eſt.

CHAP. 548.

¶ A good Medicine for the paſſion of the Heart.

TAke Red Roſe leaues, Oyle of Mace, and powder of Saffron, and mingle them all togither, and quilt them in a little thin ſilke, and drawe it ouer with a little thin Cinet, and ſo apply it to the region of the heart, and it will

will doe you marueious much good.

Also Muske is pleasant in sauor, and it comforteth both the heart and the braine greatly,

CHAP. 549.

¶ Another good Medicine for the Passion of the Heart, called *Tremor Cordis*.

TAke powder of Nutmegs, powder of Burrage, wheaten flower powder of white Amber, powder of the Bone, in a Staggs heart, and the powder of Cinamon, and mingle the altogither, and let the partie grieued drinke the same ryther in Wine, Ale or Beere, both Morning and Euening, and he shall finde exceeding greate ease thereby. Prob. est.

Thiese things afore mentioned, ought to be portioned by great and good aduise.

CHAP. 550.

¶ An excellent good remedy for the beating or tumbling of the Heart.

TAke a pottle of good Claret Wine, and put thereto, a handfull of Balme a handfull of Burrage, 6. crops of Rosemarie, halfe a quarter of an ounce of English Saffron whole, and a quarter of a pound of fine Suger, & mingle them altogither, and put them into some close vessell to stand for the space of a day or more, before the partie grieued do drinke it, and let him vse to take a good draught of it at a time both first and last, and let him vse it for the space of 6 or 7. dayes togither, or longer if necessitie require it, and it will help him. Probatum est.

CHAP. 551.

¶ A very good Medicine for the Heart-burning.

TAke 6. Almonds and 12. raw Pease and eate them together and certainely you shall not be troubled any more with the Heart-burning. For it hathbin truely proued.

CHAP. 552.

¶ A good Medicine for the ſwelling of the Heart, and for breaking of Fleagme.

TAke a quarter of a pint of Dammaske Roſe-water, 3. ſpoonefuls of pure white Wine with a few ſopps of Whit Bread, and a pretty quantitie of ſweet Butter and Suger, boyle all theſe togither vpon a Chafing-diſh of Coales, and let the partie grieued eate 3. or 4 ſpoonefuls thereof at a time after meate, and this will ſpedily helpe him. Probatum eſt,

CHAP 553.

¶ A very good Medicine for one that is greatly troubled with the Heart-burning.

TAke to the number of 5. or 6. Cornes of good Pepper, and bruiſe them in your Mouth, and when you haue ſoe done, let them downe your Throat, and this will helpe the Heart-burning forthwith. This hath bin truely proued, p. W. S.

CHAP. 554.

Things good and comfortable for the Heart.

Saffron, Gagingal, Cloues, *Muske*, Burrage, Nutmegs Red Roſes, Violets and Mace, with mirth and gladnes of the Heart.

CHAP. 555.

¶ *Things ill for the Heart.*

Beanes, Peaſe, Leekes, Onyons, Garlicke, Sadnes, Dread, Anger, ouer much Trauayle, To drinke colde water after Trauayle, and euill tidings, as the loſſe offriends, &c.

Heate and Drought.

CHAP. 556.

¶ A very good Drinke to be vſed for an extreame Heate or Drought.

TAKE a pottle of faire Running Water, Succory, Endiue, Violet-leaues, and Burrage, of ech of them a handfull, halfe a handfull of Lettice, two Fennell-rootes, and two Parſly-rootes, put all theſe togither into the Water, and let them ſeeth vntill the one halfe be conſumed: then take it of, and put a little Suger into it to make it ſweete, and when you haue ſo done, then let it ſeeth ſome 3. or 4. wallowes more, then take it and ſtraine it through a fine linnen Cloath, and let the Patient drinke it at his pleaſure, but let him vſe this for 8. or 9. daies togither, and it will be the better.

CHAP 557.

An excellent good remedy for an extreame heat, Burning or Drought in any man or womans body.

TAke wilde Poppie, (which groweth among'ſt Corne, and hath a red Flower on it much like a Red Roſe leafe, and it is (called of ſome red Corne Roſe) and diſtill it into a water, and let the Patient drinke thereof 3. or 4. great draughts, and this will quickly abate the heate or burning. Probatum eſt.

CHAP. 558.

CHAP. 558.

¶ An approued Medicine for one that is molten whithin by ouer much trauaile or labour.

TAke a quart of good Claret Wine, and ſeath therein a good quantitie of Avence and make a Poſſet with the ſame Wine, & let the Patient drinke 3. or 4. times thereof warme, (bedward) and it will helpe him. Probatum eſt.

Iaundis Blacke and Yellow.

CHAP. 559.

¶ A ſingular good Medicine for the Blacke Iaundiſe.

TAke Wheate ſtraw and lay it abroad vpon a faire floore in a cloſe houſe, and put Geeſe into the place where the ſtraw is, and watch when they do dounge, and take it vp whole, and with a knife, ſcrape of the white that is about it, and keepe the ſame white vntill you haue a good quantitie thereof, then dry it in an Ouen, and make it into powder and let the patient drinke it in Ale or Beere, both firſt and laſt warme, and it will cure both the Blacke and Yellow Iaundiſe.

CHAP. 560.

¶ An other for the ſame.

TAke a good quantitie of Scabious Water: and of Bettony Roſes, Harts tongue, and Sandelion, of eth of them a good handfull, waſh all thieſe hearbes very cleane and bruiſe them all, then put your Scabious water and your hearbes into a ſkillet, and put in alſo a quart of good ſtale Ale, and 4. or 5. ſtickes of good Liquorice, two ſpooneſuls of Annis-ſeedes, one penyworth of red Saunders (but let your Liquorice and Annis-ſeedes be well bruiſed) and 10. or 12. Cloues or ehienes of Saffron, then boyle all thieſe together, vntill the one halfe be conſumed, and then ſtraine it, and put into the Licquor, ſome fine Suger, and ſome powder of Cloues, and Mace, to the quantitie of two penyworth, and as much iuice of Wormewood, as may be well gotten out of two handfulls of wormewood (the ſame being ſtrayned with a pinte of white Wine) and put thereto 4. or 5. good Reyſons beaten all to powder and a little Yellow Turmeacke, then boyle all thieſe together a little more, and ſo ſet it to coole, and when you haue occaſion to vſe this, then drinke the quantitie of 4. or 5. ſpooneſulls thereof at a time warme, both Morning and Euening, firſt and laſt, and this without all doubt will helpe you.

This hath holpen ſome that were almoſt paſt all hope of recouery.

CHAP. 561.

¶ An other for the ſame.

TAke Shel-Snailes and roaſt them, or elſe dry them at the fire, or in an Ouen, and when they are dry, beate them to powder, and let the patient take a ſpooneful thereof at a time, and let him drinke it in Ale, and let him vſe it for the ſpace of 11. or 12. dayes together both Morning and Euening, and this will cure the diſeaſe perfectly. Probatum eſt.

CHAP. 562.

¶ An other for the same.

TAke of the Rootes and Leaues of Strawberries, and eate them euery Morning fasting, for the space of 17. or 18. dayes togither, and doubtles this will helpe you. Probatum est.

CHAP. 563.

An other for the same.

TAke the Gall of a Rauen, and dry it well, & then grate it into powder, and when you haue so done: take a pretty quantitie of it, and temper it eyther with Ale or Beere, and let the Patient drinke therof euery Morning fasting, for the space of 6. or 7. dayes togither. and it will presently helpe him. This was truely proued by N. Cox.

CHAP. 564.

¶ An other for the same.

TAke Betony, Mugwoort, and an hearbe that is called Hearb Ambrose, of ech of them a good handfull halfe a handfull of Centorie, and 3. or Dock-rootes cleane washed and scraped stamp all thiese well togither in a Morter, then take Spikenell, Turmerick, and Galligarie, of ech of them a like quantitie, and stamp them likewise in a morter, and put the hearbs by themselues in a cleane close, and the spices by themselues, & tye them fast in strinｇes & hang them in 5. gallon of good Ale, which is now ready to be tunned, and and let it stand for the space of 4. or 5. daies then drinke a good draught therof euery morning fasting for the space of 7. or 8. dayes togither, and then fast 3. or 4. houres after it, and also take it fast when you goe to bed, and doubtles this will helpe him.

CHAP. 565.

¶ An other for the same.

TAke a gallon of good Ale, and boyle it and scum it cleane then take a pint of Hunny, two handfuls of Red Nettles and

and a peny worth of Engliſh Saffron, and put them in the Ale, (being cleane ſcummed as aforeſaid) & when you thinke that it is well boyled ſtraine it & let the partie grieued drinke a good draught thereof euery morning faſting for the ſpace of 14. or 15. day togither, and this will helpe him.

CHAP. 566.

¶ very good Medicine for the Yellow Iaundiſe.

TAke a handfull of Red Nettle crops, and ſeeth them wel in a pint of Ale, & then ſtraine it through a cleane Cloth, and let the patient drinke it firſt and laſt for the ſpace of 4, or 5. dayes togither, and it will helpe him. Probatum eſt.

CHAP. 567.

¶ A ſinguler good Medicine for the Yellow Iaundis.

TAke both Leaues and Rootes of Strawberries, & make Pottage or broth therewith, and let the partie grieued take a good quantitie thereof at a time faſting, for a certaine ſpace, and by Gods helpe he ſhall haue preſent remedy.

This was a ſecret Midicine practiſed by an olde man, who got much money thereby.

CHAP. 568

¶ Another for the ſame.

TAke Earth-wormes, and waſh them and ſlice them then take a little ſcraped Iuorie and Engliſh Saffron beaten to powder and mingle them togither with Whit Wine, and let the patient drinke a good draught thereof firſt and laſt luke-warme, and it will doe him maruellous much good.

CHAP. 569.

¶ Another for the ſame.

TAke Bay Salt, Otes and Cummin and dry them al and make ij bags thereof, and as hot as the patient may ſuffer it, lay the one after the other to the crowne of his head

and ſo let him vſe it often for a good ſpace.

CHAP. 570.

¶ An other for the ſame.

TAke hard Spaniſh Sope, and a little ſtale Ale in a Cup, and rub the Sope againſt the Cup bottome (on the inſide) vntill the Ale be white: then thaue a little Iuorie into it, and let the patient drinke thereof firſt and laſt vntill it be cured, which by Gods helpe, will be in a ſhort ſpace.

CHAP. 571.

¶ An other for the ſame

TAke Leaues of Selandine, & put a good quantite of them in your ſtockings next your bare feete (both aboue and vnderneath) and it will helpe you.

CHAP. 572.

¶ An other for the ſame.

TAke Burr-roote (the greater it is, it is the better) and ſcrape it cleane, then take a pottle of new Ale, and put your Rootes therein, and boyle the rootes well in the Ale, & then let them ſoke therein for the ſpace of a day and a night and let it be cloſe ſtopt, then let the Patient drinke a good draught thereof. 3. or 4. times, and he ſhall be whole without all doubt. Probatum eſt.

CHAP. 573.

¶ An other for the ſame.

TAke a good handfull of Selandine-leaues and a quart of white Wine and boyle them togither vntill the one halfe be conſumed, (if it be in Winter, then take the Rootes of Selandine) then ſtraine the ſame, and let the Patient drinke thereof firſt and laſt warme, this will helpe him. Prob. eſt.

CHAP. 574.

CAHP: 574.

¶ An other for the ſame,

TAke a pinte of ſtale Ale or Beere, whether you will, and ſome Crumes of wheaten Bread that is well leuened, and a good ſpoonefull or ſomewhat more of Saunders, and make all thieſe into an Aleberry, and in 6. or 7. times drinking of this, it will cure you. This hath bin proued.

CHAP 575.

¶ An other for the ſame.

TAke a great Apple & cut of the top thereof (ſo as it may couer the place againe) and take the core, and then put into the ſame place ſome ſweete Butter, and a good quantitie of Turmericke, and a good quantitie of Engliſh Saffron, and then cloſe it vp againe with the piece that was cut of, and roaſt it very tender, and let the patient eate thereof. 3. or 4. mornings togither faſting, or longer if neceſſitie require it.

Impoſtumes

CHAP. 576.

¶ A maruellous good Medicine to deſtroy an impoſtume.

TAke Roots of Holi-hocks, and waſh them cleane and ſeeth them vntill they be tender: then take the Water wherein they are ſodden, and put it into a cleane veſſell, and then take as much Lin-ſeede and Fenicreeke (of both.

as the quantitie of the Rootes are in waight) and put them into the ſaid Water, and then boyle them togither againe vntill they rope like dyed-lime: then ſtampe the Rootes, and put thereto a pretty quantitie of Barly Meale, and temper them altogither, and fry them well with Boores Greaſe, and then apply it to the ſore (plaiſterwiſe) and this will ſpeedily helpe it. Probatum.

CHAP. 577.

¶ Another good Medicine for an Impoſtum in the *Head*.

TAke a good quantitie of the iuice of Mints, and put it into a quill and ſo let it runn into the patients Eare where the griefe is and then let him lie with that eare vpwards, and this will cauſe the Impoſtume to breake very ſpeedily.

CHAp. 578.

¶ An other for the ſame.

TAke a penyworth of Spikenard, and beate it to fine powder, and a penyworth of Pellitorie of Spaine, and 5. or 6. Sawcerfulls of Muſtard, and as much White Wine Vinegar, & a good Sawcerfull of Hunny, and mingle them all together, and then put a ſpoonefull thereof into your mouth, and holde your lippes together as cloſe as you can for a good while, then put the reſt into a Wodden diſh and couer it cloſe from duſt or other things falling into it, and when you doe vſe it, let it be both in the Morning and Euening firſt and laſt, and you muſt vſe 8. or 9. ſpoonefulls of this at euery time you doe it, and this will cauſe the Impoſtume to breake in a very ſhort ſpace, vſe this for 3. or 4. dayes together. Probatum eſt.

CHAP. 579.

¶ An other good Medicine to deſtroy any Impoſtume, within 24 houres or little more.

TAke of the Rootes of Flowrdeluce and Rootes of Lillies, of ech of them a like quantitie & ſtampe them togither

together, and then put into them a quart of Hunny and then boyle them altogether eyther in Wine or Ale and when they are well sodden, then take the same Liquor, and straine it through a fine linnen cloath, and when occasion serueth for vse thereof, let the patient drinke 2. or 3. spoonefulls of it at a time especially in the Morning and Euening first and last, and this will speadely cure it.

Also if you vse to drinke of the waters of Plantie and Woormewoode mingled togither first and last, you shall receiue great comfort thereby.

Itches and Scabbes.

CHAP. 580.

¶ A good Medicine for an Itch or breaking out.

TAke Whay and clarifie it with the leaues of Succory, Burrage, Endiue Fumitorie-flowers, and Hops, of ech of them an ounce, and one Fennel-rootes, and one Succorie-Roote, both brused, and an ounce of great Reysons, and let them be clarified in the Whay as afore-said, and let the Patient drinke a good draught thereof euery Morning warme, for the space of 7. or 8. dayes togither. Also, take a handfull of Seny sodden (in a pot closly stopt) from halfe a pinte to a quarter of a pinte, with a few Annis-seedes

ſeedes bruiſed: then ſtraine that likewiſe and drinke it faſting, and a little while after let the patient drinke an Aleberrie, or elſe ſome other thin brath.

CHAP. 581.

¶ Another very good Medicine for any manner of Itch, or breakingout in any part of the body.

TAke 2. or 3. Lemons & wring out the iuice of them, and then take the like quantitie of Oyle of Roſes, as there is of the iuice of the Lemman, and beate them well together, and then anoint the patients Armes, Legges, Thighes, or other parts whereſoeuer, and this helpeth in 4. or 5. times dreſſing of him in this ſort. Aprobat.

CHAP. 582.

¶ Another for the ſame purpoſe.

TAke Virgin Wax, or for want thereof take Yellow Wax, and May Butter, and a pretty quantitie of the iuice of Valerian, and as much of the iuice of Marygolds, and boyle them altogither, and ſcumme them cleane, and let the patient be anointed often therewith, or elſe with a Linnen cloath lay ſome of the ſame oyntment, where the Itch or Scabs be moſt.

CAP. 583.

¶ Another for the ſame.

TAke 11. or 12. of the yelloweſt Docke-rootes that may be gotten, and ſcrape them as cleane as you would doe Parſnaps, and cut them ſmall and ſtamp them well in a morter: then ſet them ouer a Chafing-diſh of Coales, and put vnto a pound of ſweete Butter therein, and let them boyle vntill the Rootes be ready to ſtraine, and when they be ſufficiently boyled, ſtraine them and put into the iuice a ſpoonefull of Brimſtone finely beaten to powder, and ſtir it well together, and put it to ſtand in the colde and

then

then it will be a pure salue, and when nede requireth let the body of the patient be anointed therewith before a good fire, and let it soke into his skin, and in doing this Morn. and Euen. for the space of 6. or 7. dayes togither, it will take away the itch be it neuer so great. Probatum est.

CHAP. 584.

¶ An other for the same.

TAke Red Dock-rootes and wash them and scrape them cleane, and cut them in slices and stampe them in a Morter: then put thereto a good quantitie of Brimstone finely beaten, and temper them well togither, and let the patient be anointed therewith both Morn. and Euen: and this will speedily helpe him. Probatum est.

CHAP. 585.

¶ An other for the same.

TAke Docke-rootes and beate them, and bruise them with sweete Butter, and let the patient be anointed therewith, and in 5. or 6. dressings it will helpe him.

CHAP. 586.

¶ An other for the same.

TAke a good quantitie of white Sope and steepe it well in Rose-water, then take a little Mercury sublimed, and let it be dissolued in a little Rosewater, then temper the Sope and the Rosewater, togither, and put into it a little Muske of Ciuet, and so keepe it vntill occasion serueth for vse thereof: and this will kill any manner of itch.

This is also a singular good Medicine to cure any great Scabbe or Itch without any manner of daunger at all, for it hath bin sufficiently proued.

Likewise the Oyle of Mirh healeth all manner of Scabs, Itches, Clyftes, Ribes, Pimples, Chops, Burnings, &c.

CHAP. 587.

¶ An other for the ſame.

TAke an ounce of Ginger finely beaten to powder, and temper it with a quarter of a Pint freſh Butter, and annoynt your bodyes therewith 4. or 5. dayes together. both Morning and Euening, and it will kill the itch without doubt. Probatum eſt.

CHAP. 588.

¶ An other good Medicine to kill an extreame Itch and to deſtroy the Scabbes

TAke 6. ſpoonefulls of Barrowes Greaſe, and a penny waight of Quick-ſiluer, and a handfull of Bay Salt, and vj. ſpoonefulls of faſting Spittle, and bray them all together, vntill the Quick-ſiluer be conſumed quite, and then let the partie grieued anoint himſelfe well therewith, and it will helpe him. Probatum eſt.

CHAP. 589.

¶ An other for the ſame purpoſe.

TAke the Decoction of Hiſop and anoint the place that is infected therewith, and in 4. or 5. dayes it will cure the itch without doubt, vſing of it euery day. Probatum eſt.

CHAP. 590.

¶ An other for the ſame.

TAke Enula Campana Rootes and Bores Greaſe, and ſtamp them together, & ſo let them ſtand for the ſpace of 6. or 7. dayes, and then take them and fry them, and then put thereto an oz. of Mercury ſublimatum, and let it be firſt deſtroyed with a ſpoonefull of faſting Spittle, a little Brimſtone beaten into fine powder, and with the ſame Oyntment let the partie grieued be anointed twice or thrice a day before a fire, and this will cure him in a ſhort ſpace.

CAHP: 591.

¶ An other for the ſame,

TAke Red Docke rootes and waſh them cleane, and boile them in faire Water and let them boile vntill they be ſoft, and then ſtampe them againe togither vntill the ſame be growne thicke, and take it of and put it into ſome cloſe Earthen veſſell, and when occaſion doth ſerue for vſe thereof let the partie grieued be anointed therewith, both Morning and Euening before a good fire, for the ſpace of 8. or 9. dayes togither, and it will take away all the Scabbes, kill the Itch, and cleare the ſkin. This hath bin truely proued.

CHAP. 592.

¶ An excellent good water, to kill any itching comming by heate in any part of mans body.

TAke a pinte of White wine, a quarter of a pinte of Vinegar 4 handfulls of Bettony that groweth in the woodes, and a handfull of honſlæke, ſtampe the Hearbes all togither, and then put the Wine & the Vinegar colde among ſt them and put therein a penyworth of Allom burnt and beaten to powder, incorporate them well together, and then waſh the place that itcheth with it, and in twice or thrice waſhing, this will driue it quite away, and alſo cole the heate thereof.

Kidneys.

CHAP. 593.

¶ A good Medicine for to helpe the Kidneyes, and to cause the Reynes of the Backe to grow strong.

TAKE Buglos Water, that is distilled, and put thereto a good quantitie of cleane Rose-water, and a pretty peece of fine white Suger, and drinke thereof euery Morning fasting next your heart, and this will both restore nature and strengthen you very much. Probatum est.

Legges.

CHAP. 594.

¶ A Maruellous good Medicine to be vsed in manner of a plaister, for festred Legges which haue bin long sore.

TAKE Plantine, that groweth in March, Wilde Tansie, great Morrell and Hunny, of eche of them a like quantitie: then take the White of an Egge and the Milke of a Cow that is all of one colour, and a good quantitie of

of Barly flower, and thicken them all togither, and let the Hearbes be buryed in a myxter, and afterwards mingled with the reſt, and make a plaiſter thereof, and lay it to the ſore, and it will heale it without all doubt. Probatum eſt.

CHAP. 595.

¶ An other good Medicine for the ſwelling of the Legges, comming by Colde or otherwiſe.

TAke vj. white Hearings out of the Pickle, and open them, and then lay the in-ſides of the ſame Hearings to the ſoles of your feete when you goe to bed, and ſo let them remaine all night, and in the Morning apply new ones againe, vſe this v. or vj. times and the ſame will helpe you. Probatum eſt.

CHAP. 596.

¶ An other good Medicine for Leggs that doe ranckle and feſter.

TAke Smaledge, Southernwood, Houſleeke. Violet leaues and rootes, and Way-broadleaues, of eche of them a good quantitie and a good quantitie of Hunny, and ſo temper it wel with the Hearbes and then ſtraine it through a fine linnen cloath, and make a plaiſter thereof and lay it to the ſore and ſo renue it twice euery day, and alwaies before you lay on the plaiſter waſh the ſore wel with White Wine, or alſe with Oyle of Roſes, and all this ſpace, vſe to put 5. or 6 leaues of Sage in your Drinke, and in a ſhort ſpace your Leggs will be hole. This hath holpen ſome that haue bine thought (by ſkilfull Phiſitions) to be paſt all cure.

Ligh̃s, Liuer, and Lungs.

CHAP. 597.

¶ A good Medicine for the Lights and Liuer.

TAke 3. Gallons of new Ale (when it is ready to tunne) and 2. or three good handfulls of Pennyroyall, and as much Mother of Time, and a like quantitie of Red Docke rootes cleane washed, then take 7. or 8. good Nutmegs and bruise them and mingle all theise togither, and put them altogither into a fine white Linnen Bagge, and then hang all theese things before rehearsed in the Ale, 4. or 5. dayes togither before you doe drinke any of it, and then when it is soe stale, you may drinke it shall both before and after Meales, and you shall find great comfort and ease both for the rising of the Lights, the stopping of the Liuer, and for the Spleene also.

CHAP. 598.

¶ An excellent good Medicine for the Liuer, and for drynes in the hands that commeth thereby

Take a good quantitie of Strawberrie water distilled, and seeth therein a handfull or 2. of Liuerwoort and then straine it and give it the patient to drinke with a good quantie of Sirop of Mints, and this will both coole the extreame heate of the Liuer and also bring moisture to the hands againe. This hath bin sufficiently proued.

CHAP. 599.

CHAP. 499.

¶ Another for the same.

TAke Fumitorie, Harts tongue and Liuerwoort, and boyle them in Whay and then straine it, and giue it the patient to drinke, and it will doo him much good,

CHAP. 500.

¶ A very good Drinke made of Whay, for to coole the extreame heate of the Liuer and stomacke.

TAke Violet-leaues, Sinkfoyle-leaues, Succorie, Endiue Scabious and Fumitorie, of ech of them a good handful, and seeth them in a pottle of Whay which hath bin boyled, & so let it continue boyling vntill the third part be consumed then straine it through a fine cloth, and let the patient drink a good draught therof euery Morn. and Euen. for a certaine space, this will helpe him. Probatum est.

CHAP. 501.

¶ A good Medicine for the stopping of the Liuer.

TAke Broth made of Chickins, with these things folio, wing in it, (Viz) Mercury and Succorie of ech of them by a handfull, and a few great Reysons (the stones picked out) & boyle them together, then take a few bitter Almondes and blaunch them, and beate them and with the same lie, quor, make Almond Milke, and let the patient vse to drink it euery Morning fasting and it will helpe him.

CHAP. 502.

¶ Another for the same.

TAke Madder Rootes and boyle them in by a pinte of Ale or somewhat more, let it seeth vntill it come to a draught and let the pacient vse it first and last twice or thrice a week and this will helpe him.

CHAP. 503.

¶ Another for the same.

TAke the quantitie of a Beane of Venice Turpentin, & put it into a spoon, & hold it ouer the fire vntil it melt then put

thereto a little fine Suger, and let the patient eate thereof euery day fasting and this will helpe him. Probatum est.

CHAP. 604.

¶ Another for the same.

TAke great Capers that be grene and lay them to soke in veriuice, 5. or 6. dayes togither, and then take them with and wring the iuice out cleane, and put a pretty quantitie of the same in a sawcer, and put thereto a little Syrop of Vinegar, and let the patient vse to eate thereof a little before Dinner, and likewise before supper againe, and this will do him much good.

CAAP. 605.

¶ Another Medicine for an extreame heate of the Liuer, and for drynes in the handes, comming thereby.

TAke a good quantitie of Strawberrie water distilled and seeth therein a good quantitie of Liuerwort, and drinke it with Sirop of Mints, and this will cole the heate be it neuer so great. Probatum est.

CHAP. 606.

¶ Another good Medicine for the heate of the Liuer.

TAke Saunders and strong Vinegar and heat them hot, then take a little scarlet in graine, and dip it in the same and lay it to the spone of the breast on the right side and it will helpe.

CHAP. 607.

¶ Another excellent Medicine, for any heate or drynes eyther in the Liuer, Lights or stomacke.

TAke Burrage, Langdebiefe, Violet leaues, Dandelion Sinckfoyle, and Harts-tongue, of ech of them a good handfull, and a greate handfull of Reysons of the Sonne, the

the ſtones cleane picked out) then ſeth the hearbes afore-ſaid, (the ſame being cleane waſhed) together with the Reyſons in a gallon of faire Running Water, and let it boyle vntill it be conſumed to a pottle. then take halfe a pound of Almonds and blaunch them and bray them in a Morter, then take all the Licquor before mentioned, and ſtraine it, and then put the Almonds into it. and ſo make Almonde Milke thereof, and ſo let the patient drinke of this often (blood warme) and this will doe him exceeding much good. Probatum eſt.

CHAP 608

¶ An other for the ſame.

TAke a good handfull of Liuerwoort, that groweth vpon ſtones, and of Fumitorie and Harts tongue of eche of them a handfull and boile them well in clarified Whay and drinke a good draught thereof at a time, both Morn. and Euen. and it will helpe you.

CHAP. 609.

¶ An other for the ſame.

TAke a good quantitie of Barberies, and ſteepe themone night in clarified Whay and ſtraine it, and let the patient drinke it firſt and laſt and it will eaſe him greatly.

CHAP. 610.

¶ A maruellous good Medicine for any manner of diſeaſe in the Liuer,

TAke the Liuer of an Hare being well dryed) and made into fine powder, and drinke it in Ale or Wine and it will doe you maruellous much good. Probatum eſt.

CHAP. 611.

¶ An other for the ſame.

TAke a quart of Straw berries and a quantitie of wilde Tanſie, and a gallon of new milke from the Cow, and

diſtill all theſe together, and let the Patient drinke thereof both Morning and Euening faſting and, let him waſh his face often therewith. Probatum eſt.

CHAP. 612.

¶ A maruellous good Medicine to preſerue the Lungs.

TAke the Lungs of a Fox and dry it well, and beate it to powder, and then put a quarter of a ſpoonefull thereof into a little new Almond Milke, or elſe into ſome other thin Broath made of Veale or Mutton, and let the patient eate it, and this will preſerue the Lungs wonderfull greatly. Probatum eſt.

Meate.

CHAP. 613.

¶ A ſingular good Medicine to cauſe one to haue a good appetie to Meate being neuer ſo ſicke.

TAke Centorie and boyle it in faire Running Water, and let the ſicke perſon drinke euery day the quantitie of 11. or 12. ſpoonefulls at time: (luke warme) for the ſpace of 4. or 5. dayes togither, and this will prouoke Appetite without all doubt, and it will alſo purifie the breſt and ſtomacke. Probatum eſt.

CHAP. 614.

¶ Another for the ſame.

TAke Centorie and boyle it in faire Water & put thereto a little Suger Candie, Licquorice & Annis-ſeedes, and let

let the ſicke perſon drinke it luke warme euery Morning, iij. ſpoonefulls at a time, & ſo vſe it for the ſpace of 5, or 6. dayes togither and this will helpe to bring his ſtomacke againe if he be far ſpent. Probatum eſt.

CHAP 615.

¶ A very comfortable powder to cauſe one to digeſt his meate well, &c,

TAke Pellitorie of Spaine, Centorie, Annis-ſeedes, Licquorice, Greynes of Paradice, Ginger & Cinamon of ech of them a like quantitie, and beate and ſearſe them into a fine powder, and let the patient drinke ℈j. a ſpoonful at a time therof, in Wine, Ale or Beere, Morning and Euening for a certaine ſpace, and this will doe him exceeding much good. This hath bin truely proued.

¶ Morphew.

CAHP: 616.

¶ An excellent good remedy for the Morphew.

TAKE iij. ſpoonefulls of Elder water, and let the patient drinke it euery Morning faſting, for the ſpace of 9. dates togither, and let him ſweate euery day after that he hath taken it: then take iij. or 4. Oke Apples, and kæpe them in White Wine Vinegar, for the ſpace of 24 hours, and then let him waſh his body well with the ſame Winegar, and doubtles this will cure him. Probatum eſt.

CHAP 617.

¶ An other for the ſame.

TAke ℈j. ounces of Sulphuier Vine, & beat it to powder, & mingle it with a little Blacke Sope, ỳ is of a ſtinking ſmell, & lay it in a linnen cloth, and hang it in a pint of ſtrong

Wine Vinegar for the ſpace of 9. or 10. dayes and then let the patient waſh the place where the Morphew is, and it will helpe him, although it be neuer ſo far ſpent.

CHAP. 618.

¶ An other for the ſame.

TAke Strawberrie Water diſtilled, and drinke it often, and it will expell the Morphew. Probatum eſt.

CHAP. 619.

¶ An other for the ſame.

TAke the iuice of Selandine and mingle it with powder of Brimſtone, and then lay it to the place where the Morphew is, (all colde) and ſo vſe this 4. or 5. times, and it will take the Morphew cleane away.

CHAP. 620.

¶ An other Medicine for the Morphew, whether it be white or black.

TAke Betony, Harts tongue, Sage, Plantin, red Fenell & water Creſſets, of ech of them a handfull M̄j. a handful of the Leaues of Hearbe-bennet, M̄j. an ounce of Veruoine, and diſtill them altogether, and let the Patient drinke iij. or iij ſpoonefulls therof euery morning faſting, and let him walke an houre after it, and this will cure him.

CHAP. 621.

¶ An other for the ſame.

TAke Muſtard-ſeede and Salt, and ſtamp them well together with Vinegar and let the place where the Morphew is, be anointed well therewith, and it will cure it in a ſhort ſpace. Probatum eſt.

CHAP. 622.

¶ An other for the ſame.

TAke greene Coparas and put it to ſteepe in faire Running Water, and ſo let it remaine a day and a night, and then ſtraine it through a fine linnen cloth and when occaſion ſerueth, annoint the place often where the Morphew is, and it will ſpeedily cure it.

CHAP. 623.

Mouth and Throate.

CHAP. 623.

¶ An excellent good Medicine for a ſore Mouth.

TAKE a good handfull of Sage, a pretty quantitie of Roſemarie, a good handfull of Hunny-ſuckle leaues, as much Roch Allom as haire a Wallenut and a ſpoonefull of pure English Hunny: Boyle all theſe in a quarte of faire running Water, for a good ſpace, then ſtraine forth the water from the Yearbes and the other dregges into ſome faire Glaſſe, and ſo ſtop it vp cloſe, and when you haue any occaſion to vſe it, waſh your Mouth therewith both Morning and Euening, and this will helpe it in a ſhort time. This hath bin proued.

CHAP. 624.

¶ A Medicine for hoarſenes in the Throate.

TAke 3. or 4. Figs and cleane them in two, euery one, and the put into euery of them a pretty quantitie of Ginger finely beaten to powder, and then roaſt them vpon a cleane hearth, or elſe vpon a faire Tile ſtone, and then let the party grieued, eate them as hot as poſſibly he may indure them. This hath holpen ſome that haue bin troubled with hoarſenes 4. or 5. yeares together before.

Mother.

CHAP. 625.

¶ An experienced Medicine for the Mother.

TAke a good quantitie of Neepe Royall, and stampe it well, and then take ij. spoonefulls of the sap iuice, and a spoonefull of Sallet Oyle and boyle them togither in a Sawcer, and let ij parts thereof sath away, and let no more remaine but onely the quantitie of the Oyle, let the partie grieued anoint the place where the Mother doth arise, and it will ease you wonderfull much.

CHAP. 626.

¶ An other for the same purpose.

TAke a pinte of Ale and set it on the fire and scum it: then take one spoonefull of Triacle, and a good quantitie of Mace and Greines, and a little Saffron, and boyle them togither, and so giue it the partie grieued to drinke as hot as possibly it may be taken, and he shall finde great ease immediatly.

CHAP. 627.

¶ An other for the same.

TAke Louage and Elisaunders, of each of them an ounce, Rootes and Leaues of Smalledge ʃ. ounce, and of the Rootes of Bugloſſe, Burrage, Parsly, Fennell and Succory, of each of them an ounce, of Mayden-hayre, Harts-tongue,

wilde

wilde Time, and wilde Margerum, of ech of them ij. ounces of Cummin-ſeede, Coriander-ſeede, Carraway-ſeede, Smalledge-ſeede and Dill-ſeede, of ech of them iij. ſpoonefulls and a good quantitie of Reyſons of the Sun, and bray them altogither, and put them to ſtep in White Wine, or Ale, ſo the ſpace of 24. houres togither, and then ſtraine them, and let the patient drinke this firſt and laſt for a certaine ſpace, and this will cure the infirmitie without all doubt. Probatum eſt. p. L. L.

CHAP. 628.

¶ An other for the ſame.

TAke 3. or 4. handfulls of Fearne that groweth upon the top of houſes & ſeeth it in Renniſh Wine, and when it is well ſodden, then put it into a Lumen cloath, and ſoe as hot as poſſibly the partie grieued may ſuffer it, lay the ſame to her Mamill and ſo let her vſe this for the ſpace of 5. or 6. times, and it will doe her exceding much good. Prob. eſt

Palſie.

CHAP. 629.

¶ A moſt ſinguler good Medicine for the Palſie.

TAke a Fox that is fat, and flea him, and then take forth his intraites, and ſaue all the fat which is about them, and then fill vp his belly againe with this Virtues following, and ſow it vp both faſt and cloſe, and then roaſt him as dry as may be, and let the dripping pan that he doth droppe into, bee halfe full of good Vinegar, and ſaue the ſides from the fire as much as poſſibly you may, then

then take 4. handfulls of dry Cowslip-flowers, and of Sage Lauender, Spike, Rue flowers, Daffadill flowers, Camamill flowers, Rosemarie flowers, and Garden Time, of ech of them a good handfull, Iuniper Berries, and Angelica of ech of them 6. an oz. Cloues, Mace and Ginger of ech of them a quarter of an oz. and 6. or 7. Nutmegs bruise all these into a grose powder, and mix them togither, then take a pinte of Garden wormes, and chop them very smal & mixe them well with the said powder then take as much of the fat of a Fox as you can get, that groweth about the Leg, that Castorum is in, (which with diligence may be easily found) or if the Fox be leane, then take the fat that is about his guts, and when you thinke he is roasted inough, pricke him in the belly with a Bodkin, that all his grease may issue forth: then baste him for the space of an houre, with the Vinegar, that is in the same dripping, and anoint the place grieued therewith, both Morning and Euening (before a good fire) for the space of 15. or 16. Dayes together and wrap it eyther with the skin of a Fox, or else with a Lambes skin, or some other olde Fur, and doubtles this will cure him. Probatum est.

Also some of the flesh of a Fox eaten, will cure the Palsie, if the Patients stomacke will endure it.

CHAP. 630.

An other for the same.

TAke 2. good handfulls of greene leaues of Cowslops that grow in the fields. (but they must be alwaies gathered in May) and picke them very cleane and wash them and then put them into a quart or somewhat more of faire running Water, and then boyle the same, till the one halfe there of be consumed, then put therein a good quantitie of fine Suger, or else as much as you shal thinke good to sweeten it with all, and let it boyle vntill it comes to a Sirop, and very pleasant to be eaten; then take

out

out the leaues cleane, and let the patient both eate the Syrrop and leaues with fine white bread, and this will doe him much good.

CHAP. 631.

¶ Another for the ſame.

TAke a good ſound Nutmege, and ſlice it in thin broad pieces, and put one of the pieces vnder the patients tongue, and ſo let it remaine all the Morning there till Noone and after Dinner put an other there againe, and he ſhal finde that this will doe him much good if he vſe it often.

CHAP 632.

¶ Another for the ſame,

TAke Red Sage, Sothernewood, Spike and Lauender of ech of them a handfull, and boile them togither in a gallon of faire Running Water. and let it boyle vntill the one halfe be conſumed: then ſtraine it, and put it into a Cruſe or pot and keepe it cloſe couered, and when you will vſe it, take 4. or 5. ſpoonfulls thereof in a Sawcer, (luke warme) and gargle it too and fro in your mouth a good ſpace and then ſpit it forth, and ſo in like manner, take the like quantitie againe thereof in a Sawcer as before, and let it be luke warme, and ſo let the patient rubbe and chafe that part of his body which is grieued with the Palſie with a ſpung dipped in the ſame Water, and it will helpe him. Probatum eſt.

CHAP, 633.

¶ Another for the ſame.

TAke Pellitorie of Spaine, Pepper and Iuy, of ech of them ℈. ounce and make them into powder, then take ℥. ounces of powder of Sage, and mingle it with the things before rehearſed, and giue it the patient to eate in his pottage, or elſe in ſome other broth, and this without

doubt will cure him. Probatum est.

CHAP. 634.

¶ An other good Medicine for the Palsie which taketh away the speach.

TAke Sage and dry it betweene y. warme Tiles, and let it be laide to the Necke of the patient, and to the wrists of both his armes, then let him take a Nutmeg and slice it thin, and then put one of the slices vnder his Tongue, and the other ouer, and so holde the same a good space in that sort, and let him vse to do this often, and it will do him much good: and let him also anoint his Necke often, eyther with Oyle of Spike, or Water of Spike.

CHAP. 635

¶ An other for the same.

TAke Sage leaues, and Primrose leaues, of eche of them a like quantitie (and if it be in Winter, then take Primrose Rootes) and beate them both togither & straine them with Ale, and giue the patient a good quantitie thereof to drinke at a time, and this will helpe him. Probatum est.

CHAP. 636.

¶ A present remedy for Lamenes in the side, comming by the Palsie.

TAke Sage and Hisop and boile a good quantitie of them togither in faire running Water, and bath the side that is grieued well therewith: then take the Herbs and binde them as hot as they may be suffred to the sore place and this will speadely helpe it. This hath bin truely proued.

CHAP. 637.

¶ A very good Medicine for one that is taken with the Palsie, though not the shaking Palsie.

TAke the bloud of a Fox, as warme as it may be taken from him, and the bloud about the heart is best, but all the

the reſt is good, and with ſome of the ſame blood chafe the place that is taken, and then take the ſkin of the Fox, and put the raw ſide to the place where the paſſie is, and ſo let it remaine for the ſpace of 12. houres at the leaſt: and in the meane ſpace till a Fox may be gotten chafe the place well that is benummed, with Oyle Oliue and Aqua compoſita mingled well togither, and doubtles this will cure him in a ſhort ſpace, for it hath bin truely proued.

CHAP. 638.

¶ An other for the ſame.

TAke Sage, Spike and Lauender, and diſtill them togither, and let the patient drinke a good draught of the ſame Water euery morning warme, eyther in Ale or Wine: alſo take Sage and Betony, and put them betweene ij. Diſhes vpon a Chaffingdiſh of coales, and ſprinke them with good Malmſie and apply them warme to the nape of the necke and to both the wriſts of the patitient, and this will do him much good.

Pilles and Emerodes.

CHAP. 639.

¶ A ſpeady remedy for the Pilles.

TAke the beards of the heads of vnſet Leekes and waſh them cleane, boile them in a good quantitie of faire Running Water vntil they be tender, then take them forth and dry them very well in a cleane Linnen Cloath, and then you muſt ſtampe them as ſmall as poſſibly you

can: then take a good piece of fresh Butter and boile them therein upon a chafingdish of coales, and put into it a good quantitie of English Saffron, and when it is well boiled, straine it through a fine cloth into some glasse or earthen vessell, and keepe it close, and when you will use it, make a plaister of it upon a peece of leather, or upon a piece of linnen cloth, and lay it cold to the place grieued, and it will speadily helpe you. Probatum est.

CHAP. 640.

An other for the same.

TAke Oyle of Indian Nuts & anoint the place grieued well therewith, and in twice or thrice doing thus, it will kill the Piles and Emerodes, and it will also kill the little Wormes which be in the Fundament. Prob. est. p. G. C.

CAAP. 641.

¶ An other for the same.

TAke ij. penyworth of Mercury Sublimatum (which is of the collour of Chaulke) and steepe it in Vinegar, for the space of 3. or 4. houres together: then take a few Coles and set vnder a close stoole in a chafingdish, and put the powder into it, and burne it, and let the partie grieued sit ouer it as close as he can, that the smoke may not go forth any way, but that it may come to the fore, and this will helpe him.

CHAP. 642.

¶ An other for the same.

TAke a good quantitie of Beanes and seeth them in faire Water, and then put them into an Earthen pan, and let the partie grieued sit ouer the pan (as hot as possibly he may abide it) and this will helpe him. Probatum est.

CHAP. 643.

CHAP. 643.

¶ Another for the ſame.

TAke ij. handfulls of Southernwood, and ſtrip the leaues from the ſtalke: then take new Butter (as it commeth from the Churne vnſalted) and bruſe the hearbes and fry them in a frying pan with the aforeſaid Butter vntill they are become tender: then take and ſpread them vpon a fine linnen cloth, and lay them to the ſore place as hot as poſſibly it may be ſuffred, and doubtles this will helpe him. Probatum eſt.

CHAP. 644.

¶ An other for the ſame.

TAke a great Eale, and flea it and drawe it, and let it touch neither Water nor Salt, but cut it in pieces and roaſt it, (and the firſt dripping being caſt forth) then take the next dripping, and with a fine linnen Cloth being dipped therein (the ſame being hot) bath well the place grieued twice or thrice a day and this will cure the Piles, if that they be neuer ſo ſore. Probatum eſt.

CHAP. 645.

¶ A good Medicine to ſtaunch the bleeding of the Pilles.

TAke a good quantitie of the iuice of Milfoyle and put thereto a pretty quantitie of powder of burnt Garlicke, and let the party grieued drinke thereof, eyther in Ale or Wine, and the Piles will die in a ſhort ſpace. Prob. eſt.

CHAP. 646.

¶ An other for the ſame.

TAke Leaues of Mullet, and Leaues of an Elder Tree, and ſtampe them very well, and mingle them with Butter that is vnſalted, and anoint the place grieued often

therewith before a good fire, and this will cure you. Probatum est.

CHAP. 647.

¶ An other for the same.

TAke Blacke wool and Blacke Sope, and binde to the place grieued, and this will presently helpe whithout all doubt. For this hath bin truely proued.

CHAP. 648.

¶ An other for the same.

TAke Oyle of Roses, Frankensence, and Hunny, & make an Oyntment of them, and put it into the Fundament with your finger, and put a little Mirh thereto, and vse to anoint the Fundament often with it, and let the breath assend vp into the Fundament, and this will cure it.

CHAP. 649.

¶ An other for the same

TAke Diaculum & Oyle of Spike, of eth of them a little quantie, and melt them in a Sawcer, and spread the same vpon a linnen cloth, and lay it to the Piles very warme and within 4. dayes vsing of it both Morning and Euening, they will be hole. Probatum est.

CHAP. 650.

¶ An excellent good remedy for the Emerodes, and dry vp any sore.

TAke Red worts, and seth them in a pot of faire Water vntill they be very well sodden, then take a pot, and set it ouer a Chaire that is close, and let the patient sit ouer it, and wrap warme cloathes about the chaire that no ayre may issue forth, and so let him sit ouer it, vntill it be cold and let him anoint his members with the same liquor and this will speedily helpe him.

CHAP. 651.

CHAP. 651.

¶ Another for the ſame.

TAke broad Nenphane leaues, (otherwiſe called Cane leaues, which doe grow in Waters) and waſh them cleane, and put them into a paper and broile them in the Embers, and then lay them to the place grieued as hot as they may be ſuffered, or elſe make them into powder, and caſt the ſame into the ſore, and it will helpe. Probatum eſt.

CHAP. 652.

¶ Another for the ſame.

TAke a little plate of Leade and rub vpon a little Bores Greaſe, and (if it be for a Man) but if it be for a Woman, then take Swine Greaſe, and waſh it out with White Wine, and then anoine the place grieued therewith, and this will doe exceeding much good. Probatum eſt.

CHAP. 653.

¶ An excellent good Medicine for the Emerodes and Pilles.

TAke Blacke Woll and good Inke (made with Coporas and Gaules) and wet the Woll in the Inke, and then apply the ſame to the ſore, and it helpeth.

CHAP. 654.

¶ Another for the ſame.

TAke Creſſets that grow in or about a well, and then ſtampe and ſtraine them into a pot, (but not with any Water) and make a plaiſter thereof, and apply it to the place grieued and it helpeth. Probatum eſt.

Cer-

Plague and Peſtilence.

¶ Certaine Rules and good inſtructions to be obſerued againſt the Plague, &c.

FORASMVCH as the force and infection of the diſeaſe called the *Plague* or *Peſtilence*, hath heretofore bin too well knowne and felt in diuers and ſundry places of this Realme, & for that diuers Cities, Townes, and other places of this Realme, haue binne ſo grieuouſly vexed there with: therefore (according to my ſimple skill and knowledge therein) I haue thought good to publiſh and make knowne vnto all, aſwell ſuch preſeruatiues as are good to be vſed, obſerued and kept by all ſorts of people for the auoyding of the ſame diſeaſe, being greatly infectious, and eaſily taken diuers & ſundry waies: as alſo for the better preſeruation of thoſe that are in health, from the infection of the diſeaſe, and to cure and order thoſe that are any way infected or grieued with the ſame: and therefore theſe things following, ought chiefely to be regarded, and fully obſerued. (Viz).

1 To keepe your Houſes Yardes, Backſides, Stretes, and Chennells cleane from all ſtanding puddles, dunghils, and

and corrupt moistures which ingender stinking & filthy sauours that be noisome, or breed infection.

2 To suffer no Dogs nor Cats to come into your houses, nor to keepe any your selues (except you dwell in some open place of Ayre) for they be very dangerous, and most apt (of any kinde of thing) to take infection of sickness, & to bring it home to their Masters house by reason that they run from place to place and from one house to an other continually feeding vpon the vncleanest things that are cast forth into the streetes.

3 To ayre your roomes (seuerally) with Char-cole fire, made in stone pans, or Chasing-dishes, & not in Chimneys, but as you can set your pans in the midst of the Roome, and be sure to ayre euery roome twice a Weeke at the least, and put into your fire, a little Frankenscence, Iuniper dryed Rosemarie, or Bayleaues, Sage, and Lauender,

4 To wash your linnen often, and to ayre your Woollen in the Sunne or ouer pans of fire or ouer a Chasing-dish of Coales, and to fume the same eyther with Frankenscence, dryed Rosemary Iuniper and Bayleaues.

5 To smell to the Rote of Enula Campana steeped in white Wine Vinegar, and wrapped in a hand kercher, or else to Hearb-grace and Wormwood steeped in Vinegar, and caried either in the Rind of a Lemmon, or in some thing (made for that purpose) close stopt, Also powder of Enula Campana rots in drink, or hanged about your neck, or else chued in your mouth is good. To eat or chew in your mouth eyther the rote of Angelica, Setwal, Gentiã, Valerian Cinamon or the rotes of Arras, and to vse euery morn. fasting, to eate Sorrell steeped in Vinegar with a little Bread and Butter, or if vinegar be scarse, then with Sorrell sauce. Also to eate a kernell of a Wallnut mixt with 5. or 6. leaues of Hearb Grace and a corne or ij. of Salt, put altogither into a Fig warmed, and eaten fasting twice or thrice a weeke and to fast 3. houres after it.

6 To comfort the ſtomacke, often with an Albery made of Cloues Mace, Nutmegs, Saunders, Genny Greines and ſuch like.

7 To drinke Rue, Wormwood and Scabious ſteep't in Ale a whole night in the Morning faſting. (Alſo to take the rootes of Enula Campana beaten togither and drinke faſting) or to drinke the powder of Turuentill in Sorrell or Scabious water faſting: or elſe to take the water of Cardus Benedictus, or Angellica mixt with Methridatum. Alſo Bay Berries huskt before they be dry beaten to powder, and drinke either in ſtale Beere or Ale, or in Wine, and to ſweate vpon it and to forbeare ſlæpe.

8 To procure ſweat being in your naked bed, by drinking of Poſſet Ale, ſodden with Sorrell and Burrage and mixt with Triacle, but if any fæle themſelues infected let them take Angellica Water mixt with Methridatum, and drinke it of, and ſweat in bed vpon it.

9 To preſerue your ſelues by correcting the ayre in your houſes: It is neceſſaris that you take Roſemarie, dry Iuniper, Bayleaues or Frankenſcence, and caſt the ſame vpon a Chafing-diſh of coales, & receiue the ſmoke or fume thereof into your head, if you haue it, you may put a little Lauender or Sage that is dryed into the fire with the reſt and it will be the better.

10 Alſo to preſerue your ſelues otherwiſe by perfuming or correcting the Ayre in your Houſes & Chambers: Take a good quantitie of Wine Vinegar and put thereto a little Roſewater, and 10, or 12, branches of Roſemarie, and put them all into a Baſon: then take 5 or 6 Flintſtones, & heate them red hot in the fire, & caſt them into the ſaid Vinegar, and ſo perfume your Chambers or other Roomes therwith as often as you ſhall thinke méete, and let them be ſo done on eaftter an other.

11 Likewiſe to preſerue your ſelfe by perfuming of your apparel: Take the ſame apparel that you doe vſually weare

and

and let be kept ſweet and cleane and perfume it often eyther with red Saunders burnt, or elſe with Iuniper: And if you happen to be with any that are infected, aſſone as euer you come home ſhift your ſelfe immediately, and ayre your cloathes as aforeſaid, or otherwiſe ayre them well in ſome open Ayre.

12. Laſtly, if the patient be coſtiue, and hard bound in his belly, then let him take a Suppoſitarie made with a little boiled Huuny, and a little fine powder of Salt, & ſo take it in at the Fundament, and ſo let it be kept therein till it moue a ſtole.

Preſeruatiues (Corporall) againſt the Plague and Peſtilence.

CHAP. 655.

¶ A moſt ſinguler good Preſeruatiue to be taken againſt all manner of bad and corrupt Ayres, in places infected.

TAke a handfull of Sage, and ſeeth it in a gallon of faire Running Water, and let it ſeeth vntill the one halfe be conſumed, then couer it cloſe, and ſet it ouer the fire againe, and put into it a good quantitie of Huuny, and as much Triacle & then ſcum it cleane, and put it into a glaſſe, and ſtop it cloſe, and when you will vſe it, drinke 5. or 6. ſpoonefulls of it faſting, and it will preſerue you from taking of any euill Ayres all the day after whereſoeuer you goe.

CAHP. 656.

¶ Another good Preſeruatiue to bee vſed againſt the Plague when you goe into an open ayre, or elſe where common aſſemblies are.

TAke a ſponge and dip it in Vinegar and Roſewater mingled, or elſe in Vinegar wherein Wormwood or Rue haue both bin boiled in, and vſe to ſmell often thereto.

CHAP 657.

¶ An excellent Pomander to be vſed againſt the ill fauoured ſent of the Plague.

TAke the quantitie of 4. pound of Oblibanum Labeanum & put to it a pound waight of ỹ ſtrongeſt Vinegar that may be gotten and ſet them to ſœth in an earthen pot for a good ſpace, thẽ take the quantitie of a pound of pure yellow Wax, and a little Turpentine, and let them be mingled and bruiſed togither in a braſſe Morter, and then put therein 3. or 4. ounces of Storax Liquida, and let it be made thicke like vnto paſte and ſo make thy pomanders, and if thou wilt haue the ſame ſweeter, then put therein halfe a an ounce of Spikenard, and of Cloues beaten to powder and Muske, Roſes, of ech of them 2. ounces, and of Camphire a dram, and ſo make it vp at pleaſure.

CHAP. 658.

¶ An other for the ſame.

TAke fine Cinamon, Cloues, Amber, Nutmegs, Storax, Camamill, Iuniper, & Red Roſes, and beate them all togither and make a powder thereof & then mingle the ſame with Roſewater, and ſo make a pomander therof.

CHAP. 659.

¶ A ſpeciall good drinke to be vſed of all ſuch as are grieued with the Plague or Peſtilence, during all the time of their ſickneſs.

TAke a quarter of an ounce of great Valerian, a handfull of Sorrell, and an ounce of the Rootes of Butter-burre,

(other,

otherwiſe called Peſtilent-woort) and boile them in faire Running Water from a quart to a pinte, and ſtraine it and put thereto ij. ſpoonefulls of Vinegar, and ij. ounces of fine Suger, and then boile them againe, and then let the party grieued drinke a good draught thereof as hot as poſſibly he may abide it, and if he hap to caſt it vp againe, then let him drinke the like draught immediately vpon it, and prouoke himſelfe to ſweate.

CHAP. 660.

¶ A ſpeciall good preſeruatiue againſt the Plague.

TAke an Eg and make a hole in the top of it, then take out both the Yolke and white, and fill the ſhell with the waight of ij French Crownes of Engliſh Saffron & then roaſt the ſhell and Saffron togither in the Embers of Charcoles, vntill the ſhell wax yellow, then beate them togither in a morter with halfe a ſpoonfull of Muſtard-ſeede, and as ſoone as any ſuſpition is had of infection, diſſolue the waight of a French crowne in 10. ſpoonefulls of Poſſet-ale, and drinke it luke warme and ſweate vpon it in naked bed.

CHAP 661.

¶ An other for the ſame.

TAke a handfull of Hearb-grace (otherwiſe called Rue) a handfull of Elder leaues, a handfull of Red Sage, & a handfull of Red bramble leaues, and ſtampe them well togither and ſtraine them through a fine cloth, with a quart of Whit Wine, the take a good quantitie of Caſe Ginger & mingle it well with them and drinke a good draught thereof both Morning and Euening, for the ſpace of 9. daies togither and by Gods grace it will preſerue you.

CHAP. 662.

¶ An other for the ſame.

TAke a good quantitie of Garlicke, and pill it and mince it ſmall, and put it in new milke, and eat it every

Morning faſting.

CHAP. 663.

¶ An other for the ſame.

TAke ij. Figges, ij. Wallnuts, 20. Leaues of Rue, and a dram of Salt and ſtampe them all very well together, and eat them faſting, and it will preſerue you all the day after: as well againſt the Plague, as alſo againſt any other poyſon.

CHAP. 664.

¶ An other for the ſame.

TAke Alloes Hepatica, pure Cinamon and Mirh of ech of them three drams, of Cloues, Mace, wood of Alloes (commonly call Lignum Alloes) Maſticke and Bole Orientall, of ech of them an ounce, mix them togither and make them into a fine powder, and drinke the ſame faſting euery Morning eyether in whit Wine delaied with water, or elſe with Ale, (but if it be with Wine, mingle it with a little water, but mingle nothing with the Ale, and by Gods helpe this will preſerue you.

CHAP. 665.

¶ An other good preſeruatiue vſed by Methridates.

TAke Figgs which are not worme-eaten & waſh them cleane, and of the kernels of Wallnuts cleane picked, of ech of them an 100. the waight of foure pence of Salt, & of the leaues of Hearb Grace ½ waight of ij. Then take the Figs and the kernels of the Wallnuts, & cut them in pieces, and ſtamp them well, and then put the Leaues vnto them, and ſtir them very well togither, and then ſtraine the Salt with the reſt, and ſtir it vntill it be incorporated, and made of one ſubſtance, and then put it into ſome Earthen pot or Gallipot, wherein it may be kept both ſweete and cleane, and when occaſion ſerueth for vſe thereof: take the quantitie of 2. or 3. Figs thereof, and eate it euery morning faſting, & by Gods helpe it will preſerue you. Yf you giue it to young children, the one halfe will ſerue.

CHAP. 666.

CHAP. 666.

¶ An other for the ſame.

¶ An excellent good Medicine againſt the Plague.

TAke an oz. of the leaues of Hearb grace, halfe an oz. of good Figs, an oz. of Iuniper-berries, 2. ounces of Wallnuts cleane picked, 4. ounces of Wine Vinegar, and a good quantitie of Saffron, and ſtamp them altogither, and then put them into a Glaſſe or Earthen pot, that is cleane, & ſtop it cloſe that no ayre may iſſue forth of it, & when you haue occaſion to vſe it, thē take it out eyther vpon a knifes point (or ſome other inſtrument fit for that purpoſe) the quantitie of a Beane or ſome what more, and eate the ſame in the morning faſting and by Gods helpe you ſhall be ſure not to be infected with the Plague, for the ſpace of 24. houres, after the taking thereof, and it will do the Patient exceeding much good.

CHAP. 667.

¶ A ſoueraigne Drinke if it be taken in time to preſerue one againſt the Plague or Peſtilence.

TAke the quantitie of a dram and an halfe of Powder Imperiall, a dram of Triacle and of Dragon Water, and Sorrell water, of ech of them an oz. and drinke it with Ale in the Morning faſting (and if one haue taken th'infection within 24. houres before, yet by Gods grace he ſhall eſcape it. This hath bin truely proued in the laſt great Viſitation and hath done much good.

CHAP. 668.

¶ An other for the ſame purpoſe.

TAke Hearb-grace, Sage of vertue, red Bramble leaues and Elder leaues, of ech of them a good handfull, ſtamp them altogither and ſtraine them through a fine linnen cloth, with a quart of the beſt olde white Wine that may be gotten, and put therein 3. penyworth of pure good Ginger finely beaten to powder, and let any one (fearing or miſdoubting the Plague) drinke euery Morning faſting a good ſpoonefull of it, & let him or her vſe it for the ſpace of 10. or 12.

dayes

dayes together and it will doe (by Godsgrace) exceeding much good, for this hath bin holden an excellent good preſeruatiue againſt the infection of the Plague.

CHAP. 669.

¶ Another good preſeruatiue againſt the Plague or Peſtilence.

TAke Scabious and Moriſis Diaboli, of eth of them ſuch a quantitie as to your owne iudgment ſhall be thought meete, ſtampe them very well, and then ſtraine them, and then take the iuice of them, and ſet it vpon the fire, and then you ſhall perceiue a greene Curde to ariſe vpon the top of it, but ſcumme that of, as cleane as you can, then take the cleare licquor, and put into it three quarters of a pound of the fineſt white Suger that may be had, and ſo let it ſeeth vntill the one halfe of the liquor be conſumed, then take it of, and ſo keepe it ſafe and when occaſion ſerueth let the party take the quantitie of 3 ſpoonefulls thereof at a time, both Morning & Euening (luke warme) and this will preſerue one greatly. Probatum eſt.

CHAP. 670.

¶ Another for the ſame.

TAke Butter-milke and eate thereof euery day during the time of ſickneſs and it will doe you much good.

CHAP. 671.

¶ Another for the ſame.

TAke 5. ſpoonefulls of Wine Vinegar, 3. ſpoonefulls of faire Running Water, vi. a ſpoone full of Triakle of Iene and of Bole Armoniacke, as much as a ſmall Nut (it being beaten to ſmall powder) and drinke it euery Morning and Euening. proued by. M. K. of An.

CHAP. 672.

¶ Another for the ſame.

TAke 7. or 8. leaues of Sorrell, and waſh them in faire Water and Vinegar, and keepe them in the ſaid Water

and

and Vinegar a good while and eate them faſting.

CHAP. 673.

¶ Another for the ſame.

TAke the fineſt and pureſt Alloes that may be gotte, and of Cinamon and Mirh, of eche of them the waight of 3. French Crownes (or the waight of 22. ß. in ſiluer) and of Lignum Aloes, Cloues, Mace, Maſticke, & Bole Orientall, of eche of them ßi an oz. mingle them togither, and beate them into fine powder: then take the waight of iij ß. therof, and delay it into white Wine and faire Water, and ſo drinke it euery Morning faſting.

CHAP. 674.

¶ An excellent good Drinke to be taken euery Morning for a preſeruatiue againſt the Plague, &c.

TAke a good handfull of Winter Sauery, and boile it in a quart of good Wine Vinegar, with a ſpoonefull of Greines, (being beaten and put into it) and put thereto a good quantitie of fine Suger. and take a good draught therof euery Morning faſting. Alſo if you muſt of neceſſitie come into any place where any infectious perſons are, then it is good for you to ſmell to the Root of Angelica, Gentian, or Valerian, and to chew any of theſe in your mouth, and you ſhall finde much vertue in them. Probatum eſt.

CHAP. 675.

¶ A maruellous good Medicine for the Plague.

TAke 3. or 4. ſlips of Hearb Grace, and 6. ſpoonefulls of Vinegar, and beate them both togither in a Mortar, then ſtraine out the iuice of it cleane, and put thereto an oz. of pure Triacle, and an oz. of fine Suger, and ſet it on the fire, and ſtir it well togither, and make thereof a Sirop, and then put it into a cloſe Box, and when you will vſe it, take a Sage leafe and ſpread as much as a Beane of the ſame

vpon the leafe, and ſo eate it euery Morning, and Euening, and it will do you much good. Alſo if any one be infected, and vſe this often, it will quite expell the Plague from his hart: but if he be not infected, it will preſerue him within the ſpace of 24. houres after the receipt thereof.

CAHP: 676.

¶ An other for the ſame.

TAke euery morning faſting, a dry Fig, a Wallnut, and 4. or 5. leaues of Hearb Grace, and chop them altogither very ſmall and eat them, and afterwards drinke a good draught of White or Clarret Wine But if it be a woman with Childe leaue out the Hearb grace.

CHAP. 678.

¶ An other for the ſame.

TAke a pinte of Hunny, a quarter of a li. of Bole Armoniacke and as much Sanguis Dragonis, and as much of Terra ſigillata, halfe an oz. of Cloues, and a pinte of Aqua vitæ, and ſeeth them altogither, vntill they be all as thicke as pap, & when you will vſe it, take the quantitie of a ſpoonefull thereof firſt and laſt, but take heede that you doe neither walke nor drinke for the ſpace of an houre after the taking thereof and this will do you maruelous much good.

CHAP. 679.

¶ A good preſeruatiue for a woman with Child, or ſuch as are dilicate or tender, that cannot away with taking of Medicines.

TAke a toaſt of White Wheaten bread, and ſprinkle thereon a little powder of Cinamon, and eate it in the Morning faſting. But if Cinamon, or Vinegar be not to be had: then you may eate Bread and Butter alone, for Butter is not onely a preſeruatiue againſt the Plague: but alſo againſt all other venom and poiſons.

CHAP. 680.

CHAP. 680.

¶ An excellent good Medicine to be drunk ſuſpecting your ſelfe to be infected.

TAke a great Onion and take forth the Core, then fill it full againe with Triacle of Iene, and wrap the ſame in a peece of paper, and roaſt it vntill it be ſoft, and then ſtraine it with a little White Wine Vinegar, and temper it with a pretty quantitie of Suger, and giue the patient .ij. ſpoonefuls thereof to drinke faſting, & if he be infected with the plague it will be perceiued within 6. houres after the receipt of the ſame drinke.

CHAP. 681.

¶ An other good preſeruatiue againſt the Plague.

TAke Rootes of Bayes, May-Weede (both leaues and rotes) of ech of them a like quantitie, a good quantitie of Triacle of Iene, and a ſmall quantitie of Dragon Rootes and Leaues, and mingle them well togither with Ale, and make a Poſſet thereof, and ſo vſe to drinke dayly thereof, and you ſhall finde great comfort thereby.

CHAP. 682.

¶ An other preſeruatiue againſt the Plague.

TAke a Fig, and put therein a little Hearb grace bruſed, and mingled with a little Bay Salt beaten ſmall, and the Kernell of a walnut cleane picked, and let the patient vſe euery Morning to eate 3. or 4. of theſe Figs thus ordred faſting, and let him drinke a good draught of Wine or Beere afterwards, and then walke an houre after it, before he eate any meate, and ſo by vſing of this euery Morning as aforeſaid, by Gods helpe he ſhall be ſafe from any infection.

CHAP. 683.

¶ An other for the ſame purpoſe.

TAke VVormwood & Rue, of ech of them a handfull, and bruſe thē a little, & put them into an Earthen or pewter

pot, with as much white Wine Vinegar as will couer the herbes, and keepe it cloſe ſtopt, and when you feare any infection, dip a little peece of a ſponge into the Vinegar and then put it either into a round ball made of Iuorie or Iuniper, with little holes on the top or elſe the Rinde of a Lemmon (being opened one the top, and all the ſubſtance taken forth) and carry it in your hand as you go in the ſtreets, and ſo vſe to ſmell often vnto it, and this will preſerue you greatly.

CHAP. 684.

¶ An other excellent good preſeruatiue againſt the Plague.

TAke halfe an hundred of Greene Walnuts, (being new taken off, as they hang greene on the Tree) a li. of the inner Barke of an Aſh-tree, and of Perry-morell, Houſleeke, Scabious, and Veruaine, of eche of them a handfull and halfe an ounce of Saffron, and mince them altogither, and put a pottle of the ſtrongeſt Vinegar to them that may be gotten, and boile them ouer the fire in a pot cloſe ſtopt, and afterwards diſtill them in a Lymbeck: then take the ſame water, and keepe it in a Glaſſe, and when occaſion ſerueth for vſe thereof, drinke 4. or 5. ounces thereof at a time, and ſo vſe to take it 4. times in 24. houres ſpace, and when you doe take it, be ſure to be in your naked bed, and prouoke your body to ſweate, and in ſo doing you ſhall ſuſtaine great comfort both to heart and body. Probatum eſt.

CHAP. 685.

¶ An other good preſeruatiue for the ſame purpoſe.

TAke 7. graines of powder of Saffron 10. Greines of the Kernels of Wallnuts cleane picked 2. or 3. Greines of Figs, 3. Greines of Metridatum. ſ. ß. of Pimpernell Water, and 6. Sage leaues: ſtamp all thieſe

thiſe togither, and put it into a cloſe Glaſſe, and eate therof euery morning faſting the quantitie of 12. Graines, and this by Gods helpe will preſerue you.

CHAP. 686.

¶ An other for the ſame purpoſe.

TAke a good quantitie of Rue, (otherwiſe called Hearb grace) or Wormewoode (or both if you pleaſe) and put it into a pot of vſuall drinke, and let it ſtande for the ſpace of a whole night cloſe ſtopped, and drinke thereof in the morning faſting, and by often vſing of it, it will both purge the bloud and preſerue you from the Diſeaſe: Alſo if you take 7. or 8. Berries of Iuniper dryed & made into fine powder, and put the ſame into your drinke wherein the Rue and Wormewoode hath bin ſteeped as aforeſaid, it will be much the better, and of a farre greater vertue: but if you cannot get any Iuniper Berries, then take a little powder of Wormewoode, and powder of Valerian, and vſe it in your drinke as aforeſaid.

CHAP. 687.

¶ An other for the ſame purpoſe.

TAke powder of Turmentill the waight of vj. d. eyther in Water of Scabious or in Sorrell water in the Summer, but if it be in the Winter: then take it with Water of Valerian, (if it may be gotten) or elſe with ſome other ordinarie drinke, and it will doe you exceeding much good: Likewiſe a peece of *Arras* Roote, kept in your mouth, as you walke in the ſtreetes, is marueleous good and Cordiall.

CHAP. 688.

¶ An other for the ſame

TAke Rue, Mandragories, Fetherfew, Burnet & Sorrell, of eche of them halfe a handfull, and a good quantitie of

crops and rotes of Dragons, waſh them all very cleane, and ſeeth them on a ſoft fire in faire running Water, from a pottle to a quart: then ſtraine them through a fine linnen cloth, and if it be bitter, put thereto as much Suger Candie, as will make it ſweete or elſe ſome other fine Suger, and if this Medicine be miniſtred before the purples doe a riſe it will helpe, but it muſt be taken every morning faſting.

CHAP 689.

¶ An exceeding good Medicine to be taken againſt the Plague

TAke an oz. of the leaues of Hearb Grace halfe an oz. of good Figgs, an oz. of Iuniper Berries. vj. ounces of Walnuts cleane picked, 4. ounces of Wine Vinegar, and a good quantitie of Saffron, and ſtampe them altogither, and put them into an Earthen pot or Glaſſe, and ſtop it cloſe that no ayre may iſſue out, then take ſome of it forth vpon a knifes point, or elſe with ſome other inſtrument (to the quantitie of a Beane or more) and eate it in the morning faſting, and by Gods grace, it will preſerue you from infection for 24. houres after the taking of it.

CHAP. 690.

¶ An other for the ſame.

TAke Betony water, and white Wine Vinegar, of each of them 3 ſpoonefulls, and the quantitie of a Nutmeg of Triacle of Iene, or elſe the quantitie of a haſle Nut of Methridatum, and mingle them altogether, and let the ſicke perſon take it in the beginning of his ſicknes, & this will doe him exceeding much good.

CHAP. 691.

¶ An other for the ſame.

TAke *Hearb* grace, Southernwood, Mugwoort, and Wormwood, of ech of them a handfull, & 3. or 4. handfulls of Iuniper Berries which are blacke, and then cut and

ſhred

ſhred the hearbes very ſmall, & put them into an Earthen pot or pipkin, & put to them a gallon of whit Wine Vingar, and let them ſoke there for the ſpace of 7 nights, (if they be dry, but if they be greene, then let them not ſoke aboue 14. houres) then take a handfull or ij. of the ſame hearbes, forth and put them into a Still, and then put therein a quart of the ſame Vinegar, and ſo diſtill them with a ſoft fire, (for ouermuch fire will waſte it,) and when it is diſtilled put as much more as aforeſaid, into the Still, and ſo do vntill you haue diſtilled all: that being done, put it into a pipkin or earthen veſſell againe, & then put therein as many of the ſame hearbes freſh now as you did before, and then let them ſoke for the ſpace of 7 or 8 dayes & nights more, and then diſtill them againe (as you did before) and ſo vſe the Hearbes and Berries, the third time againe as you did twice before: and then put into the pipkin 4. ounces of pure and good Methridatum, amongſt the hearbes, or if it can not be had, take 6 or 7 ounces of good Triacle, and put therein: and when it is well diſtilled, put it into a double glaſſe, and ſtop it cloſe and bind a peece of cleane leather about the top of it, and ſo keepe it cloſe and when occaſion ſerueth for vſe thereof, and that you perceiue any one to bee infected with the Plague, then giue him that is grieued 4 ounces thereof at a time, but if it be a woman, giue her not aboue vj ounces, and to a child according to the age, and as the child is able to beare it. and let him or her that ſo taketh it, ſweate vpon it for the ſpace of 3 or 4 houres after the taking thereof if the patient be able to indure it let him ſweate longer, and let ſome body ſtand alwaies by the ſick perſon to dry the ſweate from his Face, leaſt that by putting of his or her hands out of the bed, cold be taken and more danger of death enſue thereby, and with out all doubt, by Gods helpe, this will yeld him comfort and helpe in a ſhort ſpace. This is a maruelous good Medicine and hath bin oftentimes of late experienced: This is alſo good againſt a Leproſie being much vſed as aforeſaid.

CHAP. 692.

CHAP. 692.

¶ An excellent good drinke generally to be vſed for all ſorts of people that are infected with the Plague, and to be made with ſmall coſt.

TAke Burrage, Burnet, and Marigoldes (which are of a browne colour) of eeth of them a good handfull: then take 9. or 10. crops of the youngeſt Roſemarie, and boile all theſe together in a quart of ſtale Ale clarified: then put therein a little whole Mace, and a pretty quantitie of fine Suger, and a crust of White or Wheaten Bread, and let the ſicke perſon drinke of this during all the time of his, or her ſickneſs, and this will be moſt comfortable and good.

Alſo vſe to put pimpernell in the ſicke perſons broth, that you do commonly make for him eyther to ſup or eate, and it will be the better.

CHAP. 693.

¶ An other good drinke to be vſed to thoſe that are infected with the Plague.

TAke Berries of Iuy (that are ripe) and dry them in the ſhaddow: and then ſtamp them to powder: then take 3i. a dram of the ſame powder and temper it well with 3j. ounces of Plantine Water, and when the ſicke perſon is deſirous to drinke, let him take a good draught thereof: and let him remaine in his bed, and ſweat as much and as often as he can, after he hath taken it, then warme a cleane ſhirt for him and put it on. (and if his ſhirt may be ſhifted often, it will be the better after his ſweating) and likewiſe his ſheetes and clothes, and in vſing of this for the ſpace of 3. dayes together, he will eyther dye or mend without all doubt (by Gods helpe.) This hath bin truely proued.

CHAP. 694

¶ An other pretious drinke for one infected with the Plague.

TAke Fetherfew, Matfellen, Mugwoort, Solſequi, Scabious, and Mallowes, of ech of them a like quantitie, waſh them cleane, and ſtampe them, and temper them well with ſtale Ale and giue it the ſicke perſon to drinke, (the quantitie of 6. ſpoonefulls thereof at a time) and if it be taken in time, it will both deſtroy the corruption: and alſo keepe the ſicke perſon from all danger of death. Probatum eſt.

CHAP. 695.

¶ An other for the ſame.

TAke a good quantitie of Scabious water, and Bettony Water, and mingle them together with a good quantitie of Triackle of leane, and giue it the patient to drinke imediately after that he ſuſpecteth himſelfe to be infected. And if it happen that the ſicke perſon finde himſelfe greatly greeued, and that he begin in any place to grow ſore, then take Elder leaues, Red Bramble leaues, and Muſtard ſeede, and ſtampe them altogether, and make a plaiſter thereof, and lay the ſame to the ſore, and this will both draw and heale.

CHAP. 696.

¶ An other good drinke to be made and vſed for the ſame purpoſe, or otherwiſe, &c.

TAke 3. ounces of Aqua vitæ, & an oz and an halfe of Roſewater, and put 3. drams of perfect good Cinamon, and a dram of Yellow Saunders to ſteepe therein and when it is well ſteeped, then ſtraine it through a hayre ſtrainer, & ſweeten it well with conſerues of Roſes, and when occaſion ſerueth for vſe thereof, take the quantitie

of an oz. thereof at a time, and giue it the ſame perſon in the Morning faſting, or elſe make a toaſt of fine Manchet, or wheaten bread, and ſoke the toaſt therein, and let him eate it and it will doe him much good.

CHAP. 697.

¶ Another good drinke to be vſed in the time of Viſitation.

TAke 5. ſpoonefulls of Dragon water, 3. ſpoonefulls of ỹ ſtrongeſt white Wine Vinegar ỹ may be gotten, ðj. a ſpoonefull of Triacle of Iene, a quarter of a ſpoonefull of Bole Almoniake, beaten into fine powder, and as much or ſomewhat more of the Rote of Setwall of Venice likewiſe beaten to powder, and when any one is infected (or elſe not) and when he taketh it, let him faſt from both meate and drinke for the ſpace of 12. houres after, vnles he thinke good to take of the ſame drinke againe, and he ſhall receiue great comfort thereby. But if you can get any powder Imperiall, put in a like quantitie as of the reſt and it will be the better, this muſt be taken alwaies bloud warme, and as often as you ſhall thinke conuenient your ſelfe.

CHAP. 698.

¶ Another for the ſame purpoſe.

TAke an Onyon and make a hole in it and take out the inner Core, then take Dragon water, Triacle and Pepper, (bruiſed) and put them altogither into the Onyon, and roaſt them in the embers, and then bruiſe it, and ſtraine it with pure Malmſie & giue it the patient to drinke.

This is a preſent remedy, if it be taken before the Heart be infected. Probatum eſt.

CHAP. 699.

¶ A good Medicine to prouoke ſleepe to the ſicke perſon.

TAke a good quatitie of Womans breaſt Milke, and put thereto a like quantitie of Aqua Vitæ, ſtir them well togither

togither, and moiſten the temples of the head of the patient, and the noſthrills well therewith, and let it be laid on with ſome feather, or with ſome fine linnen cloth, and this will do much good. Probatum eſt.

CHAP. 700.

¶ A Maruelous good drinke for them that are infected with the Plague or Peſtilence.

TAke ij. handfulls of Sorrell, a handfull of Violet leaues, and a bunch of ſower Grapes, and beate all theſe togither, (ſtalkes and all) then ſtraine them with Buttermilke, and make a poſſet of the ſame, and let the ſicke perſon drinke as much thereof as you ſhall thinke good.

CHAP. 701.

¶ An other good drinke for the ſame purpoſe.

TAke Leafe Gold and mingle it with the iuice of Lemmons, and a little Suger candie, Cloues, Mace, and a little quantitie of Liquorice finely pared, and ſliced, and let all theſe be ſteeped in White Wine or elſe in good Claret Wine, and put therein a good quantitie of the powder of Angellica, or elſe of the Decoction of the ſame roote, and let the partie grieued drinke this warme, and it will do him maruelous much good. Probatum eſt.

CHAP. 702.

¶ An other excellent good drinke for the ſicke perſon.

TAke Cardus Benedictus, Red Sage, Hearb grace, Elder leaues, and Red Bramble leaues, of each of them a like quantitie, and ſtampe them altogether in a Morter, and ſtraine them through a fine linnen cloth, with a quart of White Wine, and let the ſicke perſon drinke 5. or 6. ſpoonefulls euery day, but if it be taken, and vſed often before infection it will preſerue one from the Plague a long ſpace after. Probatum eſt.

CHAP. 703.

¶ A ſoueraigne Drinke for any infected perſon.

TAke a peece of fine Gold or the leaues of pure beaten Gold, & put it into the iuice of Lemmons, and let it lie

therein for the ſpace of 24. houres, then take the ſame iuice and put to it a little powder of Angellica Rootes, and then mingle them with White Wine, and let the patient drinke a good draught thereof.

This is a moſt pretious drinke, and it is greatly to be wondred at, what helpe and remedy ſome that haue vſed this drinke haue had thereby, although it hath bin ſuppoſed by many learned Phiſitions that the ſicke perſons were paſt all hope of remedy: yet by Gods helpe they haue recouered againe.

CHAP. 704.

¶ An other good drinke to be taken eyther before or after infection.

TAke Bettony water, and Scabious water, of eth of them a good quantitie and a good quantitie of fine Triackle and temper them well togither, and let the patient drinke it, and it wil expell the venow or poiſon cleane forth. Probatum eſt.

CHAP. 705.

¶ An other good drinke for one being infected.

TAke Cardus-benedictus and diſtill it, and Centorie, and diſtill it likewiſe, and mingle the two waters togither and let the ſicke perſon drinke a good draught therof with Triackle and it will do him maruelous much good.

CHAP. 706.

¶ An excellent good drinke for the Plague if it be taken in time.

TAke a dram of Methridatum, and giue it the patient with Dragon water, White Wine, or other liquor, to drinke when he ſuppoſeth himſelfe infected firſt.

CHAP. 707

CHAP 707.

¶ An excellent good Medicine to ripen and bring forth the ſore.

TAke a white Onyon, and cut it in pieces and 3. ounces of Butter that is cleane without ſalt, and the waight of 20. ß. of Garlicke cleane picked and the quantitie of an Egge of Leauen, and a little Otemeale ſmall beaten, then boile theſe togither with a little new Milke, or elſe Water, and make a poulteſſe thereof and lay it very wrame to the ſore, and it will ripen it. Probatum eſt.

CHAP. 708.

¶ An other for the ſame.

YF the botch happen to appeare, then take a good quantitie of Elder leaues, Red Bramble leaues, & Muſtard ſeede, and ſtamp them well togither and make a plaiſter thereof and applie it to the ſore, and it will drawe forth al the venom and corruption.

CHAP. 709.

¶ An other for the ſame.

TAke a handfull of Smalledge, or Louage, if you can get it, and 2 handfulls of Valerian, and 2. or 3. rotes of Dane-wort, and ſeeth them all in faire running Water, and freſh Butter, and put thereto a few crums of wheaten Bread, and make a poulteſſe therof & lay it warme to the ſore, and ſo let it remaine there vntill it breake.

CHAP. 710.

¶ An other experienced Medicine for the Plague.

TAke a Cocke, a Chicken, or a Pullet, and pull all the Feathers cleane of the taile, ſo that the Rumpe may be bare, and then hold the Rump or bare place to the ſore, and immediately you ſhall ſee the Cocke Chicken or Pullet

gape, and labour for life, and in the end it will dye: Then take an other Cocke, Chicken, or Pullet againe and doe the like, and if the ſame die likewiſe, then take an other, and ſo doe as aforeſaid, and let the partie grieued be applyed therewith as aforeſaid, as long as any of them do die.

CHAP 711.

¶ An other excellent good plaiſter to draw the ſore.

TAke Camamill flowers and Mallow leaues of each of them an handfull, and cut the Malloow leaues and the Camamil Flowers very ſmall & boile them in faire Running Water. (but let ẏ water be more thē an inch a boue ẏ hearbes) & let them boile vntill the water be almoſt conſumed: Then put therein ℥j. oz. of Lynſeede, beaten to fine powder, & di. an handfull of Wheaten Flower ℥j. oz. of Oyle of Roſes, and 3 or 4 oz. of Swines greaſe, (the ſcum being taken away) and temper them wel togither, and then ſet them ouer a ſoft fire, without any ſmoke, and ſtir them very well with a ſticke, and ſo let them boile altogether, vntill you perceiue the water be quite conſumed: Then take them of the fire, and beate them well togither, in a morter, vntill you ſee them well incorporated togither, and in feeling to be ſmoth and not rough: Then take a parcell thereof and heat it eyther in a porrenger, or elſe in ſome Earthen diſh vpon a chafing diſh of coales, and then ſpreade it thick vpon a fine linnen cloth, or elſe vpon a peece of leather, & ſo apply it to the ſore, and this will draw it according to your owne deſire. Pobatum eſt.

CHAP. 712.

¶ An other for the ſame.

TAke a new loafe of Bread, and lay it to the ſore as hot as it may poſſibly be ſuffred. (as it commeth forth of the Ouen) and afterwards let it be burnt, (or elſe dryed in ẏ Earth) or elſe take leaues of Scabious or Sorrell roaſted, or elſe

elſe 2 oz 3 Lilly rootes roaſted vnder the embers and applied to the ſoze, all theſe are good to ripen the ſoze.

CHAP. 713.

¶ A very good plaiſter to draw the Plague ſore to a head, and to breake it.

Take ij handfulls of Mallowes j handfull of Linſeede, a handful of ſowze *Dow*, and 2 oz 3 Lilly rootes and ſtamp all theſe together very ſmall, and boile them in a quart of Wine Lies, vntill it be thicke, then laye it an inch thicke oz moze vpon a peece of Leather that is ſomwhat broader then the ſoze, and let ỹ bozders of the Leather be plaiſtered with ſhoemakers wax, and that will cauſe it to cleaue faſt, and this will bring foozth the botch, and breake it in a very ſhozt ſpace This hath bin truely proued.

CHAP, 714.

¶ An other plaiſter to draw the ſore.

Take a ſpoonefull of Hunny, 2 oz 3 ſpoonefuls of the iuice of Spurge a ſpooneful of Turpentine, & a good quantitie of wheaten Flower, and temper them well togither without any fire and make thereof a plaiſter, & lay it to the ſoze, eat the end of euery 14 houres renew the plaiſter. and this will drawe it wonderfull much.

CHAP. 715.

¶ An other for the ſame.

Take ij handfulls of Scabious and ſtamp it in a Poꝛter, then temper it well with ỹ oz of Swines greaſe, that is ſalted, and the Yolke of an Egge, then ſtamp them altogether, and lay ſome part, of this warme to the ſoze, and it will drawe it exceeding well.

CHAP. 716.

Plurisies.

CHAP. 716.

¶ An excellent good Medicine for a Plurisie.

TAke Brooke Lime, Sheepes Suet, and a little faire Water, and fry them together in a frying pan, and make a plaister thereof, and lay it to the side of the patient, and it will draw forth all the corruption. This hath bin truely proued.

CHAP. 717.

¶ Another good Medicine for a Plurisie or stitch in the side.

TAke Aqua vitæ and Capons grease, of ech of them a pretty quantitie, and boile them togither: Then take a little Blacke Wooll, and dip it therein, and lay it as hot as it may be suffred to the stomacke of the partie grieued, and it will ease him very speadily. Probatum est.

French

French Pox.

FOR AS MVCH (Gentle Reader, or practitioner of this Arte) many thinkes might here be intreated off, concerning the diſeaſe called the *Pox*; But mine intent is not to meddle or deale any further therein, then of that little knowledge and experience, which I haue had mine owne ſelfe in the curing the ſame diſeaſe: But it is wel to be conſidered that ther be diuers & ſundry kindes of Pox, (as the Swine Pox ſmall Pox, &c. Which are vſuall among'ſt young people:) and the French Pox, moſt daungerous of all, which commeth diuers and ſundry waies. As by drinking and keeping of bad company, both men and women, in hauing carnall copulation with thoſe that are infected with this filthy diſeaſe, alſo in eating, drinking, and keeping of company with thoſe that are infected therewith. And alſo it is taken by diuers & ſundrie other meanes and waies, which here it would be too tedious to be ſpoken of: But yet neuertheles, according to that little knowledge and experience that I haue in the curining of this diſeaſe, I haue heere ſet downe the Medicines themſelues, as briefely as I can, with the intent that the vnskillfull may the more eaſier learne to cure this diſeaſe, (which now remaineth too common in this age) which by meanes thereof many people are diſſigured in the face imperfect in their ſpeech, lame in their limbs and ioynts, full of paine and aches in their bones, beſides many other corrupt humours in their bodies

And many are vtterly diſmembred and ſpoiled in diuers other parts of their bodies, and many doe looſe their liues thereby, for want of helpe in due time: therefore let thoſe that are skillfull inſtruct the vn-skillfull, and let euery man or woman indeuour themſelues to learne and finde out all ſuch things as are & may be for the preſeruation of health, which is the onely Iewell that man hath in this life; for which purpoſe as I ſaid before, I haue gathered together (as out of many gardens, woods, and fieldes) and heere ſet downe in this Booke or Store houſe (as it may be rightly tearmed) a great number of experienced Medicines, for moſt part of all diſeaſes incident to mans body: And now (Godwilling) I here intend to intreat ſomewhat of diuers ſorts of the Pox, as briefely as I can or may, in manner and forme as hereafter followeth: but firſt of all, I will begin with the French *Pox*, which is the moſt needefulleſt of all to be touched or ſpoken of.

French Pox.

CAHP: 718.

¶ The manner how to cure the French Pox, if it be rightly obſerued.

FIrſt of all it is to be vnderſtood, that the ſicke perſon muſt be kept in a chamber, (wherein neyther wind nor ayre may come in to hurt him) where a fire muſt be continually kept or elſe he muſt be kept in a Stew which ſhall not néede alwaies to be kept hot, but it muſt be ſo cloſe and ſo warmed that no ayre may blow vpon him during the time

time of the continuance of his cure: And likewise great care must be had, that he take not colde, for either of both will hurt the sicke person very much. Therefore if the sicke person be to be cured in winter, or in the Autumne, he must be sure to haue fire in his Chamber euery morning early (especially before day, for then the colde most feruent) Also the clefts of the windowes, and chinks in the wals must be close stopped with morter or other things. And the chamber dore (wherein he is so kept) must be close stoped, and couered ouer with a couerlet or carpet, whereby no cold may issue in at the creuesses or chinks of the same. And when he is thus ordred, his meate must be diminished by little and little, first the fourth part of that he which was wont to eate, and then the third part, and shortly after the one ℔. whereby he may vse himselfe to sucker hunger as much as may be. And his Wine if he doe drinke any, must be mingled with faire water: Then he must haue such a purgation ministred vnto him, as shall be thought conuenient to take away the matter or cause which nourisheth the disease, or els such a one as will clense the belly perfectly. That being done, the cure may begin in this manner and doubtles to be brought to good perfection, if it be orderly done as it ought to be.

CHAP. 719.

¶ An excellent Medicine for the curing of the French Pox.

TAke a ℔. of a kinde of wood that is called Guaycum, and beate it into powder, or else get it turned at the Turners, and made into shauings and set to soke in the quantitie of 8. ℔ of faire running Water, (but if that your Guaicum be beaten to dust in a Morter it will be the better, and it will be the better soked, and brought better to worke in perfection, by reason that then all the substance of it will soke out of it) and let it soke in the said water, for the space of a day and a night. Then take it and seeth it in a

new earthen pot (that is well glazed within) vpon a soft fire, of charcoles, and so let it seeth for the space of 6 or 7. houres, or vntill such time as the one ℔j. of the liquor be consumed, and let there be great heede and care taken, that it runn not ouer into the fire, by ouermuch heat, for that which ouerfloweth taketh much of the substance or vertue from the rest, and therefore it must not be boiled in any flame, but with a moderate fire made with a few coles, and let not your pot be filled vp to the top by the third part. And when it is very well sodden, scum it cleane, and keepe that which is scummed of, and anoint the sides therewith, and it will both dry them vp, and cure them, and for the liquor it selfe, let it be strained and put into a glasse, and then put to the same grounds againe to the quantitie of 8 ℔j. of faire water more, and seeth it againe (as before) and when it is well sodden, straine it and put it into a glasse as you did the other before: And so giue of this last water to the sicke person to drinke continually with his meate, and the first liquor must be taken by the sicke person euery day in this manner: (Viz) in the morning at 5. of the clocke, or thereabouts he must take ꝑ quantitie of a cupfull milke warme, and againe at 7 of the clocke at night: And after he hath taken this Medicine let him rest himselfe for the space of 4. houres after it: And for the first 2. hours, let him be close couered, ꝑ by helpe of the heate the Medicine may the better be digested & dispersed into all parts of his body: & the patient may sweate vpon it, (which if he doe it will be the better and if he be close couered with clothes, an houre before he take the Medicine it will be much the better) because he may be hot, when he taketh it) But in any wise let him not arise out of his bed, for the space of 5. houres after he hath taken his cup of drinke, and let him take his meate about the none time of the day, and not before, and then as little as may be, insomuch as this Medicine requireth an empty stomacke, and if euer he will be made perfect sound,

he

he muſt be dyeted and kept in this ſort, for the ſpace of 30. dayes togither And after ſuch time as he ſuppoſeth himſelfe to be well, he ought to purge himſelfe againe.

But if his body be ſtrong, & able to indure it, let him take a purgation the 15. day after the beginning of his cure, for this reaſon as *Alexander Aphroditius* affirmeth, that thoſe that are kept hungry & receiue not their meat as they were accuſtome to doe, fall away and doe gather a certaine ſharp matter, and egar ſo that of neceſſitie (he ſaith) ſuch filthynes muſt be auoided, whereby the body of the ſick perſon may be kept empty But this medicine before mentioned muſt not be miniſtred, in the ſame morning that he taketh the purgation but at night let him take it againe: And afterwards he may eat more largely then he did before: Moreouer vpon the 30 day he may take the like purgation againe, and afterwards increaſe his dyet by little and little, vntil he come to his acuſtomed dyet againe. But certainely the more hunger ẏ ſick perſõ abideth during ẏ time of his cure the more perfecter & quicklyer he ſhall be cured: and although his deſire of eating grow daily more and more: yet he muſt remember to abſtaine from meate as much as he poſſibly can; comforting himſelfe with the aſſurance of health if he do.

And for as much alſo, as the body which is waſted and emptied, not onely with hunger, but alſo with ſweat, and being a long time, as a dead body through the griefe and vehemency of this diſeaſe, will in a ſhort time come to good appetite againe.

Moreouer it is further to be conſidered, that after he is cured of this malady, it is not neceſſarie that he go into any open ayre preſently: but what he doth muſt be by digrees, (Viz.) Firſt to goe from his owne chamber into an other, and ſo abroad into the houſe, and then to his neighbours houſe, and ſo by little and little, for a certaine ſpace.

But if he do wel, he muſt not make any ſuddaine chaunge. All which thinges heere before mentioned, if they be duely

obſerued (as they ought to be, he ſhall be ſafe and ſound for euer after, if he doe not miſ-gouerne himſelfe againe.

CHAP. 720.

¶ The manner of dyet to be obſerued during the continuance of the cure of this diſeaſe.

THere are many things to be conſidered of, for ỹ ordring of a man, as touching his dyet whilſt he is in this diſtreſſe: for ſome men are of opinion the beſt dyet is to eate nothing but bread with a few Rayſons of ỹ Sunne: Which bread muſt not be aboue 4. oz waight, & it muſt be cleane without Salt, or other ſauce: Other ſome are of opinion, that it is beſt for the ſicke perſon to abſtaine from all manner of meate generally: except a little broth made of a chicken to moiſten his bread withall, and the ſame not to be taken aboue once in a day: For it is not fit that he haue any thing towards night, but onely a few Rayſons of the Sunne, and an oz. of bread. I my ſelfe am of that opinion, that if he haue ỹj. a Chickin that is young and tender once a day, with his bread it is not amiſſe, or if the Chickin be any thing grown, thẽ a quarter of it is inough, but the Chickẽ muſt be ſoddẽ in very cleane water, & neyther ſalt nor ſauce muſt be vſed therewith, but onely a little Suger. And he muſt take hæde, that during the time he is in cure, he doe not ſo much as talt of any ſalt, and he muſt haue White Bread made for that purpoſe, ſeaſoned with Suger, (which is beſt for him) Alſo if there be a little Burrage put into his broath, or elſe the leaues of Burrage, it will the better for him.

And for his drinke, there can be none better in mine opinion, the ſecond water, or decoction of Guaicum, which is in the laſt chapter before rehearſed.

Likewiſe the patient (during all the time of his cure) muſt forbeare all buſines and put away all ſad cares & thoughts, for through them there may happen many impedments, for his cure, ſuch is the nature of that diſeaſe, and he muſt auoide

auoide all conſultation and ſtudies: ſo that he may be free from all motions and workings he muſt not be melancholy. And he muſt beware of anger and heauines of mind if he haue any ſkill in muſicke, it were not a mille, to ſuffer him to practiſe the ſame, but not ouermuch, whereby he might ſomewhat driue away melancholines and mitigate the cogitations of his thoughts.

If he be in a place where he may here the noiſe of ſingers and minſtrels, if he haue no ſkill in muſique himſelfe, or where he may giue himſelfe to ſome ſports, paſtimes and muſicque as aforeſaid, and ſometimes to delight himſelfe with ſome merry talke or ieſtes, but in any wiſe to eſchew the company of women. And let his head be often rubbed with a warme cloath, and combed with an Iuorie combe.

Laſtly, this complexinon ought principally to be regarded, leaſt that any thing ſhould be miniſtred vnto him that is of a dry and hot complexion, as vnto him that is a colde and moiſt complexion, or the things that are of one qualitie, ſhould be miniſtred vnto ſuch as be both extreames, and thereby great harme might enſue to the ſicke perſon, by the ouerſight, or negligence thereof,

CHAP. 721.

¶ A good Medicine to kill the Pocke.

TAke a good quantitie of Hemlockes and a good quantitie of the Dregs of ſtrong Ale, and a good quantitie of Mutton Suet, and boile them all very well togither, and make a poltis thereof, and lay it to the place where the griefe is, and it will cure it, in a ſhort ſpace: but the party grieued muſt be ſure to obſerue the order and dyet here ſtill before mentioned.

CHAP. 722.

¶ An other for the ſame

TAke a good quantitie of Camphire & lay it to the place where the ſore is, & it will preſently eate it clean away.

CHAP. 723.

CHAP. 723.

¶ A maruellous good Water to be vſed for the French Pox.

TAke white Coporace, Roch Allum, Liquorice, and Hunny, of eth of them a peniwoꝛth, oꝛ ſomewhat moꝛe, and of Sage, Roſemary and Woodbinde, of eth of them a like quantitie, and boile them all togeſher in faire Running Water, and when they are wel boiled then ſtraine the water thꝛough a fine linnen cloth, and when occaſion ſerueth, let the diſeaſed perſon vſe it often, & the ſame will doe him exceeding much gwd.

CHAP. 724.

¶ An exceeding good Oyntment for the French Pox.

TAke a quarter of a ℔. of Hoggs greaſe vntryed, an oꝛ. of Quickſiluer, and qualifie the Quickſiluer with faſting ſpittle, and then put vnto the Hoggs greaſe and Quickſiluer 4. oꝛ 5. ſpoonefulls of Vinegar that is both ſtrong and ſharpe: and then beate and temper them altogither, foꝛ the ſpace of 2. oꝛ 3. houres togither, and then put it into ſome earthen pot oꝛ gallipot, and ſo keepe it cloſe ſtopt, whereby neither duſt oꝛ any other thing may come to hurt it, and when occaſion ſerueth foꝛ the vſe thereof, let the diſeaſed perſon be anointed therewith very often, beſoꝛe a gwd fire, and doubtles he ſhall finde great eaſe thereby in a ſhoꝛt ſpace. Probatum eſt.

CHAP. 725.

¶ An other good Oyntment to be vſed for the ſame purpoſe.

TAke Allum, Verdigreaſe, Engliſh Hunny [that is perfect pure and gwd] and Wine Vinegar that is both ſtrong and ſharp, as afoꝛeſaid, of eth of them as equal poꝛtions as you can, and temper them well togither and make

make an ointment thereof, and as neceſſitie requireth, let the diſeaſed perſon anoint the ſore often therewith, and it will both dry vp the ſore and heale it.

CHAP. 726.

¶ An excellent water to waſh and cleanſe the ſores, be they neuer ſo filthy or corrupted

TAke a new earthen pot that neuer was vſed before, and put a good quantitie of faire running Water therein, and let it ſeeth: then powre it forth into a baſon or elſe into a wooden bowle that was neuer vſed before, and put ſome vn-ſleckt Lime therein (Viz) ſuch as no water hath euer touched, and when the Lime is diſſolued and fallen downe to the bottom, ſcum of the top of the water, & then as eaſily as you may or can, powre out the cleareſt of the water, without troubling of it, and keepe it in a glaſſe or viall, and when occaſion ſerueth for the vſe thereof. Take a ſponge or elſe a fine linnen cloth, and dip it into ſome of the ſame water, (but let it be warme) and bath the ſores wel therewith, and then wipe away all the filthines cleane from the ſores: and when you haue ſo done take a freſh linnen cloth, and ſoke it well in ſome of the water, and wrap it about the ſores and this will eaſe the paine, aſſwage the ſwelling, and cleanſe the ſore from al manner of filthines, & it will take away quite all the heate and inflamations of the bloud. This hath bin truely proued.

CHAP, 727.

¶ An excellent good Medicine to cure the French Pox.

TAke vi. a ℔. of Guaicum Capium, ℥. oz, of Salſa Perilla. ℥. oz. of the Barke of Guaicum, and of Liquorice, Annis-ſeeds, Fennell ſeeds and Seny, of eth of them an oz of Betony, Scabious, Smalledge, Pellitorie of the Wall, Penyroyall Harts-tongue, Maidden-hayre, Wilde or Red Mints, Red Sage, Oculus Chriſti, Liuerwoort, and of the

hearb called Mercury, of eche of them a good handfull, and let them be all cleane picked and washed: Then take them and put them altogither into 3. gallons of faire running Water, to steepe for the space of one whole night: or else put into it ij. gallons of pure White Wine, & one gallon of strong Ale, and then boile them well togither, vntill such time as the one vi. of the liquor be consumed: Then take it and straine it through a fine linnen cloth, and put it into a close vessell, and so let it stand to settle, and when it is well setled, let the sicke person vse none other drinke but this both Morning and Euening and at meate: and into euery 3. quarts of water, put a quarter of an ou. of Coloquintida, and so let the sicke person vse this vntill he hath scowred his body marueilous well, and if it do not cause him to purge well: Then let him take the purgation mentioned in the first Chapter of the title of purgations following in this booke, which said purgation is very meete to be ministred as well for this disease, as it is for any other, and yet necessarie for all diseases.

CHAP. 729.

¶ An excellent receipt called Moises water, very good for the French Pox, or any other disease growing out in sores or scurfes.

TAke 6. gallons or more of the purest White Wine that may be gotten, and as much Stale Ale, and a pound and an halfe of Salsaperilla, of Liquorice and Seny of eche of of them ij. pound, and ij. poundes of the Barke of Guaicum, and an ounce of Coloquintida: let all this be boyled together for the space of 24. hours ouer a soft fire, & put therein with the rest a little Bakma Mariæ, and when it is well boiled, put therein one ounce of Mothridatum, and then take it of, and put it into some Earthen pot, and stop it vp close. And when you will vse it, take a good quantitie thereof at a time twice or thrice a day, and this will cleanse both inward and outward parts of the body

and

and make him very ſound euer after it. Probatum eſt.

But alwaies note this, that if you boyle all theſe things before rehearſed: (Viz) In water it will continue but 6. or 7. daies by beeing boyled in Wine and Ale, as aforeſaid it will continue 20. dayes (or ſomewhat more) which is too ſhort a ſpace for the diſeaſed perſon to vſe or continue it: But as it decayeth, there may be more made againe.

Many things more might haue bin heere intreated of touching this diſeaſe aſwell of drinkes as alſo of Purgations: Which thinges if you looke into the Title of *Dinke and dyet drinke*, and in the Title of *Purgations*, you ſhall finde therein, many drinkes and Purgations, aſwell neceſſarie for other diſeaſes, which matters and for the iudgment of them I leaue to them that are beſt able to iudge and miniſter the ſame: And if herein I haue committed any offence; intreating or ſpeaking hereof, I deſire amendment of the learnd'ſt ſort, and ſuch as are more skillfull then my ſelfe. And now I will leaue heere to ſpeake any more hereof: But I will intreate (by Gods helpe) ſomewhat of the ſmall Pox, which is incident to al people, eſpecially to ſmall Children.

Small Pox.

CHAP. 730.

¶ An experienced Medicine for the ſmall Pox.

TAke the Milke of a red Cow, and make a poſſet of Ale therewith, and ſcum the curd of it cleane, then take the quantite of a ſpoonefull of red Fennel and ſeeth the poſſet Ale, & ſtraine it, and then put it to the quantitie of a Nutmeg, of fine Triacle, and a little Setwall, and a pretty quan-

titie of English Saffron, and mingle them well togither, and so giue it the patient warme, and this will bring them forth immediately.

CHAP. 731.

¶ An other Medicine to drinke out the small Pox.

TAke Milke, Saffron, and English Hunny, and seeth them togither, and giue it the patient and let him be kept warme, and this will bring forth the Pox in a short space.

CHAP. 732.

¶ A very good Medicine to be vsed for the small Pox.

TAke Dragon Water, White Wine, and Methridatum or Triacle of Iene, of eth of them a pretty quantitie, and put some Vnicornes horne therein, and seeth them togither and giue the same to the patient, & let him be kept warme, and this will helpe him. Probatum est.

CHAP 733.

¶ An other for the same.

TAke a spoonefull of Oyle Oliue and 4. or 5. spoonefuls of Malmsey, and as muth Triacle as a Beane, and put them altogiter and so let the patient drinke the same blood warme, and this helpeth.

CHAP. 734.

¶ A principall oyntment for the small Pox.

WHen any Colte is killed by any mischance, or dyeth, take the Kell out of him, and wash it, & then put it vpon a cleane spit & roast it & bast it but a very little (& that with a little new Butter vnsalted) & put vnderneath the spit some cleene earthen dripping pan or else a pewter dish and a good quantitie of Rose Water, and let the dripping fall therein, and when it is roasted dry and no moistnes left therein, then take the dripping and beat it well together with the Rose water wherein it first dripped,

and

and as any froth ariſeth ſcum it of cleane, and ſo put it into a pot to ſtand, vntill you haue occaſion to vſe it, and then let the party grieued be anointed therewith and this will cauſe all the Scabbes and ſcales to ſhale offe. Probatum eſt.

Purgations.

CHAP. 735.

¶ An excellent good Purgation to be miniſtred to any perſon, for any manner of diſeaſe whatſoeuer.

TAKE ℥i. an oz of Seny, a ſpoonefull of Annis-ſeedes, ℥i. an oz. of Licquorice, ſ ſpoonefull of Fennell-ſeedes, and 20. Reyſons of the Sunne, (the Stones cleane picked forth) and boile them altogither in a quart of faire Water, and let the ſame boile vntill the one ℥ij. be conſumed then ſtraine it, and put thereto an oz. & an ℥j. of *Deaphenicon*, and ſhake the ſame well togither, and let the party that deſireth to purge, drinke a pretty quantitie thereof euery morning faſting (bloud warme) & it will cauſe him to purge exceeding well.

This Purgation neuer maketh the Body ſicke, neither doth offend the ſtomacke any thing at all.

CHAP. 736.

¶ An other excellent good Purgation to purge the Stomacke.

TAke Mallowes that are young, and Mercury of each of them a good handful or ſomewhat more, an oz of Seny,

and 3 ſpoonefulls of Annis-ſeedes and put them into a pint of White Wine, and as much ſtrong Ale, and ſo let them ſtand all one night, and the next day ſeeth them altogither, and let them ſeeth vntill the one vj of the ſame be quite conſumed: Then ſtraine it, and giue the patient agood draught thereof in the morning faſting, and if he ſleepe a litte after it, he will be neuer the worſe.

CHAP. 737.

¶ An other good Purgation to be miniſtred, for the Purging of all parts of the body.

TAke ij. oz. of the pureſt and perfecteſt Turpentine that may be gotten, and waſh it very well in Fennell-water and bruiſe it, and diſſolue it in a morter with a peſtle, and put thereto vi. the Yolke of a new laid Egge, & 3 oz of Smalledge Water, and beat them altogither vntil it be like milke and then let the patient ſup it of, and this will worke effectually in all parts of his body.

CHAP. 738.

¶ An other excellent good preſeruatiue to be taken before that the Stomacke be purged.

TAke iij oz of Seny iij. oz of Polipody of the Oke (otherwiſe called Okefearne) and 3 oz of Annisſeedes, & ſeeth them all together in a quart of faire running Water, and let them boyle vntill the on vi be conſumed, and then ſtraine it through a fine cloath & put a little Suger therein to make it ſweete and pleaſant, and ſo giue it to the patient.

CHAP. 739.

¶ A good Purgation.

TAke a pint of White Wine, and an oz of Seny, a good handfull of Reiſons of the Sunne (the ſtones picked out) and vi. a ſpoonfull of Annisſeendes, and then ſteepe them in the White Wine, for the ſpace of a night and then ſtraine it well,

well,and let the patient take a good draught thereof in the morning fasting lukewarme,and if you thinke good you may put in it 3. or 4. rotes of Polipody of the Oke (otherwise called Okefearne) and it will be the better,and let the patient take heede that he doe not catch cold vpon it.

CHAP. 740.

¶ An other for the same.

TAke vij. of Figs & put them into a gallon of strong Woort (made of Barly Mault)and put therto ij.oz. of pure Licquorice beaten to powder,& an oz. of fine Suger, and when the Eigs are well boyled , bray them small in a morter and then straine it through a strayner, and then boyle the liquor againe , and put to it a pint of the best Oyle Olive that may be gotten and an oz, of Reisons or Currants , and let the patient eate this with bread made of Wheat & it will doe him maruelous much good.

CHAP. 741.

¶ An excellent good preparatiue to be taken before the stomacke or body be Purged.

TAke 3. ounce of Seny, 3 ounces of Polipody of the Oke (otherwise called Okefearne) and 3. ounce of Annis-seedes, and put them to seeth in a quart of faire running Water , and so let them continue vntill the one halfe of it be consumed , then straine it through a fine linnen cloth and then giue the Patient a good draught thereof, but first put a little Suger therein to sweeten it.

CHAP. 742.

¶ An other for the same.

TAke the waight of 20 , ℈ of Seny Ginger the waight of 4 ℈,and Annisseedes the waight of 8. ℈, and beate them all to powder, and then put them into a pinte of White Wine, & set it to steepe betweẽ ij pewter dishes for the space of 10. or 12 houres , and then seeth it vntill the one ℈. be

consumed

conſumed and then ſtraine it, and giue it the patient at night bedward, and it will cauſe him to purge the next morning exceeding well.

CHAP. 743.

¶ An other for the ſame.

TAke 20. Reyſons of the Sunne (the ſtones picked out) and 2. oz 3. rotes of Polipodie cleane waſhed ſcraped and cut in pieces, 2. oz. of Rubarbe, 2 ſpoonefulls of Seny, and ij. ſpoonefulls of Annis-ſeede, and bruiſe them altogither and put them into a pot cloſe ſtopped, and put to them a pinte of White Wine, let them ſoke therein for the ſpace of one night, and then take it all wort together, and ſeeth it vntill it be conſumed to a quarter of a pinte, and then ſtraine it and drinke it in the Morning faſting, and this wil cauſe him to purge very well without any daunger at all to the body.

Reſtoritiues.

CHAP. 744.

¶ A Reſtoritiue vſed by diuers noble Parſonages and others for the Prolonging of life.

TAke Cape Dates the quantitie of a lj. and picke them cleane, & take forth al the ſtones & then ſeeth them in a pinte of Muſcadine that is pure and not mingled, & let it ſeeth vntill a good part thereof be conſumed. Then put it into a glaſſe and as you haue occaſion to vſe it, put 3. oz 4. ſpoonfulls

ſpoonefulls thereof at a time into your pottage or broath: And if you thinke good you may vſe it as aforeſaid, euery meale in broath, and it will be the better, and do you exceeding much good. This hath bin ſufficiently proued.

CAHP: 745.

¶ An excellent good Medicine to heale the veſſell wherein nature lyerh (if it be broken) and to reſtore it againe.

TAke a good quantitie of Huskes of Acrons, and dry them well, and beate them into fine powder, & when you haue ſoe done, take a ſpoonefull of the ſame powder, and put it into halfe a pinte of ſtale Ale (luke warme) and giue it the Patient to drinke, in the Morning faſting, and as much in the euening an houre or two after ſupper, when he goeth to bed: and in the morning let him kæpe his bed for the ſpace of an houre after he hath taken it and let him be kept warme. and this (by Gods helpe) will cure him in a ſhort ſpace. Probatum eſt.

CHAP 746

¶ An other experienced Medicine for procuration of nature if it be decayed eyther in man or woman.

TAke a Nutmeg and grate it very fine, and then take a new laide Egge, and ſet it to the fire, and let it ſtand vntill it be Bloud warme, and then put therein a pretty quantitie of fine Suger, and a pretty portion of Roſewater, and the grated Nutmeg, & then blend all theſe together in the yolke of your Egge, and ſo ſup it of, vſe this euery Morning faſting and this will profit you very much.

Salues and Oyntments.

CHAP. 748.

TAKE Oyle of Oliues and Turpentine, of ech of them a like quantitie and a pretty quantitie of Rosemary (picked from the stalkes) and boyle them all togither, & in the boyling put thereto a spoonefull or two of faire water, and let them boyle together vntill the water be cleane consumed away, & that till it be come an Oyntment. And when it is well boyled, straine it hot, & then put it into some earthen pot, or Glasse, and so stop it close: And when you haue occasion to vse it, heate a little therof ouer the fire and dresse the sore thereby: so that the salue may dry into it, and if there be any dead flesh: then dip some lint therein, and lay it to the sore as hot as it may be suffred. But if it neede any tenting, then make a tent of fine lint and dip it in the Oyntment hot, and so tent the sore place therewith: that being done, make a plaister of what cleaning salue you will your selfe, and this shall heale the sore in a short time by Gods permission. Probatum est.

CHAP. 749.

¶ A good salue to cure a womans breast that is Ranckled, and to bring it, to the former state againe, and to cause the Aking thereof to cease.

TAke iuice of Smalledge and Plantine, of ech of them a like quantitie: then take of Hunny and the white of a new

new laid Eg a like quantitie: then put vnto them a pretty quantitie of fine wheaten flower, and stirre them well together vntill they be growne thicke, (but vse no fire at all to it) then take it and lay it raw and cold vpon the sore, and it will cause the paine to cease although it ake neuer so vehement. This is also maruelous good for any other wound, and it will cleanse the sore. Probatum est.

CHAP. 750.

¶ An excellent good Salue or Oyntment to cure eyther any new wound, or else any olde sore.

TAke halfe a pinte of Sallet Oyle, or for want thereof take a pound or somewhat more of new Butter vnsalted, 4. ounces of vnwrought Wax, 1. ounce of Turpentine, 4. ounces of Rosin and an ounce of Masticke: then take Smalledge, Woodbinde leaues, plantine and Marygolde leaues, of eche of them a handfull, and halfe a handfull of the tops of Hisop: wash them all very well, and then dry them in the Sunne againe, for the space of halfe a day together: then stamp them in a Morter, and straine them, and when you haue so done take the iuice and boyle it with all the other things before mentioned, (onely except the Turpentine) and be sure to be still stirring of it vntill you perceiue all the iuice to be dryed vp. then put in your Turpentine and so let it boyle a while or two, and then take it from the fire, and when it hath stoode a while, then straine it through a course Linnencloath, and keepe it in boxes vntill you will vse it.

CHAP. 751.

¶ An excellent good greene Salue seruing for diuers vses.

TAke vnwrought Wax, Rozen and Barrowes grease, of eche of them a pound, and two ounces of Turpentine, melt all these together with a quarter of a pound of Ver-

digreaſe, and then ſtraine it and keepe it cloſe eyther in an Earthen veſſell, or elſe in a boy vntill you haue occaſion to vſe it, but be ſure that during all the time that it is vpon the fire you be ſtirring of it, or elſe it will be ſpoyled.

CHAP. 752.

¶ An Oyntment for all manner of Sores.

TAke Smalledge, Plantine, and Valerian of eth of them a handfull and chop them very ſmall, then take 4. pound of Deeres Suet, and the beat it & the hearbs together in a Mozter, then let it ſtand for the ſpace of 24 houres, and then ſeth it halfe an houre or ſomewhat more, then take Wax & Rozen of eth of them halfe a pound, and 3. ounces of Turpentine, and a pinte of Sallet Oyle, and then ſet all theſe together on the fire againe (the Turpentine excepted) & let them boyle for a good ſeaſon, and then put in your Turpentine, and then ſtirre them well together, and when you perceiue that it is boyled inough, then take it of and ſtraine it through a linnen cloth, and ſoe keepe it cloſe ſtopt vp vntill you haue occaſion to vſe it.

CHAP 753.

¶ An other Salue good for many vſes.

TAke Roſemary, Time, Lauender, *Dill*, Balme, Brookelime, Smalledge, Veruaine, Camamill, Orpine, Plantine, Hearb Robert, Night ſhade, Harts-tongue, Okefearne, Dayſies, and *Comphrey*, of eth of them a handfull beat them ſmall & put them into a quart of Vernuice, then ſtraine them and take the ſame iuice, and 2. pound of Wax, a pound of Hunny, and a pound of May Butter, and ſeth them altogether and ſtirre it well, and when it is ſodden inough, then ſtraine it into a Baſon of water, & let it ſtand vntill it be colde: then anoint your hands with a little Oyle Oliue, or elſe a little freſh Butter, and then make it vp into rowles, and ſo keepe it vntill you haue occaſion to vſe it.

This

This will cure almoſt any ſore or bruiſe whatſoeuer, or any Bile, Fellin, or Uncome.

CHAP. 754.

¶ An excellent good Salue for any new cut or wound, that will not ceaſe bleeding.

TAke a good quantitie of the Blades of Leekes & ſtampe them very well and then put thereto a good quantitie of wheaten flower, and a good quantitie of Hunny, and mix them well togither (but let them not come nere any fire at all) and lay the ſame to the cut or wound cold, and this will ſtaunch the bleeding imediatly: and it will alſo draw forth all the bruiſed bloud, and make the wound both pure an cleane. This hath bin ſufficiently proued.

CHAP. 755.

¶ An other good Medicine to be vſed plaiſterwiſe for any greene wound.

TAke Wheaten Flower and Milke, and temper them well together, and then ſeeth them vntill they be thicke: then take the White of a new laid Egge, and beate it well with the aforeſaid ſtuffe, and then lay it to the wound, and it will heale it and alſo keepe it from Rankling. Prob. eſt.

CHAP. 756.

¶ An other excellent good Salue for a cut.

TAke two handfulls of Valerian, and two handfulls of Buglos that groweth in the woodes, & bruiſe the ſame very ſmall, then take a good quantitie of Deeres Suet, and halfe as much vnwrought Wax (but be ſure that there be ſufficient inough of all the things before rehearſed, as will ſerue fore to boyle the hearbes well therein) and ſo ſet them vpon the fire to boyle, and when the ſame is well boyled, then put a good quantitie of the beſt Venice Turpentine that may be gotten into it, and ſo let it boyle vntill it be

ynough, but all the while that it is vpon the fire, take hede that you neuer cease stirring of it, & then straine it through a fine linnen cloath, and then put it into a Gally pot or else into some other earthen vessell wherein it may be kept close, and so let it stand vntill occasion serueth for vse thereof: This will cure any manner of Cut or wound whatsoeuer. Probatum est.

CHAP. 757.

¶ An other good Salue for any deepe wound or cut which requireth tenting.

TAke the yolke of a new laid Egge, and the quantitie of a wallnut of Hunny, and as much Turpentine, which is both pure and good, and beate them all together, and lay the same vpon the wound or cut with some fine lynt, and this will cure it in a short space.

CHAP. 758.

¶ An other good Salue to cure any manner of wound be it eyther new cut or olde sore: or bruise.

TAke Elder leaues that do most commonly grow vppermost vpon the young braunches, and that haue the one side of the leafe shorter then the other towardes the stalke that they grow vpon, (they are easily perceiued if you marke them well) and then take the innermost Rinde or Barke of an Elder Tree, and shred the same very small and stamp both the leaues and the Barke together, & then put thereto a good quantitie of fresh Butter (the same being vnsalted any thing at all) and a good quantitie of Virgin Wax, and seeth them altogither for a good space, and then straine the same through a fine linnen cloath, and put it into a pewter porrenger, or else into a Gally pot, or into some cleane Earthen vessell, and so keepe it close vntill you haue occasion to vse it, and when you will vse it, take a little at a time of the same Salue, and spread it vpon a fine linnen cloath, and lay

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the same to the wound or sore, but before you lay it to the sore, bath the same well with a little Oyle of Roses if it may be gotten, or else with a litte swæte Creame, and this will both draw swyth the corruption and heale the wound, be it eyther cut bruise, or old sore. This hath bin well proued.

CHAP. 759.

¶ A very good way to make a Salue (commonly called the blacke Salue) which cureth all olde sores and Vlcers, be they neuer so great, foule and stinking.

TAke a gallon of stale Ale (the same being very strong) two handfulls of Woodbind leaues, halfe a handfull of seeded Nettles, & as many Coleworts which haue ragged leaues vpon them, halfe a pound of red Oynions, halfe a pound of Garlicke pilled, a pound of vnset Leekes, & an handfull of the powder of a rotten poast which is of Oke, for that is best of all for such a purpose, and let all thiese be very well stamped together in a morter, and then put them altogether into the Ale, with halfe a pound of Roch Allom, and then set them ouer a soft fire to boile, and so let them boile vntill the one halfe thereof be consumed, or somewhat more, and then straine the same through a fine linnen cloath into some earthen pot, that is cleane, and then take a pound of Virgin Wax, halfe a pound of Rozen, halfe a pound of Nerue Oyle that is very græne and good, and a good quantitie of Stone Hunny, & put them all therein, and mingle them well with the rest, and then let it stand still for the space of 4. or 5 dayes and then take it againe and boyle it vntill it be halfe consumed away. then take it of the fire and put it into a new Earthen pot that is both swæte and cleane, and then let it be close stopped vp, and kept safe, vntill you haue occasion to vse it &c.

CHAP. 760.

¶ A very good drawing Salue.

TAke a good quantitie of Rozen and bruise and breake the same very small, & a pretty quantitie of good Wax, and a good quantitie of Boares grease, shred or broken very small, and a pretty quantitie of Hunny: mingle them all together, and then set the same vpon a soft fire to melt & to congeale together into a perfect salue, & still be stirring of it, vntill you see that it be come to a right and good perfection.

CHAP. 761.

¶ A very good plaister for a wound that is ouer healed and sore vnderneath, by reason of the ouerhastines in the first healing of it.

TAke a good quantitie of Barly Meale, the white of an Egge and Hunny, and mingle them well together and make a plaister thereof, and then lay the same to the place grieued, and this will helpe it imediatly.

Surfets and Surfeting.

CHAP. 762.

¶ A Present remedy for a Surfet.

TAke a good thicke piece of white Bread, and toast it and then dyp the same in Aqua vitæ very well, that being done, apply it to the stomacke of the party grieued as hot as possibly he may abide it, and let him be kept very warme and this will presently helpe him. Probatum est.

CHAP. 763

CHAP. 763.

¶ Another remedy for any Surfet taken by any immorderat vſe of things. &c.

TAke a good quantitie of long Pepper, and as much Greynes, beate thiese together very fine, and then put them into 2. or 3. ſpoonefulls of pure Malmſey, and giue it the patient to drinke, and then let him goe to bed and keepe himſelfe warme, and ſweate vpon it, but let him in no wiſe take any other drinke for the ſpace of two houres after he hath taken it, (but altogether refraine it although he be neuer ſo dry) and this doubtles will helpe him. Probatum eſt. p. D. Murphea.

CHAP. 764.

¶ An other remedy againſt Surfeting.

TAke 4. or 5. good handfuls of Strawberry Rootes, waſh and ſcrape them cleane, and then put them into a gallon of ſtrong Ale, and boyle them together vntill the one halfe be conſumed, then ſtraine the ſame, that being done, boyle the liquor againe, and put therein a pretty quantitie of Suger to ſweeten it, and then let it be put into a ſweete Bottle and ſo kept vntill you haue occaſion to vſe it, and as neceſſity requireth, let the patient drinke of the ſame often and this will helpe him. Probatum eſt.

This is alſo good to comfort the heart and ſtomacke if it be often vſed.

¶ Stiches in the side, &c.

CHAP. 765.

¶ A very good Medicine for a Stich in the side.

TAke a good quantitie of Setwall and dry it and grate it finely, and put thereto halfe as much cale Ginger, then take 6. or 7. spoonefulls of Scabious water, and put the powder before mentioned therein, and then shake them well together, and then let the party grieued drinke of it (the same being a little warme) and then let him lay himselfe downe vpon a Bed, and he shall finde great ease thereby immediately. But if he couer himselfe warme, and sweat vpon it, it will be the better. Probatum est.

CHAP. 766.

¶ Another for the same.

TAke Acornes and dry them, and then beate them to powder and then mingle the same with a little powder of Cinamon and Ginger, and giue the same to the partie diseased to drinke eyther in Ale, Wine or Beere, and this will helpe him.

Also take Sage and Burnet, of each of them a like quantitie, and dry them vpon a Tile stone and then make the same into a fine powder, and so giue it the patient to drinke both at meales or otherwise, for the space of 3. or 4. dayes together and this will helpe him. Probatum est.

CHAP. 767.

CHAP. 767.

¶ An other for the ſame.

TAke Pigions Doung and Oates together, and then fry them in a frying pan, and ſtir them vntill they be hot through, then put in a quantitie of ſharp Vinegar, and ſtirre them againe as before, then take the ſame forth, and put it into 2. ſeuerall Bags made of linnen cloath, for that purpoſe, and then take one of them and binde it to the Reines of the backe, and the other where that the Stich is, and then Rowle him cloſe with a Rowler, and ſo keepe him warme, and this will preſently helpe him. Probatum eſt.

CHAP 768

¶ An other for the ſame.

TAke Sinckefoyle, and Stich-woort, of ech of them a handfull, & a good quantitie of Cummin, boyle all theſe together in a quart of ſtale Ale and let it boyle till it come to a pinte, and then let the patient drinke this and it will helpe him in a ſhort ſpace. Probatum eſt.

Sciatica.

CHAP. 769.

An excellent Oyntment, or plaiſter for a Sciatica.

TAke halfe a pound of Wax and breake it ſmall, into a quart of Sallet Oyle, & a pound of Swines greaſe, and halfe a pound of Roſin finely beaten, and boyle them altogither and then ſtraine it, and when you haue ſoe done, take a pound of white lead and beate it to powder, and then put it into the Oyntment and ſtirre it well, then put therein 3. ounces of Turpentine, and then let it boyle ſoftly againe, and when it hath boyled a good while take it of, and

ſtraine it into ſome faire Water, & ſoe make a Rowle thereof, then take a good quantitie of it & ſpread it vpon a peece of Leather, and make a large plaiſter thereof, and lay the ſame vnto the place greeued ſomewhat warme, then take a hares ſkin or the ſkin of a lambe, or elſe ſome woollen cloath to wrap about it and this will helpe you,

You may vſe it if you pleaſe as an Vntment for the ſame purpoſe doing as aforeſaid, &c.

CHAP. 770.

¶ An experienced Medicine for the *Sciatica*.

TAke Iuie, Mugwoort, Wallwoort, and the inner Rinde of an Elder Tree, and ſeeth them in faire water with a good quantitie of Salt, and bath the ſore place well therewith 3. or 4. times in a day, for the ſpace of 9. daies togither, and doubtles this will cure it. Probatum eſt.

CHAP. 771.

¶ An other for the ſame.

TAke 4. or 5. great Oynions, and roaſt them very ſoft, then pill them and ſtampe them in a Morter, and put thereto halfe a pinte of Aqua vitæ & 3. ſpoonefuls of Neats-foote Oyle, and boyle all theſe togither vntill ſuch time as the ſame be thicke, then ſtraine it through a fine linnen cloth and ſo with the ſame Vntment anoint the place well where the griefe is (chafing it before the fire for the ſpace of a qarter of an houre both Morning and Enening) & then lay a Catts ſkinne thereto with the hayrie ſide next the fleſh and within 15. daies the partie greeued, ſhall finde great eaſe thereby. Probatum eſt.

CHAP. 772.

¶ An other for the ſame.

TAke Ox Dung, and Pigions Doung of ech of them a pound and mingle them well togither with a pottle of white Wine, and ſo ſet them on the fire and boyle them vntill the one halfe be conſumed, then ſtraine it through a fine linnen cloth and then put thereto halfe a pound of Hunny,

12. Pollies

12. Yolkes of Egges, halfe a pound of Virgin Wax, melted, and as much Barley Meale as will ſuffiſe for the ſame, and then make a plaiſter thereof and lay it to the place grieued, and this will helpe him.

CHAP. 773.

¶ An other for the ſame.

TAke pinte of Neats-foote Oyle, a pinte of Aqua vitæ, and an handfull of roaſted Onyons and ſtamp them altogither, and then ſtraine them, and ſo make an Oyle thereof, and when as occaſion ſerueth, anoint well the place grieued both Morning and Euening before a good fire as hot as poſſibly it may be ſuffred, and be ſure to chafe it very well. Probatum eſt.

Sleepe.

CHAP. 774.

¶ A maruelous good Medicine to cauſe a ſicke perſon to ſleepe that cannot.

TAke a Red Roſe Cake ℔i. a pinte of white wine Vinegar, and ℔i. a pinte of Sallet Oyle, and mingle the Oyle and Vinegar togither, & put ỹ ſame into a Porenger vpon a Chafingdiſh of coales, and let it ſtand vntill it be hot, then take the Red RoſeCake, and ſet it vpon the Chafingdiſh in the Vinegar and Oyle, and ſo let it remaine there vntill it be both moiſt and hot, then take a little Cumminſeede and bruiſe it a little, and ſtraine it well vpon the Red Roſe Cake, and then binde it faſt to the Temples of the

head of the ſicke perſon as hot as poſſiby he can abide it, and this will prouoke him to ſleepe without any daunger at all. Probatum. eſt.

CHAP 775.

¶ An other for the ſame.

TAke a ſpoonefull of Womans Milke, a ſpoonefull of Roſe-water, a ſpoonefull of the iuice of Lettice, and boile them in a diſh, then take fine Flax and make a plaiſter as broad as you ſhall thinke good, and moiſten the Flax well with the ſame liquor, and grate a little Nutmeg, & ſtraw vpon it, and then lay it to the Forehead & Temples of the head of the ſicke perſon, and it will prouoke ſleepe forth with.

CHAP. 776.

¶ An other for the ſame.

TAke of the ſeedes of Lettice and Smalledge, of eth of them a like quantitie and make a powder of them and put the ſame in white Wine, and mingle them well togither, and giue it the ſicke perſon to drinke luke warme, and it will cauſe him to ſleepe preſently. Probatum eſt.

CAHP: 777.

¶ An other for the ſame.

TAke Roſewater, and White Vinegar, of eth of them a ſpoonefull ij. ſpoonefulls of Oyle of Roſes, and vi. a handfull of Roſe leaues, made into powder, and mingle them all togither, and temper them with Wheaten Bread that is leauened grated, and then lay it to the Temples of the head and forehead, and then let the Patient lay his body to reſt, and it will ſpeadely prouoke ſleepe.

CHAP. 778.

Spleene.

CHAP. 778.

¶ A moſt excellent Medicine for the ſpleene.

TAke Capers & eat them, and afterwards drinke ſome of the Water wherein that Smythes do dip their hot Iron in, when they quench it, and let the patient drinke it as often as his ſtomache will indure it, and this cureth the ſplæne.

CHAP 779.

¶ Anther for the ſame.

TAke 3. or 4. handfulls of the Leaues and Flowers of Melylot, and put them into a pottle of water, (but let the one halfe of the water, be Smyths water) and the other halfe the partie grieued his owne water) and let it ſeeth vntill it come to a quart, then take both hearbs and flowers and put them into a bag, and then lay them to ỹ patients ſide, as hot as poſſibly it may be ſuffred, vſe this for the ſpace of 9. or 10. dayes (Viz) euer day once, and this will helpe him.

CHAP. 780.

¶ An other for the ſame.

TAke a pinte of Claret Wine, or elſe a pinte of Ale Beere, and boyle therein a prætty quantitie of Tops of Time, tops of Hiſop and of Peniroyall and of Burrage, and of Violet leaues, & put therein a ſpoonefull of Annis-ſeedes, a little whole Pepper bruiſed, 2. or 3. Byces of Ginger, euery of them as big as a Peaſe, and a little whole Cinamon boyle all theſe together vntill the one halfe

halfe of the Liquor be consumed, then straine it into a cup and couer it, and when it is a little setled giue it the patient to drinke, if you can get it you may put a little Driatriapiperion therein, and this will presently helpe. Prob. est.

This is also good against any manner of winde or paine eyther in side or stomacke.

CHAP. 781.

¶ A Precious water for the Spleene.

TAke Balme, Turpentine, Scabious, Bettony, & Pimpernell, of ech of them a good quantitie, and distill them all together, and let the patient vse often to drinke of this water, and this will helpe him. Probatum est.

This is also good against the Pestilence, and against those that are are troubled with the Mother, and it is also good for the Marrow of the Bones, and for comforting of the Liuer.

CHAP. 782.

¶ An other for the same.

TAke a good quantitie of Bettony and seeth it eyther in White Wine, Ale or Beere and it profiteth very much.

This is also good for the Mylt and Liuer.

Teeth and Toothach.

CHAP. 783.

¶ An excellent good Medicine for the Toothach.

TAke Iuy Speare-mint, and whit Salt of ech of them a handfull & stampe them well togither, and then put them into a pint of Vinegar, and seeth them well ouer the fire, and then straine the same and put it into a close glasse or stone pot

pot, and when you will vse it, take a spoonfull thereof, and put it into that side of the mouth where the paine is, & hold downe your cheeke, that it may descend to the roote of the aking Teeth, and it will take away both the ach and paine presently. This hath bin truely proued.

Moreouer take a peece of the roote of Crow-foote, and put it into the hollow Tooth (if any be) or else apply it often to the Tooth that aketh, and it will presently ease it, and take away the paine, This hath bin truly Proued.

Also take Hisop and make a Decoction therof, with Vinegar, and make it hot and wash your mouth often therewith, and the paine will cease immediately. Probatum est.

Likewise if you take a good quantitie of the rotes of Henbane, & seeth thē in whit wine Vinegar, & Rosewater, and put the Decoction therof in your mouth & it will helpe you.

Also take a little Balme and Basil and rub them both together in the palme of your hand, vntill they do come to a iuice, and put it into your eare on the side that the paine is on, and this will allwage the paine immediately. This hath holpen many.

Also take powder of Red Currall and put it into the holes of the teeth that doe ake, and it will cause them to fall out shortly after. Probatum est.

Likewise take an Vnset-leeke, and bruise it with a pretty quantity of Bay-salt, and then put it betweene ỹ gumes and the Teeth payned, but you must first warme it. Also rootes of Primrose beaten small and layd to the tooth that is payned, it will take the paine quite away.

Also take Vinegar, Hunny, Aquavitæ, Henbane Rootes Long Pepper, and Round Pepper, Camphire, Gum and Iuy, of ech of them equall portions, and boile them altogither vntill they be hard, then let the Patient put some of it betweene his Teeth, and this will speadily ease him. But if his Teeth grow sore, by reason of th'extreame paine, that commeth by them, then let him take a ℔. of Henbane Rootes,

and ſeeth them in a quart of White wine Vinegar, and a pint of Roſewater, and when it is well boyled put into it a little fine Suger to ſweeten it, and then ſtraine it, and ſo waſh his mouth often therewith, and this will aſſwage the extreame paine without all doubt. Probatum eſt.

Alſo take Red Sage and Betony, of eeh of them a like quantitie and put thereto a little Roch Allom, and ſeeth them in White Wine Vinegar, and let the patient rub his Teeth that ake, well therewith, & it will eaſe him greatly.

If you take a good quantitie of the Rootes of Henbane, and ſeeth it in white Wine Vinegar or Roſewater, and put the Decoction thereof into the patients mouth, and it will helpe him.

Alſo take a rotten Apple, and take forth the Coze thereof, and then ſlice it and lay it vpon the Temples of the head, (on the ſame ſide that the paine is on) at night when you go to bed, and bind it faſt with a linnen cloth, and in the morning take it of: and the next night after doe the like againe, and ſo for 4. or 5. nights togither vſe this and it will helpe you. Probatum eſt.

Alſo take a pinte of White Wine, and ℔. a handfull of Lauender-cotten, and ſeeth them both togither vntill the one ℔. of the wine be conſumed: Then put into it ℔. a ſpoonefull of Bay Salt, & let it ſeeth a little: then take a ſpoonefull of the ſame liquor, and put it into your mouth (on the ſame ſide that the paine is on) and ſo holde it in your mouth for a good ſpace, and then ſpzout it forth againe, then take another ſpoonefull and doe the like, and ſo vſe it oftentimes in like ſort, and it will take the paine quite away. Prob. eſt.

Alſo take Iuy Berries and ſeeth them either in Vinegar, or elſe in White Wine, and when they are well ſodden ſup of the hot liquor, and when it is cold, ſup more of it, vſe this often and it will eaſe the paine forthwith. Probatum eſt.

Wartes

CHAP. 783.

¶ A good Medicine to take away Warts in any place whereſoeuer

TAKE a good quantitie of Arſenicke, and put to it a Clowe of Garlicke, and beate them both togither in a morter, and then lay the ſame moiſt vpon the Wart, (but let it touch no place elſe as neare as you can) and it will cleane periſh the Wart and take it away in one night: but if the Wart be vpon the face: then take a beane leafe and couer your eyes therewith, that no part of the Medicine come into them, and if there be no Beane leaues to be had: then take a little peece of white leather and couer them.

Alſo take the heart or pyth of a red Colewoort ſtamped well and tempred well with a little Hunny and the Wart rubd oftentimes well therewith, and it will take it away.

Likewiſe take 3. or 4 handfulls of Wilde Tanſie, and 2. penyworth of May Butter vnſalted, and 2. penyworth of Quickſiluer, (and mince the Tanſie ſmall, and then put it to the Butter, and ſet it on the fire, & let them boyle well together, (that done) take the ſame from of the fire againe, and then ſtraine it through a fine lunnen cloath, but put in your Quickſiluer firſt before you ſtraine it, & let it be well mingled with the reſt, and then anoint the place therewith, where the warts are, and this will take them cleane away.

Alſo take the Woodbinde and ſeeth it in faire running Water with Allow from a pottle to a quart and then waſh the place where the Warts are and this will take them quite away.

Wormes.

CHAP. 784.

¶ A good Medicine to kill all manner of Wormes in mans body.

TAKE Plantine leaues and roots & Grouncell of ech of the a like quantitie, stampe and straine them with a pinte of good Malmsie, and warme it & giue it the patient to drinke, for the space of 3 dayes together, and it will slea both the wormes in the Mawe or else where. Prob. est

Also take Aqua composita, that is made of hearbs and wash the breast of the Child therewith: then take a little powder of Mirrh, and beat it verye fine and straw it likewise vpon the brest of the Child after it hath bin well washed, and lay a warme cloth to it and so let it remaine for 24. houres together, and this will speadely kill all the wormes.

Also take Violet leaues, Burrage and Succory of ech of them a like quantitie and 2 or 3. Fennell rootes and a few Parsly rootes, one braunch of Rosemary and a little Time, one handfull of Reysons of the Sunne (the stones cleane picked out) and then binde the hearbs together, and then take a small young Pullet or a Hen, & make a little broath thereof and boyle the hearbs therein, and when it is boyled, then take 6. spoonefulls of the same broath, and put into it, Sirop of Roses and let it be molten therein, and then giue it the patient to drinke, and this will helpe him or her, &c.

FINIS.